

# Infant Weight Loss Guide (7% and 10%)

Weight		7% Weight Loss		10% Weight Loss	
lbs.	Oz.	lbs.	Oz.	lbs.	Oz.
4	0	3	11.5	3	9.6
4	1	3	12.5	3	10.5
4	2	3	13.4	3	11.4
4	3	3	14.3	3	12.3
4	4	3	15.2	3	13.2
4	5	4	0.2	3	14.1
4	6	4	1.1	3	15
4	7	4	2	3	15.9
4	8	4	3	4	0.8
4	9	4	3.9	4	1.7
4	10	4	4.8	4	2.6
4	11	4	5.8	4	3.5
4	12	4	6.7	4	4.4
4	13	4	7.6	4	5.3
4	14	4	8.5	4	6.2
4	15	4	9.5	4	7.1
5	0	4	10.4	4	8
5	1	4	11.3	4	8.9
5	2	4	12.3	4	9.8
5	3	4	13.2	4	10.7
5	4	4	14.1	4	11.6
5	5	4	15.1	4	12.5
5	6	4	16	4	13.4
5	7	5	0.9	4	14.3
5	8	5	1.8	4	15.2
5	9	5	2.8	5	0.1
5	10	5	3.7	5	1
5	11	5	4.6	5	1.9
5	12	5	5.6	5	2.8
5	13	5	6.5	5	3.7
5	14	5	7.4	5	4.6
5	15	5	8.3	5	5.5

Weight		7% Weight Loss		10% Weight Loss	
lbs.	Oz.	lbs.	Oz.	lbs.	Oz.
6	0	5	9.3	5	6.4
6	1	5	10.2	5	7.3
6	2	5	11.1	5	8.2
6	3	5	12.1	5	9.1
6	4	5	13	5	10
6	5	5	13.9	5	10.9
6	6	5	14.9	5	11.8
6	7	5	15.8	5	12.7
6	8	6	0.7	5	13.6
6	9	6	1.6	5	14.5
6	10	6	2.6	5	15.4
6	11	6	3.5	6	0.3
6	12	6	4.4	6	1.2
6	13	6	5.4	6	2.1
6	14	6	6.3	6	3
6	15	6	7.2	6	3.9
7	0	6	8.2	6	4.8
7	1	6	9.1	6	5.7
7	2	6	10	6	6.6
7	3	6	11	6	7.5
7	4	6	11.9	6	8.4
7	5	6	12.8	6	9.3
7	6	6	13.7	6	10.2
7	7	6	14.7	6	11.1
7	8	6	15.6	6	12
7	9	7	0.5	6	12.9
7	10	7	1.5	6	13.8
7	11	7	2.4	6	14.7
7	12	7	3.3	6	15.6
7	13	7	4.2	7	0.5
7	14	7	5.2	7	1.4
7	15	7	6.1	7	2.3

Weight		7% Weight Loss		10% Weight Loss	
lbs.	Oz.	lbs.	Oz.	lbs.	Oz.
8	0	7	7	7	3.2
8	1	7	8	7	4.1
8	2	7	8.9	7	5
8	3	7	9.8	7	5.9
8	4	7	10.8	7	6.8
8	5	7	11.7	7	7.7
8	6	7	12.6	7	8.6
8	7	7	13.6	7	9.5
8	8	7	14.5	7	10.4
8	9	7	15.4	7	11.3
8	10	8	0.3	7	12.2
8	11	8	1.3	7	13.1
8	12	8	2.2	7	14
8	13	8	3.1	7	14.9
8	14	8	4.1	7	15.8
8	15	8	5	8	0.7
9	0	8	5.9	8	1.6
9	1	8	6.8	8	2.5
9	2	8	7.8	8	3.4
9	3	8	8.7	8	4.3
9	4	8	9.6	8	5.2
9	5	8	10.6	8	6.1
9	6	8	11.5	8	7
9	7	8	12.4	8	7.9
9	8	8	13.4	8	8.8
9	9	8	14.3	8	9.7
9	10	8	15.2	8	10.6
9	11	9	0.1	8	11.5
9	12	9	1.1	8	12.4
9	13	9	2	8	13.3
9	14	9	2.9	8	14.2
9	15	9	3.9	8	15.1

Weight		7% Weight Loss		10% Weight Loss	
lbs.	Oz.	lbs.	Oz.	lbs.	Oz.
10	0	9	4.8	9	0
10	1	9	5.7	9	0.9
10	2	9	6.7	9	1.8
10	3	9	7.6	9	2.7
10	4	9	8.5	9	3.6
10	5	9	9.4	9	4.5
10	6	9	10.4	9	5.4
10	7	9	11.3	9	6.3
10	8	9	12.2	9	7.2
10	9	9	13.2	9	8.1
10	10	9	14.1	9	9
10	11	9	15	9	9.9
10	12	9	16	9	10.8
10	13	10	0.9	9	11.7
10	14	10	1.8	9	12.6
10	15	10	2.8	9	13.5
11	0	10	3.7	9	14.4
11	1	10	4.6	9	15.3
11	2	10	5.5	10	0.2
11	3	10	6.5	10	1.1
11	4	10	7.4	10	2
11	5	10	8.3	10	2.9
11	6	10	9.3	10	3.8
11	7	10	10.2	10	4.7
11	8	10	11.1	10	5.6
11	9	10	12.1	10	6.5
11	10	10	13	10	7.4
11	11	10	13.9	10	8.3
11	12	10	14.8	10	9.2
11	13	10	15.8	10	10.1
11	14	11	0.7	10	11
11	15	11	1.6	10	11.9