

Adverse Childhood Experiences (ACEs) Resources for Providers, Parents, & Youth

For Providers

American Academy of Pediatrics Resilience Project:

<https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/resilience/Pages/About.aspx> | Practice transformation, journals, webinars

National Child Traumatic Stress Network: <https://www.nctsn.org/> | Clinical interventions, screening and assessment tools, webinars, fact sheets

Center for Disease Control and Prevention: <https://www.cdc.gov/violenceprevention/acestudy/resources.html>
Prevention strategies, journal articles

Handouts and Online Resources for Parents and Caregivers

Each Mind Matters- Resources for Organizations Working with Diverse Communities:

<https://www.eachmindmatters.org/wp-content/uploads/2017/10/EMM-Resource-List-Diverse-Communities.pdf>
Resources in multiple languages, specific to various backgrounds and cultures | Brochures, films, posters

Substance Abuse and Mental Health Services Administration:

<https://www.samhsa.gov/capt/tools-learning-resources/coping-traumatic-events-resources> | Parent tips for coping with disasters for different age groups

National Child Traumatic Stress Network: <https://www.nctsn.org/resources/all-nctsn-resources> (select “families and caregivers” from the “Audience” drop-down menu) | Tip sheets in multiple languages on topics such as coping with trauma, community violence, traumatic separation, bullying

For Parents of Young Children

Sesame Street in Communities- Care, Cope, Connect: <http://first5association.org/care-cope-connect/>

Booklet in multiple languages | Helps parents cope with stress and provide safety and security for their children

Zero-to-Three -Trauma and Stress: <https://www.zerotothree.org/espanol/trauma-and-stress> | Story books, tip sheets for caregivers | English and Spanish

For Parents of Adolescents and Youth

Mental Health.gov: <https://www.mentalhealth.gov/talk/parents-caregivers> | Signs of mental health challenges, what to do, how to talk to young people about mental health

Resources for Teens/Youth

Walk In Our Shoes: <https://walkinourshoes.org> | Video stories of mental health struggles and resilience, how to get and give help, mental health facts

Crisis Text Line: <https://www.crisistextline.org/texting-in/> | Text “HOME” to 741741 from anywhere in the United States, anytime, about any type of crisis | 24/7 support via texting from a trained crisis counselor