

**Public Health
Department**
Alameda County Health

A close-up, high-angle photograph of a large mushroom, likely a death cap (Amanita phalloides). The mushroom has a very large, pale, yellowish-brown cap with a prominent, dark brown, wavy gill pattern. The stem is thick, light-colored, and textured. The background is dark and out of focus, showing more of the mushroom's structure.

**Foraged Mushrooms
Can Be Deadly**



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What's Happening?

Recently 23 people have fallen ill due to eating **poisonous mushrooms** in the Bay Area. Recent rains have created ideal conditions for mushroom growth.



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Symptoms of Mushroom Poisoning

Liver Failure can occur if not treated immediately. Early symptoms are:

- Nausea
- Vomiting
- Diarrhea
- Jaundice



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Act Now

1. If you suspect mushroom poisoning, call California Poison Control System immediately: **1-800-222-1222** or dial **911**
2. **Avoid foraging** for wild mushrooms during this high-risk season
3. **Keep pets away** from wild mushrooms



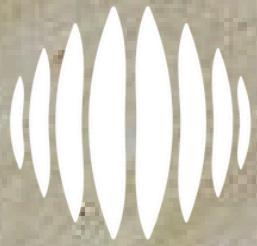
Responsible Foraging



Knowledge is Power– if you aren't 100% sure what you have, do not eat it



Safely ID a Mushroom– consult at least 3 reputable sources (guide book, app, online resource, local experts)



Sources & Resources

- @montereycountyca
- @capublichealth
- California Poison Control System
- @your_local_epidemiologist
- @oakland.bio
- @cindydoedee
- @forkinthepath100
- @blackforager