

# 2023

## Alameda County Adult Services Resource Guide



COMPILED BY

ALAMEDA COUNTY HEALTH CARE SERVICES AGENCY; PUBLIC HEALTH DEPARTMENT;  
FAMILY HEALTH SERVICES DIVISION; DEVELOPMENTAL DISABILITIES PLANNING  
AND ADVISORY COUNCIL; INTERAGENCY TRANSITION PLANNING TEAM

The listing of programs in this directory does not imply any recommendation from the Alameda County Developmental Disabilities Council or the Alameda County Department of Public Health. They are listed here as a public service.

**TABLE OF CONTENTS  
AND  
TABLE OF  
CATEGORIES**

# TABLE OF CONTENTS

Program Name	Page
24 Hour Home Care .....	1
A and K Residential Homes .....	2
A Brighterview Day Program .....	3
Ability Now Bay Area .....	4
AC Transit .....	5
Achieve Tahoe .....	6
Adaptive Learning Center .....	7
Adult Educational Technologies, Inc. ....	8
Adult Enrichment Services .....	9
Adult Protective Services .....	10
AIMS .....	11
Ala Costa Centers .....	12
Alameda Alliance for Health .....	14
Alameda County Behavioral Health Care Services .....	15
Alameda County Developmental Disabilities Council .....	16
Alameda County HOSPITALS/MEDICAL CENTERS .....	17
Alameda County Public Health Department .....	19
Alameda County Transportation Commission .....	20
Alegria Community Living .....	21
Alta Bates Medical Center - Herrick Campus .....	22
Alternative Learning Center .....	23
American Red Cross Bay Area .....	24
Arcadia Home Care .....	25
Autism Society San Francisco Bay Area .....	26
Bay Area Community Services .....	27
Bay Area Outreach and Recreation Program .....	29
Bay Area Rapid Transit .....	30
Bay Area Support Services .....	31
Beard Realty Team .....	32

# TABLE OF CONTENTS

<b>Program Name</b>	<b>Page</b>
Berkeley Adult School/Workability II .....	33
Berkeley City College .....	34
Berkeley City Recreation Department .....	35
Berkeley YMCA .....	36
Berkeley Youth Living with Disabilities .....	37
Bethesda Lutheran Communities .....	38
Broadmoor Community Services .....	39
By Popular Demand, LLC .....	40
C.A.M.P., Inc. ....	41
Calidad Industries .....	42
California Autism Foundation .....	43
California Relay Service (CRS) .....	44
California Telephone Access Program (CTAP) .....	45
Camino Nuevo .....	46
Camp Krem-Camping Unlimited .....	47
Castro Valley Adult and Career Education/Strides .....	48
Catholic Charities for Oakland Diocese .....	50
Center for Accessible Technology .....	51
Center for Speech, Language and Occupational Therapy .....	52
Chabot College .....	53
City of Alameda Disability Issues .....	54
City of Pleasanton-RADD .....	55
Classic Vans .....	56
Clausen House .....	57
Clear Creek Services .....	58
Cole Vocational Services .....	59
College Internship Program .....	60
College Living Experience Monterey .....	61
College of Alameda Student Accessibility Services .....	62

# TABLE OF CONTENTS

Program Name	Page
College to Career (C2C) Program at the College of Alameda .....	63
Community Access - Supported Living .....	64
Community Day Program .....	65
Community Integrated Work Program, Inc. ....	66
Community Resources for Independent Living .....	67
COMPASS SLS & ILS .....	68
Creative Growth Art Center .....	69
Deaf Counseling and Advocacy Referral Agency .....	70
Deaf PLUS Adult Community .....	71
Department of Developmental Services .....	72
Department of Rehabilitation .....	73
Develop Achieve Build Support .....	75
Developmental Disabilities Council of Contra Costa County .....	76
Diamond Equine Services/ Melanie Diamond .....	77
Disability Rights Advocates .....	78
Disability Rights California .....	79
Disability Rights Education and Defense Fund, Inc. ....	80
District Attorney's Office - Victim Services Division .....	81
East Bay Innovations .....	82
East Bay Paratransit .....	83
East Bay Regional Park District .....	84
Easter Seals Bay Area .....	85
Easy Does It Emergency Services .....	86
Eden Area (Adult) Regional Occupational Programs .....	87
Eden Area Regional Occupation Program .....	88
Eden Information & Referral, Inc. ....	89
Emerging Horizons .....	90
Employment Development Department .....	91
Empowerment For Success .....	92

# TABLE OF CONTENTS

<b>Program Name</b>	<b>Page</b>
Enjoy Life More, Inc. ....	93
Epilepsy Foundation of Northern California .....	94
Evergreen Day Services .....	95
Fairmont Hospital .....	99
Family Caregiver Alliance .....	100
Family Resource Navigators .....	101
Family Support Services Bay Area .....	102
FLORECER SKILLS .....	103
Fremont Adult School .....	104
Friendly Cab Company, Inc. ....	105
Friends of Children with Special Needs .....	106
Futures Explored, Inc. ....	107
George Miller Center - Richmond/CAP - Hilltop .....	109
GOALS for Autism, Inc. ....	110
Golden House A.D.P. LLC .....	111
Grace Lutheran Church .....	112
Green Oak Developmental Center .....	113
GT Independence .....	114
Harambee Community Services .....	115
HEALTH CARE COMMUNITY CLINICS .....	118
Heart2Heart Inc .....	120
Helping Hands East Bay .....	121
Hergl Center .....	122
HireAble .....	123
Home Aide Home Care, Inc. ....	124
Home Safety Services .....	125
Housing Authority, County of Alameda .....	126
Housing Authority, City of Alameda .....	127
Housing Authority, City of Livermore .....	128

# TABLE OF CONTENTS

<b>Program Name</b>	<b>Page</b>
Housing Authority, City of Oakland .....	129
Housing Consortium of the East Bay .....	130
In Home Supportive Services (I.H.S.S.) .....	132
Institute of Applied Behavior Analysis .....	133
Itani Dental San Francisco .....	134
Jaqui' Foundation Independent Living Skills .....	135
Jewish Family & Children Services of the East Bay .....	136
Joytara Behavioral and Social Coaching .....	137
Kairos Fiduciary Services .....	138
Keystone Adult Learning Center .....	139
Kidpower Teenpower Fullpower, International .....	140
La Familia Counseling Services/Developmental Services .....	141
Laney College - Disability Resource Center .....	142
Las Positas College .....	143
Las Trampas, Inc. ....	144
Law Office of Srinoi G. Rousseau .....	145
LeBlanc Consulting, LLC .....	146
Leigh Law Group .....	147
LifeLong Medical Care .....	148
Lions Center for the Visually Impaired .....	149
Live La Familia .....	150
Living Unlimited .....	151
Manos Home Care .....	152
Mayor's Commission on Persons with Disabilities .....	153
Meristem .....	154
Merritt College Student Accessibility Services .....	155
Mission Hope Day Program - Hayward and Dublin .....	156
Mobility Systems .....	157
Moving Forward Towards Independence .....	158



# TABLE OF CONTENTS

<b>Program Name</b>	<b>Page</b>
New Directions Travel .....	159
New Haven Adult School .....	160
Newark Adult Education .....	161
NIAD Art Center .....	162
Nor-Cal Mobility, Inc. ....	163
Oakland Parks and Recreation .....	164
Oakland Regional Occupation Program .....	165
Office of Clients' Rights Advocacy .....	166
One Step Closer Inc. ....	167
Open Advisors .....	168
Passport to Learning Inc. ....	169
Pathway to Choices, Inc. ....	170
People With Disabilities Foundation .....	171
Planned Parenthood Shasta-Pacific .....	172
Pleasanton (City of) Paratransit Service .....	173
Pleasanton Adult Education Paid Internship Program .....	174
Premier Healthcare Services .....	176
Prudential Financial .....	177
Public Guardian - Conservator Program .....	178
ReCares Network .....	179
Regional Center of the East Bay .....	180
Rubicon Legal Services .....	181
San Leandro Adult School .....	182
San Lorenzo Adult School .....	183
Schreiber Center .....	184
Sentry Living Solutions .....	185
Serra Center .....	186
Shupin Community .....	187
Sierra Environmental & Social Services, Inc. ....	188

# TABLE OF CONTENTS

Program Name	Page
Social Day Services Program .....	189
Social Security Administration .....	190
Social Vocational Services .....	192
Sonia Corina .....	193
Sorensdale Recreation Center .....	194
South East Asian Friendship Village .....	195
Special Olympics Northern California .....	196
Special Religious Education Department .....	197
Special Skater Program .....	198
St. Mark's Harmony Center CCP .....	199
STAR Center for ASD & NDDs UCSF .....	200
State Council on Developmental Disabilities .....	201
State Council on Developmental Disabilities, Bay Area Office .....	202
Steps for Independence .....	203
Strides Paid Internship Program .....	204
Terra Firma .....	206
The Arc of the East Bay .....	207
The Arc of the East Bay - Corporate Offices .....	208
The Arc of the East Bay Alternative Ventures Program .....	209
The Arc of the East Bay LEAP Program .....	210
The Arc of the East Bay SCOPE Program .....	211
The Center for Independent Living .....	212
The College Link Program at California State University, East Bay .....	214
The Dale Law Firm .....	215
The Diagnostic Center, North .....	216
The Hume Center .....	217
The Public Authority for In Home Support Services .....	218
The Respite Inn .....	219
Theatre Unlimited .....	220

# TABLE OF CONTENTS

---

<b>Program Name</b>	<b>Page</b>
Thrive Support Services .....	221
Through the Looking Glass .....	222
Toolworks .....	223
Transition Opportunity Program, TOP .....	224
Transition Options Program (TOPS) .....	225
Tri-City Community Support Center .....	226
Trips, Inc. ....	227
Tri-Valley REACH .....	228
True Link Financial .....	229
University of the Pacific .....	230
Wayfinders at Fresno State .....	231
We Thrive SLS .....	232
WorkAbility I/Transition Partnership .....	233
WorkAbility III at College of Alameda .....	234
World Institute on Disability (WID) .....	235
Young Adult Recreation Program .....	236

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Adult Programs</b>	
24 Hour Home Care .....	1
A Brighterview Day Program .....	3
Ability Now Bay Area .....	4
Adult Educational Technologies, Inc. ....	8
Ala Costa Centers .....	12
Alternative Learning Center .....	23
Bay Area Community Services .....	27
Bay Area Outreach and Recreation Program .....	29
Berkeley City Recreation Department .....	35
C.A.M.P., Inc. ....	41
Calidad Industries .....	42
California Autism Foundation .....	43
Camino Nuevo .....	46
Castro Valley Adult and Career Education/Strides .....	48
Center for Accessible Technology .....	51
City of Pleasanton-RADD .....	55
Clausen House .....	57
College Internship Program .....	60
Community Day Program .....	65
Community Integrated Work Program, Inc. ....	66
Creative Growth Art Center .....	69
Diamond Equine Services/ Melanie Diamond .....	77
East Bay Innovations .....	82
Eden Area (Adult) Regional Occupational Programs .....	87
Eden Area Regional Occupation Program .....	88
Eden Information & Referral, Inc. ....	89
Enjoy Life More, Inc. ....	93
Evergreen Day Services .....	95

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Adult Programs</b>	
FLORECER SKILLS .....	103
Fremont Adult School .....	104
Friends of Children with Special Needs .....	106
Futures Explored, Inc. ....	107
George Miller Center - Richmond/CAP - Hilltop .....	109
GOALS for Autism, Inc. ....	110
Golden House A.D.P. LLC .....	111
Green Oak Developmental Center .....	113
GT Independence .....	114
Harambee Community Services .....	115
Heart2Heart Inc .....	120
Helping Hands East Bay .....	121
Hergl Center .....	122
Housing Consortium of the East Bay .....	130
Jewish Family & Children Services of the East Bay .....	136
Keystone Adult Learning Center .....	139
LeBlanc Consulting, LLC .....	146
Lions Center for the Visually Impaired .....	149
Living Unlimited .....	151
Manos Home Care .....	152
Meristem .....	154
Mission Hope Day Program - Hayward and Dublin .....	156
NIAD Art Center .....	162
Oakland Regional Occupation Program .....	165
Pathway to Choices, Inc. ....	170
Pleasanton Adult Education Paid Internship Program .....	174
Premier Healthcare Services .....	176
Serra Center .....	186

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Adult Programs</b>	
Shupin Community .....	187
Sierra Environmental & Social Services, Inc. ....	188
Social Day Services Program .....	189
Social Vocational Services .....	192
Sorensdale Recreation Center .....	194
South East Asian Friendship Village .....	195
Steps for Independence .....	203
The Arc of the East Bay SCOPE Program .....	211
The Center for Independent Living .....	212
Toolworks .....	223
Transition Options Program (TOPS) .....	225
True Link Financial .....	229
Young Adult Recreation Program .....	236
<b>Adult Protection</b>	
Adult Protective Services .....	10
Prudential Financial .....	177
True Link Financial .....	229
<b>Advocacy</b>	
Alameda County Developmental Disabilities Council .....	16
Autism Society San Francisco Bay Area .....	26
Calidad Industries .....	42
Catholic Charities for Oakland Diocese .....	50
Community Resources for Independent Living .....	67
Deaf Counseling and Advocacy Referral Agency .....	70
Department of Developmental Services .....	72
Developmental Disabilities Council of Contra Costa County .....	76
Disability Rights Advocates .....	78

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Advocacy</b>	
Disability Rights California .....	79
Disability Rights Education and Defense Fund, Inc. ....	80
District Attorney's Office - Victim Services Division .....	81
Easter Seals Bay Area .....	85
Epilepsy Foundation of Northern California .....	94
Family Resource Navigators .....	101
FLORECER SKILLS .....	103
GT Independence .....	114
Heart2Heart Inc .....	120
LeBlanc Consulting, LLC .....	146
Lions Center for the Visually Impaired .....	149
Manos Home Care .....	152
Mayor's Commission on Persons with Disabilities .....	153
Mission Hope Day Program - Hayward and Dublin .....	156
NIAD Art Center .....	162
Office of Clients' Rights Advocacy .....	166
People With Disabilities Foundation .....	171
Public Guardian - Conservator Program .....	178
Regional Center of the East Bay .....	180
Rubicon Legal Services .....	181
STAR Center for ASD & NDDs UCSF .....	200
State Council on Developmental Disabilities .....	201
State Council on Developmental Disabilities, Bay Area Office .....	202
The Center for Independent Living .....	212
The Public Authority for In Home Support Services .....	218
Transition Options Program (TOPS) .....	225
University of the Pacific .....	230
World Institute on Disability (WID) .....	235

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Art Programs</b>	
Center for Accessible Technology .....	51
Creative Growth Art Center .....	69
Manos Home Care .....	152
NIAD Art Center .....	162
<b>Assessment/Diagnosis</b>	
Alameda County Behavioral Health Care Services .....	15
Alegria Community Living .....	21
Center for Accessible Technology .....	51
Department of Rehabilitation .....	73
FLORECER SKILLS .....	103
GOALS for Autism, Inc. ....	110
Regional Center of the East Bay .....	180
Schreiber Center .....	184
STAR Center for ASD & NDDs UCSF .....	200
The Diagnostic Center, North .....	216
The Hume Center .....	217
We Thrive SLS .....	232
<b>Behavior Intervention</b>	
A Brighterview Day Program .....	3
Ala Costa Centers .....	12
Community Integrated Work Program, Inc. ....	66
GOALS for Autism, Inc. ....	110
Harambee Community Services .....	115
Heart2Heart Inc .....	120
Hergl Center .....	122
Institute of Applied Behavior Analysis .....	133
Joytara Behavioral and Social Coaching .....	137



# TABLE OF CATEGORIES

CATEGORY	Page
<b>Behavior Intervention</b>	
Mission Hope Day Program - Hayward and Dublin .....	156
One Step Closer Inc. ....	167
Pathway to Choices, Inc. ....	170
Social Day Services Program .....	189
Social Vocational Services .....	192
<b>Blind and Low Vision</b>	
Bay Area Outreach and Recreation Program .....	29
Community Resources for Independent Living .....	67
Department of Rehabilitation .....	73
Las Positas College .....	143
Lions Center for the Visually Impaired .....	149
The Center for Independent Living .....	212
Toolworks .....	223
<b>Case Management</b>	
Catholic Charities for Oakland Diocese .....	50
Department of Rehabilitation .....	73
GT Independence .....	114
La Familia Counseling Services/Developmental Services .....	141
Live La Familia .....	150
Regional Center of the East Bay .....	180
Shupin Community .....	187
The Center for Independent Living .....	212
<b>Coordination, Planning and Monitoring</b>	
Alameda County Developmental Disabilities Council .....	16
Alameda County Transportation Commission .....	20
Berkeley Adult School/Workability II .....	33
Deaf Counseling and Advocacy Referral Agency .....	70

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Coordination, Planning and Monitoring</b>	
Department of Developmental Services .....	72
Department of Rehabilitation .....	73
Developmental Disabilities Council of Contra Costa County .....	76
GT Independence .....	114
Heart2Heart Inc .....	120
Manos Home Care .....	152
Mayor's Commission on Persons with Disabilities .....	153
Prudential Financial .....	177
Regional Center of the East Bay .....	180
Social Security Administration .....	190
State Council on Developmental Disabilities .....	201
State Council on Developmental Disabilities, Bay Area Office .....	202
The Center for Independent Living .....	212
The Public Authority for In Home Support Services .....	218
True Link Financial .....	229
<b>Counseling/Mental Health</b>	
Alameda County Behavioral Health Care Services .....	15
Alegria Community Living .....	21
Catholic Charities for Oakland Diocese .....	50
Department of Rehabilitation .....	73
Family Caregiver Alliance .....	100
Institute of Applied Behavior Analysis .....	133
Planned Parenthood Shasta-Pacific .....	172
Schreiber Center .....	184
Serra Center .....	186
The Center for Independent Living .....	212
The Hume Center .....	217

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Counseling/Mental Health</b>	
Through the Looking Glass .....	222
Tri-City Community Support Center .....	226
True Link Financial .....	229
<b>Deaf and Hard of Hearing</b>	
Community Resources for Independent Living .....	67
Deaf Counseling and Advocacy Referral Agency .....	70
Deaf PLUS Adult Community .....	71
Department of Rehabilitation .....	73
Las Positas College .....	143
One Step Closer Inc. ....	167
Toolworks .....	223
<b>Education/Schools</b>	
Berkeley Adult School/Workability II .....	33
Berkeley City College .....	34
Chabot College .....	53
College Internship Program .....	60
College Living Experience Monterey .....	61
College of Alameda Student Accessibility Services .....	62
College to Career (C2C) Program at the College of Alameda .....	63
Department of Rehabilitation .....	73
Diamond Equine Services/ Melanie Diamond .....	77
Fremont Adult School .....	104
Laney College - Disability Resource Center .....	142
Las Positas College .....	143
Manos Home Care .....	152
Meristem .....	154
Merritt College Student Accessibility Services .....	155

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Education/Schools</b>	
Mission Hope Day Program - Hayward and Dublin .....	156
Moving Forward Towards Independence .....	158
New Haven Adult School .....	160
Newark Adult Education .....	161
Pleasanton Adult Education Paid Internship Program .....	174
San Leandro Adult School .....	182
San Lorenzo Adult School .....	183
The Center for Independent Living .....	212
The College Link Program at California State University, East Bay .....	214
Transition Opportunity Program, TOP .....	224
Transition Options Program (TOPS) .....	225
<b>Family Support</b>	
Autism Society San Francisco Bay Area .....	26
Berkeley YMCA .....	36
Catholic Charities for Oakland Diocese .....	50
Department of Developmental Services .....	72
Disability Rights Education and Defense Fund, Inc. ....	80
Easter Seals Bay Area .....	85
Family Caregiver Alliance .....	100
Family Resource Navigators .....	101
FLORECER SKILLS .....	103
Friends of Children with Special Needs .....	106
Helping Hands East Bay .....	121
Joytara Behavioral and Social Coaching .....	137
La Familia Counseling Services/Developmental Services .....	141
LeBlanc Consulting, LLC .....	146
Live La Familia .....	150

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Family Support</b>	
Mission Hope Day Program - Hayward and Dublin .....	156
Open Advisors .....	168
Prudential Financial .....	177
Regional Center of the East Bay .....	180
Shupin Community .....	187
The Public Authority for In Home Support Services .....	218
Through the Looking Glass .....	222
Tri-City Community Support Center .....	226
True Link Financial .....	229
<b>Government</b>	
Adult Protective Services .....	10
Alameda County Behavioral Health Care Services .....	15
Alameda County Developmental Disabilities Council .....	16
Alameda County Public Health Department .....	19
Alameda County Transportation Commission .....	20
Department of Developmental Services .....	72
Department of Rehabilitation .....	73
Developmental Disabilities Council of Contra Costa County .....	76
District Attorney's Office - Victim Services Division .....	81
Employment Development Department .....	91
Housing Authority, County of Alameda .....	126
Housing Authority, City of Alameda .....	127
Housing Authority, City of Livermore .....	128
Housing Authority, City of Oakland .....	129
LeBlanc Consulting, LLC .....	146
Mission Hope Day Program - Hayward and Dublin .....	156
Office of Clients' Rights Advocacy .....	166

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Government</b>	
Social Security Administration .....	190
State Council on Developmental Disabilities .....	201
State Council on Developmental Disabilities, Bay Area Office .....	202
<b>Head Injury</b>	
College of Alameda Student Accessibility Services .....	62
Deaf Counseling and Advocacy Referral Agency .....	70
Department of Rehabilitation .....	73
Family Caregiver Alliance .....	100
True Link Financial .....	229
<b>Health</b>	
Ability Now Bay Area .....	4
Alameda Alliance for Health .....	14
Alameda County Behavioral Health Care Services .....	15
Alameda County HOSPITALS/MEDICAL CENTERS .....	17
Alameda County Public Health Department .....	19
Alta Bates Medical Center - Herrick Campus .....	22
Easter Seals Bay Area .....	85
Fairmont Hospital .....	99
Futures Explored, Inc. ....	107
HEALTH CARE COMMUNITY CLINICS .....	118
Home Safety Services .....	125
LifeLong Medical Care .....	148
Manos Home Care .....	152
Planned Parenthood Shasta-Pacific .....	172
Premier Healthcare Services .....	176
STAR Center for ASD & NDDs UCSF .....	200
University of the Pacific .....	230

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Health</b>	
We Thrive SLS .....	232
<b>Housing</b>	
Beard Realty Team .....	32
Bethesda Lutheran Communities .....	38
Catholic Charities for Oakland Diocese .....	50
College Internship Program .....	60
Community Resources for Independent Living .....	67
East Bay Innovations .....	82
Eden Information & Referral, Inc. ....	89
Harambee Community Services .....	115
Heart2Heart Inc .....	120
Home Safety Services .....	125
Housing Authority, County of Alameda .....	126
Housing Authority, City of Alameda .....	127
Housing Authority, City of Livermore .....	128
Housing Authority, City of Oakland .....	129
Housing Consortium of the East Bay .....	130
Living Unlimited .....	151
Manos Home Care .....	152
Shupin Community .....	187
We Thrive SLS .....	232
<b>Independent/Supported Living</b>	
Adaptive Learning Center .....	7
Adult Educational Technologies, Inc. ....	8
Adult Enrichment Services .....	9
Alternative Learning Center .....	23
Arcadia Home Care .....	25

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Independent/Supported Living</b>	
Bay Area Support Services .....	31
Broadmoor Community Services .....	39
By Popular Demand, LLC .....	40
Clausen House .....	57
College Internship Program .....	60
College Living Experience Monterey .....	61
Community Access - Supported Living .....	64
Community Resources for Independent Living .....	67
COMPASS SLS & ILS .....	68
Department of Rehabilitation .....	73
East Bay Innovations .....	82
Emerging Horizons .....	90
Empowerment For Success .....	92
FLORECER SKILLS .....	103
Friends of Children with Special Needs .....	106
GOALS for Autism, Inc. ....	110
Heart2Heart Inc .....	120
Jaqui' Foundation Independent Living Skills .....	135
LeBlanc Consulting, LLC .....	146
Living Unlimited .....	151
Meristem .....	154
Moving Forward Towards Independence .....	158
Pathway to Choices, Inc. ....	170
Sentry Living Solutions .....	185
Serra Center .....	186
Shupin Community .....	187
Sierra Environmental & Social Services, Inc. ....	188
Steps for Independence .....	203



# TABLE OF CATEGORIES

CATEGORY	Page
<b>Independent/Supported Living</b>	
The Center for Independent Living .....	212
Thrive Support Services .....	221
Through the Looking Glass .....	222
Toolworks .....	223
Transition Options Program (TOPS) .....	225
True Link Financial .....	229
We Thrive SLS .....	232
<b>Information and Referral</b>	
Alameda County Behavioral Health Care Services .....	15
Alameda County Developmental Disabilities Council .....	16
Autism Society San Francisco Bay Area .....	26
Bay Area Community Services .....	27
California Relay Service (CRS) .....	44
Catholic Charities for Oakland Diocese .....	50
Center for Accessible Technology .....	51
College Living Experience Monterey .....	61
Community Resources for Independent Living .....	67
Deaf Counseling and Advocacy Referral Agency .....	70
Department of Rehabilitation .....	73
Developmental Disabilities Council of Contra Costa County .....	76
Disability Rights Education and Defense Fund, Inc. ....	80
Eden Information & Referral, Inc. ....	89
Family Caregiver Alliance .....	100
Family Resource Navigators .....	101
Planned Parenthood Shasta-Pacific .....	172
Rubicon Legal Services .....	181
The Center for Independent Living .....	212

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Learning Disabilities</b>	
Berkeley City College .....	34
Center for Accessible Technology .....	51
Chabot College .....	53
College Internship Program .....	60
College Living Experience Monterey .....	61
College of Alameda Student Accessibility Services .....	62
Community Resources for Independent Living .....	67
Department of Rehabilitation .....	73
Laney College - Disability Resource Center .....	142
Las Positas College .....	143
LeBlanc Consulting, LLC .....	146
Meristem .....	154
Merritt College Student Accessibility Services .....	155
Mission Hope Day Program - Hayward and Dublin .....	156
One Step Closer Inc. ....	167
The College Link Program at California State University, East Bay .....	214
True Link Financial .....	229
<b>Legal Services</b>	
Disability Rights Advocates .....	78
Disability Rights California .....	79
Disability Rights Education and Defense Fund, Inc. ....	80
District Attorney's Office - Victim Services Division .....	81
Kairos Fiduciary Services .....	138
Law Office of Srinoi G. Rousseau .....	145
Leigh Law Group .....	147
Office of Clients' Rights Advocacy .....	166
People With Disabilities Foundation .....	171

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Legal Services</b>	
Public Guardian - Conservator Program .....	178
Rubicon Legal Services .....	181
The Dale Law Firm .....	215
<b>Occupational/Physical Therapy</b>	
Center for Speech, Language and Occupational Therapy .....	52
Diamond Equine Services/ Melanie Diamond .....	77
Easter Seals Bay Area .....	85
<b>Recreation/Leisure/Socialization</b>	
Achieve Tahoe .....	6
Ala Costa Centers .....	12
Bay Area Community Services .....	27
Bay Area Outreach and Recreation Program .....	29
Berkeley City Recreation Department .....	35
Berkeley YMCA .....	36
C.A.M.P., Inc. ....	41
Camp Krem-Camping Unlimited .....	47
Center for Accessible Technology .....	51
City of Pleasanton-RADD .....	55
Clausen House .....	57
Community Integrated Work Program, Inc. ....	66
Community Resources for Independent Living .....	67
Diamond Equine Services/ Melanie Diamond .....	77
East Bay Regional Park District .....	84
Easter Seals Bay Area .....	85
Evergreen Day Services .....	95
Family Resource Navigators .....	101
Friends of Children with Special Needs .....	106

