

**Public Health
Department**
Alameda County Health

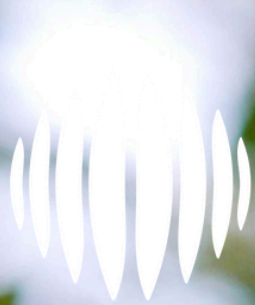
**Foraged Mushrooms
Can Be Deadly**



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What's Happening?

Recently 23 people have fallen ill due to eating poisonous mushrooms in the Bay Area. Recent rains have created ideal conditions for mushroom growth.



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Symptoms of Mushroom Poisoning

Liver Failure can occur if not treated immediately. Early symptoms are:

- Nausea
- Vomiting
- Diarrhea
- Jaundice



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Act Now

1. If you suspect mushroom poisoning, call California Poison Control System immediately: 1-800-222-1222 or dial 911
2. Avoid foraging for wild mushrooms during this high-risk season
3. Keep pets away from wild mushrooms



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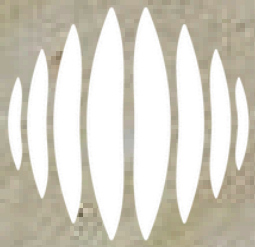
Responsible Foraging



Knowledge is Power– if you aren't 100% sure what you have, do not eat it



Safely ID a Mushroom– consult at least 3 reputable sources (guide book, app, online resource, local experts)



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Sources & Resources

- @montereycountycapublichealth
- @capublichealth
- California Poison Control System
- @your_local_epidemiologist
- @oakland.bio
- @cindydoedee
- @forkinthepath100
- @blackforager