



Asthma Start Program



Who Are We?

Asthma Start is a NO COST program for the parents/guardians of children diagnosed with asthma, providing case management services which addresses the medical, environmental, and psychosocial needs of families.



Who Qualifies?

A person is eligible to participate in the Asthma Start Program if ALL of the following requirements are met:

- Lives in Alameda County
- Is 0-18 years of age
- Has been diagnosed with asthma

What Services Are Offered?

- Asthma education to families (i.e. symptoms, triggers, prevention, medication, etc.).
- Remote inspections for asthma triggers (i.e. mold, pests, dust, etc.).
- Referrals for housing, employment, and health insurance.



Feedback from Former Clients

"Our whole family is healthier because of the education, support, and supplies we received from the program."

"After my Asthma Coordinator showed me the proper way to use the inhaler and spacer, my daughter's asthma improved."

For more information or to participate in the program, please contact:

Alameda County Public Health Department—Chronic Disease Program

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