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Recreation/Leisure/Socialization</b>	
Futures Explored, Inc. ....	107
George Miller Center - Richmond/CAP - Hilltop .....	109
Grace Lutheran Church .....	112
Heart2Heart Inc .....	120
Living Unlimited .....	151
Mission Hope Day Program - Hayward and Dublin .....	156
New Directions Travel .....	159
Oakland Parks and Recreation .....	164
Shupin Community .....	187
Sorensdale Recreation Center .....	194
Special Olympics Northern California .....	196
Special Religious Education Department .....	197
Special Skater Program .....	198
The Arc of the East Bay SCOPE Program .....	211
The Center for Independent Living .....	212
Theatre Unlimited .....	220
Toolworks .....	223
Transition Options Program (TOPS) .....	225
Trips, Inc. ....	227
Young Adult Recreation Program .....	236
<b>Residential</b>	
A and K Residential Homes .....	2
Alternative Learning Center .....	23
Arcadia Home Care .....	25
Camp Krem-Camping Unlimited .....	47
Clausen House .....	57
Community Day Program .....	65

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Residential</b>	
FLORECER SKILLS .....	103
Heart2Heart Inc .....	120
Hergl Center .....	122
Living Unlimited .....	151
Serra Center .....	186
<b>Respite/Home Care</b>	
24 Hour Home Care .....	1
Arcadia Home Care .....	25
Bay Area Community Services .....	27
Catholic Charities for Oakland Diocese .....	50
Family Caregiver Alliance .....	100
Family Support Services Bay Area .....	102
Home Aide Home Care, Inc. ....	124
In Home Supportive Services (I.H.S.S.) .....	132
Manos Home Care .....	152
Premier Healthcare Services .....	176
Sonia Corina .....	193
The Public Authority for In Home Support Services .....	218
The Respite Inn .....	219
We Thrive SLS .....	232
<b>Speech Therapy/Audiology</b>	
Alta Bates Medical Center - Herrick Campus .....	22
Center for Speech, Language and Occupational Therapy .....	52
Easter Seals Bay Area .....	85
Fairmont Hospital .....	99
<b>Technology and Equipment</b>	
Ability Now Bay Area .....	4

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Technology and Equipment</b>	
California Relay Service (CRS) .....	44
California Telephone Access Program (CTAP) .....	45
Center for Accessible Technology .....	51
Community Resources for Independent Living .....	67
Department of Rehabilitation .....	73
Easter Seals Bay Area .....	85
Joytara Behavioral and Social Coaching .....	137
Mobility Systems .....	157
ReCares Network .....	179
The Center for Independent Living .....	212
True Link Financial .....	229
<b>Transportation/Mobility</b>	
AC Transit .....	5
Ala Costa Centers .....	12
Alameda County Transportation Commission .....	20
American Red Cross Bay Area .....	24
Bay Area Outreach and Recreation Program .....	29
Bay Area Rapid Transit .....	30
Classic Vans .....	56
Clausen House .....	57
Community Resources for Independent Living .....	67
East Bay Paratransit .....	83
East Bay Regional Park District .....	84
Eden Information & Referral, Inc. ....	89
Friendly Cab Company, Inc. ....	105
Futures Explored, Inc. ....	107
Mission Hope Day Program - Hayward and Dublin .....	156

# TABLE OF CATEGORIES

CATEGORY	Page
<b>Transportation/Mobility</b>	
Mobility Systems .....	157
Nor-Cal Mobility, Inc. ....	163
Pleasanton (City of) Paratransit Service .....	173
The Center for Independent Living .....	212
<b>Vocational/Employment</b>	
24 Hour Home Care .....	1
Ability Now Bay Area .....	4
Adaptive Learning Center .....	7
Ala Costa Centers .....	12
Berkeley Adult School/Workability II .....	33
Calidad Industries .....	42
California Autism Foundation .....	43
Catholic Charities for Oakland Diocese .....	50
Clausen House .....	57
College Internship Program .....	60
College to Career (C2C) Program at the College of Alameda .....	63
Community Integrated Work Program, Inc. ....	66
Community Resources for Independent Living .....	67
Department of Rehabilitation .....	73
East Bay Innovations .....	82
Eden Area (Adult) Regional Occupational Programs .....	87
Eden Area Regional Occupation Program .....	88
Employment Development Department .....	91
Evergreen Day Services .....	95
Fremont Adult School .....	104
Futures Explored, Inc. ....	107
Heart2Heart Inc .....	120

## TABLE OF CATEGORIES

CATEGORY	Page
<b>Vocational/Employment</b>	
Helping Hands East Bay .....	121
HireAble .....	123
Institute of Applied Behavior Analysis .....	133
Las Positas College .....	143
LeBlanc Consulting, LLC .....	146
Lions Center for the Visually Impaired .....	149
Moving Forward Towards Independence .....	158
Oakland Regional Occupation Program .....	165
Pleasanton Adult Education Paid Internship Program .....	174
Social Vocational Services .....	192
Strides Paid Internship Program .....	204
The Arc of the East Bay .....	207
The Arc of the East Bay SCOPE Program .....	211
The Center for Independent Living .....	212
Toolworks .....	223
Transition Opportunity Program, TOP .....	224
Transition Options Program (TOPS) .....	225
WorkAbility I/Transition Partnership .....	233
WorkAbility III at College of Alameda .....	234
<b>Voluntary Associations/Organizations</b>	
Alameda County Developmental Disabilities Council .....	16
Living Unlimited .....	151
ReCares Network .....	179
State Council on Developmental Disabilities, Bay Area Office .....	202



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<b>Program</b>	<b>24 Hour Home Care</b>		
	1320 Willow Pass Rd, Suite 490 Concord, CA 94520-		
<b>Contact</b>	Erika Gonzalez		
<b>Phone</b>	(650) 383-1261 (925) 239-1730	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(925) 322-8628	<b>Email</b>	erika@24hrcares.com
<b>Web Site</b>	<a href="http://www.24hrcares.com">www.24hrcares.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	24/7		
<b>Program</b>	24/7		

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<b>Eligibility</b>	All ages, Alameda and Contra Costa Counties, all disabilities, both ambulatory and non-ambulatory.		
<b>Payment</b>	Vendored by Regional Center for EOR and full service Respite.		
<b>Application</b>	By phone, mail or in person.		
<b>Target Pop</b>	All		
<b>Description</b>	Non-medical home care services include personal care, meal preparation, light housekeeping and medication reminders.		

---

<b>Accessibility</b>	N/A		
<b>Languages</b>	English, Spanish and Vietnamese; *Internal team members fluent in Spanish and Vietnamese available for intakes *Can 'target recruit' for other language needs upon request		

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1/1	0

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**Program**      **A and K Residential Homes**

19635 Meekland ave  
Hayward, CA 94541-

**Contact**      Kip Iscandari**Phone**        510 258 6301**TTY**            Information Not Provided**Fax**            510 674 9151**Email**         AandKresidentialhomes@gmail.com**Days & Hours****Office**        8 am to 5 pm**Program**      24/7 residential home

---

**Eligibility**    18 to 59, mild intellectual disability, Ambulatory.**Payment**      Vendorized by RCEB**Application**   E mail**Target Pop**    18 to 59**Description**   Group home

---

**Accessibility**   Ambulatory residents**Languages**    Information Not Provided**Staff/Client Ratio****Capacity**

3 to 1

4

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**Program** **A Brighterview Day Program**44240 Fremont Blvd  
Fremont, CA 94538-**Contact** Kulwinder Kaur**Phone** 925-430-4153**TTY** Information Not Provided**Fax** Information Not Provided**Email** [kkaur@abrighterviewday.org](mailto:kkaur@abrighterviewday.org)**Web Site** [www.abrighterviewday.org](http://www.abrighterviewday.org)**Days & Hours****Office** 7am-4pm**Program** 9am-3pm

---

**Eligibility** "Has a qualifying developmental disability and /or mental illness (dual diagnosis);\* Challenging behavior / behavior excesses;\* Requires support for Independent living, learning and social skills;\* Can achieve ISP goals in the program;\* Is at least 22 years of age;\* Is medically stable (able to attend program on a regular basis);\* Has a minor medical issue that does not require attention during the program day;\* Has a medical condition that is chronic and stable or is temporary in nature, and is expected to return to a stable condition"**Payment** Vendorization by RCEB**Application** Contact regional center, phone, email, we can meet in person or virtually to complete intake**Target Pop** Adults with intellectual and developmental disabilities**Description** A Brighter View Day Program is a community based organization working with individuals with intellectual disabilities and challenging behaviors to achieve their optimal potential, community involvement and self advocacy. Ensure that individuals with significant disabilities learn how to access and be part of their community, as well as to self-advocate.

The maximum number of participants to be served given the program design and services offered is based on the support needs of the individuals served and is flexible due to individual needs. The maximum number served will be 100 ambulatory and 4 non-ambulatory.

[asimons@abrighterviewday.org](mailto:asimons@abrighterviewday.org)

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**Accessibility** yes**Languages** no**Staff/Client Ratio**

1:3

**Capacity**

Information Not Provided

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**Program**      **Ability Now Bay Area**

4500 Lincoln Avenue  
Oakland, CA 94602

**Phone**      (510) 531-3323**TTY**      Information Not Provided**Fax**      (510) 531-2990**Email**      info@abilitynowba.org**Web Site**      <http://www.abilitynowbayarea.org>**Days & Hours****Office**      M-F 8 am - 5 pm**Program**      M-F 9 am - 3 pm

---

**Eligibility**      Age 21 or over, have cerebral palsy or other developmental disability, meet program criteria, not harmful to self or others and have potential to benefit from the program.  
High school students 18 years of age or older when enrolled in a transitional public school program contract with Ability Now Bay Area.**Payment**      Most participants' fees are paid for through a Purchase of Service Vendor Agreement with the Regional Center. Private payment is also accepted with cash, check and credit card with a prior approved payment contract.**Application**      Inquiries may be made by phone, email or mail but appointment is necessary for application. Referrals are accepted through the case management system at the Regional Center. Medical verification of disability will be required. A referral packet of personal information is also required.**Target Pop**      Persons with cerebral palsy, physical, intellectual and other developmental disabilities. Ability Now Bay Area has special skills and staff trained in working with people with severe physical and communication challenges. The Center also serves persons with Restricted Health Conditions and high functioning Autism.**Description**      Ability Now Bay Area educates and empowers adults with disabilities and their families through advocacy, wellness, and building independence. Programs are designed to increase personal independence, expand academic ability and cognitive development, increase involvement in the community, and increase opportunities for social development.

Participants are offered a range of programs that encourage self-determination and enhance the capacity for independent living. Ability Now offers the following programs: Laura Long Technology Center; Small Business Development Center; Adult Education Classes, Community Integration Program and Health and Wellness Program. Classes are offered both onsite and through our virtual classroom.

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**Accessibility**      Fully Wheelchair accessible.**Languages**      English, Spanish and Tagalog.**Staff/Client Ratio**      **Capacity**

1:2, 1:4

100

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**Public Transportation****BART**      Fruitvale**Bus**      AC Transit #53 stops in front of Center on Lincoln

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**Program**      **AC Transit**  
1600 Franklin Street  
Oakland, CA 94612

**Contact**      Customer Service Department

**Phone**        (510) 891-4777                      **TTY**        711

**Fax**            Information Not Provided

**Web Site**     [www.actransit.org](http://www.actransit.org)

**Days & Hours**

**Office**      M-F 8 am - 4 pm

---

**Eligibility**    All ages and incomes.

**Payment**     Reduced fare rate for seniors and people with disabilities.

**Application**    RTC card applications must be returned in person 1600 Franklin Street, Oakland, CA 94612. Must show proof of eligibility, pay fee and take a photo. Upon approval, the card will be mailed within 21 days.

**Target Pop**    The Accessible Services Department focuses on the needs of the Senior and Disabled communities in Alameda County and Western Contra Costa County.

**Description**    Provides transportation for the general public, including accessible services for seniors and disabled persons. A reduced fare program exists for seniors and qualifying disabled persons.

---

**Accessibility**    Yes

**Languages**    Any language and ASL is provided upon request.

**Staff/Client Ratio**                      **Capacity**  
Information Not Provided                      Information Not Provided

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**Public Transportation**

**BART**            19th Street Station                                      **Bus**            1, 1R, 72, 72R, 51, 19

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<b>Program</b>	<b>Achieve Tahoe</b>		
	P.O. Box 8339 Truckee, CA 96162-		
<b>Contact</b>	Cindy Smith		
<b>Phone</b>	(530) 581-4161	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	cindy@achievetahoe.org
<b>Web Site</b>	<a href="http://achievetahoe.org">achievetahoe.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Information Not Provided		

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<b>Eligibility</b>	N/A		
<b>Payment</b>	Information Not Provided		
<b>Application</b>	Information Not Provided		
<b>Target Pop</b>	Individuals of all ages and abilities, including those with orthopedic, spinal cord, neuromuscular, developmental, visual and hearing disabilities.		
<b>Description</b>	Program mission is to provide affordable inclusive physical and recreational activities that build health and confidence.		

---

<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1/1	0		

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**Program** **Adaptive Learning Center**

3227 Clayton Road  
Concord, CA 94519

**Contact** Donna Feingold**Phone** (925) 827-3863**TTY** Information Not Provided**Fax** (925) 827-4080**Web Site** [www.alc-ca.org](http://www.alc-ca.org)**Days & Hours****Office** M-F 9 am - 5 pm**Program** 24 hour on call support, Building Hours from 9 to 5

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**Eligibility** In our community living program, Adaptive Learning Center serves individuals that can safely live independently without overnight support.**Payment** Adaptive Learning Center accepts RCEB funding, Department of Rehabilitation (for vocational programming) funding, and Private Pay.**Application** Initial phone call for interest, then an intake (currently over zoom), application packet that includes obtaining references and a physical, and opportunity to participate in group programming to assess fit with the community (currently over zoom)**Target Pop** Many of our clients have Autism but we serve individuals with a range of developmental disabilities.**Description** Adaptive Learning Center provides services in our community living program, an "all inclusive model of support", so that individuals can live in their own apartments with independent living supports and have the opportunity to participate in meaningful educational, vocational, social, and recreational programming. Adaptive Learning Center also offers tailored day services and employment services for individuals outside of the community living program.

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**Accessibility** Partial-depends on program.**Languages** Spanish**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation****BART** Concord**Bus** Concord

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**Program** **Adult Educational Technologies, Inc.**

121 Embarcadero West, #2118  
Oakland, CA 94607-

**Contact** Wendell James**Phone** (510) 638-1750**TTY** Information Not Provided**Fax** (510) 465-0294**Email** wjames5145@aol.com**Days & Hours****Office** M-F 8 am - 6 pm**Program** M-F 9 am - 3 pm; SLS and ILS hours may vary

---

**Eligibility** 18 years or older. RCEB consumers or will accept private pay non-Regional Center adults.**Payment** Vendorized by Regional Center or private pay for non-Regional Center adults.**Application** By telephone, in person or mail. Referral from case manager required.**Target Pop** Adults with developmental disabilities.**Description** An adult community-based day program and independent living skills program. Provides education/training for heterogeneous population; serving all functional levels. Assists clients in developing positive behaviors, coping abilities, and competencies to allow for an integrated living and working environment.

Supported Living Program covering all areas of ADL skills, parenting, sex offenders, criminal offender and housing. Also includes community based day program and Independent Living Skill instruction.

Community Based Adult Behavior Day Program.

---

**Accessibility** Yes**Languages** None at this time.**Staff/Client Ratio**

1:1, 1:3, 1:4

**Capacity**

Information Not Provided

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**Public Transportation****BART** Coliseum**Bus** Coliseum



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**Program**      **Adult Enrichment Services**

42574 Hamilton Way  
Fremont, CA 94538-

**Contact**      Harpreet Kaur**Phone**      (510) 938-5287**TTY**      Information Not Provided**Fax**      (510) 516-7420**Email**      kaur30@hotmail.com**Days & Hours****Office**      9 am - 5 pm

---

**Eligibility**      AES serve adults with developmental disabilities. We serve both ambulatory and non-ambulatory individuals in Alameda County.**Payment**      AES is vendored through the Regional Center.**Application**      In person.**Target Pop**      Adults with developmental disabilities.**Description**      Adult Enrichment Services provides independent living services (ILS). AES's mission is to provide an enriching experience for individuals with learning differences. AES will provide services that are designed to meet an individual's evolving needs and preferences for support.

---

**Accessibility**      N/A**Languages**      Hindi, Punjabi and Farsi.**Staff/Client Ratio**      **Capacity**  
Information Not Provided      0

---

**Public Transportation****Bus**      N/A

---

**Program**      **Adult Protective Services**  
**Alameda County Social Services Agency, Department of Adult & Aging Services**  
6955 Foothill Boulevard, # 143  
Oakland, CA 94605-2409

**Contact**      Lisa Lahowe

**Phone**      (510) 577-3500 (866)-CALLAPS      **TTY**      Information Not Provided

**Fax**      (510) 577-5615

**Web Site**      [www.alamedasocialservices.org](http://www.alamedasocialservices.org)

**Days & Hours**

**Office**      M-F 8:30 am - 5 pm

---

**Eligibility**      The client's need for APS is based upon the client being "at risk" and will be determined by a trained APS social worker.

**Payment**      No charge.

**Application**      By telephone. Reporting person's confidentiality will be maintained. Reports may also be made anonymously.

**Target Pop**      Information Not Provided

**Description**      Protective services for adults are provided to remedy or reduce danger to individuals 18 or older. The need for Adult Protective Services (APS) is present when any adult is in danger and is physically or mentally incapable of managing their daily activities and/or is unable to protect their own interests from others to prevent abuse, neglect and exploitation.

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**Accessibility**      Wheelchair accessible ramp, special parking, restroom and conference room.

**Languages**      Spanish.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      Information Not Provided

---

**Public Transportation**

**BART**      Coliseum      **Bus**      Coliseum

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<b>Program</b>	<b>AIMS</b>		
	<b>Action Independence Motivation Support</b>		
	8055 Collins Drive, Suite #210 Oakland, CA 94621-		
<b>Alternate Address</b>	1277 Washington Avenue, #785 San Leandro, CA 94577		
<b>Contact</b>	Arek Nathanson		
<b>Phone</b>	(510) 856-7833	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(484) 952-8752	<b>Email</b>	arek@aimsforthefuture.com
<b>Web Site</b>	<a href="http://www.aimsforthefuture.com">www.aimsforthefuture.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9am -5pm		
<b>Program</b>	M-F 8am-9om		

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<b>Eligibility</b>	18 and over, Alameda and Contra Costa County, Regional Center eligible, ambulatory/non-ambulatory.		
<b>Payment</b>	Vendored by RCEB, Vendor # HB0997		
<b>Application</b>	Referrals through Regional Center case management.		
<b>Target Pop</b>	We pledge to serve the RCEB population.		
<b>Description</b>	<p>AIMS Independent Living Skills program provides a sincere and effective service to individuals with intellectual disabilities who wish to live in the community. We believe that there is inherent potential in every individual we serve that may need inspiration or motivation to be sparked. The Interdisciplinary team comprised of the consumer, the family/conservator, the Regional Center case manager and our agency help support the consumer in drawing a roadmap to living independently, as well as the resiliency and problem solving that is needed for this endeavor.</p> <p>AIMS prides itself on clear communication with the above identified ID team and following through with reasonable requests from the ID Team. We believe that the Individual Program Plan and our Individual Service Plan provide the dynamic framework to achieve goals while communicating progress and barriers. This planning process with the Regional Center is also replicated on a similar scale internally to achieve the optimal understanding of the where our clients are. Our ISP's are written in client-friendly language and, person-centered, to make them as accessible as possible.</p> <p>Our instruction is comprised of methods to promote active learning with full participation and involvement of consumers. We never make decisions for consumers about what is best for their lives, rather allowing them to choose based on information provided by our instructors. Self-destructive behavior patterns will be addressed in a collaborative ID Team environment.</p>		

---

**Accessibility** All services are delivered in the community.

**Languages** English and Spanish.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:1	0

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**Public Transportation**

**BART** N/A we work in the community and home      **Bus** N/A we work in the community and home

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**Program**      **Ala Costa Centers**  
**Adult Community Training, Ala Costa After School Programs- Berkeley and Alameda**  
1300 Rose Street  
Berkeley, CA 94702-\_\_\_\_\_

**Alternate Address**      3400 Malcolm Ave  
Oakland, CA 94605

**Contact**      Michael Pereira

**Phone**      (510) 527-2550

**TTY**      Information Not Provided

**Fax**      (510) 527-4543

**Email**      info@alacostacenters.org

**Web Site**      [www.alacostacenters.org](http://www.alacostacenters.org)

**Days & Hours**

**Office**      M-F 9 am - 6 pm

**Program**      Adult Program: 8am-3pm; After School: 2-6pm School; 9am-6pm break summer

---

**Eligibility**      Adults: 18+ with a Diploma, or 22 years old +

**Payment**      Vendored by Regional Center of the East Bay

**Application**      Referrals can be made by Regional Center, School Districts, Families- please contact Ala Costa by mail, email, or phone.

**Target Pop**      Intellectual and Developmental Disabilities

**Description**      Ala Costa provides a program curriculum designed to meet the individual needs of students, ages 5-22, who have multiple disabilities and who cannot be left unsupervised after school due to behavior or unusual needs that require professional assistance. Curriculum includes training in critical skills related to success in community settings, socialization, self-help, independent living skills, functional math and reading, and vocational training. Ala Costa also provides support services to families which include workshops, support groups and assistance with basic advocacy issues.

Ala Costa serves 50 students at the Berkeley site.

---

**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**

1:3

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      North Berkeley

**Bus**      51A

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<b>Program</b>	<b>Ala Costa Centers</b>		
	<b>ACT/ACAT Adult Program</b>		
	1300 Rose St Berkeley, CA 94702-		
<b>Contact</b>	Tanya Coffield		
<b>Phone</b>	(510) 527-2550	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 527-4543	<b>Email</b>	tanya@alacosta-acat.com
<b>Web Site</b>	<a href="https://www.alacostacenters.org/transition-program/">https://www.alacostacenters.org/transition-program/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 4 pm		
<b>Program</b>	M-F 8 am - 2 pm		

---

<b>Eligibility</b>	IDD		
<b>Payment</b>	Regional Center		
<b>Application</b>	All applicants must have an intake and observation. Each student/participant must call the supervisor of the program to schedule an intake meeting.		
<b>Target Pop</b>	Open to all adults with developmental disabilities.		
<b>Description</b>	Vocational Training, Travel Training and Independent Living Skills- Self Determination Model		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	English and Spanish.		
<b>Staff/Client Ratio</b>		<b>Capacity</b>	
3:1		70	

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<b>Public Transportation</b>			
<b>BART</b>	Ashby	<b>Bus</b>	18

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<b>Program</b>	<b>Alameda Alliance for Health</b>		
	1240 South Loop Road Alameda, CA 94502-		
<b>Contact</b>	Michelle Lewis		
<b>Phone</b>	1-(877) 932-2738; (510) 747-4567	<b>TTY</b>	1-(888) 7435-2929 CA relay 711
<b>Fax</b>	1-(855) 891-7172		
<b>Web Site</b>	<a href="http://www.alamedaalliance.org">www.alamedaalliance.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 5 pm		

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<b>Eligibility</b>	Information Not Provided		
<b>Payment</b>	Most services provided at no cost. There may be co-pays for some programs.		
<b>Application</b>	Enroll for Alameda Alliance for Health through Health Care Options at 1-800-430-4263. IHSS workers contact the Public Authority for IHSS Workers at 510-777-4201 for enrollment information.		
<b>Target Pop</b>	Low income, families, seniors, people with disabilities who qualify.		
<b>Description</b>	<p>Alameda Alliance for Health is a managed care plan for people who qualify for Medi-Cal, qualified IHSS workers, and people with disabilities who qualify for Medi-Cal. The Alliance is for residents of Alameda County only. The Alliance collaborates and/or contracts with community-based organizations, medical groups, hospitals, clinics, and solo doctors to deliver medically necessary health services, emergency, inpatient care, pharmacy and preventive services. The Alliance also provides:</p> <ul style="list-style-type: none"> <li>• Health Education</li> <li>• Language Interpretation</li> <li>• Vouchers for public transportation to medical services (AC Transit or Para Transit)</li> </ul>		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Chinese, Spanish, Vietnamese and interpreter by arrangement.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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**Program**      **Alameda County Behavioral Health Care Services**  
**Mental Health; Children's ACCESS; Adult ACCESS; Alcohol and Other Drugs Program**  
2000 Embarcadero, Suite 400  
Oakland, CA 94606

**Contact**      Kate Jones

**Phone**      (510) 567-8100

**TTY**      Information Not Provided

**Fax**      (510) 567-8130

**Email**      katherine.jones@acgov.org

**Days & Hours**

**Office**      M-F 8:30 am - 5 pm (Emergency & Hospital - 24 hours)

**Program**      M-F, Emergency and Hospital 24 hours all week

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**Eligibility**      Persons with severe, persistent mental health issues and without alternative resources who are Alameda County residents.

**Payment**      Private pay, third party payment, no charge, Medi-Cal and sliding fee scale.

**Application**      For requests for ACCESS evaluations (to schedule an interview or obtain information) Call: Main Line (800) 491-9099

Asian Languages - Asian Community Mental Health      (510) 451-6729

Spanish Language - Casa del Sol in North County      (510) 535-4170

La Familia Counseling Services in South County      (510) 881-5921

**Target Pop**      Severe, persistent mental illness.

**Description**      A.C.C.E.S.S. (Acute Crisis Care and Evaluation for System-wide Services) has system-wide responsibility for evaluating, selecting and assigning individuals to programs. Individuals in acute crisis will still be seen by psychiatric emergency services but the need for continued services will be determined by ACCESS staff. For crisis services you may phone any of the above numbers Monday-Friday 9 am-5 pm. For after hours phone John George Psychiatric Pavilion (510) 481-4141.

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**Accessibility**      Yes

**Languages**      Most

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Program**      **Alameda County Developmental Disabilities Council**  
**Alameda County Public Health Department**  
1000 Broadway, Suite 500  
Oakland, CA 94607

**Contact**      Sandi Soliday

**Phone**      (510) 267-3261

**TTY**      Information Not Provided

**Fax**      (510) 273-3865

**Email**      sandi.soliday@acgov.org

**Web Site**      [www.acphd.org/ddc](http://www.acphd.org/ddc)

**Days & Hours**

**Office**      8 am - 5 pm

**Program**      M-F

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**Eligibility**      Membership is open to all people interested in the field of developmental disabilities who live or work in Alameda County. Call for application.

**Payment**      No charge.

**Application**      Mail, Email or Fax.

**Target Pop**      People with intellectual and developmental disabilities and their families.

**Description**      The mission of the Developmental Disabilities Council is to expand opportunities for individuals with intellectual and developmental disabilities. The Developmental Disabilities Council is a program and policy planning unit within the Public Health Department. Council meetings are usually held on the second Wednesday of each month and are open to the public.

