

ALAMEDA COUNTY MEDICAL RESERVE CORPS



Public Health Systems Preparedness and Response ALCO MRC 2020 Training Schedule



<u>Date</u>	<u>Topic</u>	<u>Location</u>
January 27 6:00pm-9:00pm	Stop the Bleed – Hayward CERT	Hayward City Hall - 777 B St. Hayward, CA 94541
<p>Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.</p>		
February 18 6:00pm-8:00pm	Stop the Bleed – Alameda CERT	950 W Mall Square #201 Alameda, CA 94501
<p>Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.</p>		
March 18 6:00pm-7:30pm	Overview of Infectious Diseases/ Safety and PPE	1000 Broadway, 5 th floor Oakland, CA 94607
<p>Participants will receive an overview of infectious diseases and the proper methods/techniques to protect themselves from all types of hazards. This will be hands-on!</p>		
March 25 9:00am-11:30am	Stop the Bleed – Newark CERT	TBD
<p>Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.</p>		
April 13 6pm-8:30pm	Stop the Bleed – Boys & Girls Scouts	TBD
<p>Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.</p>		
May 13 6:00pm-8:30pm	Stop the Bleed – Pleasanton CERT	2400 Nevada Ct, Pleasanton, CA 94566
<p>Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.</p>		
May 20 6:00pm-7:30pm	ALCO MRC Orientation /Deployment Logistics	1000 Broadway, 5 th floor Oakland, CA 94607
<p>Welcome to the MRC! Participants will learn ALCO MRC’s deployment plans, discuss their response roles during a disaster, and familiarize themselves with disaster equipment, deployment, and communication.</p>		
June	DSW Swearing in Ceremony	1000 Broadway, 5 th floor Oakland, CA 94607
<p>This ceremony is for active MRC members interested to deploy during disasters, and who haven’t been sworn in as a DSW before. DSW receive liability insurance in case injuries occur during activities in a disaster response.</p>		

ALCO MRC Trainings
 ALCO MRC Events
 ALCO MRC STB Trainings

Please RSVP before attending any training or event to ensure supplies are available

Call **510-268-7023** or email alcophemrc@acgov.org for more information, or to **RSVP** for any of these trainings/events

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June 10 6:00pm-8:30pm	Triage & MRC Skills Day	1000 Broadway, 5 th floor Oakland, CA 94607
Participants will practice essential field skills with each other. There will be multiple stations that cover both medical and non-medical topics – such as triage, bag valve masks, Emergency Medical Responder skills, basic first aid, AED use, etc.		
June 17 6:00pm-8:30pm	Stop the Bleed – Emeryville CERT	San Lorenzo Library 395 Paseo Grande, San Lorenzo, CA 94580
Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.		
July 15 6:00pm – 7:30pm	Deployment Operations / Expectations	1000 Broadway, 5 th floor Oakland, CA 94607
This ceremony is for active MRC members interested to deploy during disasters, and who haven't been sworn in as a DSW before. DSW receive liability insurance in case injuries occur during activities in a disaster response.		
July 20 6:00pm-9:00pm	Stop the Bleed – Hayward CERT	Hayward City Hall - 777 B St. Hayward, CA 94541
Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.		
August 12 6:00pm-8:00pm	Stop the Bleed – Alameda CERT	950 W Mall Square #201 Alameda, CA 94501
Taught by ALCO MRC instructors, the National Stop the Bleed trainings are an opportunity to practice your skills with disaster medicine specifically designed to help you pack wounds and successfully use tourniquets.		
Week of August 19th	Medical Surge Week	Alameda County
Medical surge week will highlight the various types of medical surge activities already going on county-wide. Topics may include – Stop the Bleed, Basic First Aid, Wilderness Medicine, MRC/Coalition/EMS Caches, and more!		
August 19 6:00pm-7:30pm	MRC Shelter Operations Training	1000 Broadway, 5 th floor
Participants will understand the role of the MRC in a General Population Shelter. We will review the CA emergency management medical response structure, learn skills needed to support the role of an MRC in a shelter, and hear from deployed members that supported evacuees in Butte County during the 2018 Camp Fires.		
September 16 6:00pm-7:30pm	Shelter Equipment Practice & Communications Exercise	1000 Broadway, 5 th floor Oakland, CA 94607
Participants will learn how radios are used during emergency response and how communication is organized within Incident Command Systems. Receive hands on experience using 700 megahertz radios.		
September	Stop the Bleed – VOAD General Meeting	TBD
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Month of October	Shoo the Flu	Various Locations
Participating members will support an elementary school-based flu clinic in medical and non-medical roles.		
October 8 5:30pm – 6:00pm	DSW Swearing in Ceremony	1000 Broadway, 5 th floor Oakland, CA 94607
This ceremony is for active MRC members interested to deploy during disasters, and who haven't been sworn in as a DSW before. DSW receive liability insurance in case injuries occur during activities in a disaster response.		
October 6:00pm – 9:00pm	Medical Point of Dispensing (M-POD) Training	950 W Mall Square #201 Alameda, CA 94501
Participants will learn about the importance of using PODs during disasters and have a hands-on opportunity to set-up a POD. This event is to refresh Alameda CERT's skills for the upcoming Alameda Hospital Health Faire.		
October 19 9:00am–12:00pm	Stop the Bleed – Hayward CERT	Hayward City Hall - 777 B St. Hayward, CA 94541
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October	Alameda Hospital Health Faire	2070 Clinton Ave, Alameda, CA 94501
This health fair will offer visitors various types of health screenings such as blood glucose testing, blood pressure checks, and free flu shots. There's also preventative education on strokes, injuries, senior safety, nutrition, and cancer.		
November	DSW Swearing in Ceremony	1000 Broadway, 5 th floor Oakland, CA 94607
This ceremony is for active MRC members interested to deploy during disasters, and who haven't been sworn in as a DSW before. DSW receive liability insurance in case injuries occur during activities in a disaster response.		
December 11 12:30pm-2pm	Holiday Potluck	1000 Broadway, 5 th floor Oakland, CA 94607
Participants will reflect 2019 events and activities. This meeting will be a potluck , so please feel free to bring something you would like to share! We will provide several dishes as well.		
December 16 6:00pm–8:30pm	Stop the Bleed – Union City CERT	33555 Central Avenue, Union City, CA 94587
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