



BBZ Projects Overview July 2014 – December 2014

- 1. Blissful Moms & Babies Club** - Will offer yoga and birth-support classes for mom/families., ultimately educating moms on optimal wellness during pregnancy. **Fiscal Partner:** Lotus Bloom **Main Contact:** Angela Howard, angela@lotusbloomfamily.org, (510) 735-9222.
- 2. Castlemont Community Play-Time** - Will offer free outdoor games, fun multicultural activities, story time, & healthy snacks to families in the Castlemont Comm. **Fiscal Partner:** Youth Uprising **Main Contact:** Sikander Iqbal, siqbal@youthuprising.org, (510) 777-9909.
- 3. Daughters Without Dads** – Will empower families to create positive influences by providing them with tools to rebuild family confidence. **Fiscal Partner:** Lotus Bloom **Main Contact:** Angela Howard, angela@lotusbloomfamily.org, (510) 735-9222.
- 4. East Oakland Swim Club Clinic** – Will provide recreational swimming to neighborhood youth, swimming lessons and life-guard certification training . **Main Contact:** Michael Scott, Michael.scott@ousd.k12.ca.us, (510) 325-1097. **Fiscal Partner:** Castlemont High School.
- 5. Hand and Hand Parenting** – Will provide parents with tools to develop parent leadership skills in their homes, schools and community. **Fiscal Partner:** Hand in Hand Parenting **Main Contact:** Paul Rusell, paul@handinhandparenting.org, (650) 322-5323.
- 6. Rosa’s Fresh Produce Market** – Will provide a variety of fresh fruits and vegetables to be sold at a reasonable price while encouraging healthy eating habits. **Main Contact:** Michael Scott, Michael.scott@ousd.k12.ca.us, (510) 325-1097. **Fiscal Partner:** Castlemont High School.
- 7. The Art of Summer Camp** – Will provide children ages 6+ with enrichment art-related activities that will allow them to express their emotions and feelings. **Fiscal Partner:** Lotus Bloom **Main Contact:** Angela Howard, angela@lotusbloomfamily.org, (510) 735-9222.

BBZ is funded by the W.K. Kellogg Foundation





Resumen de los Proyectos de BBZ julio de 2014 – diciembre de 2014

- 1. Blissful Moms & Babies Club** – Ofrecerá clases de yoga y apoyo de parto a madres /familias, con el fin de educar a madres sobre el bienestar óptimo durante el embarazo. **Patrocinador fiscal:** Lotus Bloom **Contactar:** Angela Howard, angela@lotusbloomfamily.org, (510) 735-9222.
- 2. Castlemont Community Play-Time** - Organizará juegos de exterior gratis, actividades recreativas multiculturales, “hora de cuentos”, y meriendas saludables. **Patrocinador fiscal:** Youth Uprising **Contactar:** Sikander Iqbal, (siqbal@youthuprising.org), (510) 777-9909.
- 3. Daughters Without Dads** – Fortalecerá a familias con el fin de crear influencias positivas en la comunidad por medio de herramientas concretas para restaurar la confianza familiar. **Patrocinador fiscal:** Lotus Bloom **Contactar:** Angela Howard, angela@lotusbloomfamily.org, (510) 735-9222.
- 4. East Oakland Swim Club Clinic** – Ofrecerá natación recreativa a jóvenes de la comunidad, clases de natación y entrenamiento para la certificación de jóvenes salvavidas. **Contactar:** Michael Scott, Michael.scott@ousd.k12.ca.us, (510) 325-1097. **Patrocinador fiscal:** Castlemont High School.
- 5. Hand and Hand Parenting** – Proveerá herramientas a padres de familia para desarrollar habilidades de liderazgo en sus hogares, escuelas y comunidad. **Patrocinador fiscal:** Hand in Hand Parenting **Contactar:** Paul Rusell, paul@handinhandparenting.org, (650) 322-5323.
- 6. Rosa’s Fresh Produce Market** – Hará disponible una variedad de frutas y verduras a bajo costo, promoviendo así, hábitos de alimentación saludables. **Contactar:** Michael Scott, Michael.scott@ousd.k12.ca.us, (510) 325-1097. **Patrocinador fiscal:** Castlemont High School.
- 7. The Art of Summer Camp** – Organizará actividades de arte para niños mayores de 6 años que les darán la oportunidad de expresar emociones y sentimientos. **Patrocinador fiscal:** Lotus Bloom **Contactar:** Angela Howard, angela@lotusbloomfamily.org, (510) 735-9222.

El programa BBZ es financiado por la W.K. Kellogg Foundation