Like us on Facebook as the Alameda County Developmental Disabilities Planning and Advisory Council.

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**Accessibility**      Wheelchair accessible.

**Languages**      Interpretation available upon request.

**Staff/Client Ratio**

**Capacity**

N/A

Information Not Provided

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**Public Transportation**

**BART**      12th Street Station



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<b>Program</b>	<b>Alameda County HOSPITALS/MEDICAL CENTERS</b> See below		
<b>Phone</b>		<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided		
<b>Days &amp; Hours</b>			
<b>Office</b>	Information Not Provided		

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<b>Eligibility</b>	N/A
<b>Payment</b>	N/A
<b>Application</b>	N/A
<b>Target Pop</b>	N/A
<b>Description</b>	<p>Alameda County Medical Center Highland Hospital 1411 E. 31st Street Oakland, CA 94602 (510) 437-4800</p> <p>Alameda Hospital 2070 Clinton Avenue Alameda, CA 94578 (510) 522-3700   General Information 8am-12midnight (510) 814-4000   Hospital Administration (510) 814-4062   Classes Answering Machine (510) 522-7058   Physicians Referral</p> <p>Alta Bates Medical Center 2450 Ashby Avenue Berkeley, CA 94705 (510) 204-4444   Information 24 hours daily (510) 204-1303   Emergency (510) 204-1870   AIDS Outpatient Clinic M-F (510) 548-4972   Fax</p> <p>Children's Hospital Oakland 747 52nd Street Oakland, CA 94609 (510) 428-3000   24 hours daily (510) 428-3010   Youth Clinic - HIV/AIDS testing (800) 414-7337   Long Distance Callers</p> <p>Eden Medical Center 20103 Lake Chabot Road Castro Valley, CA 94546-5367 (510) 537-1234   24 hours daily (510) 582-8882   TDD/TTY (510) 889-5015   Emergency Room (510) 889-5064   Physical Medicine Unit (510) 889-5016   Psychiatric Services</p> <p>Kaiser Permanente Medical Center - Hayward 27400 Hesperian Boulevard Hayward, CA 94545</p>

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(510) 784-4000 24 hours daily

Kaiser Permanente Medical Center - Oakland  
280 West MacArthur Boulevard  
Oakland, CA 94611

(510) 752-1000 24 hours daily  
(510) 752-0121 Chemical Dependency Program  
(510) 752-6150 Health Education  
(510) 752-6305 Social Services  
(510) 752-7096 HIV Information

San Leandro Hospital  
Eden Medical Center - Campus  
13855 East 14th Street  
San Leandro, CA 94578

(510) 357-6500 24 hours daily Hospital  
(510) 352-2900 TDD Monday-Friday, 9-5 Administration  
(510) 357-4958 Senior Friends Association  
(510) 667-4508 Social Services  
(510) 667-4572 Fax

St. Rose Hospital  
27200 Calaroga Avenue  
Hayward, CA 94545  
(510) 264-4000 Office

Summit Medical Center - Lifeline  
350 Hawthorne Avenue  
Oakland, CA 94609  
(510) 655-4000 24 hours daily Hospital M-F 9-5 Administration  
(510) 869-6514 Adult Immunology/AIDS Clinic M-F  
(510) 869-8833 Cancer Center M-F 8:30-5  
(510) 869-8911 Adult Day Health Care M-F

Valley Memorial Hospital  
5555 W. Positas Boulevard  
Pleasanton, CA. 94588  
(925) 847-3000

Washington Hospital Healthcare System  
2000 Mowry Avenue  
Fremont, CA 94538  
(510) 797-1111 24 hours daily  
(510) 791-3433 TTY  
(800) 963-7070 Physician Referral  
(800) 770-9447 Health Insurance Information Service

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**Accessibility** Information Not Provided

**Languages** Information Not Provided

**Staff/Client Ratio** Information Not Provided  
**Capacity** Information Not Provided

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**Program** **Alameda County Public Health Department****ACPHD**1000 Broadway, Suite 500  
Oakland, CA 94607**Contact** Kimi Watkins-Tartt**Phone** (510) 267-8000**TTY** Information Not Provided**Fax** (510) 208-5974**Web Site** [www.acphd.org](http://www.acphd.org)**Days & Hours****Office** M-F 8 am - 5 pm

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**Eligibility** Alameda County residents.**Payment** Not a direct service.**Application** Contact individual programs for more information.**Target Pop** Alameda County residents.**Description** The mission of the Alameda County Public Health Department is to work in partnership with the community to ensure the optimal health and well-being of all people through a dynamic and responsive process respecting the diversity of the community and challenging us to provide for present and future generations.

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**Accessibility** Accessible**Languages** Interpretation available by request.**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART** 12th Street**Bus** 12th Street

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**Program** **Alameda County Transportation Commission****Alameda CTC**1111 Broadway, Suite 800  
Oakland, CA 94607-**Contact** Naomi Armenta**Phone** 510-506-7586**TTY** Information Not Provided**Fax** Information Not Provided**Email** [contact@alamedactc.org](mailto:contact@alamedactc.org)**Web Site** [www.accessalameda.org](http://www.accessalameda.org)**Days & Hours****Office** M-F 9 am - 5 pm**Program** Varies

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**Eligibility** transportation information for older adults and people with disabilities. Contact city of residence for more information.**Payment** Varies**Application** depends on program - <https://accessalameda.org/applications/>  
telephone-contact by city or residence for information:Alameda-510-747-7513  
Albany-510-524-9122  
Berkeley-510-981-7269  
Dublin/Livermore-925-455-7310  
Emeryville-510-596-3730  
Hayward/Castro Valley-510-5834230  
Fremont/Newark-510-574-2053  
Piedmont/Oakland-510-238-3036  
Pleasanton-925-931-5376  
San Leandro-510-577-7988**Target Pop** Seniors and people with disabilities**Description** Provides paratransit services within constraints of budget monies received from Measure B and Measure BB. Programs are locally administered by city jurisdiction. Contact city of residence for program details. The mission of the Paratransit Advisory and Planning Committee is to promote the development of a comprehensive integrated paratransit system for PAPCO Seniors + disabled persons and to advise the AlamedaCTC and program providers on ways to increase collaboration and effectiveness of special transportation services to minimize overlap and duplication of resources

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**Accessibility** varies**Languages** Information Not Provided**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART** 12th Street**Bus** 12th Street

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**Program** **Alegria Community Living**

410 7th Street, Suite 203  
Oakland, CA 94607-

**Contact** Karen Toto**Phone** (510) 287-8488**TTY** Information Not Provided**Fax** (510)217-3444**Email** ktoto@alegriaci.org**Web Site** [www.alegriaci.org](http://www.alegriaci.org)**Days & Hours****Office** 9 am - 5 pm

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**Eligibility** Teens, families and adults with intellectual and developmental disabilities.**Payment** Alegria is vendorized by the Regional Center of the East Bay and also accepts sliding scale fees based upon income.**Application** Contact Karen Toto by telephone to schedule an assessment.**Target Pop** People with Intellectual and developmental disabilities and their family members.**Description** Individual and group counseling for people with intellectual and developmental disabilities.  
Parent group for parents with adult children with ID/DD.  
Hunt House 1201 Martin Luther king Jr. Way St 200, Oakland CA 94612

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**Accessibility** Yes**Languages** Information Not Provided**Staff/Client Ratio** **Capacity**Information Not Provided 0

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**Public Transportation****BART** 12th Street

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**Program**      **Alta Bates Medical Center - Herrick Campus**  
**Speech Language Pathology/Audiology Services**  
2001 Dwight Way  
Berkeley, CA 94704

**Contact**      Director

**Phone**      (510) 204-4599                      **TTY**      (510) 204-4574

**Fax**      (510) 204-4557

**Days & Hours**

**Office**      8 am - 5 pm

**Program**      M-F

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**Eligibility**      No age restrictions; servicing primarily the Oakland, Berkeley, Albany and Richmond communities. Diagnoses served include cerebral vascular accident victims, neurological diseases, hearing/voice impairment, acquired brain injury, head and neck cancer and stuttering.

**Payment**      Private pay, third party payment and habilitation/rehab.

**Application**      By telephone. A doctor referral is required for all services.

**Target Pop**      Those persons with diagnoses that indicate impaired speech/language development or audiological problems.

**Description**      The Speech/Language pathologists assist clients in maximizing communication skills for home, work and community needs.

Individual treatment programs include Functional Communication, Speech Intelligibility, Written Language, Voice Production, Community Re-Entry, Aural Rehabilitation, Auditory Comprehension, Reading Comprehension, Cognitive-Linguistic Skills, Fluency and Augmentative Communication.

Certified audiologists with extensive experience working with hearing impaired adults and children are available. A test assistant is available to help the audiologist in evaluating very young children, difficult to test, or developmentally disabled individuals.

Specialty Programs include Voice Improvement, Dysphasia, and Day Treatment Programs.

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**Accessibility**      Yes

**Languages**      Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Information Not Provided	Information Not Provided

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**Public Transportation**

<b>BART</b>	Berkeley (4 blocks away)	<b>Bus</b>	Berkeley (4 blocks away)
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**Program**      **Alternative Learning Center**

2738 73rd Avenue  
Oakland, CA 94605

**Contact**      C. Michelle Wood**Phone**      (510) 562-9694**TTY**      Information Not Provided**Fax**      (510) 562 9695**Email**      alc-2@sbcglobal.net**Days & Hours****Office**      9 am - 5 pm

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**Eligibility**      Available to adults with a wide range of Intellectual challenges, although assessment services may be available to teenagers, ALC/SLSP typically provides support to consumers living, or planning to live, in their own homes and who are eighteen years of age or older. ALC/SLSP has no prerequisite functional or skill level for an individual consumer.**Payment**      Information Not Provided**Application**      RCEB Case manager.**Target Pop**      All Regional Center consumers.**Description**      ALC provides Independent and Supported Living programs, providing adults with developmental disabilities the opportunity to secure a self-sustaining independent living situation in the community. Parenting, specialized day programs.

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**Accessibility**      Partial.**Languages**      English**Staff/Client Ratio**

1:1

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Oakland Coliseum

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<b>Program</b>	<b>American Red Cross Bay Area</b>		
	<b>American Red Cross Bay Area Chapter</b>		
	3901 Broadway		
	Oakland, CA 94607-		
<b>Contact</b>	Allison Biddinger		
<b>Phone</b>	(510) 595-4400	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 5 pm		
<b>Program</b>	M - F		

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<b>Eligibility</b>	All Ages.		
<b>Payment</b>	N/A		
<b>Application</b>	Contact American Red Cross for scheduled class times.		
<b>Target Pop</b>	All populations.		
<b>Description</b>	Emergency Preparedness Training and Support.		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Call for information about specific languages.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	0		

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<b>Program</b>	<b>Arcadia Home Care</b>		
	505 14th Street, Suite 965 Oakland, CA 94612-		
<b>Contact</b>	Jennifer Carper		
<b>Phone</b>	510-967-1166	<b>TTY</b>	Information Not Provided
<b>Fax</b>	510-992-1093	<b>Email</b>	jcarper@arcadiahomecare.com
<b>Web Site</b>	<a href="http://www.Arcadiahomecare.com">www.Arcadiahomecare.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	510-597-1071		

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<b>Eligibility</b>	All ages, Contra Costa and Alameda County, any disability, both ambulatory/non.		
<b>Payment</b>	Vendorization with RCEB, Private or insurance.		
<b>Application</b>	By phone, and then in person to complete application.		
<b>Target Pop</b>	Information Not Provided		
<b>Description</b>			

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<b>Accessibility</b>	We provide care at their residence.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	Information Not Provided		

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**Program** Autism Society San Francisco Bay AreaP.O. Box 249  
San Mateo, CA 94401-**Contact** Jill Escher**Phone** (650) 637-7772**TTY** Information Not Provided**Fax** Information Not Provided**Email** info@sautismsociety.org**Web Site** [sfautismsociety.org](http://sfautismsociety.org)**Days & Hours****Office** no office

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**Eligibility** N/A**Payment** N.A.**Application** N/A**Target Pop** Resources for individuals with Autism and their families.**Description** Resource information, educational events, and regional support groups only.  
We do not offer any direct programs.

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**Accessibility** Information Not Provided**Languages** Information Not Provided**Staff/Client Ratio** **Capacity**

Information Not Provided 0

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**Program**      **Bay Area Community Services**

629 Oakland Avenue  
Oakland, CA 94611-

**Contact**      Jamie Almanza**Phone**      (510) 613-0330**TTY**      Information Not Provided**Fax**      Information Not Provided**Email**      bacs@bayareacs.org**Web Site**      [www.bayareacs.org](http://www.bayareacs.org)**Days & Hours****Office**      Varies**Program**      Varies by location, see description.

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**Eligibility**      Older adults with chronic health problems, including Alzheimer's Disease.**Payment**      Fee for service.**Application**      Call**Target Pop**      Older adults with chronic health problems, including Alzheimer's Disease.**Description**      Bay Area Community Services - Fremont  
Mary Coolidge  
39600 Sundale Dr., Fremont, CA 94538  
Phone: (510) 656-7742 Fax: (510) 656-7891  
adultday@pacbell.net

BACS Adult Day Care Services serves adults age 60 and over in the Tri-Cities area who are experiencing chronic health problems (including Alzheimer's Disease). The help and support provided by the program enables these seniors to continue living in their own homes, avoiding premature institutionalization. It also provides respite for family members and caregivers, allowing them to attend to their daily affairs assured that their loved ones are receiving reliable care.

The Day Care program provides the following services:

- A structured program of activities led by trained staff, both paid and volunteer
- Door-to-door transportation for all clients who are residents of the Tri-Cities
- A hot, nutritionally-balanced meal
- Ongoing respite and support for caregivers & family members
- Daily program leadership provided by Adult Education teachers and staff
- Client referrals to other community agencies as needed

Bay Area Community Services - Oakland  
Helen Wachs  
North Oakland Senior Center  
5714 Martin Luther King, Jr. Way  
Oakland, CA 94609  
Phone: (510) 601-1074 Fax: (510) 601-1076  
adcs1@pacbell.net

BACS Adult Day Care Services program is designed to enable older adults with chronic health problems, including Alzheimer's Disease, to remain in their homes and avoid premature institutionalization. It is licensed by the State of California Department of Social Services. On Monday, Wednesday and Friday we concentrate on the needs of clients with memory loss due to stroke, dementia or Alzheimer's Disease. On Tuesday and Thursday we have a program for physically frail individuals who need a supportive environment for socializing and engaging in meaningful activities. Some clients can fit into both programs and attend five days a week. The program also helps caregivers, who know that their family members are in a safe environment that will keep them involved and stimulated. This gives caregivers time for work, rest and meeting

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personal needs. We provide information and assistance accessing programs and services that can help them.

Open Monday to Friday from 9:30 a.m. to 3:30 p.m., we offer a program of activities led by an Oakland Adult School teacher assisted by trained staff. Transportation, snacks and a nutritionally balanced lunch are all provided daily. This is a fee-for-service program. The fee is reasonable and we offer scholarship assistance.

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**Accessibility** Yes

**Languages** Tagalog, Spanish and Farsi (varies by location).

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Program**      **Bay Area Outreach and Recreation Program****BORP**

3075 Adeline, Suite 200  
Berkeley, CA 94703-

**Alternate Address**      Programs off-site in Berkeley and Bay Area

**Contact**      Rick Smith

**Phone**      (510) 849-4663

**TTY**      Information Not Provided

**Fax**      (510) 849-4616

**Email**      info@borp.org

**Web Site**      [www.borp.org](http://www.borp.org)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

**Program**      Primarily evenings and weekends

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**Eligibility**      age 5+.

**Payment**      Private pay, sliding fee scale and no charge programs.

**Application**      In person, by phone, online. No referral required.

**Target Pop**      People with physical and visual disabilities.

**Description**      BORP provides adaptive sports, recreation and fitness programs for individuals of all ages with physical disabilities and visual impairments. BORP serves Bay Area youth and adults with a wide variety of programs and activities including adaptive cycling, kayaking, adventures and outings, indoor climbing, fitness classes and team sports including wheelchair basketball, power soccer, goalball, rugby and sled hockey. BORP is also a resource for information, technical assistance, program consultation, disability awareness trainings and advocacy.

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**Accessibility**      Fully accessible.

**Languages**      Spanish

**Staff/Client Ratio**

N/A

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Ashby

**Bus**      Ashby AC Transit

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**Program**      **Bay Area Rapid Transit**  
**BART**  
800 Madison Street  
Oakland, CA 94607

**Contact**      Susie Gallagher

**Phone**      (510) 465-2278                      **TTY**      (510) 839-2220

**Fax**      Information Not Provided

**Web Site**      [www.bart.gov](http://www.bart.gov)

**Days & Hours**

**Office**      N/A

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**Eligibility**      Discount tickets are offered for seniors, riders with disabilities, and children 5-12.

**Payment**      Varies

**Application**      To receive discount tickets, you must acquire a special identification with a verified disability. Call for more information.

**Target Pop**      Information Not Provided

**Description**      BART serves San Francisco, Alameda, Contra Costa and northern San Mateo counties through five interconnected rail lines and 39 stations. BART operates weekdays, 4 am-12am Saturday, 6 am - 12 am Sunday 8 am-12 am.

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**                      **Capacity**  
Information Not Provided                      Information Not Provided

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**Public Transportation**

**BART**                      Office at Lake Merritt BART                      **Bus**                      Office at Lake Merritt BART

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**Program**      **Bay Area Support Services**  
333 Estudillo Avenue, Suite 101  
San Leandro, CA 94577-4717

**Contact**      Tina Belk

**Phone**      (510) 351-1661

**TTY**      Information Not Provided

**Fax**      (510) 351-1662

**Email**      tbelk@bayareasupportservices.org

**Days & Hours**

**Office**      8:30AM-5PM M-F

**Program**      24/7

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**Eligibility**      We serve adults only, no limit to the level/type of disability in Alameda County. Assessments are completed to determine any specific eligibility concerns before accepting a new consumer

**Payment**      vendorization by RCEB

**Application**      please go through Case Manager at the Regional Center/for inquiries email Executive Director at tbelk@bayareasupportservices.org

**Target Pop**      Information Not Provided

**Description**      We provide Supported Living Services to adults who are clients of the regional center system.

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**Accessibility**      our office space is fully accessible

**Languages**      ASL currently; staff who speak other languages are recruited according to client need

**Staff/Client Ratio**      **Capacity**  
per need      15

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**Public Transportation**

**BART**      For SL location of home - for RF Bayfair  
BART

**Bus**      AC Transit # 84 and 85

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**Program** **Beard Realty Team**  
4937 Telegraph Avenue, Suite A  
Oakland, CA 94609-

**Contact** Stephen Beard

**Phone** 510-364-6795 **TTY** Information Not Provided

**Fax** Information Not Provided **Email** team@beardrealtyteam.com

**Web Site** [beardrealtyteam.com](http://beardrealtyteam.com)

**Days & Hours**

**Office** 9 am - 7 pm

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**Eligibility** Open to all.

**Payment** Consulting services are completely free for everyone. Home Sellers pay all real estate fees.

**Application** Not Applicable.

**Target Pop** Disability Community. Our services are geared towards anyone or any family that has a housing need and for whom independent living, or near independent living, is a possibility. Contact us to discuss your circumstances.

**Description** Real Estate Consultant and Accessibility Specialist, providing services to buyers and sellers with disabilities and their families.

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**Accessibility** Our offices are fully accessible.

**Languages** Turkish

<b>Staff/Client Ratio</b>	<b>Capacity</b>
NA	0

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**Public Transportation**

**BART** North Berkeley BART



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**Program**      **Berkeley Adult School/Workability II**  
**Berkeley Unified School District**  
1701 San Pablo Avenue, Room #19  
Berkeley, CA 94702

**Contact**      Jacqueline Boutte

**Phone**      (510) 644-8968      **TTY**      Information Not Provided

**Fax**      (510) 644-6784      **Email**      jacquelineboutte@berkeley.net

**Web Site**      [www.bas@berkeley.net](http://www.bas@berkeley.net)

**Days & Hours**

**Office**      8 am - 4 pm

**Program**      M-F

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**Eligibility**      State Department of Rehabilitation certified as eligible and 18 years or older.

**Payment**      Information Not Provided

**Application**      California State Department of Rehabilitation (DOR).

**Target Pop**      People with disabilities.

**Description**      Workability II program assists eligible disabled adults with obtaining education and training and/or Job Placement assistance at the Berkeley Adult School.

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**Accessibility**      Yes

**Languages**      As needed.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      Information Not Provided

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**Public Transportation**

**BART**      North Berkeley      **Bus**      North Berkeley

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<b>Program</b>	<b>Berkeley City College</b>		
	<b>Disabled Student Programs and Services</b>		
	2050 Center Street Berkeley, CA 94704		
<b>Contact</b>	Lynn Massey		
<b>Phone</b>	(510) 981-2812	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 981-2879		
<b>Web Site</b>	<a href="http://www.peralta.edu">www.peralta.edu</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 5 pm		
<b>Program</b>	Special Thursday evening hours: 3 pm - 7 pm		

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<b>Eligibility</b>	18 years of age or older; disability must be verifiable.		
<b>Payment</b>	\$13/unit for unit classes.		
<b>Application</b>	Submit an Admissions Application in person or by mail to the Admissions Office at Berkeley City College. Contact DSPS office for appointment.		
<b>Target Pop</b>	Persons with cerebral palsy, epilepsy, intellectual disabilities, neurological handicap, head injury, hearing impairment, orthopedic impairment, visual impairment, psychologically disabled and learning disabled.		
<b>Description</b>	The Disabled Student Programs and Services (DSP&S) provides assistance to students with verifiable disabilities whose goals include: basic skills improvement, employment preparation, Certificate of Completion, Associate of Arts Degree, transfer to a four year college and/or personal enrichment.		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	ASL classes taught through BCC however, office staff does not sign.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Berkeley	<b>Bus</b>	Berkeley

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**Program** **Berkeley City Recreation Department****City of Berkeley**  
1947 Center Street  
Berkeley, CA 94704**Contact** Patty Thomas**Phone** (510) 981-6651 **TTY** (510) 981-6903**Fax** (510) 981-5160**Web Site** [www.ci.berkeley.ca.us](http://www.ci.berkeley.ca.us)**Days & Hours****Office** M-F 9 am - 5 pm**Program** Varies by program

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**Eligibility** Programs are designed for Berkeley residents. If there are openings, non-residents may attend Disabled Family krat a non-resident rate. Senior/disabled swim program has no residential requirements.**Payment** Vendorized by Regional Center.**Application** By telephone or in person. Family camp can accept check by mail.**Target Pop** Information Not Provided**Description** Recreational services include: after-school inclusion program, summer fun clubs, Disabled Family Camp, senior/disabled therapeutic swim at indoor heated pool (92 degrees), tennis lessons for youth, and a Saturday program for adults with Autism. For pool program information, call Rosemary Foweca at 981-5152.

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**Accessibility** Yes**Languages** Spanish interpreters and staff that sign may be available.**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART** Berkeley**Bus** Berkeley

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<b>Program</b>	<b>Berkeley YMCA</b> 2001 Allston Way Berkeley, CA 94704-		
<b>Contact</b>	Eden O'Brien-Brenner		
<b>Phone</b>	(510) 848-9622	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 848-6835	<b>Email</b>	ymember@ymcaeastbay.org
<b>Web Site</b>	<a href="http://www.ymcaeastbay.org/">www.ymcaeastbay.org/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 6 pm		
<b>Program</b>	6 am - 10 pm		

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<b>Eligibility</b>	Different programs cover 0-22 years (older adults are members).
<b>Payment</b>	Information Not Provided
<b>Application</b>	Contact Rebecca Hawley at (510) 520-7272.
<b>Target Pop</b>	Different programs cover 0-22 years (older adults are members).
<b>Description</b>	<p>Recreation Swimming - lap, open swim, and lessons are utilized by Ala Costa Center, Via Center, Children's Hospital, Parent Infant Program and the public.</p> <p>Kindergym/Babygym - a great social and gross-motor development program for children 0-7 years.</p> <p>Social Development Group - for Aspergers, PDD, and other disorders with similar social integration issues. Meets 2 Friday nights per month. Parents and children approximately 6-12 years.</p> <p>Under a grant from the First 5 of Alameda County, the Downtown Berkeley YMCA is offering a free Friday inclusion program for preschooler aged children (3-5) and their families. Included in the program are swimming, tumbling, gross motor practice, social playtime, and a parental support group.</p> <p>Parent Education - once a month parenting workshops cover all populations and needs.</p> <p>Contacts: Adult Programs - HaeWon Rhoe Aquatic Programs - Aaron Dence Family/Youth Programs - Eden O'Brien-Brenner</p>

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<b>Accessibility</b>	Information Not Provided
<b>Languages</b>	Spanish. If needed, sign language for Friday Preschool special needs inclusion program can be arranged on an individual basis.
<b>Staff/Client Ratio</b>	<b>Capacity</b>
varies	Information Not Provided

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**Public Transportation**

<b>BART</b>	Berkeley	<b>Bus</b>	Berkeley
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**Program**      **Berkeley Youth Living with Disabilities****Build House**  
2110 7th Street  
Berkeley, CA 94710-**Contact**      Raquel Robinson**Phone**      (510) 845-2744**TTY**      Information Not Provided**Fax**      (510) 849-1603**Email**      buildhouse@prodigy.net**Web Site**      [www.buildhouse.org](http://www.buildhouse.org)**Days & Hours****Office**      8 am - 5 pm**Program**      Monday - Friday

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**Eligibility**      Youth with Developmental Disabilities, moderate to severe and ages 8-26.**Payment**      Information Not Provided**Application**      Contact our Executive Director Racquel Robinson, for a packet or speak to your Regional Center case manager about Build House.**Target Pop**      Information Not Provided**Description**      ICF-DD-H Intermediate Care Facility for the Developmentally Disabled - Habilitative.

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**Accessibility**      Accessbile (Universal Design - Home for youth) West Berkeley, 2 blocks to University Avenue (AC Transit 51).**Languages**      ASL, Spanish and Tagalog.**Staff/Client Ratio**      **Capacity**

1:2

0

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**Public Transportation****BART**      Downtown Berkeley; West Berkeley

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**Program** **Bethesda Lutheran Communities**

1335 Mowry Avenue  
Fremont, CA 94538-

**Contact** Christina Mance**Phone** (510) 505-1244**TTY** Information Not Provided**Fax** (505) 790-1050**Email** Christina.Mance@Bethesdslc.org**Web Site** [www.bethesdalc.org/](http://www.bethesdalc.org/)**Days & Hours****Office** 8 am - 4 pm**Program** 8 am - 4 pm

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**Eligibility** Adults with developmental disabilities 18+.**Payment** Vendorization by Regional Center of the East Bay.**Application** All referrals come from the Regional Center (RCEB, SARC, etc).**Target Pop** Dependent upon need.**Description** Bethesda Lutheran Communities provides housing for Independent Living clients and Supported Living in an apartment setting.

The group home is a 12 single room facility for people with moderate disabilities.

Family Home Agency is based on providing a real family home setting for a person with disabilities to reside in as well as become a member of the family.

Open enrollment.

