



CHINESE FAMILIES DO BREASTFEED

Breastfeeding is
part of our
heritage

#AANHPIBREASTFEEDING #ASAP! #BREASTFEEDING
#BEMOREPACIFIC



中國家庭會 母乳餵養

母乳餵養是我們傳
統承接的一部分

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We breastfeed because human milk helps
protect our babies against diseases.

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我們餵哺母乳是因為母乳有助於保護我們的
寶寶免受疾病侵害。

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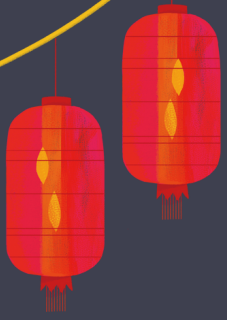
No matter your shape, size, or color -
you can make plenty of milk.

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無論您是哪種體型、大小或膚色，您都可以造出大量母乳。

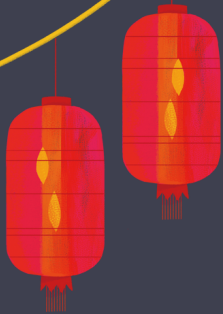
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Breastfeeding
is natural,
but it takes
practice.



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母乳餵養是自然的行為，但需要練習。



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We breastfeed because it's good for
us, too!

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我們餵哺母乳是因為它對我們有好處！

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Watch your baby, not the clock! Babies will let you know when they want to feed.

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注意您的寶寶，而不是依靠時鐘！
寶寶想要吃奶時會告訴您。

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