## OVERLOOKED AND UNDERSERVED: PROBLEMATIZING THE API MODEL MINORITY MYTH

Facing the Facts about<br>Asians and Pacific Islanders in Alameda County



BBU Sponsored by:
The Community Assessment, Planning, and
Education/Evaluation (CAPE) Unit \& Maternal, Paternal,
Child, and Adolescent Health (MPCAH) Program

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## Acknowledgements


$\square$ Over 18 million APIs living in the US
$\square$ Rich Cultural Diversity of APIs
$\square$ Over 50 ethnic groups and 100 languages
$\square$ API History
$\square$ Bitter hardships and proud accomplishments

$\square$ API Contributions
$\square$ To the civil, cultural and economic fabric
$\square$ API Struggles
$\square$ Against ongoing discrimination and inequities in education, employment, housing, healthcare, and more

## $\square$ API Service Providers and Advocates



## Our Vision of Health Equity



ALAMEDA COUNTY
PUBLIC HEALTH
DEPARTMENT


Everyone in Alameda County no matter where you live, how much money you make, or the color of your skin has opportunities to lead a healthy, fulfilling, and productive life.

## API "Model Minority" Myth

$\square$ The MYTH that all Asian Americans and Pacific Islanders:

- Are healthy, wealthy, and highly educated
$\square$ Face few barriers to good health, socioeconomic success, and academic achievement
- Are not affected by racism and oppression



## Who are APls?

## Racial/Ethnic Composition of Population in Alameda County*



## Asian Population Subgroups*, Alameda County



## NHOPI Population Subgroups*, Alameda County



## 2000-2010 Population Changes by Race/Ethnicity, Alameda County



## API Immigrant and Refugee Populations in Alameda County

## 2008-201 2 Foreign-Born Population

in Alameda County by Race


Over 1 in 2 immigrants in
Alameda County are Asian or Pacific Islander.

2010-2012 Top 10 Refugee/Asylee Groups Arriving in Alameda County



About 3 in 4 refugees/asylees coming to Alameda County are from Asian countries.

## Are All APIs Healthy?

All-Cause Mortality Rate, Major Racial/Ethnic Groups* with API combined, Alameda County


## All-Cause Mortality Rate, Major Racial/Ethnic Groups*, Alameda County



## All-Cause Mortality Rate, Larger API Subgroups, Alameda County



## Leading Causes of Death among Asians and Pacific Islanders, Alameda County

## Asians

## Pacific Islanders

\% of All
Deaths

1. Cancer $29 \%$
2. Heart Disease

20\%
3. Stroke

9\%
4. Diabetes 4\%
5. $\begin{aligned} & \text { Chronic Lower } \\ & \text { Respiratory Disease }\end{aligned} \quad 3 \%$

TOP 5 = 65\% OF DEATHS
\% of All
Deaths

1. Heart Disease $26 \%$
2. Cancer 19\%
3. Diabetes 8\%
4. Stroke 8\%
5. Chronic Lower $\begin{aligned} & \text { Respiratory Disease }\end{aligned}$

TOP 5 = $\mathbf{6 7} \%$ OF DEATHS

## Early Entry into Prenatal Care, Major Racial/Ethnic Groups with API combined, Alameda County



## Early Entry into Prenatal Care, Major Racial/Ethnic Groups, Alameda County



## Early Entry into Prenatal Care, API Subgroups,

 Alameda County

Source: Alameda County Vital Statistics, 2010-2012

## Are All APIs Wealthy?

## Individual Poverty Levels, Larger API Subgroups, Alameda County



## Conditions of Neighborhood Poverty among APIs, Alameda County

In Alameda County, almost 1 in 4 NHOPI residents (23\%) live in high-poverty neighborhoods.


And $\mathbf{1}$ in 9 Asians ( 1 1\%) live in high-poverty neighborhoods.
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Compared to 1 in 15 Whites (7\%).
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## Unemployment Rate among APIs, Alameda County



## Are All APIs Highly Educated?

## Educational Attainment among APIs, Alameda County



Source: American Community Survey, PUMS data, 2009-2011

## Drop-out Rates among Major Racial/Ethnic Groups, Oakland Unified School District



## Why We Must Problematize the API "Model Minority" Myth

$\square$ The API "Model Minority" myth is problematic because:
APIs are a very ethnically and socioeconomically diverse group

- Many API communities face unjust socio-economic and health barriers and are underserved
$\square$ The myth ignores the oppressions that APls share with other communities of color
- The myth pits APIs, as the "model minority", against other people of color who are seen as "problem minorities"
$\square$ The myth induces inadequacy among APIs who supposedly can't measure up to idealized standards


## Inequities Impact APIs

## HEALTH RISKS

MCH

Cancer
Hepatitis B
Tuberculosis
Diabetes
Obesity
Hypertension
Mental Health

## HEALTHCARE BARRIERS

Language \& culfural barriers
Healthcare discrimination
Lack of insurance
No medical home
Lower rates of screening
Immigration status
Disease stigma

## SOCIAL DETERMINANTS

Poverty

## Unemployment \&

low wage work

Educational barriers
\& school drop-out
Linguistic isolation

## INSTITUTIONAL AND SOCIETAL CONTEXT

History of anti-Asian treatment
\& labor exploitation
Ongoing discrimination
\& institutional racism
Marginalization
as "foreigners"
Anti-immigrant policies
API "model minority" myth