Antonio Duarte- Antonio.Duarte@bethesdalc.org

Christina Sanchez- Christina.Sanchez@bethesdalc.org

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**Accessibility** Facilities are wheelchair accessible.**Languages** English, Spanish and Tagalog.**Staff/Client Ratio**

1:6

**Capacity**

Information Not Provided

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**Public Transportation****BART** Fremont

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<b>Program</b>	<b>Broadmoor Community Services</b>		
	211 Joaquin Avenue San Leandro, CA 94577-		
<b>Contact</b>	Dominique Mellion		
<b>Phone</b>	(510)508-7997; (510)568-1839	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	nikkimell@comcast.net
<b>Web Site</b>	<a href="mailto:sdsprogram@yahoo.com">sdsprogram@yahoo.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 5:30 pm		
<b>Program</b>	7 days per week by appointment/scheduling		

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<b>Eligibility</b>	Ages 18 & older, Developmental Disabilities, Intellectual Disabilities, Autism, Down Syndrome and Learning Disabilities. Desire to increase independence in daily living skills.		
<b>Payment</b>	Information Not Provided		
<b>Application</b>	To express interest or apply, please call (510)508-7997 to schedule informational appointment.		
<b>Target Pop</b>	Individuals with Developmental Disabilities including but not limited to: Intellectual Disabilities, Down Syndrome, Autism, Learning Disabilities, etc.		
<b>Description</b>	Broadmoor Community Services is designed to help clients learn daily living skills by using 1-on-1 coaching services that are tailored to the individual client's abilities, current skills and future goals. We work in areas such as cooking, cleaning, money management, job search skills, health maintenance, accessing resources in the community, and managing medical and dental services. Another important area ILS can help with is searching for affordable home options and matching with potential roommates in order to secure housing in the community. The objective of the training center is for an individual to lead the most self-managed life possible in the least restrictive environment. The number of training hours and the areas of training are determined based on an individual's assessed need and personal choice. It is expected that over time, an individual's need for services may decrease, at which time on-going support is provided at a lesser frequency.		

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<b>Accessibility</b>	Wheelchair accessible.		
<b>Languages</b>	Spanish, French, Thai, Laos, Tagalog, and Sign Language.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:1	0		

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**Program**      **By Popular Demand, LLC**

143 Marcus Avenue  
Richmond, CA 94801-

**Contact**      John Smith**Phone**      (510) 512-5412**TTY**      Information Not Provided**Fax**      (510) 778-8593**Email**      bypopulardemandllc@gmail.com**Days & Hours****Office**      9 am-5 pm**Program**      Based on client needs

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**Eligibility**      Eligibility will be determined during assessment.**Payment**      Vendorized by Regional Center.**Application**      Information exchanged via e-mail and by form for additional assistance.**Target Pop**      The program is designed to fit individual needs.**Description**      By Popular Demand (BPD) envisions and actively works towards a world that will accept and embrace individuals with intellectual and developmental disabilities. With our help, all individuals that we serve will be seen as equals in society.

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**Accessibility**      Information Not Provided**Languages**      Information Not Provided**Staff/Client Ratio**      **Capacity**

1:1 based on client needs

0



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**Program**      **C.A.M.P., Inc.**  
**Sierra Day/ Dublin Day Program**  
6805 Sierra Court, Suite A  
Dublin, CA 94568-

**Contact**      Elizabeth De La Torre

**Phone**      (925) 828-8712

**TTY**      Information Not Provided

**Fax**      (925) 828-8712

**Email**      sierradayprogram@att.net

**Days & Hours**

**Office**      8:30 am - 4 pm

**Program**      9 am - 2:30 pm

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**Eligibility**      Developmentally disabled, 20-75 years of age and limited to 15 non-ambulatory.

**Payment**      Vendorized by Regional Center of the East Bay.

**Application**      Referrals must go through Regional Center.

**Target Pop**      Serves a wide range of development needs.

**Description**      Training objectives developed to meet needs of individual. Emphasis placed on community-based activities, supervised work crews, arts and crafts, socialization, and activities of daily living.

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**Accessibility**      Wheelchair accessible.

**Languages**      Spanish Speakers on staff. Functional sign language.

**Staff/Client Ratio**

1:3

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Dublin-Pleasanton

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**Program**      **Calidad Industries**  
**Goodwill Industries of the Greater East Bay**  
1301 30th Avenue  
Oakland, CA 94601

**Contact**      Michell Kabiri

**Phone**      (510) 698-7244      **TTY**      Information Not Provided

**Fax**      (510) 534-0837      **Email**      contactus@goodwill.org

**Web Site**      [www.goodwill.org](http://www.goodwill.org)

**Days & Hours**

**Office**      M-F 8 am - 4 pm

**Program**      24 Hours

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**Eligibility**      Adults with developmental, mental, or physical disability; 18 years of age (16 & 17 with work permit); residents of Alameda, Contra Costa, Solano or San Francisco counties.

**Payment**      No charge to consumer.

**Application**      By telephone to obtain application.

**Target Pop**      People with disabilities.

**Description**      Provides training and employment opportunities for people with disabilities; paid on-the-job skills training; obtain earned income; and develop independent living skills.

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**      **Capacity**

3:5      Information Not Provided

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**Public Transportation**

**BART**      Fruitvale Station      **Bus**      Fruitvale

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**Program** **California Autism Foundation****A Better Chance**4075 Lakeside Drive  
Richmond, CA 94806-**Contact** Adria Carson**Phone** (510) 758-0433**TTY** Information Not Provided**Fax** (510) 758-1040**Email** [contactcaf@calautism.org](mailto:contactcaf@calautism.org)**Web Site** [www.calautism.org](http://www.calautism.org)**Days & Hours****Office** M-F 8:30 am - 4:30 pm**Program** M-F 8:30 am - 3 pm

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**Eligibility** Adult persons of employable age with a medical diagnosis - must be independent in their self-care skills.**Payment** Vendorized by the Regional Center, private pay, rehabilitation and third party.**Application** By phone, in-person, mail or through a Regional Center referral.**Target Pop** Persons with autism and developmental disabilities. Also including: cerebral palsy, epilepsy, intellectual disabilities, neurological disorders, head injury, hearing impairment, learning disability, orthopedic impairment and visual impairments.**Description** ABC School- A non-public school providing individualized education, independent living skills, behavioral management and vocational training for students 2-22 years.  
ABC Day Program-Sited-based program with a focus on community integration, vocational training, independent living skills, functional communication, and academic goals.  
ABC Work Activity Program - A work program that engages in assembly, labeling, packaging, and fulfillment for local businesses while offering vocational development and training.  
ABC Residential Homes-Three residential homes located in El Sobrante and Pinole offer supported living and integrated employment options.

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**Accessibility** Yes**Languages** English, Spanish and American Sign Language.**Staff/Client Ratio**

1:1-1:15

**Capacity**

0

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**Public Transportation****BART** Richmond Parkway, Lakeside Dr**Bus** Richmond

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**Program** **California Relay Service (CRS)****Speech to Speech**1 Kaiser Plaza, Suite 1101  
Oakland, CA 94612-**Contact** CRS Department Manager**Phone** 1-800-854-7784**TTY** Information Not Provided**Fax** Information Not Provided**Email** [consumeraffairs@ddtp.org](mailto:consumeraffairs@ddtp.org)**Web Site** [www.ddtp.org](http://www.ddtp.org)**Days & Hours****Office** Information Not Provided**Program** Available 24/7

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**Eligibility** All ages.**Payment** Information Not Provided**Application** N/A**Target Pop** Information Not Provided**Description** STS is a form of Relay Services that provides Communications Assistants (CAs) for people with speech disabilities who have difficulty being understood on the phone. STS CAs are trained individuals familiar with many different speech patterns and language recognition skills. The CA makes the call and repeats the words exactly.

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**Accessibility** N/A**Languages** Spanish.**Staff/Client Ratio** **Capacity**

1:1

0

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**Public Transportation****BART** N/A**Bus** N/A

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**Program** **California Telephone Access Program (CTAP)**

3075 Adeline Street, Suite 260  
Berkeley, CA 94703-

**Contact** Elizabeth Wong

**Phone** (800) 806-1191

**TTY** (800) 806-4474

**Fax** (800) 889-3974

**Email** info@ccaf.us

**Web Site** [www.californiaphones.org](http://www.californiaphones.org)

**Days & Hours**

**Office** M-F 8 am - 5 pm

**Program** Service Center 8 am - 5 pm

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**Eligibility** 1) Live in California, 2) Have telephone service or cellphone with blue-tooth capacity, 3) Medical professional verifies the need.

**Payment** The equipment is free to qualifying consumers.

**Application** In person, fax, email or mail.

**Target Pop** California residents with difficulty with seeing, hearing, moving, speaking or remembering.

**Description** CTAP is a program of the California Public Telephone Utilities Commission (CPUC) Deaf and Disabled Telecommunications (DDTP). The program is funded by a small surcharge that appears on all telephone bills in California. This surcharge appears on your phone bill as "CA Relay Service and Communications Device Fund." There's a phone for every need. For example, there are amplified phones that make it easier to hear conversations. Big button phones that are easier to dial. Convenient portable phones-and more.  
Multiple locations, please call or go to website.

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**Accessibility** The CTAP Service Center at the Ed Roberts Campus is fully accessible.

**Languages** Spanish, Chinese, Russian, Vietnamese and Hmong.

**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation**

**BART** Ashby

**Bus** AC Transit #12 or #49

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**Program**      **Camino Nuevo**  
797 Montague Avenue  
San Leandro, CA 94577-

**Contact**      Veronica Lopez

**Phone**        (510) 895-2838

**TTY**           Information Not Provided

**Fax**            (510) 895-5416

**Email**        veronica@eastbayservicesdd.org

**Days & Hours**

**Office**        7:30 am - 3:30 pm

**Program**     8:30 am - 2:30 pm

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**Eligibility**    RCEB clients 22 years old+.

**Payment**      Regional Center of the East Bay.

**Application**   Referral by Regional Center required.

**Target Pop**    Latino/Hispanics.

**Description**   Camino Nuevo's purpose is to provide an enriching environment for the Lantino/Hispanic Developmentally Disabled community, for persons who wish to actively learn, develop and/or master diverse adult skills necessary for their daily life in their own language. The program will include creative, meaningful activities in wellness, functional life skills, limited vocational activity, social integration and community inclusion, and will emphasize the person's potential, the ability to make adult choices and the enjoyment of daily life.

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**Accessibility**   Limited wheelchair accessibility.

**Languages**    Spanish.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:4	0

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**Public Transportation**

**BART**           San Leandro

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**Program**      **Camp Krem-Camping Unlimited**

102 Brook Lane  
Boulder Creek, CA 95006-

**Alternate Address**      4610 Whitesands Court  
El Sobrante, CA 94803

**Contact**      Katie Giampa, Christina Krem

**Phone**      (831) 338 3210

**TTY**      Information Not Provided

**Fax**      (831) 338-1056

**Email**      Katiegiampa@campingunlimited.org

**Web Site**      [www.campingunlimited.org](http://www.campingunlimited.org)

**Days & Hours**

**Office**      M-F 10 am - 5 pm

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**Eligibility**      Ages 5 years and older, all disabilities - mild to moderate to severe.

**Payment**      Vendorized by Regional Center and private pay.

**Application**      Online application. Visit website for more info.

**Target Pop**      Ages 5 years and older, all disabilities - mild to moderate to severe.

**Description**      Camping Unlimited provides recreational programs for persons with developmental disabilities. Year round activities include weekend day trips and overnights. Offers six sessions of summer camping June - August in Santa Cruz mountains, (traditional, outdoor and travel). Travel programs Spring, Fall and Winter. Financial aid available.

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**Accessibility**      Program facilities, restrooms and cabins.

**Languages**      English and ASL.

**Staff/Client Ratio**

1:3, 1:1

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Transportation to camp from Emeryville.

**Bus**      NA

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**Program** **Castro Valley Adult and Career Education/Strides****Castro Valley Unified School District**4430 Alma Avenue  
Castro Valley, CA 94546**Contact** Keith Nauman**Phone** (510) 886-1000**TTY** Information Not Provided**Fax** (510) 537-8537**Email** [knauman@cv.k12.ca.us](mailto:knauman@cv.k12.ca.us)**Web Site** [www.cvadult.org](http://www.cvadult.org)**Days & Hours****Office** Monday - Friday, 8:00-4:00**Program** M-F, 8:30-2:30 (prior to Shelter in Place)

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**Eligibility**

Admission and continuation in the Strides program are based on an individual having an Intellectual Disability diagnosis and who: is at least 22 years of age and exited from a high school transition program, or 18 and graduated with a high school diploma or GED and has a goal of employment; expresses interest participating in the program; demonstrates the ability to benefit from the program; can navigate an adult school campus independently; can maintain appropriate behavior for an adult school campus; is able willing and able to participate in on-campus and community-based activities with a staff-to-student ratio of 1:8 without needing individual ongoing assistance; is comfortable in a large group setting of 80 students and program staff; is continent and able to attend to own personal needs and toileting; uses a wheelchair or walker independently.

**Payment** RCEB**Application**

Applicant And a caregiver must attend a tour before applying or going on the waitlist. If there is continued interest following a tour, the caregiver must schedule a phone call with staff to determine if the applicant seems to meet Entrance Criteria and if Strides is likely to meet the applicant's needs. If they do, the applicant will be placed on the waitlist. Being placed on the waitlist does not guarantee placement in Strides. When an opening occurs, an application will be sent. If staff determines the applicant meets entrance criteria and would benefit from the program, a trial visit, which can last between two weeks and a month, will be scheduled to allow staff and the applicant to evaluate the program's appropriateness. Following the trial visit, staff will determine acceptance or denial based on the applicant, parent/caregiver, and staff feedback.

**Target Pop** Individuals with Intellectual Disabilities**Description**

The Strides day program provides high-quality education, training, and support that prepares and empowers adults with intellectual disabilities to achieve their individual goals toward independence, personal fulfillment, work readiness, and employment. The program embraces that all adults have a right to an age-appropriate education, independence, community inclusion, respect, and personal choice. Classes are held at the adult school (integrated with classes for non-disabled) and in community locations whenever possible (e.g., working and volunteering in the community, traveling on public transportation, food service training in a professional kitchen, etc.), utilizing age-appropriate materials.

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**Accessibility** Yes.**Languages** Information Not Provided**Staff/Client Ratio****Capacity**

8:1

80

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**Public Transportation**



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**BART**

Castro Valley BART Station (1.5 miles from school)

**Bus**

AC Transit 48 bus line; Seven Hills bus stop

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**Program** **Catholic Charities for Oakland Diocese**

433 Jefferson Street  
Oakland, CA 94607

**Contact** Chuck Fernandez**Phone** (510) 768-3100**TTY** Information Not Provided**Fax** (510) 451-6998**Email** info@cceb.org**Web Site** [www.cceb.org](http://www.cceb.org)**Days & Hours****Office** M-F 9 am - 5 pm

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**Eligibility** Information Not Provided**Payment** Counseling fees set by ability to pay on sliding scale.**Application** Information Not Provided**Target Pop** Information Not Provided**Description** Individual/Family Counseling, Emergency Social Services, Housing Social Services, AIDS/HIV Services, Refugee and Immigrant services, Respite Care, Grief Counseling, Aging I&R, Detention Ministry. Youth Services/Mediation Services. Employment and Training Services.

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**Accessibility** Yes**Languages** Spanish, Vietnamese and Chinese.**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART** 12th St.**Bus** 12th St.

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**Program**      **Center for Accessible Technology**  
3075 Adeline Street, Suite 220  
Berkeley, CA 94703-

**Contact**      Dmitri Belser, Executive Director

**Phone**      (510) 841-3224      **TTY**      Information Not Provided

**Fax**      (510) 841-7956      **Email**      info@cforat.org

**Web Site**      [www.cforat.org](http://www.cforat.org)

**Days & Hours**

**Office**      By appointment only

**Program**      Mon-Thur 9 am - 5 pm

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**Eligibility**      Any person who is disabled or family who has a member who is disabled or person interested in technology and disability.

**Payment**      Sliding fee scale for families and persons with disabilities. Established fee for professionals. Organizational contracts are available.

**Application**      By Telephone or via website.

**Target Pop**      Children and adults with or without disabilities.

**Description**      Provides individuals with information on computers and accessible hardware and software to maximize learning and independence. People can try various systems, have individual consultations, workshops, and demonstrations. Training for teachers given regularly. Extensive information on web site.

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**Accessibility**      Yes

**Languages**      Interpreters available upon request. ASL

**Staff/Client Ratio**      **Capacity**

Information Not Provided      Information Not Provided

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**Public Transportation**

**BART**      Ashby

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**Program**      **Center for Speech, Language and Occupational Therapy**  
39420 Liberty Street, Suite 150  
Fremont, CA 94538-

**Contact**      Jennifer Adams

**Phone**      (510) 794-5155

**TTY**      Information Not Provided

**Fax**      (510) 794-1912

**Email**      jadams@cslot.com

**Web Site**      [www.cslot.com](http://www.cslot.com)

**Days & Hours**

**Office**      8 am - 6 pm

**Program**      Mon - Fri

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**Eligibility**      Accepts insurance and payment out of pocket.

**Payment**      Regional center, some insurance (call), private pay.

**Application**      Call (510) 794-5155 ext 100.

**Target Pop**      Information Not Provided

**Description**      Provides speech therapy and occupational therapy for pediatrics and adult rehabilitation.

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**Accessibility**      Yes

**Languages**      English and Spanish.

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Fremont

**Bus**      Fremont

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**Program**      **Chabot College**  
**Disabled Student Resource Center**  
25555 Hesperian Blvd., Building 200  
Hayward, CA 94545

**Contact**      Nathaniel Rice

**Phone**      (510) 723-6725                      **TTY**      (510) 786-6725

**Fax**      (510) 782-9315

**Web Site**      [www.chabotweb.clpccd.cc.ca.us/](http://www.chabotweb.clpccd.cc.ca.us/)

**Days & Hours**

**Office**      Hours vary

**Program**      Variable; contact office

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**Eligibility**      Persons age 18 or older, high school graduate or equivalent with physical, communication or learning disability registered at Chabot College.

**Payment**      Call for information.

**Application**      By appointment or in person.

**Target Pop**      Students with disabilities.

**Description**      Serves as a resource for students with disabilities; offers direct services, programs and campus and community referrals. Programs include adaptive physical education, adaptive computer courses, and learning skills courses for students with learning disabilities.

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**Accessibility**      Yes

**Languages**      As needed.

**Staff/Client Ratio**                      **Capacity**  
Information Not Provided                      Information Not Provided

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**Public Transportation**

**BART**      Hayward                                      **Bus**      Hayward

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**Program**      **City of Alameda Disability Issues**  
**Commission on Disability**  
City Hall, 2263 Santa Clara Avenue  
Alameda, CA 94501-4477

**Contact**      Sarah Henry

**Phone**      (510) 747-4714

**TTY**      Information Not Provided

**Fax**      Information Not Provided

**Email**      shenry@alameda.gov

**Web Site**      [www.ci.alameda.ca.us](http://www.ci.alameda.ca.us)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

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**Eligibility**      N/A

**Payment**      Information Not Provided

**Application**      N/A

**Target Pop**      Alameda citizens with physical and/or cognitive disabilities.

**Description**      Citizen group organized to provide information and recommendations to the City Council regarding disability issues. This reflects the City's interest in encouraging persons with disabilities to become an integral part of the community.

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**Accessibility**      City Hall is fully accessible.

**Languages**      Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
N/A	0

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**Public Transportation**

**BART**      Fruitvale

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<b>Program</b>	<b>City of Pleasanton-RADD</b>		
	<b>Recreation for Adults with Developmental Disabilities</b>		
	5353 Sunol Boulevard Pleasanton, CA 94566		
<b>Contact</b>	Rachael Prater		
<b>Phone</b>	(925) 931-5373	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(925) 485-3685	<b>Email</b>	rprater@cityofpleasantonca.gov
<b>Web Site</b>	<a href="http://cityofpleasantonca.gov">cityofpleasantonca.gov</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Weekday hours vary		
<b>Program</b>	Friday Evenings or Saturdays (hours vary)		

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<b>Eligibility</b>	Individuals aged 15 years and older with developmental disabilities.		
<b>Payment</b>	Fee charged per activity and varies with activity. Scholarships and fee assistance available if qualified.		
<b>Application</b>	Call for registration application or find on website at <a href="http://cityofpleasantonca.gov">cityofpleasantonca.gov</a> under Senior, RADD, Paratransit		
<b>Target Pop</b>	Adults with developmental disabilities.		
<b>Description</b>	RADD provides the opportunity for personal growth for persons with developmental disabilities 15 and older through recreation, socialization and community involvement. The RADD program promotes respect, encourages independence and fosters self-expression.		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
6:1	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Dublin/Pleasanton		

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**Program**      **Classic Vans**  
**DBA Mobility Vans USA**  
25700 Mission Boulevard  
Hayward, CA 94544-

**Contact**      Sergio Borders

**Phone**      (510) 538-3150      **TTY**      Information Not Provided

**Fax**      (510) 538-3761      **Email**      sales@classicvans.com

**Web Site**      [www.classicvans.com](http://www.classicvans.com)  
[www.mobilityvansusa.com](http://www.mobilityvansusa.com)

**Days & Hours**

**Office**      9 am -6 pm

**Program**      Mon-Sun

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**Eligibility**      N/A

**Payment**      Information Not Provided

**Application**      Telephone, mail, email and in person all acceptable.

**Target Pop**      Any person requiring equipment for adaptive riding or driving.

**Description**      Vehicles for sale for persons who are non-ambulatory including modification and installation for adaptive access. Ready made vehicles in stock for drivers with disabilities or non drivers. Full size vans, mini vans and ADA Transport vans. We also install wheelchair lifts and accessories.

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**Accessibility**      Parking facility and restroom.

**Languages**      Spanish

<b>Staff/Client Ratio</b>	<b>Capacity</b>
business hours	0

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**Public Transportation**

**BART**      South Hayward



<b>Program</b>	<b>Clausen House</b>		
	88 Vernon Street Oakland, CA 94610		
<b>Alternate Address</b>	650 Grand Avenue Oakland, CA 94610		
<b>Contact</b>	V Santana		
<b>Phone</b>	(510) 839-0050	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 444-5790	<b>Email</b>	vsantana@clausenhouse.org
<b>Web Site</b>	<a href="http://www.clausenhouse.org">www.clausenhouse.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8:30 am - 5 pm		
<b>Program</b>	10 am - 4 pm		
<b>Eligibility</b>	Adults with intellectual and developmental disabilities.		
<b>Payment</b>	Regional Center, Departments of Habilitation/Rehabilitation and private pay.		
<b>Application</b>	Call for information.		
<b>Target Pop</b>	Adults with intellectual and developmental disabilities.		
<b>Description</b>	Provides Adult Education, Supported Employment, Independent and Supported Living Services, Social Recreation, Affordable Housing and Residential programs for adults with intellectual and developmental disabilities.		
	<p>Contacts:</p> <p>Residential: Jaynette Underhill, Executive Director 510-839-0050 ext. 901 ILS/SLS Services: Juanita Hightower, ILS/SLS Program Coordinator 510-839-0050 ext. 402 Adult Day Program: Chandra Jackson, Adult Ed. Program Coordinator 510-839-0050 ext. 602 Supported Employment: Veronica M Santana, SE Program Coordinator</p> <p>Residential: jaynette@clausenhouse.org ILS/SLS: juanita@clausenhouse.org Adult Day Program: chandra@clausenhouse.org Supported Employment: vsantana@clausenhouse.org</p>		
<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Sign language in dtac, Spanish, Russian, German and North Indian.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Meets DR & DDS requirements	Information Not Provided		
<b>Public Transportation</b>			
<b>BART</b>	19th Street	<b>Bus</b>	19th Street

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**Program**      **Clear Creek Services**  
**The Homes at Niles Grove**  
35537 Niles Boulevard  
Fremont, CA 94536-1598

**Contact**      Greg Clark

**Phone**      (510) 818-0720

**TTY**      Information Not Provided

**Fax**      (510) 818-3771

**Email**      gregclark@nilesgrove.org

**Web Site**      [www.nilesgrove.org](http://www.nilesgrove.org)

**Days & Hours**

**Office**      9 am to 5 pm

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**Eligibility**      Varies by home (we have 1 level 3 home, 1 level 4B home, and 1 level 4I home).

**Payment**      Vendorized by Regional Center of the East Bay.

**Application**      Contact Greg Clark, Executive Director, (510) 818-0720, then submit a packet through the Regional Center of East Bay.

**Target Pop**      People with developmental disabilities.

**Description**      CCS owns and operates the Homes at Niles Grove, a new three home site on a 2 acre wooded cul-de-sac in the Niles District of Fremont. CCS was formed and facility construction was sponsored by parents who wanted a stimulating and family style environment for their children. Several of the founding families still participate on the Board of Directors that oversee the operation of the homes; the Board solicits parental and community participation. The Homes at Niles Grove provide a stable home setting for 18 adults with developmental disabilities. The deeds to the homes and property are restricted for use to programs serving persons with developmental disabilities. All homes are fully wheelchair accessible, provide private bathrooms for residents, and have central air-conditioning. We are vendorized by the Regional Center of the East Bay (RCEB) and are currently licensed for three different levels in our homes- a level 3, a level 4b, and a level 4I. Our program is designed to support our unique "aging in place" mission, so that residents do not have to move from their home at age 59. We also emphasize an active lifestyle involving participation in community events, local outings and in home events, etc.

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**Accessibility**      All homes were designed and built to accommodate wheelchair accessibility.

**Languages**      Spanish

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Union City

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**Program**      **Cole Vocational Services**

1479 Salmon Way  
Hayward, CA 94544-

**Contact**      Stephany Ross**Phone**      (510) 429-1919**TTY**      Information Not Provided**Fax**      (510) 429-1818**Email**      stephany.ross@thementornetwork.com**Days & Hours****Office**      M-F 8 am - 4 pm

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**Eligibility**      Regional Center eligible.**Payment**      Information Not Provided**Application**      RCEB Case Management.**Target Pop**      Adults with Developmental Disabilities.**Description**      Behavioral Day Program.

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**Accessibility**      Yes**Languages**      Information Not Provided**Staff/Client Ratio**

1:2

**Capacity**

35

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**Public Transportation****BART**      South Hayward

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<b>Program</b>	<b>College Internship Program</b>		
	<b>CIP</b>		
	2150 Shattuck Avenue, Suite 250 Berkeley, CA 94704-		
<b>Alternate Address</b>	199 South Street Pittsfield, MA 1201		
<b>Contact</b>	Alex Diaz		
<b>Phone</b>	(510) 704-4476	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(413) 443-5069	<b>Email</b>	adiaz@cipberkeley.org
<b>Web Site</b>	<a href="http://www.cipworldwide.org">www.cipworldwide.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	8 a.m. - 5 p.m.		
<b>Program</b>	8 a.m. - 10 p.m.		

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<b>Eligibility</b>	See Program Description.
<b>Payment</b>	Private pay and Regional Center
<b>Application</b>	Mail or Internet.
<b>Target Pop</b>	See description.
<b>Description</b>	The College Internship Program provides comprehensive, individualized academic, internship and independent living experiences for young adults, ages 18-26, identified with learning differences, Asperger's Syndrome, High-Functioning Autism, NLD, ADHD, Dyslexia and PDD-NOS. CIP also hosts a two week summer program, Summer @ CIP, for high school students.

