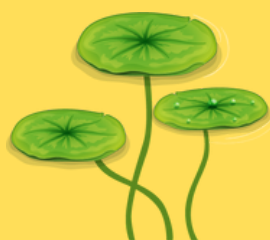




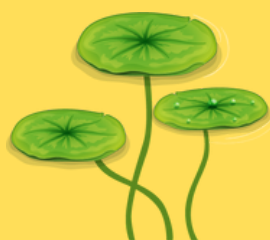
Vietnamese families do breastfeed.
Breastfeeding is part of our heritage.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



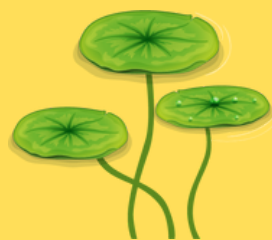
Nuôi con bằng sữa mẹ là truyền thống của người Việt Nam chúng ta



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



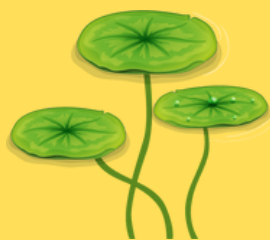
We breastfeed because human milk helps protect our babies against diseases.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



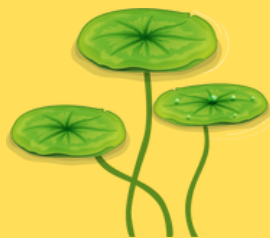
Sữa mẹ giúp bảo vệ con của bạn chống lại
bệnh tật.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



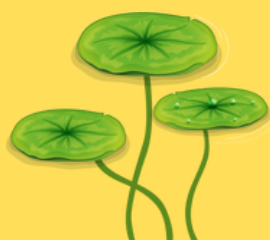
No matter your shape, size, or color - you can
make plenty of milk.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



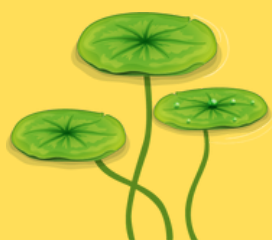
Bất kể thân hình, vóc dáng hoặc màu da của bạn ra sao, bạn đều có thể tạo ra thật nhiều sữa.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



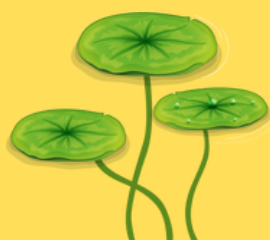
Breastfeeding is
natural, but it
takes practice.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



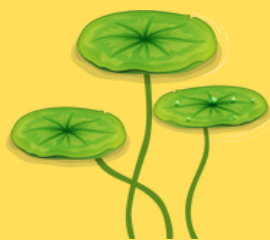
Mặc dù nuôi
con bằng sữa
mẹ là bản
năng tự nhiên
, bạn vẫn cần
phải luyện tập
và thực hành.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



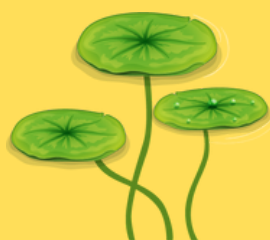
We breastfeed because it's good for us, too!



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



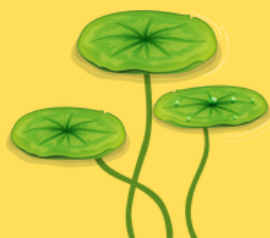
Việc nuôi con bằng sữa mẹ cũng tốt cho
chính bản thân người mẹ!



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Watch your baby, not the clock! Babies will let you know when they want to feed.



#AANHPIbreastfeeding #ASAP! #breastfeeding #bemorePACIFIC



Quan sát và theo dõi bé chứ không quan sát đồng hồ, bé sẽ cho bạn biết khi nào bé muốn bú.



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