413-344-4109 ext. 22

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**Accessibility** Yes

**Languages** English

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:2	Information Not Provided

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**Public Transportation**

<b>BART</b>	Downtown Berkeley BART	<b>Bus</b>	BART
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<b>Program</b>	<b>College Living Experience Monterey</b>		
	300 Bonifacio Place Monterey, CA 93940-		
<b>Contact</b>	Cramer Hickey		
<b>Phone</b>	800.486.5058	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	info@experiencecle.com
<b>Web Site</b>	<a href="http://www.experiencecle.com">www.experiencecle.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	8a-5p		
<b>Program</b>	8a-5p (7 days a week)		

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<b>Eligibility</b>	Post-secondary supports for young adults (ages 18-26) with learning differences		
<b>Payment</b>	N/A		
<b>Application</b>	<a href="https://experiencecle.com/how-to-apply/">https://experiencecle.com/how-to-apply/</a>		
<b>Target Pop</b>	Post-secondary supports for young adults with learning differences		
<b>Description</b>	<p>It is common for students to have a diagnosis of an autism spectrum disorder, specific learning disability, ADHD, cerebral palsy, or other types of cognitive delays. Though there is no single box that all students fit in to, there is a common thread that each student has the motivation or desire to attend CLE and, if living independently, can safely do so with the right surrounding support.</p> <p>College Living Experience (CLE) provides individualized services to young adults with learning differences and varying disabilities in the areas of academics, independent living, social skills and career development.</p>		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	Spanish		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
3:1	0		

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**Program**      **College of Alameda Student Accessibility Services**  
**(\*formerly Programs and Services for Students with Disabilities)**  
555 Ralph Appezato Parkway, D117  
Alameda, CA 94501

**Contact**      Rachel Goodwin, Coordinator/Counselor, DSPS

**Phone**      (510) 748-2328                      **TTY**      Information Not Provided

**Fax**      (510) 748-2339                      **Email**      sas.alameda@peralta.edu

**Web Site**      [alameda.edu/students/student-accessibility-services-sas](http://alameda.edu/students/student-accessibility-services-sas)

**Days & Hours**

**Office**      M-F 9:00am - 4:00 pm

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**Eligibility**      "Students who are enrolled in College of Alameda classes and who have a documented disability may be eligible for SAS services. SAS serves students whose disabilities include: all disabilities."

**Payment**      "College enrollment fees are determined by number of units student enrolls in; most fee are waived for SSI recipients; all students are encouraged to apply for federal financial aid; SAS services are provided at no cost to the student."

**Application**      Students are required to apply for SAS services and submit documentation of disability. Students will complete the SAS application online using their College of Alameda student ID # and password. For more detailed information see: <https://alameda.edu/students/student-accessibility-services-sas/how-to-apply-for-sas-services/>

**Target Pop**      College students with disabilities

**Description**      Student Accessibility Services (SAS) provides services designed to meet the unique educational needs of enrolled CoA students with documented disabilities. Our professional staff works with each student to provide accommodations that ensure equal access to all academic programs, and to promote students' independence so they may realize their academic potential and reach their goals.  
Specialty Improving Cognitive Skills classes are available for students recovering from head injuries.  
Learning Skills Program classes are available for students with learning disabilities enrolled in college math and English classes.

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**Accessibility**      Yes

**Languages**      Interpreters provided for ASL upon request

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Information Not Provided	Information Not Provided

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**Public Transportation**

<b>BART</b>	12th street	<b>Bus</b>	51A
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<b>Program</b>	<b>College to Career (C2C) Program at the College of Alameda</b> 555 Ralph Appezato Memorial Parkway Alameda, CA 94501-		
<b>Contact</b>	Jennifer Sanoh, Coordinator		
<b>Phone</b>	(510)748-2359	<b>TTY</b>	(510)748-2330
<b>Fax</b>	(510)748-2339	<b>Email</b>	jsanoh@peralta.edu
<b>Web Site</b>	<a href="http://alameda.peralta.edu/dsps/college-to-career-program/">http://alameda.peralta.edu/dsps/college-to-career-program/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	8-4:45		

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<b>Eligibility</b>	<p>Applicants must be:</p> <ol style="list-style-type: none"> <li>1 At least 18 years of age at the time of enrollment.</li> <li>2 An individual with an intellectual disability (ID) as defined by the Higher Education Opportunity Act (HEOA) and/or Autism.</li> <li>3 A California Department of Rehabilitation Client (or eligible to become a Department of Rehabilitation client).</li> <li>4 Graduated with a high-school diploma; or             <ol style="list-style-type: none"> <li>a Exited from high school transition program; or</li> <li>b Be willing to immediately exit from their transition program.</li> </ol> </li> <li>5 Able to provide or access transportation to and from College of Alameda, as well as potential work sites in various counties.</li> <li>6 Able to attend classes, job and other program-related activities regularly.</li> <li>7 Able to abide by College of Alameda's Code of Conduct.</li> </ol>
<b>Payment</b>	Tuition, fees, transportation and supplies not covered by financial aid are paid for by CA Department of Rehabilitation.
<b>Application</b>	Applications for the C2C program are typically available in September. Admissions interviews and decisions will be completed in the spring and Program classes will begin each fall semester.
<b>Target Pop</b>	Students with Intellectual Disabilities and Autism.
<b>Description</b>	The C2C program provides a coordinated set of activities to support student success in a college setting, internships and successful transition into independent competitive employment. The program consists of three phases, college classes, internship and employment. Initially students take college classes aligned with their career goal. Education coaches are available to connect students to needed resources and social activities, and to assist in navigating the organizational aspects of college life. An internship is then developed that is aligned with their employment goals. In the third phase, students are placed in competitive employment and C2C provides coordination of supports needed to ensure success in the workplace.

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<b>Accessibility</b>	Yes
<b>Languages</b>	Information Not Provided
<b>Staff/Client Ratio</b>	<b>Capacity</b>
Varies, approximately 12:1	0

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**Public Transportation**

<b>BART</b>	12th Street Oakland Civic Center	<b>Bus</b>	AC Transit Bus 51
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**Program**      **Community Access - Supported Living****Partners for Community Access**708 Gilman Street  
Berkeley, CA 94710-**Contact**      Tina Belk**Phone**      (510) 558-6700**TTY**      Information Not Provided**Fax**      (510) 558-6707**Email**      tbelk@bayareasupportservices.org**Web Site**      <http://www.casl-ils.com>**Days & Hours****Office**      M-F 9:30am - 5:30pm**Program**      as assessed.

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**Eligibility**      Adults who have been found eligible for Regional Center Services is Alameda County/South west Contra Costa County.**Payment**      Vendorized by Regional Center.**Application**      via email--tbelk@bayareasupportservices.org.**Target Pop**      Persons with developmental disabilities who want to live on their own.**Description**      We provide ILS and SLS.

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**Accessibility**      Yes. Both San Leandro/Berkeley Admin Office are accessible.**Languages**      Per consumer need**Staff/Client Ratio**

1:1

**Capacity**

Information Not Provided

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**Public Transportation****BART**      9.5 miles from MacArthur**Bus**      AC transit 52



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<b>Program</b>	<b>Community Day Program</b>		
	<b>CDP</b>		
	44250 Old Warm Springs Boulevard, #9 Fremont, CA 94538-		
<b>Contact</b>	Bobbie Mishra		
<b>Phone</b>	(510) 445-1227	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 445-1228		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	Ambulatory adults 21 and over. Serves up to 10 non-ambulatory persons.		
<b>Payment</b>	Medi-Cal for Residential; Regional Center for Day program.		
<b>Application</b>	Call Client Program Coordinator at RCEB or CDP Administrator.		
<b>Target Pop</b>	Adults with Developmental Disabilities and behavioral needs.		
<b>Description</b>	Adult Day Program teaches domestic, work related and community based skills.		

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<b>Accessibility</b>	Limited wheelchair accessibility.		
<b>Languages</b>	Some ASL.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:3	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Fremont	<b>Bus</b>	Fremont

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**Program** **Community Integrated Work Program, Inc.****CIWP**1875 Whipple Road  
Hayward, CA 94544**Contact** Program Director**Phone** (510) 487-9768**TTY** Information Not Provided**Fax** (510) 487-9769**Email** hayward@ciwp.org**Web Site** [www.ciwp.org](http://www.ciwp.org)**Days & Hours****Office** M-F 7 am - 4 pm**Program** M-F 5 1/2 hours between 7.30 am - 2.30 pm

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**Eligibility** Adult Development Program serving adults with self-care, communication, vocational training needs and behavioral component serving individuals with behavioral needs. Serves Regional Center adult consumers.**Payment** Vendorized by Regional Center of the East Bay.**Application** Referral must come from Client Program Coordinators of Regional Center of the East Bay.**Target Pop** Adults with Developmental Disabilities and behavioral needs seeking vocational training and increased independent living skills.**Description** CIWP is a community based day program that offers vocational training through paid employment in the community along with volunteer opportunities, social and self-advocacy skills with a 1:3 staffing ratio.Other locations:  
5327 Jacuzzi St.  
Richmond, CA 94801  
phone: (510) 528-2287  
fax: (510) 528-7765  
Richmond@ciwp.org

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**Accessibility** No accessibility limitations; we have vans with wheelchair lifts.**Languages** We have staff who speak Filipino, Chinese, Spanish and Sign Language.**Staff/Client Ratio**

1:3

**Capacity**

Information Not Provided

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**Public Transportation****BART** Union City or South Hayward**Bus** Union City or South Hayward

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<b>Program</b>	<b>Community Resources for Independent Living</b>		
	<b>CRIL</b>		
	439 "A" Street Hayward, CA 94541		
<b>Alternate Address</b>	3311 Pacific Avenue Livermore, CA 94550		
<b>Contact</b>	Michael Galvan		
<b>Phone</b>	(510) 881-5743	<b>TTY</b>	(510) 881-0218
<b>Fax</b>	(510) 881-1593	<b>Email</b>	info@crilhayward.org
<b>Web Site</b>	<a href="http://www.crilhayward.org">www.crilhayward.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F: 9am -12:30pm, 1:30pm - 5pm		
<b>Program</b>	same as office hours		

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<b>Eligibility</b>	Any person with a disability who lives in Eastern or Southern Alameda County.		
<b>Payment</b>	None		
<b>Application</b>	In person preferred but phone/zoom if needed.		
<b>Target Pop</b>	Persons with Disabilities and Seniors with Functional Limitations.		
<b>Description</b>	<p>An independent living center serving people with disabilities. Offers Personal Assistance/Assistive Technology, Peer Counseling, ILS Training, Benefit Counseling, Housing and Information and Referral. CRIL is a peer-based disability resource agency that provides advocacy and resources for people with disabilities to improve lives and make communities fully accessible. CRIL advocates for change to remove barriers to access for persons with disabilities.</p> <p>Livermore office: 3311 Pacific Avenue Livermore, CA 94550 Phone: (925) 371-1531</p> <p>Fremont office: 39155 Liberty Street, Suite A-100 Fremont, CA. 94538 Phone: (510)794-5735</p>		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	ASL, Spanish, Dari, Pashto, Hindi, Punjabi, Bosnian, Serbian, Croatian		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:100	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Hayward station is 2.5 blocks away	<b>Bus</b>	93

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**Program**      **COMPASS SLS & ILS**  
**Care Options, Management Plans, and Supported Services**  
6662 Owens Drive  
Pleasanton, CA 94588-

**Contact**      Rhonda McGlashan

**Phone**      (925) 551-3227      **TTY**      Information Not Provided

**Fax**      (925) 551-3228      **Email**      rhondam@compasscares.com

**Web Site**      [www.compasscares.com](http://www.compasscares.com)

**Days & Hours**

**Office**      M-F 9 am - 4 pm

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**Eligibility**      Over 18 in the East Bay and South Bay areas.

**Payment**      Vendored by Regional Center.

**Application**      We take referrals by phone, website or email.

**Target Pop**      Adults with developmental disabilities interested in living with support in their own home.

**Description**      Supported Living Services and Independent Living Services.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**      **Capacity**  
1:1 to 1:2      Information Not Provided

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**Public Transportation**

**BART**      Dublin      **Bus**      N/A

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<b>Program</b>	<b>Creative Growth Art Center</b> 355 24th Street Oakland, CA 94612		
<b>Contact</b>	Amy Berumen		
<b>Phone</b>	(510) 836-2340, x11	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	clientservices@creativegrowth.org
<b>Web Site</b>	<a href="http://www.creativegrowth.org">www.creativegrowth.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9:00am-4pm		
<b>Program</b>	M-F 9:30 am - 3 pm, Art and Social Rec Program: M-F 2pm-6pm, Sat 6am-2pm		

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<b>Eligibility</b>	Adults with developmental disabilities who share an interest in exploring creativity who live in the bay area. We primarily serve individuals who are eligible for Regional Center services.
<b>Payment</b>	Vendorization by Regional Center.
<b>Application</b>	Call or email Client services manager, RCEB submits enrollment packet and artist will fill out Creative Growth enrollment packet. Tour, trial visit and intake meeting.
<b>Target Pop</b>	Adults with developmental disabilities who share an interest in exploring creativity. We primarily serve individuals who are eligible for Regional Center services.
<b>Description</b>	<p>CREATIVE GROWTH is a non-profit organization based in Oakland, California that advances the inclusion of artists with developmental disabilities in contemporary art by providing a professional studio environment and gallery representation.</p> <p>1. Adult Day Program: Provides instruction in fine arts including; drawing, painting. Wood, ceramics, printmaking, digital arts and textiles. The program is further enriched by exhibition opportunities in our gallery, field trips to museums, galleries, and artist studios, and various lunch time activities, including daily walks. Staff/Client Ratio: 1:10</p> <p>2. Saturday Youth Program: Provides year-round Saturday art classes for young adults ages 16-21 with developmental disabilities. The program give shigh school students with artistic inclinations the opportunity to explore art as a vocation with the possibility of transitioning into the Creative Growth adult day program. Daily class fee is \$25 with a sliding scale option. Staff/Client Ration 1:5; Program Days/Hours: Saturdays 10am-2pm</p>

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<b>Accessibility</b>	Wheelchair accessible and restrooms
<b>Languages</b>	Spanish, ASL, Tactile ASL, Mandarin and Dari

<b>Staff/Client Ratio</b>	<b>Capacity</b>
10:1	180

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**Public Transportation**

<b>BART</b>	19th Street	<b>Bus</b>	Broadway, 19th Street
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**Program**      **Deaf Counseling and Advocacy Referral Agency****DCARA**

14895 E. 14th Street, Suite 200  
San Leandro, CA 94578-2922

**Contact**      Diane Herron**Phone**      (510) 483-0753**TTY**      (510) 483-6914**Fax**      (510) 483-1790**Email**      info@dcara.org**Web Site**      [www.dcara.org](http://www.dcara.org)**Days & Hours****Office**      M-F 7:30 am - 6:30 pm (closed 12:30 pm-1:30 pm)

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**Eligibility**      Deaf, hard of hearing, late-deafened and deaf/blind persons; residents of East Bay and San Francisco.**Payment**      Varies depending on nature of assignment. There is a base rate.**Application**      By telephone, e-mail or fax.**Target Pop**      Deaf and Hard of Hearing.**Description**      A deaf-run community-based, social service agency providing comprehensive range of service to the deaf, i.e. communication assistance, counseling, advocacy, independent living skills, employment, and community education. Information given to the hearing community on access, living and working within the deaf community.

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**Accessibility**      Yes**Languages**      ASL**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART**      San Leandro**Bus**      San Leandro

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**Program**      **Deaf PLUS Adult Community****DPAC**5437 Central Avenue, #4  
Newark, CA 94560-**Contact**      Lisa Gonzales**Phone**      (510)556-2750**TTY**      Information Not Provided**Fax**      Information Not Provided**Email**      lgonzales@deafplus.us**Web Site**      [www.deafplus.us](http://www.deafplus.us)**Days & Hours****Office**      9 am - 4 pm**Program**      9 am - 3 pm

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**Eligibility**      Over age 22 adult day program for deaf, deaf/blind and behavioral challenges accepted.**Payment**      RCEB Vendor.**Application**      RCEB Referral.**Target Pop**      Deaf and deaf/blind.**Description**      Adult day program for those who are deaf and deaf/blind with developmental delays. Behaviorist on staff to work with challenging behavior issues. Strong emphasis on language development through American Sign Language or other manual communication methods. Center based program with frequent outings.

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**Accessibility**      Wheelchair Accessible.**Languages**      America Sign Language, Tactile Sign and gestures.**Staff/Client Ratio**      **Capacity**

1:2 and 1:3

30

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**Public Transportation****BART**      Fremont**Bus**      216

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**Program**      **Department of Developmental Services**  
**State of California**  
1600 Ninth Street  
Sacramento, CA 95814-6414

**Contact**      Nancy Bargmann

**Phone**      (916) 654-1897      **TTY**      (916) 654-2054

**Fax**      (916) 654-2167

**Web Site**      [www.dds.ca.gov](http://www.dds.ca.gov)

**Days & Hours**

**Office**      M-F 8 am - 5 pm

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**Eligibility**      Persons with intellectual disabilities, cerebral palsy, autism, epilepsy and disability conditions closely related to intellectual disabilities or requiring similar treatment.

**Payment**      N/A

**Application**      N/A

**Target Pop**      Children and adults with developmental disabilities.

**Description**      The California Department of Developmental Services (DDS) is one of 17 departments within the California Health and Human Services Agency. DDS administers Developmental Centers and one state-operated community facility and contracts with 21 Regional Centers throughout the state to provide services to the local communities. The entry point for Alameda County is the Regional Center of the East Bay (see entry in this directory).

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      Information Not Provided

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<b>Program</b>	<b>Department of Rehabilitation</b>		
	1515 Clay Street, Suite 119 Oakland, CA 946121434		
<b>Contact</b>	Iris Wiangchanok		
<b>Phone</b>	(510) 622-2764	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 622-2822	<b>Email</b>	iwiangch@dor.ca.gov
<b>Web Site</b>	<a href="http://www.dor.ca.gov">www.dor.ca.gov</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 5 pm		

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<b>Eligibility</b>	Rehabilitation: must have a disability and must have a reasonable expectation that services will render a person employable.		
<b>Payment</b>	N/A		
<b>Application</b>	By telephone, in person or online at <a href="http://www.dor.ca.gov">www.dor.ca.gov</a> .		
<b>Target Pop</b>	Persons with any disability.		
<b>Description</b>	Employment related services for individuals with disabilities who require such services to prepare to engage in or retain gainful employment.		
	<p>-District Office 1485 Civic Court, Suite 1100 Concord, CA 94520-5228 (925) 602-3953 (Voice) (925) 676-5623 (TTY)</p> <p>-Antioch Branch 3656 Delta Fair Boulevard Antioch, CA 94509-4006 (925) 754-7700 (Voice)</p> <p>-Berkeley Branch 3075 Adeline Street, Suite 170 Berkeley, CA 94703-2576 (510) 883-6000 (Voice) (510) 540-3680 (TTY)</p> <p>-Fairfield Branch 450 Chadbourne Road, Suite A Fairfield, CA 94534-9612 (707) 428-2080 (Voice)</p> <p>-Fremont Branch 39155 Liberty Street, Suite F630 Fremont, CA 94538-1513 (510) 794-2458 (Voice) (510) 797-2493 (TTY) (510) 794-2541 (TTY)</p> <p>-Richmond Branch 1003 W. Cutting Boulevard, Suite 100 Richmond, CA 94804-2053 (510) 232-7062 (Voice) (510) 231-8707 (TTY)</p> <p>-California Department of Rehabilitation (916) 324-1313 or (800) 952-5544 (VOICE) (916) 558-5807 (TTY) Mailing Address:</p>		

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P.O. Box 944222  
Sacramento, CA 94244-2220  
Physical Address:  
721 Capitol Mall  
Sacramento, CA 95814  
ExternalAffairs@dor.ca.gov

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**Accessibility** Yes

**Languages** Varies from one branch to another: ASL and various foreign languages.

**Staff/Client Ratio**

NA

**Capacity**

Information Not Provided

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**Public Transportation**

**BART** Various

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**Program**      **Develop Achieve Build Support****DABS**2801 Pinole Valley Road, Suite 208  
Pinole, CA 94564-**Contact**      Jeffrey Martini**Phone**      (415) 989-5000**TTY**      Information Not Provided**Fax**      (415) 989-5001**Email**      jeffreymartini@dabsinc.com**Web Site**      [www.dabsinc.com](http://www.dabsinc.com)**Days & Hours****Office**      M-F 9 am - 5 pm**Program**      9 am - 8 pm, Sunday through Saturday

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**Eligibility**      18 years and up. Any qualifying Regional Center development disability, ambulatory and non-ambulatory.**Payment**      Regional Center Vendor.**Application**      Call to arrange an initial meeting.**Target Pop**      We serve any qualifying disability for RCEB, and we specialize in working with individuals with challenging behaviors, mental illness and forensic involvement.**Description**      Independent Living Services and Supported Living Services.

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**Accessibility**      Community based service.**Languages**      We try to accommodate any language based on available recruiting.**Staff/Client Ratio**

1:1, 1:2, 1:3

**Capacity**

0

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<b>Program</b>	<b>Developmental Disabilities Council of Contra Costa County</b>		
	1220 Morello Avenue Martinez, CA 94553-		
<b>Contact</b>	Vi Ibarra		
<b>Phone</b>	925-532-9047	<b>TTY</b>	Information Not Provided
<b>Fax</b>	925-313-6721	<b>Email</b>	vi.ibarra@cchealth.org
<b>Web Site</b>	<a href="http://www.cchealth.org/ddc">www.cchealth.org/ddc</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F, 8:30-5:00		

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<b>Eligibility</b>	All persons who live or work in Contra Costa County and have concerns for people with developmental disabilities.
<b>Payment</b>	N/A
<b>Application</b>	Call for more information.
<b>Target Pop</b>	Persons of all ages with developmental disabilities and their families.
<b>Description</b>	<p>The Mission of the Council is to promote the coordination, improvement, and growth of services and supports to individuals with developmental disabilities and their families, and to advocate for their needs.</p> <p>Serving as an advisory body, the Council takes pride in its leadership role through actively informing, educating, and connecting the community to crucial resources. The Council reflects the diversity of our community and includes self-advocates, family members, and service providers.</p> <p>Activities of the Council that proactively build community strength</p> <ul style="list-style-type: none"> <li>•promote system change &amp; process improvement</li> <li>•empower individuals through opportunities to learn and grow</li> <li>•exchange of vital agency information</li> <li>•education on matters that impact our community</li> <li>•engage and encourage participation in community outreach and events</li> <li>•share activity and event announcements</li> <li>•gather ideas and input from the public</li> </ul> <p>The Council meets via Zoom the fourth Wednesday of most months from 10:00 to 11:50 am.</p>

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<b>Accessibility</b>	Meetings take place in accessible locations.
<b>Languages</b>	Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Information Not Provided	0

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<b>Public Transportation</b>	
<b>BART</b>	Concord

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<b>Program</b>	<b>Diamond Equine Services/ Melanie Diamond</b>		
	13560 Skyline Blvd Oakland, CA 94619-		
<b>Alternate Address</b>	665 Vistamont Avenue Berkeley, CA 94708		
<b>Contact</b>	Melanie Diamond		
<b>Phone</b>	415 505 9225	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	2014deqs@gmail.com
<b>Web Site</b>	<a href="http://Diamondequineservices.com">Diamondequineservices.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9am to 5pm		
<b>Program</b>	By appointment		

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<b>Eligibility</b>	8 years to 80. Open to ambulatory/ non ambulatory. Autism spectrum, cp, down syndrome, non verbal. Verbal.others		
<b>Payment</b>	\$150/hour. Pending vendorization by regional center.		
<b>Application</b>	By telephone or email.		
<b>Target Pop</b>	Open		
<b>Description</b>	We provide ground based Equine Therapy to individuals of all ages and disabilities. Spending time with our horses in a safe, peaceful outdoor environment is very healing and allows our clients to feel safe, relaxed and connected.		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	English, French		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	0		

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**Program**      **Disability Rights Advocates****DRA**

2001 Center Street, 4th Floor  
Berkeley, CA 94704-1204

**Contact**      Catherine Conroy**Phone**      (510) 665-8644**TTY**      (510) 665-8716**Fax**      (510) 665-8511**Email**      info@dralegal.org**Web Site**      [www.dralegal.org](http://www.dralegal.org)**Days & Hours****Office**      9 am -5:30 pm**Program**      N/A

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**Eligibility**      DRA is a private non-profit 501 (c) (3) organization dedicated to protecting the civil rights of individuals with all kinds of disabilities. DRA does not charge its clients fees for legal representation. If you feel that your civil rights have been violated, and that the violation raises systemic issues that may impact a large number of people with disabilities, please contact us at the info below.**Payment**      Information Not Provided**Application**      To request a publication or report a violation, please visit the "Seeking Legal Help" page on our website. You may also write us a letter or email to intake@dralegal.org describing the violation, or call us at (510) 665-8644.**Target Pop**      People with disabilities.**Description**      Disability Rights Advocates (DRA) is a non-profit Legal center specializing in high-impact class action litigation to protect the civil rights of people with all kinds of disabilities. DRA is working to help people with disabilities access healthcare, education, and succeed in high-stakes exams.  
-Were you or someone you know denied accommodations on high stakes exams? (Such high stakes tests include state examinations as well as college or post graduate admissions tests and state licensing exams)  
-Have you or someone you know had difficulty accessing higher education course material?  
-Have you or someone you know experienced discrimination in college exams?  
-Have you or someone you know encountered barriers to health care or insurance coverage?  
If the answer is yes, to one or more of these questions, we want to hear from you. DRA is currently investigating cases that could improve the lives of millions of people with disabilities.

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**Accessibility**      Wheelchair accessible. Most info available in Braille or large print.**Languages**      On request.**Staff/Client Ratio**

NA

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Downtown Berkeley**Bus**      Multiple

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**Program**      **Disability Rights California**  
**DRC**  
1330 Broadway, Suite 500  
Oakland, CA 94612-2509

**Contact**      Callie Frye

**Phone**      (510) 267-1200

**TTY**      (800) 719-5798 Toll Free

**Fax**      (510) 267-1201

**Email**      [callie.frye@disabilityrightsca.org](mailto:callie.frye@disabilityrightsca.org)

**Web Site**      [www.disabilityrightsca.org](http://www.disabilityrightsca.org)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

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**Eligibility**      DRC services are available to Californians with disabilities where (1) the problem to be resolved is related to their disabilities and is a priority issue as established by the DRC Board of Directors and inputs from individuals with disabilities; (2) the case presents a meritorious claim; (3) the individual is unable to advocate for themselves; (4) other competent resources are unavailable; and (5) DRC resources are available to provide assistance.

**Payment**      PAI does not charge fees for services rendered.

**Application**      By telephone. No referral required.

**Target Pop**      People with disabilities.

**Description**      Disability Rights California is California's Protection and Advocacy system. Disability Rights California is a private, nonprofit law firm and advocacy organization that provides free legal services to individuals with disabilities through providing information and referral, counsel and advice, brief service, investigation of abuse and neglect and depending on the issue and the availability of resources, direct representation, litigation, policy and legislative and regulatory advocacy work, and education and outreach. For legal assistance, call 1-800-776-5746.

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**Accessibility**      Yes.

**Languages**      Spanish and American Sign Language.

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      12th Street

**Bus**      Downtown Oakland, plenty bus stops

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**Program**      **Disability Rights Education and Defense Fund, Inc.****DREDF**

3075 Adeline Street, Suite 210  
Berkeley, CA 94703-

**Contact**      Susan Henderson**Phone**      (510) 644-2555**TTY**      (510) 644-2555**Fax**      (510) 841-8645**Email**      info@dredf.org**Web Site**      [www.dredf.org](http://www.dredf.org)**Days & Hours****Office**      M-F, 9 am - 5 pm**Program**      M-F, 9 am - 5 pm

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**Eligibility**      None**Payment**      None**Application**      By telephone.**Target Pop**      Persons with disabilities who have disability-based rights/discrimination complaints; parents of children in special education programs; individuals, businesses and organizations needing ADA technical assistance.**Description**      The Disability Rights Education and Defense Fund (DREDF) is a national law and policy center dedicated to furthering the civil rights of people with disabilities. Founded in 1979, DREDF continues to be managed and directed by people with disabilities and parents of children with disabilities. Our work promotes the full integration of people with disabilities into the mainstream of society. DREDF educates parents and professionals on the rights of children under IDEA, ADA, No Child Left Behind Act (NCLB), and the Family Education Rights and Privacy Act (FERPA).  
DREDF is a Parent Training and Information Center (PTI) funded by the US Dept of Education. DREDF is the PTI for those with a child (0-26 years) who has a disability in Alameda, Contra Costa, and San Joaquin counties in Northern. CA.

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**Accessibility**      All facilities are wheelchair accessible.**Languages**      Spanish, Mandarin and Cantonese.**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Ashby**Bus**      12, F, 49, 800, 18



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**Program**      **District Attorney's Office - Victim Services Division**  
**Elder Protection Unit - Victim/Witness Assistance Division**  
5149 Gleason Drive, #220  
Dublin, CA 94568-

**Contact**      Lindsay Reynolds

**Phone**        925-479-8821

**TTY**          Information Not Provided

**Fax**          925-828-7815

**Email**        Lindsay.Reynolds@acgov.org

**Web Site**     [www.alcoda.org](http://www.alcoda.org)

**Days & Hours**

**Office**        8:30am - 5:00 pm, M-F

**Program**     8:30am - 5:00 pm, M-F

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**Eligibility**    Persons with developmental/intellectual disabilities, persons with physical disabilities, dependent adults & persons 65 and older.

**Payment**     N/A

**Application**   N/A

**Target Pop**    Persons with developmental disabilities, persons with physical disabilities, dependent adults & persons 65 and older.

**Description**    The Alameda County District Attorney's Office Victim & Witness Assistance Division is dedicated to reducing the trauma that victims and witnesses experience by providing emotional, physical, and financial assistance in a sensitive, compassionate and humane manner during the aftermath of victimization. The Victim & Witness Assistance Division has trained experienced victim advocates to work with victims, witnesses and their families throughout and beyond the criminal justice process. The division serves as the liason between the victims, prosecutor, law enforcement and other criminal justice agencies. Program services: crisis intervention, emergency assistance, resource and referral, orientation to the criminal justice system, case status and disposition, court support and escort, property return, employer intervention, restitution and witness relocation.

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**Accessibility**    Yes

**Languages**     Information Not Provided

**Staff/Client Ratio**      **Capacity**

Varies

0

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**Public Transportation**

**BART**          Coliseum

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<b>Program</b>	<b>East Bay Innovations</b>		
	<b>EBI</b>		
	2450 Washington Avenue, Suite 240 San Leandro, CA 94577-		
<b>Contact</b>	Tom Heinz		
<b>Phone</b>	(510) 618-1580	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 618-1570	<b>Email</b>	Info@eastbayinnovations.org
<b>Web Site</b>	<a href="http://www.eastbayinnovations.org">www.eastbayinnovations.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	Adults who are Regional Center clients and clients of the Department of Rehabilitation. Services provided in Alameda County only.
<b>Payment</b>	Vendorized by Regional Center of the East Bay. East Bay Innovations provides Supported Living and Independent Living Services.
<b>Application</b>	Through referral from RCEB Case Manager or Dept. of Rehabilitation counselor.
<b>Target Pop</b>	Adults with developmental disabilities.
<b>Description</b>	<p>Provides 4 services:</p> <ol style="list-style-type: none"> <li>1) Supported Employment Services assist people in finding jobs in the community and provides job coaching/support to maintain employment.</li> <li>2) Supported Living Services which assist individuals to live on their own.</li> <li>3) Independent Living Services which assist individuals to live on their own.</li> <li>4) Project Search is a student internship program.</li> </ol> <p>Lori Kotsonas for Supported Employment Lkotsonas@eastbayinnovations.org Christine Grabowski for ILS Grabowski@eastbayinnovations.org Erin Hanley for SLS Ehanley@eastbayinnovations.org</p>

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<b>Accessibility</b>	Office is wheelchair accessible.
<b>Languages</b>	Primarily English, although for certain services/programs accommodations are possible.
<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:1	Information Not Provided

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<b>Public Transportation</b>	
<b>BART</b>	San Leandro BART

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<b>Program</b>	<b>East Bay Paratransit</b>		
	1750 Broadway Oakland, CA 94612		
<b>Contact</b>	Renah Dennis		
<b>Phone</b>	(510) 287-5000	<b>TTY</b>	711
<b>Fax</b>	(510) 287-5069		
<b>Web Site</b>	<a href="http://www.eastbayparatransit.org">www.eastbayparatransit.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Reservations 8 am - 5 pm; Admin 8 am - 5 pm; Customer Service 4 am - 1 am		

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<b>Eligibility</b>	East Bay Paratransit is only available to people who are prevented from using fixed route transit (i.e. AC Transit or BART) independently due to a disability or disabling health condition. Regulations for eligibility come from the Americans with Disabilities Act (ADA).		
<b>Payment</b>	Under 8 miles = \$2.25; 8-24 miles = \$4.50; Over 24 miles = \$6.75. Fares to be paid to drivers. Paratransit tickets can be purchased in advance by mail. Call East Bay Paratransit to order tickets at (510) 287-5000.		
<b>Application</b>	In order to be eligible for the service, you must complete a written application and arrange for an in-person interview at the EBP offices. Bring your completed application with you. In some cases your health care professional will be contacted for more information.		
<b>Target Pop</b>	Individuals with a disability or disabling health condition who are prevented from using a fixed route (i.e. Bus/BART) for some or all of their trips.		
<b>Description</b>	EBP is a public transit service for people who are prevented from using regular buses or trains because of a disability or a disabling health condition. EBP transports riders from their origin to their destination in vans equipped with a wheelchair lift. Service is provided during the hours of AC Transit's bus and BART's rail operations. Service is limited to 3/4 mile of an operating bus route or BART station.		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	Any language and ASL is provided upon request.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	19th St. BART Station	<b>Bus</b>	1, 1R, 72, 72R, 51, 19

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**Program**      **East Bay Regional Park District**  
**Parks Express Transportation Program**  
2950 Peralta Oaks Court  
Oakland, CA 946050381

**Contact**      Robert Doyle

**Phone**      (510) 544-2205

**TTY**      (510) 633-0460

**Fax**      (510) 639-4757

**Email**      parksexpress@ebparks.org

**Web Site**      [www.ebparks.org](http://www.ebparks.org)

**Days & Hours**

**Office**      M-F 9 am - 4:30 pm

**Program**      Vary M-F

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**Eligibility**      Alameda or Contra Costa groups serving seniors, people with disabilities and low income children.

**Payment**      Park memberships, which include certain benefits, are available; otherwise, open to anyone with payment of admission fee as appropriate.

**Application**      Applications available on website or call to receive one by mail.

**Target Pop**      Information Not Provided

**Description**      The Parks Express Transportation Program provides low-cost charter transportation for groups from Alameda and Contra Costa Counties to visit any of the East Bay Regional Parks.

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**Accessibility**      Varies by park site.

**Languages**      Information Not Provided

**Staff/Client Ratio**

**Capacity**

n/a

Information Not Provided

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**Public Transportation**

**BART**      Varies by park site.

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<b>Program</b>	<b>Easter Seals Bay Area</b>		
	180 Grand Avenue, Suite 300 Oakland, CA 94612		
<b>Contact</b>	Program Director		
<b>Phone</b>	(510) 835-2131	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 444-2470		
<b>Web Site</b>	<a href="http://www.easterseals.com/bayarea/">www.easterseals.com/bayarea/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8:30 am - 5 pm		

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<b>Eligibility</b>	Primarily serves residents of Alameda County. Early intervention program serves infants from birth to three years.		
<b>Payment</b>	Private pay, third party payment, sliding fee based on patient's ability to pay and services needed. Medicare, Medi-Cal and private insurance accepted.		
<b>Application</b>	By telephone and mail. Physician referral required for individual therapy.		
<b>Target Pop</b>	Adults with cerebral palsy with exceptional functional deficits, neurological handicap, head injury, orthopedic impairment; persons who are dually diagnosed and seniors who have developmental disabilities, who have had recent change in their functional states.		
<b>Description</b>	In Alameda County we provide children's services including early intervention, after school programs and child care (at our SF site). Parkinson's support group meets on a monthly basis.		

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<b>Accessibility</b>	Barrier free.		
<b>Languages</b>	Varies		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Varies	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	19th Street - Oakland	<b>Bus</b>	19th Street - Oakland

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**Program**      **Easy Does It Emergency Services****EDI**3017 Telegraph Avenue, Suite 210  
Berkeley, CA 94705-**Contact**      Executive Director**Phone**      (510) 845-5513**TTY**      Information Not Provided**Fax**      (510) 845-2115**Email**      info@easydoesitservices.org**Web Site**      [www.easydoesitservices.org](http://www.easydoesitservices.org)**Days & Hours****Office**      M-F 9 am - 4 pm**Program**      24/7

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**Eligibility**      Berkeley residents.**Payment**      \$13.00 hr. co-pay. After the first hour, co-pay is in 15 minute increments. (\$3.25 every 15 mins)**Application**      Business or dispatch, mail and in person.**Target Pop**      Residents who have disabilities in Berkeley who desire to live according to the independent living model.**Description**      Should a person with a disability experience an unforeseen crisis or temporary lapse in regular attendant care or transportation, EDI will send an attendant, driver or repair person to assist client within 45 minutes.

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**Accessibility**      Both vans accessible with ramp or lift; Administration office accessible.**Languages**      Spanish**Staff/Client Ratio**      **Capacity**

1/1

0

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**Public Transportation****BART**      Downtown Berkeley Bart**Bus**      MLK+ University

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**Program**      **Eden Area (Adult) Regional Occupational Programs**

26316 Hesperian Blvd.  
Hayward, CA 94545-

**Contact**      Phyllis Trieu**Phone**      510-293-2910**TTY**      510-293-2910**Fax**      510-293-2927**Email**      [adultinfo@edenrop.org](mailto:adultinfo@edenrop.org)**Web Site**      [edenropadultprograms.org](http://edenropadultprograms.org)**Days & Hours****Office**      8am to 4pm**Program**      varies - day and evening

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**Eligibility**      Age 18 or older and able to work in industry sector**Payment**      Fee based programs on ETPL**Application**      On line or in person**Target Pop**      Scholarships for Hayward Promise Neighborhood. Programs are open to all who are interested.**Description**      Offering training and certifications in Electrical, Dental, Medical and Welding fields. Courses vary in length depending on the certifications and requirements of the industry. Classes range from 12 weeks to 10 months.

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**Accessibility**      yes**Languages**      English only**Staff/Client Ratio**      **Capacity**

1:25

0

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**Program**      **Eden Area Regional Occupation Program**  
**ROP Eden Area**  
26316 Hesperian Boulevard  
Hayward, CA 94545

**Contact**      Craig Lang

**Phone**      (510) 293-2900 ext. 904      **TTY**      Information Not Provided

**Fax**      (510) 293-8325      **Email**      clang@edenrop.org

**Web Site**      [www.edenrop.org](http://www.edenrop.org)

**Days & Hours**

**Office**      M-F 8 am - 4 pm

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**Eligibility**      High School juniors, seniors and adults are eligible for ROP training programs.

**Payment**      Information Not Provided

**Application**      Student should attend an orientation.

**Target Pop**      Information Not Provided

**Description**      Offers career development and technical job training in a wide range of occupational areas designed to meet the employment demands of Alameda County.

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**Accessibility**      Information Not Provided

**Languages**      Spanish

**Staff/Client Ratio**      **Capacity**  
1/20      Information Not Provided

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**Public Transportation**

**BART**      Hayward      **Bus**      Hayward



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**Program**      **Eden Information & Referral, Inc.**  
**2-1-1 Alameda County**  
570 B Street  
Hayward, CA 94541-

**Contact**      Alison DeJung

**Phone**        510-537-2710

**TTY**          (510) 537-3794

**Fax**          (510) 537-0986

**Email**        info@edenir.org

**Web Site**     [www.edenir.org](http://www.edenir.org)

**Days & Hours**

**Office**        M-F 8 am - 5 pm

**Program**      2-1-1 Call Center 24 x7

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**Eligibility**    All individuals seeking assistance in Alameda County.

**Payment**      Low Cost and No Cost Services

**Application**   We offer assistance thru multiple channels. Phone, text, online or email.

**Target Pop**    The programs and services we refer cross all demographics

**Description**   We empower individuals with information and connections to resources, programs, and services in their community. We have a vision of helping all people obtain health, happiness, and hope with improved stability in their lives.

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**Accessibility**   Yes

**Languages**    150 languages.

**Staff/Client Ratio**                      **Capacity**

1:1

0

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**Public Transportation**

**BART**            provided with program referral

**Bus**              Hayward

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**Program**      **Emerging Horizons**

1515 Aurora Drive, Suite 102  
San Leandro, CA 94577-

**Contact**      Anna Willis**Phone**      (510) 776-8228**TTY**      Information Not Provided**Fax**      Information Not Provided**Email**      anna@emerginghorizons.net**Web Site**      <https://www.emerginghorizons.net>**Days & Hours****Office**      8 am - 5 pm**Program**      8 am - 7 pm

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**Eligibility**      Adults who are Regional Center clients in Alameda County and Contra Costa County.**Payment**      Vendorized by the Regional Center of the East Bay.**Application**      Through referral from RCEB Case Manager.**Target Pop**      Adults with developmental disabilities.**Description**      Independent Living Services (ILS) which assists individuals to live on their own.

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**Accessibility**      Office is wheelchair accessible.**Languages**      Information Not Provided**Staff/Client Ratio**      **Capacity**

Information Not Provided      0

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**Public Transportation****Bus**      Route 89 (Williams St. & Doolittle Dr.)

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**Program**      **Employment Development Department**  
1375 University Avenue  
Berkeley, CA 94702-

**Contact**      Judy Martin

**Phone**      (510) 563-5256 or (510) 540-2833      **TTY**      (510) 563-5244

**Fax**      (510) 563-8980

**Web Site**      [www.edd.ca.gov](http://www.edd.ca.gov)

**Days & Hours**

**Office**      M-F 8 am - 5 pm and Tues. 8 am - 7 pm

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**Eligibility**      Anyone who has the right to work.

**Payment**      N/A

**Application**      Over the phone or in person.

**Target Pop**      Information Not Provided

**Description**      Implements both Unemployment Insurance and Job Services. All claim filing can be completed by telephone. Job Services include competitive job listings, job search workshops and special services for Veterans and Youth.

    Employment Development Department - Hayward  
    Job Service Supervisor  
    24790 Amador St., Hayward, CA 94544  
    Phone: (510) 293-1771 Fax: (510) 783-2556

    All unemployment insurance claims can be completed by telephone. Job Services include competitive job listings, job search workshops and special services for Veterans and Youth. Job listings available through the SHARE program either by 1) signing onto computers in the EDD office lobby or 2) internet access of America's job bank using a PC. The address is [www.ajb.dni.us](http://www.ajb.dni.us). Other services available for clients with disabilities include PC Basics classroom training, CAL Jobs listings, resume assistance and job retention case management.

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**Accessibility**      Information Not Provided

**Languages**      Varies by location.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      Information Not Provided

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**Program**      **Empowerment For Success**  
1700 150th Avenue  
San Leandro, CA 94578-

**Alternate Address**      1470 150th Avenue  
San Leandro, CA 94578

**Contact**      Ronnetta Whitaker

**Phone**      (510) 776-5245      **TTY**      Information Not Provided

**Fax**      (510) 380-6770      **Email**      empowermentforsuccess@yahoo.com

**Days & Hours**

**Office**      8 am - 5 pm  
**Program**      M - F

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**Eligibility**      18 to 65 years of age with developmental disabilities.

**Payment**      Regional Center.

**Application**      In person, phone and email.

**Target Pop**      People with developmental disabilities.

**Description**      Empowerment For Success is an independent living skills program that provides training and instruction to consumers through everyday living situations. These services and trainings are tailored to the unique needs of each consumer and are designed to assist them with shopping, personal hygiene, communication, job skills and money management.

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**Accessibility**      Yes

**Languages**      English and Spanish.

**Staff/Client Ratio**      **Capacity**  
1:1      Information Not Provided

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<b>Program</b>	<b>Enjoy Life More, Inc.</b>		
	<b>ELM</b>		
	1983 First Street Livermore, CA 94550-		
<b>Contact</b>	Emily Correia		
<b>Phone</b>	925-519-2753	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	emily@enjoyinglifemore.org
<b>Web Site</b>	<a href="http://enjoyinglifemore.org">enjoyinglifemore.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 4 pm		
<b>Program</b>	9:30 am - 2:30 pm		

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<b>Eligibility</b>	"The participant: -Is a consumer of the Regional Center East Bay;-Is at least 18 years of age;-Has the potential to achieve IPP goals in the program;-Is ambulatory;-Is able to perform personal care independently/have personal care needs met during the program with a 1:3 staffing."
<b>Payment</b>	Vendorization by Regional Center East Bay
<b>Application</b>	Contact Program Director, Emily, by email or phone :)
<b>Target Pop</b>	Individuals with developmental disabilities.
<b>Description</b>	Join ELM in our mission to help adults with special needs and their families to GROW, THRIVE and ACHIEVE in integrated communities! The goal of the Enjoy Life More Community Based Adult Day Program is to provide support and guidance to program participants aged eighteen and above, who would like to access and participate in a variety of activities and services available in the community. The focus is to develop social, communication, and functional skills to increase independence, promote self-esteem and empower group participants.

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**Accessibility** All activities are offered in the surrounding communities.

**Languages** Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
3:1	36

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**Public Transportation**

<b>BART</b>	Wheels Bus Line 10R: Railroad Ave. and L St.	<b>Bus</b>	Dublin/Pleasanton, ACE Station-Livermore
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**Program**      **Epilepsy Foundation of Northern California**

1736 Franklin Street, Ste. 450  
Oakland, CA 94612-

**Contact**      Katherine Keeney, President/CEO

**Phone**      (415) 677-4011

**TTY**      Information Not Provided

**Fax**      Information Not Provided

**Email**      efnca@epilepsynorcal.org

**Web Site**      [www.epilepsynorcal.org](http://www.epilepsynorcal.org)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

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**Eligibility**      Persons with epilepsy, their relatives and anyone interested.

**Payment**      Publications and video rentals are available for sale or free with \$25 membership. Other services are free.

**Application**      By telephone or email.

**Target Pop**      Persons with epilepsy and their families.

**Description**      General information about epilepsy including diagnosis, treatment and other aspects. The Parent Network links parents on an one-on-one basis for support. Education programs and conferences are offered on a regular basis. Advocacy information and referral.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation**

**Bus**      Wheels- Line 10

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**Program**      **Evergreen Day Services**  
**CORE Day Program**  
797 Montague Street  
San Leandro, CA 94577-

**Contact**      Veronica Lopez

**Phone**        (510) 895-2838

**TTY**            Information Not Provided

**Fax**            (510) 895-5416

**Email**         veronica@eastbayservicesdd.org

**Days & Hours**

**Office**         Information Not Provided

**Program**      M - F 8am - 3pm

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**Eligibility**    Adults with developmental disabilities who possess basic self-care skills and the ability and desire to participate in an active, flexible environment. Particular attention is given to those who may have certain limitations due to aging, health or mobility. Open Door and CORE cannot accept persons who pose a chronic, direct danger to themselves or others.

**Payment**      Regional Center Voucher

**Application**   Referral by Regional Center required.

**Target Pop**    Information Not Provided

**Description**   Creative, meaningful activities center on key themes: Wellness, Functional Cognitive; Life Skills; Limited Vocational Activity; Social Integration and Community Inclusion; Use of Leisure Time. Outcomes emphasize the person's potential, the ability to make adult choices and the enjoyment of daily life.

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**Accessibility**   Limited wheelchair accessibility.

**Languages**    English and Spanish.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      0

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**Public Transportation**

**Bus**            MV Transportation; ParaTransit; AC transit83/97

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**Program**      **Evergreen Day Services**  
**Open Door Day Program**  
797 Montague Street  
San Leandro, CA 94577-

**Contact**      Veronica Lopez

**Phone**      (510) 895-2838

**TTY**      Information Not Provided

**Fax**      Information Not Provided

**Email**      veronica@eastbayservicesdd.org

**Days & Hours**

**Office**      Information Not Provided

**Program**      M - F 8 am - 3 pm

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**Eligibility**      Adults with developmental disabilities who possess basic self-care skills and the ability and desire to participate in an active, flexible environment. Open Door cannot accept persons who pose a chronic, direct danger to themselves or others.

**Payment**      Regional Center Voucher.

**Application**      Referral by Regional Center required.

**Target Pop**      Information Not Provided

**Description**      Open Door's purpose is to provide environments and activities to persons who wish to actively learn, develop and/or master diverse adult skills necessary for their daily life. Creative, meaningful activities center on key themes: Wellness, Functional Cognitive; Life Skills; Limited Vocational activity; Social Integration and Community Inclusion; Use of Leisure Time. Outcomes emphasize the person's potential, the ability to make adult choices and the enjoyment of daily life.

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**Accessibility**      Limited wheelchair accessibility.

**Languages**      English and Spanish.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      0

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**Public Transportation**

**Bus**      MV Transportation; ParaTransit; AC 83/97



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**Program** **Evergreen Day Services****Wisdom Path**985 Suierro Street  
Hayward, CA 94541-**Contact** Shirley Eastman**Phone** (510)783-1174**TTY** Information Not Provided**Fax** Information Not Provided**Email** shirley@eastbayservicesdd.org**Days & Hours****Office** Information Not Provided**Program** M - F 8am - 3pm

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**Eligibility** Senior Adults with developmental disabilities, ages 55 and beyond; capable of basic self-care, willing to participate.**Payment** Regional Center Voucher.**Application** Referral by Regional Center required.**Target Pop** Information Not Provided**Description** This unique program provides an enriching and supportive environment. The planned activities reinforce, as well as expand the Elder's potential within the context of their daily reality, strengths, and needs. Emphasis is placed on Wellness, Leisure Time, Social interaction and Reality Orientation. Activities include: celebrations, massage, yoga, community excursions to special events, museums, picnics, flower gardens, bowling, etc.

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**Accessibility** Not wheelchair accessible.**Languages** English, Spanish and Tagalog.**Staff/Client Ratio** **Capacity**  
Information Not Provided 0

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**Public Transportation****Bus** MV Transportation; ParaTransit; AC 83/97

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**Program**      **Evergreen Day Services**  
**Way of the Elders**  
2700 A Merced Street  
San Leandro, CA 94577-

**Contact**      Veronica Lopez

**Phone**      (510) 895-2838

**TTY**      Information Not Provided

**Fax**      Information Not Provided

**Email**      veronica@eastbayservicesdd.org

**Days & Hours**

**Office**      Information Not Provided

**Program**      M - F 8am - 3pm

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**Eligibility**      Senior adults with developmental disabilities, ages 55 and beyond who are in need of a higher degree of personal care and supervision due to aging.

**Payment**      Regional Center Voucher.

**Application**      Referral by Regional Center required.

**Target Pop**      Information Not Provided

**Description**      Way of the Elders is committed to the whole person. We are attentive to the changing realities inherent in the aging process. Our intent is to foster and nourish a high level of physical, emotional, mental and social well-being according to the individual's potential regardless of age or degree of disability. Way of the Elders offers meaningful experiences and creative activities in various categories: Wellness, Reality Orientation, Life Skills, Creative Expression and Community Integration. Within these, Elders explore self-awareness, emotional and physical issues and interpersonal, adult relationships.

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**Accessibility**      Wheelchair accessible.

**Languages**      English, Spanish and Tagalog.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      0

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**Public Transportation**

**Bus**      MV Transportation; ParaTransit; AC 83/97

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**Program**      **Fairmont Hospital**  
**Speech Pathology and Audiology Department**  
15400 Foothill Boulevard  
San Leandro, CA 94578

**Contact**      Program Director

**Phone**      (510) 667-7676                      **TTY**      (510) 667-7676

**Fax**      (510) 667-3933

**Days & Hours**

**Office**      M-F 8 am - 4:30 pm

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**Eligibility**      Audiology and Speech - adults.

**Payment**      Third party payment, private pay and uninsured.

**Application**      By telephone, in person, and by mail. A physician referral is required for both services.

**Target Pop**      Persons with hearing or speech impairments.

**Description**      Audiology - audiology evaluations, hearing aid evaluations, counseling in use of hearing aids, special diagnostic audiology (ABR) - adults. Speech pathology - for adults with relatively acute communication impairments (e.g. onset within 2 years).

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Bayfair

**Bus**      Bayfair

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<b>Program</b>	<b>Family Caregiver Alliance</b>		
	235 Montgomery Street, Suite 450 San Francisco, CA 94104-		
<b>Contact</b>	Kathleen Kelly, Executive Director		
<b>Phone</b>	(415) 434-3388 or (800) 445-8106	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(415) 434-3508	<b>Email</b>	info@caregiver.org
<b>Web Site</b>	<a href="http://www.caregiver.org">www.caregiver.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	Spouses, partners, other relatives and friends who are the caregivers for individuals who have adult onset brain impairment. Brain impairments include: Alzheimer's, stroke, dementia, head injury, brain tumor and many other diagnoses.		
<b>Payment</b>	Services are low fee and on a sliding fee scale. No one is turned away for inability to pay.		
<b>Application</b>	By telephone		
<b>Target Pop</b>	Family, partners, caregivers and friends of adults with adult onset (post 18 years old) brain impairment.		
<b>Description</b>	<p>Information and referral, education, individualized consultation and support to family, partners and friends who are caring for adults with brain impairment like Parkinsons, Alzheimers, other dementias, stroke or frail elderly. Other services include: counseling; support groups; legal and financial advice; respite assistance; and online caregiver support groups (including one for LGBT caregivers). Services are available over the phone or in person. Workshops and seminars for caregivers are offered. Family Caregiver Alliance is one of eleven Caregiver Resource Centers throughout California. It serves Alameda, Contra Costa, Marin, San Francisco, San Mateo and Santa Clara Counties.</p> <p>No specific services for individuals with developmental disabilities (referred to the Regional Center). However, if a person with a developmental disability develops Alzheimer's, Parkinson's, has a stroke or head injury after age 18; their family caregivers do fall within the service population.</p>		

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<b>Accessibility</b>	Yes - Office and bathroom		
<b>Languages</b>	Spanish, Cantonese, Mandarin and Japanese		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Montgomery		

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**Program**      **Family Resource Navigators****FRN**291 Estudillo Avenue  
San Leandro, CA 94577-**Contact**      Eileen Crumm**Phone**      (510) 547-7322**TTY**      Information Not Provided**Fax**      (510) 352-1976**Email**      info@familyresourcenavigators.org**Web Site**      [www.familyresourcenavigators.org](http://www.familyresourcenavigators.org)**Days & Hours****Office**      M-Th 9:30 - 4 pm, F 9:30 am - 1:30 pm

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**Eligibility**      Families in Alameda County with children 0 - 21 years old with special health care needs, (CCS eligible families). Primary work is with families with children 0 - 5 years old.**Payment**      Free, donations accepted.**Application**      Phone call.**Target Pop**      Children with special needs or at risk and their families.**Description**      Information, referral, support and advocacy provided for families by parents of children with disabilities. Information and Technical Assistance to service providers. Parent training and education on variety of relevant topics. Lending Library, Fathers Support Group, Spanish Speaking Support Group and Newsletter.

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**Accessibility**      Yes**Languages**      Spanish, Cantonese, Mandarin and Vietnamese.**Staff/Client Ratio**

N/A

**Capacity**

Information Not Provided

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**Public Transportation****BART**      San Leandro**Bus**      Davis

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**Program**      **Family Support Services Bay Area**

401 Grand Avenue, 5th Floor  
Oakland, CA 94610

**Contact**      Shelley Crayton**Phone**      (510) 834-4766**TTY**      Information Not Provided**Fax**      (510) 834-1548**Email**      scrayton@fssba-oak.org**Days & Hours****Office**      M-F 9 am - 4 pm**Program**      Respite offered based on parent request.

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**Eligibility**      Families of individuals with developmental disabilities who are eligible for respite through RCEB.**Payment**      Vendorized by Regional Center.**Application**      Family or case manager may call to make referral.**Target Pop**      Developmentally disabled, medically fragile, substance-exposed, HIV-affected, abused or neglected, special needs and mildly ill.**Description**      In-Home and Out-of-Home respite services to families caring for an individual with developmental disabilities. In-Home respite occurs in the family's home. Out-of-Home respite occurs in the home of a FSSBA certified respite provider. Extensive screening and training is required for all service providers.

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**Accessibility**      Information Not Provided**Languages**      Information Not Provided**Staff/Client Ratio**

1:1

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Services at the family home**Bus**      Services at the family home

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**Program**      **FLORECER SKILLS**  
**FLORECER**  
Oakland, CA 94619-

**Contact**      Juan Arenas

**Phone**        (415)699-0424

**TTY**          Information Not Provided

**Fax**            (510)379-5807

**Email**        info@floreacerskills.com

**Web Site**     [www.floreacerskills.com](http://www.floreacerskills.com)

**Days & Hours**

**Office**        M-Sa 9-3

**Program**     M-Sa 9-3

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**Eligibility**    All ages, all disabilities, ambulatory & non ambulatory, all genders.

**Payment**     Regional Center

**Application** Telephone, mail, in person.

**Target Pop**    Mental health & autistic.

**Description**   ILS, SLS & Parenting.

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**Accessibility**   N/A

**Languages**    Spanish.

**Staff/Client Ratio**                      **Capacity**  
1:1 & 2:1                                      50

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**Program**      **Fremont Adult School**  
**Noll School - Adults with Disabilities Program**  
4700 Calaveras Avenue  
Fremont, CA 94538

**Contact**      Heidi McFadden

**Phone**        (510) 793-6465 x 29611                      **TTY**      Information Not Provided

**Fax**             (510) 793-6262

**Web Site**      [www.face.edu](http://www.face.edu)

**Days & Hours**

**Office**        M-F 8:30 am - 2:30 pm

**Program**      Classes: M-F 8:30 am - 3 pm, Sept.-July. School vacations observed.

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**Eligibility**      Age 22 or over; primarily residents of Fremont, Newark or Union City.

**Payment**        No charge. Most students pay fee for lunch on site.

**Application**    By telephone - initial contact to set interview date. Generally referred by case manager.

**Target Pop**      Adults with developmental disabilities.

**Description**    The goal of our Special Education Program is to meet the Life Skills needs of adults with developmental disabilities. These life skills are integrated into a "community based" curriculum covering vocational, domestic, academic, community and recreation areas.

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**Accessibility**    Yes

**Languages**      No

**Staff/Client Ratio**                      **Capacity**

1:10    Information Not Provided

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**Public Transportation**

**BART**            Fremont    **Bus**            Fremont



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**Program** **Friendly Cab Company, Inc.**4849 E. 12th Street  
Oakland, CA 94601**Contact** Executive Director**Phone** (510) 536-3000**TTY** Information Not Provided**Fax** Information Not Provided**Days & Hours****Office** 9 am - 5 pm

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**Eligibility** Information Not Provided**Payment** Information Not Provided**Application** By telephone or mail.**Target Pop** Information Not Provided**Description** Provide accessible taxicab transportation.

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**Accessibility** Wheelchair accessible.**Languages** Information Not Provided**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART** Fruitvale**Bus** Fruitvale

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**Program**      **Friends of Children with Special Needs**

2300 Peralta Boulevard  
Fremont, CA 94536-

**Contact**      Sylvia Yeh**Phone**      (510) 739-6900, ext 3300**TTY**      Information Not Provided**Fax**      (510) 739-6999**Email**      [administration@fcsn1996.org](mailto:administration@fcsn1996.org)**Web Site**      [www.fcsn1996.org](http://www.fcsn1996.org)**Days & Hours****Office**      M-F 9 am - 5.30 pm**Program**      M-F 9 am - 3.00 pm, every other Sat (Family Support Group) 4 pm - 6:30 pm

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**Eligibility**      Client of RCEB & SARC, Program in Southern Alameda County and Santa Clara County.**Payment**      Regional Center authorizes POS for ADP/SLS/ILS/ASP/Respite-; Regional Center & DOR pay for SEP; Self pay for Summer Day Camps, RC authorizes POS for ADP/SLS/ILS/ASP/Respite-; RC & DOR pay for SEP; Self pay for Summer Day Camps Family support groups.**Application**      Through email, in person or regional center referral.**Target Pop**      Any ethnic group.**Description**      FCSN is dedicated to serving children and adults with special needs. We provide training and support to empower them to have productive and healthy lives. We offer vocational training, independent living, healthy lifestyle, community integration, academic skills, and social skills.

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**Accessibility**      Yes**Languages**      Mandarin, Cantonese, Taiwanese, Tagalog and Vietnamese.**Staff/Client Ratio**

1:1,1:3,1:4

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Fremont**Bus**      NA

<b>Program</b>	<b>Futures Explored, Inc.</b>		
	<b>Go Grou &amp; Garden Tri-Valley</b>		
	2380 Salvio Street Concord, CA 94520-		
<b>Alternate Address</b>	690 North L Street Livermore, CA 94551		
<b>Contact</b>	Scott Brooks		
<b>Phone</b>	Concord (925) 332-7183; Livermore (925) 454-3349	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Livermore (925) 454-8807	<b>Email</b>	scottbrooks@futures-explored.org
<b>Web Site</b>	<a href="http://www.futures-explored.org">www.futures-explored.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 7:30 am - 4 pm		
<b>Program</b>	M-F 9 am - 3 pm		
<b>Eligibility</b>	Over 18 years old with a high school diploma or 22 with a certificate of completion, client of Regional Center. Services are offered in both Contra Costa and Alameda County.		
<b>Payment</b>	Day Training & Activity Program vendorized by Regional Center. Supported Employment & Vocational Rehabilitation Programs funded through Dept of Rehabilitation & Regional Center.		
<b>Application</b>	Via email (during COVID)		
<b>Target Pop</b>	Adults with developmental disabilities		
<b>Description</b>	<p>Provides social and vocational training for adults in a variety of settings, including volunteer opportunities, post-secondary support and paid employment, in both Alameda and Contra Costa County.</p> <p>Tailored Day Services are used to help individuals discover their interests, pursue post-secondary education opportunities and volunteering in their community. This is a service that has limited support (approximately 25 or 30 hours a month), but is focused on the needs and desires of the individual supported. Contact Jose Escobar- 925-284- 3240 for more information.</p> <p>Supported Employment Services are used in support of those seeking, acquiring and maintaining employment in the community, based on the individual's vocational desires. Contact Jose Escobar - 925-284-3240 for more information.</p> <p>Our Garden Site serves individuals with specialized health needs. The program is adjusted to maximize their personal benefit and includes sensory opportunities. Community involvement is a desired outcome, however, due to medical/health needs it is typically on a more limited basis. Contact Angelique Goldberg 925-413-9837 for more information.</p> <p>Our Go Groups Livermore serves adults, typically 22 and older who have an intellectual or developmental disability and who are interested in participating in a wide range of activities. Participants are supported to make decisions regarding activities and interests they want to pursue, they need to want to help direct what they find meaningful each day. Contact Scott Duft-925-371-1617 for more information.</p> <p>Film and Media Studio supports individuals with intellectual and developmental disabilities who want to learn more about or have a desire to work in the Film and Media Industry. The service is structured similar to a community college. The course series of 20 week semesters, and the students learn about all aspects of film making.</p> <p>and they identify skills and/or specific interests in particular areas of making films and videos. The service provides opportunities for Paid Internships and other paid work experience as the</p>		

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students learn and excel. Contact Hester Wagner 925- 456-0255 for more information.

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**Accessibility** Yes

**Languages** Information Not Provided

**Staff/Client Ratio**

**Capacity**

TDS/SE IP 1:1, garden 1:2,  
go group 1:3 film 1:5

Information Not Provided

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**Public Transportation**

**BART** Pleasanton/Dublin, Antioch, Concord

**Bus** Varies but minimal distance to each site

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**Program**      **George Miller Center - Richmond/CAP - Hilltop**  
**Contra Costa ARC**  
2801 Robert Miller Drive  
Richmond, CA 94806-

**Contact**      Carol Anne McCrary

**Phone**      (510) 374-3981      **TTY**      Information Not Provided

**Fax**      (510) 374-3893      **Email**      cmccrary@arcofcc.org

**Web Site**      [www.contracostaARC.com](http://www.contracostaARC.com)

**Days & Hours**

**Office**      M-F 8 am - 3:30 pm

**Program**      M-F 9 am - 3 pm

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**Eligibility**      Over 18 years old; Regional Center eligible.

**Payment**      Vendorized by Regional Center and third party payment.

**Application**      By mail or referral via RCEB.

**Target Pop**      Adults with moderate to severe developmental disabilities; able to support people with restricted health conditions.

**Description**      An adult daily service which provides programs for people with severe developmental disabilities and multiple handicaps.

    The program teaches skills which assist individuals to live, work and play in the community as independently as possible. Curriculum areas include Domestic, Leisure, Vocational Skills, and Community Awareness. Training components include a fully community-based service, a seniors service and a service that is site-based with community involvement. Operated by Contra Costa ARC.

    George Miller Center - Richmond / CAP-Hilltop  
2801 Robert Miller Drive  
Richmond, CA 94806  
(510) 374-3981

    Other locations:

CAP-Concord	CAP-Antioch	George Miller Center-Concord
4615 Clayton Road	3640 Lone Tree Wy, Ste. B	3020 Grant Street
Concord, CA 94521	Antioch, CA 94509	Concord, CA 94520
(925) 685-9742	(925) 706-1921	(925) 646-5710

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**      **Capacity**

1:3      Information Not Provided

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**Public Transportation**

**BART**      Del Norte Station      **Bus**      Del Norte Station

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**Program**      **GOALS for Autism, Inc.**  
800 S. Broadway, Ste 310  
Walnut Creek, CA 94596-

**Contact**      Adryon Ketcham

**Phone**      (888) 531-8385      **TTY**      Information Not Provided

**Fax**      (925) 264-1902      **Email**      info@goalsforautism.com

**Web Site**      [www.goalsforautism.com](http://www.goalsforautism.com)

**Days & Hours**

**Office**      M-F 9am-5pm

**Program**      M-Sun 8 am - 7 pm

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**Eligibility**      Birth to age 70, San Francisco County, Solano County, Alameda County, Contra Costa County, Southern Nevada, Northern Arizona. Developmental delay, Autism related.

**Payment**      All major insurance companies, Medi-Cal, GGRC, RCEB, and private pay

**Application**      Email intake@goalsforautism.com or call 888-531-8385

**Target Pop**      Autism, behavioral disorder, ABA, behavioral based programs.

**Description**      GOALS for Autism, Inc. provides Applied Behavior Analysis program for individuals with Autism and other Developmental and Behavioral Disabilities, age birth to 70 years old. GOALS for Autism provides quality and comprehensive services in California, Nevada and Arizona. Contact us today for more information.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**      **Capacity**  
2:1, 1:1      0

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**Public Transportation**

**BART**      For San Ramon, West Dublin/Pleasanton

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**Program** **Golden House A.D.P. LLC**

730 Central Avenue  
Alameda, CA 94501

**Contact** Tom Golden, Lydia Silos**Phone** (510) 671-2144**TTY** Information Not Provided**Fax** (510) 522-4261**Email** tomgoldenbb@hotmail.com**Web Site** [goldenhouseadc.com](http://goldenhouseadc.com)**Days & Hours****Office** M-F, 8:30 am -5 pm ADP**Program** M-F, 8:30 am - 5:30 pm APC

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**Eligibility** Persons with developmental disabilities aged 22-59 years, ambulatory and non-ambulatory, Clients of Regional Center of the East Bay.**Payment** RCEB Vendorization.**Application** Make an appointment for a visit first.**Target Pop** 22 to 59 years old developmentally disabled residing in the East Bay.**Description** Adult training program that provides individualized instruction and "behavior shaping" while exploring community areas. Activities in creative arts, music, work training, language and social awareness skills. Program provides overnight travel experiences as preparation for independent living.

We are now site based, but continue community trips. Program provides training in the area of Community, Pre-Vocational, Domestic/Creative, Recreation/Leisure and Critical Functioning Skills. Community learning environments are used for best "hands on" experiences, i.e. shopping, money management, travel safety or for social recreation such as bowling, museum exploration, nature awareness, restaurant or library experiences.

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**Accessibility** Wheelchair accessible.**Languages** Limited Spanish, minimal sign language and Tagalog/Philipino.**Staff/Client Ratio**

1:3

**Capacity**

21

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**Public Transportation****BART** Fruitvale**Bus** AC Transit line 1/2 block away

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**Program**      **Grace Lutheran Church**  
**Disabilities Ministries**  
1836 B Street  
Hayward, CA 94541-

**Contact**      Mark Oatman

**Phone**      510-303-0071, 510-303-0072(Debbie)    **TTY**      Information Not Provided

**Fax**      Information Not Provided                      **Email**      debbieoatman@att.net

**Days & Hours**

**Office**      Information Not Provided

**Program**      1st & 3rd Friday 6-8pm; 5th Saturdays 11am-1pm

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**Eligibility**      17+

**Payment**      Information Not Provided

**Application**      Information Not Provided

**Target Pop**      Information Not Provided

**Description**      Social activities for adults

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**Accessibility**      Information Not Provided

**Languages**      Information Not Provided

**Staff/Client Ratio**                      **Capacity**  
Information Not Provided                      Information Not Provided

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**Public Transportation**

**BART**              Hayward    **Bus**              AC Transit 28



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**Program**      **Green Oak Developmental Center**

2949 Whipple Road  
Union City, CA 94587-

**Alternate Address**      2827 Whipple Road  
Union City, CA 94587

**Contact**      Gina Rivera

**Phone**      (510) 441-8300

**TTY**      Information Not Provided

**Fax**      (510) 441-8320

**Email**      g.rivera.go@gmail.com

**Days & Hours**

**Office**      8:30 am - 4:00 pm, program hours: 9 am - 3 pm

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**Eligibility**      18 years and up. Accepts a wide range of people with developmental disabilities. Not a behavioral program.

**Payment**      Vendorization by RCEB.

**Application**      By telephone and/or mail.

**Target Pop**      Regional Center clients.

**Description**      Community Integration and Leisure Program.

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**Accessibility**      Wheelchair accessible.

**Languages**      Spanish and Tagalog.

**Staff/Client Ratio**      **Capacity**

3:1

80

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**Public Transportation**

**BART**      South Hayward and Union City

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**Program**      **GT Independence**215 Broadus St,  
Sturgis, MI 49091-**Contact**      Tamara Flaherty**Phone**      415-792-3955**TTY**      Information Not Provided**Fax**      888-972-3891**Email**      tflaherty@gtindependence.com**Web Site**      [gtindependence.com](http://gtindependence.com)**Days & Hours****Office**      8AM to 5PM**Program**      8AM to 5PM

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**Eligibility**      Regional Center Clients/Participants**Payment**      Vendorization by Regional Center**Application**      Referral, in person, RC Case Manager**Target Pop**      Information Not Provided**Description**      Financial Management Services

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**Accessibility**      No restrictions**Languages**      We offer support in all language**Staff/Client Ratio**      **Capacity**

Information Not Provided      0

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**Program** **Harambee Community Services**

14895 East 14th Street, Suite 360  
San Leandro, CA 94578-

**Contact** Darice Tilery**Phone** 510-584-8036**TTY** Information Not Provided**Fax** (510) 338-9238**Email** darice@harambeekc.org**Web Site** [www.harambeekc.org](http://www.harambeekc.org)**Days & Hours****Office** M-F 9 am - 5 pm**Program** M-F 9 am - 3 pm

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**Eligibility** Harambee is designed to serve consumers across the lifespan from 18 years old and beyond who have behavioral, substance abuse, mental health and judicial involvement who require a structured and support environment. We can accommodate non-ambulatory consumers.**Payment** Harambee is vendorized by Regional Center of the East Bay. Not currently accepting private pay consumers.**Application** Referrals are generated by regional center case managers.**Target Pop** Harambee is a specialized behavioral day program and supportive employment program designed for consumers who have multiple and complex challenges.**Description** Harambee, which means "Let's Pull Together" in Swahili, is a comprehensive, coordinated, culturally sensitive, community-based instructional program that takes into consideration each participant's skills, competencies, needs, preferred wishes and well-being. The program works collaboratively with key stakeholders (participant, parents, regional center staff, residential providers, and generic community supports).

Harambee also offers a specialized supportive employment program. After consideration of each participant's skills, preferred wishes and well-being, the program will then assist in the introduction of the necessary skills, preparation and support needed to secure employment. The program will work with all of the key stakeholders (participant, parents, regional center staff, residential providers, potential employers and generic community supports) necessary for a successful placement.

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**Accessibility** We are community-based and ensure accessibility with all our activities.**Languages** Tagalog, Spanish**Staff/Client Ratio** **Capacity**

1:2 &amp; 1:3 cap 45

30

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**Public Transportation****BART** Bay Fair**Bus** AC Transit #1

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**Program**      **Harambee Community Services**  
**Supportive Employment Program**  
P.O. Box 3351  
San Leandro, CA 94578-

**Contact**      Denise Bradley

**Phone**      (510) 331-0094

**TTY**      Information Not Provided

**Fax**      Information Not Provided

**Email**      denise@harambeekc.org

**Web Site**      [www.harambeekc.org](http://www.harambeekc.org)

**Days & Hours**

**Office**      M-F 9 am -5 pm

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**Eligibility**      Harambee is designed to serve consumers across the lifespan 18 and beyond who have behavioral, substance abuse, mental health and judicial involvement who require a structured and supportive environment. We can accommodate non-ambulatoru consumers.

**Payment**      Information Not Provided

**Application**      Referrals are generated by the Regional Center Case Managers.

**Target Pop**      Harambee is a specialized Behavioral Supportive Employment Program designed for participants who have multiple and complex challenges.

**Description**      Harambee which means "Lets Pull Together" in Swahili. Harambee is a comprehensive, coordinated, culturally sensitive community-based instructional program that provides the participant with the support to secure competitive employment. This program will take into consideration each participant's skill need, preferred wishes and wellbeing. The program will then assist in the introduction of the necessary skills, preparation, support needed to secure employment. The program will work with all of the key stakeholders (participant, parents Regional Center staff, residential providers potential employers and generic community supports) necessary for a successful placement.

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**Accessibility**      We are a community and ensure accessibility.

**Languages**      Spanish, German, French and Tagalog.

**Staff/Client Ratio**

1:2 & 1:3

**Capacity**

30

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**Public Transportation**

**BART**      Bay Fair

**Bus**      AC Transit #1

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**Program**      **Harambee Community Services**  
**Supportive Employment Internship Program**  
P.O. Box 3351  
San Leandro, CA 94578-

**Contact**      Denise Bradley

**Phone**      (510) 331-0094      **TTY**      Information Not Provided

**Fax**      Information Not Provided      **Email**      denise@harambeekc.org

**Web Site**      [www.harambeekc.org](http://www.harambeekc.org)

**Days & Hours**

**Office**      M-F 9 am -5 pm

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**Eligibility**      Harambee is designed to serve consumers across the lifespan 18 and beyond who have behavioral, substance abuse, mental health and judicial involvement who require a structured and supportive environment. We can accommodate non-ambulatoru consumers.

**Payment**      Information Not Provided

**Application**      Referrals are generated by the Regional Center Case Managers.

**Target Pop**      Harambee is a specialized Behavioral Supportive Employment Program designed for participants who have multiple and complex challenges.

**Description**      Harambee which means "Lets Pull Together" in Swahili. Harambee is a comprehensive, coordinated, culturally sensitive community-based instructional program that provides the participant with the support to secure competitive employment. This program will take into consideration each participant's skill need, preferred wishes and wellbeing. The program will then assist in the introduction of the necessary skills, preparation, support needed to secure employment. The program will work with all of the key stakeholders (participant, parents Regional Center staff, residential providers potential employers and generic community supports) necessary for a successful placement.

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**Accessibility**      We are a community and ensure accessibility.

**Languages**      Spanish, German, French and Tagalog.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:2 & 1:3	30

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**Public Transportation**

<b>BART</b>	Bay Fair	<b>Bus</b>	AC Transit #1
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<b>Program</b>	<b>HEALTH CARE COMMUNITY CLINICS</b>		
	see below for individual sites		
<b>Contact</b>	Clinic Directors		
<b>Phone</b>	<b>TTY</b>	Information Not Provided	
<b>Fax</b>	Information Not Provided		
<b>Days &amp; Hours</b>			
<b>Office</b>	Administration: M-F 9 am - 5 pm. For individual clinics call number listed.		

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<b>Eligibility</b>	Alameda County residents
<b>Payment</b>	MediCal, Medicare, private insurance, sliding fee schedule. No one is denied care because of inability to pay.
<b>Application</b>	Call clinic number for appointment.
<b>Target Pop</b>	Information Not Provided
<b>Description</b>	General medical services for adult women and men; obstetrics and gynecology (Ob-Gyn) including family planning; pediatric care for children. Some clinics may also provide the following programs: Immunization clinics, general dental care, health education, vision care, foot care and Women Infant and Children nutrition program, AIDS antibody testing and care management services for persons with AIDS.

North County:

Asian Health Center  
818 Webster Street  
Oakland, CA 94607  
Phone: (510) 986-6880

Berkeley Women's Health Center  
2908 Ellsworth Street  
Berkeley, CA 94705  
Phone: (510) 843-6194

Clinica Alta Vista  
1515 Fruitvale Avenue  
Oakland, CA 94601  
Phone: (510) 535-6300

Native American Health Center  
3124 East 14th Street  
Oakland, CA 94601  
Phone: (510) 535-4400

East Oakland Health Center  
7450 East 14th Street  
Oakland, CA 94601  
Phone: (510) 430-9401

Eastmont Wellness Center  
6955 Foothill Boulevard  
Oakland, CA 94605  
Phone: (510) 567-5700

La Clinica de la Raza  
3451 E. 12th Street  
Oakland, CA 94601  
Phone: (510) 535-4000

San Antonio Health Center  
1030 International Boulevard  
Oakland, CA 94601  
Phone: (510) 238-5400

West Oakland Health Center  
700 Adeline Street  
Oakland, CA 94607  
Phone: (510) 835-9610

William B. Rumford Center  
2960 Sacramento Street  
Berkeley, CA 94702  
Phone: (510) 549-3166

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South County:

Winton Wellness Center  
24100 Amador Street, Ste 250  
Hayward, CA 94545  
Phone: (510) 266-1700

Tiburcio Vasquez Health Center  
22331 Mission Boulevard  
Hayward, CA 94545  
Phone: (510) 471-5880

Newark Health Center  
6066 Civic Terrace Avenue  
Newark, CA 94560  
Phone: (510) 505-1600

Tiburcio Vasquez Health Center  
33255 9th Street  
Union City, CA 94587  
Phone: (510) 471-5880

Tri-City Health Center  
39500 Liberty Street  
Fremont, CA 94538  
Phone: (510) 770-8133

Axis Community Health Center  
4361 Railroad Avenue  
Pleasanton, CA 94566  
Phone: (925) 462-1755

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**Accessibility** All clinics are wheel chair accessible.

**Languages** Many clinics offer services in other languages.

**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Program**      **Heart2Heart Inc**  
1 Avenue of Palms #307  
San Francisco, CA

**Contact**      Marcie Barber Spencer Hollie, Doug Hollie

**Phone**      (904) 707-9707, (925)202-9820,      **TTY**      Information Not Provided  
(925)209-0738

**Fax**      (415)7721979      **Email**      heart2heartinc4@gmail.com

**Web Site**      [www.heart2heartinc.me](http://www.heart2heartinc.me)

**Days & Hours**

**Office**      7:30am-6:30pm

**Program**      24/7

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**Eligibility**      Disabled ambulatory

**Payment**      Regional Center, Medi-Cal insurance and private pay accepted.

**Application**      By email, telephone or in person.

**Target Pop**      All

**Description**      Additional locations  
333 Peoria Street, Daly City CA 94014  
27995 Pomano Avenue, Hayward CA 94544-Skyline drive facility

Heart 2 Heart offers a variety of services to ensure individuals receive the most appropriate care and treatment that it aligns with their specific needs. The standard services offered are provided to each Resident of the program. Meals are prepared throughout the day and snacks are available up until bed-time each day.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**      **Capacity**

2:1      20

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**Program**      **Helping Hands East Bay**  
2447 Santa Clara Ave, Suite 201  
Alameda, CA 94501-

**Contact**      Esther Chow

**Phone**        510-871-2187

**TTY**          Information Not Provided

**Fax**          510-871-2189

**Email**        echow@hheb.org

**Web Site**     [www.hheb.org](http://www.hheb.org)

**Days & Hours**

**Office**        M-F 9am to 5pm - By appointment only

**Program**      Varied - Providing alternative remote services

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**Eligibility**    Serving North Central Alameda County.

**Payment**      Regional Center of the East Bay and Department of Rehabilitation

**Application**    By phone and email.

**Target Pop**    Adult consumers of Regional Center residing in north and central Alameda County

**Description**    FSU family support  
Free Family consultation, parent mentorship  
Free educational workshops  
Free monthly Cantonese/Vietnamese and Tagalog family support group  
Tailored-Day Service: 1:1 individualized training, 25 client capacity  
Supported Employment: 20 client capacity  
Community-Based Adult Services Day Program: 1:3 staff to client ratio; 21 client capacity  
Person Center Planning Services

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**Accessibility**    Wheelchair accessible office and restrooms.

**Languages**     Cantonese, Mandarin and Vietnamese

<b>Staff/Client Ratio</b>	<b>Capacity</b>
varies	0

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**Public Transportation**

**BART**          Fruitvale or Lake Merritt

**Bus**            AC Transit 20, 51A, 19 or 21

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**Program**      **Hergl Center**  
1326 Lincoln Sreet  
Berkeley, CA 94702

**Contact**      Theo Boudreaux  
**Phone**      (510) 524-0822      **TTY**      Information Not Provided  
**Fax**      Information Not Provided

**Days & Hours**

**Office**      M-F 9 am - 3 pm  
**Program**      M-F 9 am - 3: pm

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**Eligibility**      Adults 18 yrs or older, ambulatory and no serious medical problem to impede full participation in program.

**Payment**      Vendorized by Regional Center.

**Application**      By telephone.

**Target Pop**      Persons with autism and intellectual disability.

**Description**      Offers highly specialized 24 hr. program in an environment in which to live, receive therapy and continue education. A day program is available for non-residents. Areas of individual development include: language, speech, self-help and behavior management.

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**Accessibility**      Not wheelchair accessible.

**Languages**      Information Not Provided

**Staff/Client Ratio**      **Capacity**  
ARF:6 ADP:10      Information Not Provided

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**Public Transportation**

**BART**      North Berkeley      **Bus**      North Berkeley

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<b>Program</b>	<b>HireAble</b>		
	2450 Washington Avenue, Suite 240 San Leandro, CA 94577- , CA		
<b>Contact</b>	Donna Feingold		
<b>Phone</b>	510-375-0680	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	donna@hireable.org
<b>Web Site</b>	<a href="http://www.hireable.org">www.hireable.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Varies		
<b>Program</b>	N/A		

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<b>Eligibility</b>	Anyone who has questions/concerns about how working impacts benefits such as SSI or SSDI		
<b>Payment</b>	vendorized by RCEB		
<b>Application</b>	We can be contacted by email or phone (email preferred for initial contact).		
<b>Target Pop</b>	We focus on those who are working or want to work and our concerned about their benefits.		
<b>Description</b>	HireAble is a coalition of organizations (adult providers, K-12 transition programs, adult schools, etc) committed to increasing employment outcomes for individuals with intellectual and developmental disabilities in Alameda and Contra Costa County. We are vendorized to provide individual or group planning/education on who earnings from working impact public benefits.		

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<b>Accessibility</b>	N/A		
<b>Languages</b>	None		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	0		

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**Program** Home Aide Home Care, Inc.1544 B Street, #7  
Hayward, CA 94541-**Contact** Melissa Neylan**Phone** (510) 247-1200**TTY** Information Not Provided**Fax** (510) 247-1240**Email** bobby@homeaidhomecare.com**Web Site** [www.homeaidehomecare.com](http://www.homeaidehomecare.com)**Days & Hours****Office** M-F 9 am - 5 pm**Program** Anytime (24hrs/365days)

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**Eligibility** Provide care to custodial patients only. Serves mainly adult and elderly populations.**Payment** Private pay and/or long term care insurance.**Application** Assessment in home.**Target Pop** Information Not Provided**Description** Provide custodial care to clients who wish to stay in the comfort of their own homes.

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**Accessibility** N/A**Languages** Information Not Provided**Staff/Client Ratio** **Capacity**Information Not Provided 0

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**Program**      **Home Safety Services**  
**Senior Safety, Baby Proofing and Emergency Preparedness**  
890 Cowan Road, Suite G  
Burlingame, CA 94010-

**Contact**      Martin Simenc

**Phone**      (888) 388-3811      **TTY**      Information Not Provided

**Fax**      (650) 571-7775      **Email**      pros@homesafety.net

**Web Site**      [www.homesafety.net](http://www.homesafety.net)

**Days & Hours**

**Office**      8 am - 4 pm

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**Eligibility**      Private Pay.

**Payment**      Private pay unless covered by community agency with established contract.

**Application**      Telephone or web site: www.homesafety.net.

**Target Pop**      Households with elderly or disabled, infant or members.

**Description**      Home modifications to enhance safety and prevent falls. Home assessments and installations in a single visit. Grab bars, railings, ramps, lifts and bathroom modifications.

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**Accessibility**      N/A

**Languages**      None

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Information Not Provided	0

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**Public Transportation**

<b>BART</b>	N/A	<b>Bus</b>	N/A
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**Program**      **Housing Authority, County of Alameda**

22941 Atherton Street  
Hayward, CA 945416633

**Contact**      Ron Dion**Phone**      (510) 538-8876**TTY**      (510) 727-8551**Fax**      (510) 886-7058**Email**      hacainfo@haca.net**Web Site**      [www.haca.net](http://www.haca.net)**Days & Hours****Office**      M-F 10 am - 4:45 pm, closed alternate Friday.

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**Eligibility**      Disabled persons, persons 62 years of age or older and families. Income must be below 50% of the median income for Alameda County.**Payment**      No charge for services.**Application**      Not accepting new applications at this time.**Target Pop**      Low income elderly, disabled persons and families.**Description**      Housing subsidy program for Alameda County, mainly funded by HUD. Principal programs are Section 8 housing and public housing. Tenant pays approximately 30% of monthly income towards rent.

Alameda County Housing Authority serves residents of Albany, Dublin, Emeryville, Fremont, Hayward, Newark, Pleasanton, San Leandro, Union City and the unincorporated areas, including Castro Valley and San Lorenzo.

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**Accessibility**      Office and rest rooms.**Languages**      Spanish, Farsi and Vietnamese interpreting. Sign language interpreting as needed for application processing.**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Hayward**Bus**      Hayward

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**Program**      **Housing Authority, City of Alameda**

701 Atlantic Avenue  
Alameda, CA 94501-2161

**Phone**      (510) 747-4300**TTY**      (510) 522-8467**Fax**      (510) 522-7848**Email**      hainfo@alamedahsg.org**Web Site**      [www.alamedahsg.org](http://www.alamedahsg.org)**Days & Hours****Office**      M-F 8:30 am - 5 pm**Program**      Same

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**Eligibility**      Very-low and low income families, single persons and elderly who are 62 years or older, handicapped or disabled (Alameda residents receive preference).**Payment**      No charge.**Application**      By mail. If waiting list is open. NOTE: check website [www.alamedahsg.org](http://www.alamedahsg.org) to see if housing Authority is currently accepting applications.**Target Pop**      Elderly, disabled, handicapped, and very low income families.**Description**      The Housing Authority of the City of Alameda operates a Section 8 Housing Assistance Payment Program which provides direct subsidy to very low income families (including single persons, elderly, disabled or handicapped) to rent privately-owned housing. The amount of subsidy is based on the income and the family size. The family generally pays 30% of its income for rent and the balance is paid by the Housing Authority.

The Authority also manages housing units for very-low and low-income families and seniors at several complexes throughout the city of Alameda.

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**Accessibility**      To office and rest rooms.**Languages**      Translation services available.**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART**      12th Street**Bus**      20,31,51A,W,663

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**Program**      **Housing Authority, City of Livermore**  
3203 Leahy Way  
Livermore, CA 94550

**Contact**      Patrese Smith Human Resources Analyst

**Phone**      (925) 447-3600 ext 200      **TTY**      (800) 545-1833 x 917

**Fax**      (925) 447-0942      **Email**      psmith@livermoreha.org

**Web Site**      [www.livermorehousingauthority.com](http://www.livermorehousingauthority.com)

**Days & Hours**

**Office**      M 8:30 am - 5:30 pm, Tues - Thurs 8.30 am-5 pm

**Program**      T- Fr 8:30 am - 5 pm

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**Eligibility**      Based on income. Federal Priorities. Preference is given to Livermore residents/veterans/displaced/disabled.

**Payment**      Information Not Provided

**Application**      By telephone. When applications are open, call for information.

**Target Pop**      Preference given to Livermore residents who are veterans, homeless or have disabilities.

**Description**      Provides low and moderate income housing. Public housing and Section 8 program.

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**Accessibility**      To office

**Languages**      Information Not Provided

**Staff/Client Ratio**      **Capacity**

Information Not Provided      Information Not Provided

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**Public Transportation**

**BART**      Dublin-Pleasanton



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**Program**      **Housing Authority, City of Oakland**  
**Oakland Housing Authority**  
1619 Harrison Street  
Oakland, CA 94612

**Phone**      (510) 874-1500

**TTY**      (510) 832-0633

**Fax**      (510) 874-1674

**Email**      hainfo@alamedahsg.org

**Web Site**      [www.oakha.org](http://www.oakha.org)

**Days & Hours**

**Office**      M-F 8 am - 4 pm

**Program**      M-F 8 am - 4:30 pm

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**Eligibility**      Over 18 years old and specific income criteria.

**Payment**      None

**Application**      By telephone. 24 hr. recorded information about open programs. Appointments for open programs are made in person only. Hours: 8 am - 12 pm and 1 pm - 4:30 pm.

**Target Pop**      Very low to low income.

**Description**      Provide subsidized housing to low income persons and families.

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**Accessibility**      Yes

**Languages**      Various available.

**Staff/Client Ratio**

**Capacity**

Information Not Provided

Information Not Provided

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**Public Transportation**

**BART**      12th or 19th Street

**Bus**      12th or 19th Street

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**Program**      **Housing Consortium of the East Bay****Housing Access Services**

410 7th Street, Suite 203  
Oakland, CA 94607-

**Contact**      Darin Lounds**Phone**      (510) 832-1382**TTY**      Information Not Provided**Fax**      (510) 832-1743**Email**      info@hceb.org**Web Site**      [www.hceb.org](http://www.hceb.org)**Days & Hours****Office**      M-F 9 am - 5 pm**Program**      M-F 9 am - 5 pm

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**Eligibility**      Regional Center consumers, age 18 and over**Payment**      Service Code 089; vendorized by Regional Center of the East Bay**Application**      Referral from RCEB Case Manager. Interested consumers can request the service from their RCEB Case Manager**Target Pop**      Individuals with disabilities.**Description**      There are two primary components to this Program: Individual Housing Transition Services and Individual Housing and Tenancy Sustaining Services.

Individual Housing Transition Services provide direct support and assistance with activities and processes associated with preparation for and transition into housing.

Services include:

Conducting a housing assessment that aims to identify a household's preferences and barriers related to successful tenancy. This includes collecting information about potential housing transition barriers and housing retention barriers.

Developing an individualized housing support plan based on the assessment that addresses any identified barriers, short and long-term goals for each issue, and approach to meeting the goal. Identifies when other providers or services (both reimbursed and not reimbursed by Medicaid) may be required to meet the goal.

Assistance with the housing application and housing search process.

Assisting a household with identifying resources to set up utilities required for move in, including telephone, power, heat and water, and services necessary for personal health and safety, such as pest eradication and pre move in cleaning services.

Assisting the household with coordinating resources to identify and address conditions prior to move in that may compromise safety.

Assisting the household with details of the move, including communication with the landlord to schedule the move-in date, reading and understanding the terms of the lease, scheduling set up of utilities and services, and arranging the move of personal belongings.

Developing a housing support crisis plan that includes prevention and early intervention services when housing is jeopardized.

Individual Housing and Tenancy Sustaining Services support households with maintaining tenancy once housing is secured. These on-going services promote housing success, community integration and inclusion and the development of natural support networks.

Providing the household with early identification and intervention for behaviors that may jeopardize housing, such as late rent payment or other lease violations.

Providing the household with education and training on the roles, rights and responsibility of the tenant and landlord.

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Coaching on developing and maintaining key relationships with landlords/property managers with a goal of fostering successful tenancy.  
 Assisting the household in resolving disputes with landlords and/or neighbors to reduce risk of eviction or other adverse action.  
 Providing the household with advocacy and linkages to community resources to prevent eviction when housing is, or may potentially become, jeopardized.  
 Assisting the household with the housing recertification process.  
 Coordinating with the household to regularly review, update and modify the housing support and crisis plan to reflect current needs and address existing or recurring housing retention barriers.  
 Providing continuous training in being a good tenant and lease compliance, including on-going support with activities related to household management.  
 Transitioning long term housing retention services to ILS and SLS once a household meets stability benchmarks, such as six month history or paying rent on time without lease violations.

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**Accessibility** Yes

**Languages** Spanish

**Staff/Client Ratio**

20:1

**Capacity**

Information Not Provided

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**Public Transportation**

<b>BART</b>	12th Stt/City Center BART; Free Broadway Shuttle	<b>Bus</b>	6,12,14,18,33,51A,72,72M,72R,801,802,805,840,851
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**Program**      **In Home Supportive Services (I.H.S.S.)**  
**Alameda County Social Services Agency - Department of Adult and Aging Services**  
6955 Foothill Boulevard 3rd Floor, #300  
Oakland, CA 94605-2409

**Contact**      Program Manager

**Phone**      (510) 577-1965      **TTY**      Information Not Provided

**Fax**      (510) 577-1803

**Web Site**      [www.alamedasocialservices.org](http://www.alamedasocialservices.org)

**Days & Hours**

**Office**      M-F 8:30 am - 12 pm; 1 pm - 5 pm

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**Eligibility**      Persons who are blind, age 65 or older, or disabled, unable to live safely at home without help and financially unable to purchase needed services. Assessment of need takes place in the home where services are also provided.

**Payment**      No fee to SSI/SSP recipients. Others may have to pay share of cost determined by a formula set by State regulations.

**Application**      Screening required. Intake of new applications is done over the phone. Assessment of need takes place in the home where services are also provided.

**Target Pop**      Adults with Disabilities

**Description**      In Home Support Services pays individual providers who perform a wide range of services to enable individuals to remain safely in their own home. Services may include house cleaning, shopping, cooking, laundry, and personal care. Services are provided by individuals hired by the person in need of services. The County determines the number of IHSS hours a person is eligible for. Chore providers receive minimum wage.

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**Accessibility**      Wheelchair accessible/ramp/special parking/conference room. All business can also be transacted over phone or at home visit.

**Languages**      Spanish, Cantonese, Mandarin, Farsi and Vietnamese.

**Staff/Client Ratio**      **Capacity**  
N/A      Information Not Provided

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<b>Program</b>	<b>Institute of Applied Behavior Analysis</b>		
	2180 Jefferson Street, Suite 214 Napa, CA 94559-		
<b>Contact</b>	Lori Ann Dotson		
<b>Phone</b>	(510) 316 -0689 (510) 569-8811	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 952-3030 (510) 569-8817	<b>Email</b>	ldotson@iaba.com
<b>Web Site</b>	<a href="http://www.iaba.com">www.iaba.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Information Not Provided		

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<b>Eligibility</b>	Individuals with Developmental Disabilities.		
<b>Payment</b>	Information Not Provided		
<b>Application</b>	For Intake & Referrals Contact: Los Angeles Office 5777 W. Century Boulevard, Suite 675, Los Angeles, CA 90045 Phone: (310) 649-0499		
<b>Target Pop</b>	Regional Center clients.		
<b>Description</b>	Employment and community-based behavior day service for individuals with developmental disabilities. Services include Supported Employment, Community Inclusion, Non-Aversion Behavior Intervention and Pre-Vocational Training.		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
3:1, 2:1, 1:1	0		

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**Program**      **Itani Dental San Francisco**  
450 Sutter Street, Suite 2318  
San Francisco, CA 94108-

**Contact**      Theresa Nguyen, RDA

**Phone**      (415) 685-0011

**TTY**      Information Not Provided

**Fax**      (415) 685-0010

**Email**      mail@itanidental.com

**Web Site**      [www.sfodentist.com](http://www.sfodentist.com)

**Days & Hours**

**Office**      M-F 8 am -5 pm, Sat by appt; 9 am - 2 pm

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**Eligibility**      We provide dental services to all ages, all types of mental and physical challenges, both ambulatory and non-ambulatory.

**Payment**      We are in-network with many PPO, POS, EPO, Premier Dental insurances, Partnership of California CCS and customized treatment planning and financing care credit.

**Application**      Please call, email or come in person to set up an appointment.

**Target Pop**      Our program is open to everyone

**Description**      We provide the Bay Area with skilled and compassionate dental services in our office, at patients' home, at the hospital, or assisted living communities. In addition to our general, cosmetic, family and implant dentistry services, we also provide special care, home care, sleep and sedation and 24-hour emergency dentistry. We also treat special needs patients and seniors.

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**Accessibility**      Wheelchair accessible.

**Languages**      Arabic, Czech, Chinese-Trieuchau, French, Laotian, Spanish, Thai, Vietnamese and Tagalog

**Staff/Client Ratio**      **Capacity**

Have 10 providers

0

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**Public Transportation**

**BART**      Powell or Montgomery

**Bus**      Muni 30, Muni 38, Muni underground

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<b>Program</b>	<b>Jaqui' Foundation Independent Living Skills</b>		
	<b>Jaqui' Foundation Supported Living Skills</b>		
	P.O. Box 4938		
	Oakland, CA 94605-		
<b>Alternate Address</b>	675 Hegenberger Road, Suite 209		
	Oakland, CA 94621		
<b>Contact</b>	Robert L. Porter, Jr.		
<b>Phone</b>	(877) 452-7849 or (510) 562-4721	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 562-4723	<b>Email</b>	jaquifoundation@msn.com
<b>Web Site</b>	<a href="http://www.jaquifoundation.org">www.jaquifoundation.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 6 pm		
<b>Program</b>	M-F 9 am - 9 pm		

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<b>Eligibility</b>	18-59 years of age. North Bay, East Bay, Peninsula, South Bay, etc. All disabilities classified by Regional Center.		
<b>Payment</b>	RCEB and North Bay Regional Center.		
<b>Application</b>	Email, in person and by telephone.		
<b>Target Pop</b>	Adult with developmental disabilities.		
<b>Description</b>	We provide Independent Living Skills (ILS) Services and Supported Living Services (SLS) to adults with developmental disabilities. Some of our services include, but are not limited to: money management, hygiene, sex education, cooking, medical appointments and travel training.		

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<b>Accessibility</b>	We are an Independent Living Skills and Supportive Living Skills Agency.		
<b>Languages</b>	American Sign Language and Spanish.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:1	0		

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<b>Public Transportation</b>			
<b>BART</b>	Oakland Coliseum	<b>Bus</b>	AC Transit: 57 & 40L

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**Program**      **Jewish Family & Children Services of the East Bay**  
2484 Shattuck Avenue  
Berkeley, CA 94704-

**Alternate Address**      1850 Tice Valley Boulevard  
Walnut Creek, CA 94595

**Contact**      Program Director

**Phone**      (510) 704-7475 (925) 927-2000      **TTY**      Information Not Provided

**Fax**      (510) 704-7494 (925) 927-3131      **Email**      information@jfcs-eastbay.org

**Web Site**      [www.jfcs-eastbay.org](http://www.jfcs-eastbay.org)

**Days & Hours**

**Office**      Information Not Provided

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**Eligibility**      People of all backgrounds and ethnicities.

**Payment**      MediCal, Medicare, VOC, Sliding Scale or Private Insurance.

**Application**      Call for appointment.

**Target Pop**      Children and young adults with developmental delays.

**Description**      Provides therapy for children and young adults with developmental delays.

    Types of cases seen:  
Sexual Abuse treatment  
Physical Abuse treatment  
Other traumas  
Domestic Violence treatment

    Modality:  
Individual therapy  
Family therapy

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**Accessibility**      Information Not Provided

**Languages**      7 languages including Spanish, Farsi, Dari, Bosnian and Russian; use translator for sign language.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      Information Not Provided

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<b>Program</b>	<b>Joytara Behavioral and Social Coaching</b>		
	, CA		
	, CA		
<b>Contact</b>	Bindiya Mahabir		
<b>Phone</b>	925-315-7345	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	joytaracoaching@gmail.com
<b>Web Site</b>	<a href="http://www.joytaracoaching.com">www.joytaracoaching.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9-6		
<b>Program</b>	9-6		

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<b>Eligibility</b>	2-99, Autism		
<b>Payment</b>	Private Pay - reimbursable through insurance		
<b>Application</b>	Free phone consult, Electronic Intake form		
<b>Target Pop</b>	Teens/Adults with (High) Functioning Autism, Parents with children with ASD		
<b>Description</b>	Life and social coaching to individuals with autism. Services include job training, college prep, dating and communication skills as well as parent consultation for behavioral challenges.		

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<b>Accessibility</b>	N/A		
<b>Languages</b>	None		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:1	0		

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**Program**      **Kairos Fiduciary Services**

825-A Island Drive, # 387  
Alameda, CA 94502-

**Contact**      Herb Thomas**Phone**        510-749-8358**TTY**          Information Not Provided**Fax**          510-749-8376**Email**        herb@herbthomas.com**Web Site**     [www.kairosfiduciary.com](http://www.kairosfiduciary.com)**Days & Hours****Office**        9 am - 5 pm**Program**      9 am - 5 pm

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**Eligibility**    People in need of trust administration or conservatorship of the person.**Payment**      Private party payment.**Application**   Referral by attorney.**Target Pop**    Anyone who is creating a special needs trust.**Description**   A private fiduciary service specializing in special needs trust administration. The SNT Administration is a complex area of trust work that requires the trustee to understand the delicate balance of public benefits and personal funds set aside to help trust beneficiaries. Kairos Fiduciary Services is a firm that practices in that area of the probate law.

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**Accessibility**   All facilities are wheelchair accessible.**Languages**    English and Spanish.**Staff/Client Ratio**                      **Capacity**

N/A    0

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**Public Transportation****BART**          Fruitvale**Bus**            AC Transit

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**Program** **Keystone Adult Learning Center**

1241 Quarry Lane, Suite 145  
Pleasanton, CA 94566

**Contact** Nancy Brum**Phone** (925) 484-5330**TTY** Information Not Provided**Fax** (925) 484-3946**Email** [kalcdd@pacbell.net](mailto:kalcdd@pacbell.net)**Web Site** [www.kalcdd.org](http://www.kalcdd.org)**Days & Hours****Office** M-F 9 am - 4 pm**Program** M-F 9:30 am - 3:30 pm

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**Eligibility** Adults 22 years and older, clients of the Regional Center and residing in eastern Alameda County. Those whose primary service need is for behavior management or nursing/attendant care are ineligible.**Payment** Vendorized by Regional Center.**Application** By telephone or in person. Written application and program visitation required.**Target Pop** Adults with Developmental Disabilities.**Description** Adult development program offering skills training in the areas of daily living, self-help and community functioning to adults with severe/profound developmental disabilities.

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**Accessibility** Yes**Languages** Information Not Provided**Staff/Client Ratio** **Capacity**

1:4

30

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**Public Transportation****BART** Pleasanton**Bus** Pleasanton

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**Program** **Kidpower Teenpower Fullpower, International**

P.O. Box 1212  
Santa Cruz, CA 95061-

**Contact** Erika Leonard, Asst. Director**Phone** (831) 426-4407**TTY** Information Not Provided**Fax** Information Not Provided**Email** eastbay@kidpower.org**Web Site** [www.kidpower.org](http://www.kidpower.org)**Days & Hours****Office** Information Not Provided

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**Eligibility** People of all ages and abilities.**Payment** Sliding scale available.**Application** Call for information.**Target Pop** People of all ages and abilities.**Description** Provides ongoing workshops in various Bay Area locations teaching everyday safety skills and full force self-defense to people of all ages and abilities. Skilled in serving people facing special challenges such as vision, hearing, mobility or cognitive disabilities.

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**Accessibility** N/A**Languages** English & Spanish**Staff/Client Ratio**

Information Not Provided

**Capacity**Information Not Provided

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**Public Transportation****BART** Teachers travel to sites

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**Program**      **La Familia Counseling Services/Developmental Services**  
24301 Southland Drive, Suite 300  
Hayward, CA 94545-

**Alternate Address**      26081 Mocine Avenue  
Hayward, CA 94544

**Contact**      Aaron Ortiz

**Phone**      (510)887-0662 or (510)881-5921      **TTY**      Information Not Provided

**Fax**      (510) 887-0663      **Email**      aortiz@lafamiliacounseling.org

**Web Site**      [www.lafamiliacounseling.org/](http://www.lafamiliacounseling.org/)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

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**Eligibility**      For case management services, contracted with Regional Center, other services based on need.

**Payment**      No charge.

**Application**      Accepts clients referred only by Regional Center of the East Bay.

**Target Pop**      Children and Adults.

**Description**      Provides intensive case management, advocacy and training to primarily Latino individuals with developmental disabilities and their families.

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**Accessibility**      Fully accessible.

**Languages**      Spanish and ASL.

**Staff/Client Ratio**      **Capacity**  
Information Not Provided      Information Not Provided

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**Public Transportation**

**BART**      Hayward BART      **Bus**      Hayward BART

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<b>Program</b>	<b>Laney College - Disability Resource Center</b>		
	<b>Disabled Student Program and Services</b>		
	900 Fallon Street, E251		
	Oakland, CA 94607		
<b>Contact</b>	Nate Failing		
<b>Phone</b>	(510) 464-3428	<b>TTY</b>	(510) 464-3400
<b>Fax</b>	(510) 986-6913	<b>Email</b>	nfailing@peralta.edu
<b>Web Site</b>	<a href="http://www.laney.edu/wp/dsps/">www.laney.edu/wp/dsps/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 12 pm, M-Th. 1 pm - 3 pm		

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<b>Eligibility</b>	Must be a Laney College Student and have a verified disability.		
<b>Payment</b>	No charge after college registration.		
<b>Application</b>	1. Peralta Colleges application; 2. DSPS intake orientation meeting (bring documentation of disability).		
<b>Target Pop</b>	Persons with physical, developmental, visual, psychological, communication or learning disabilities may benefit from the services offered. Use of services is voluntary.		
<b>Description</b>	Special classes offered for students with diagnosed learning disabilities, and for students needing computer adaptations. Services may include special counseling, test accommodations, equipment loans, etc. Other services as appropriate.		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	Arabic, Hebrew, French and Mandarin.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Lake Merritt	<b>Bus</b>	Lake Merritt

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<b>Program</b>	<b>Las Positas College</b>		
	<b>Disability Resource Center</b>		
	300 Campus Hill Drive		
	Livermore, CA 94551-		
<b>Contact</b>	Director		
<b>Phone</b>	(925) 424-1510	<b>TTY</b>	(925) 373-4921
<b>Fax</b>	(925) 424-1515	<b>Email</b>	lpc-dsps@laspositascollege.edu
<b>Web Site</b>	<a href="http://www.laspositascollege.edu">www.laspositascollege.edu</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M, T, Th 8 am - 5 pm; wed 8 am - 6 pm; fri 8 am - 1 pm		

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<b>Eligibility</b>	18 years with a disability.		
<b>Payment</b>	N/A		
<b>Application</b>	Call for appointment.		
<b>Target Pop</b>	Learning, physical and psychological disabilities.		
<b>Description</b>	Community College - Workability III - Supported Employment Program and Resource Center.		

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<b>Accessibility</b>	Wheelchair accessible.		
<b>Languages</b>	Sign Language.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	Information Not Provided		

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**Program**      **Las Trampas, Inc.**  
3460 Lana Lane  
Lafayette, CA 94549-

**Contact**      Daniel Hogue

**Phone**        (925) 284-1462

**TTY**          Information Not Provided

**Fax**            (925) 283-1372

**Email**        dhogue@LasTrampas.org

**Web Site**     [www.lastrampas.org](http://www.lastrampas.org)

**Days & Hours**

**Office**        M-F 9 am - 4:30 pm

**Program**      Varies by program

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**Eligibility**    Varies by program (Day Program, SLS/ILS, and Residential Programs offered).

**Payment**      Vendor of Regional Center.

**Application**   Please contact us by phone, email or in person for more information on how to enroll in the programs.

**Target Pop**    Adults with developmental disabilities.

**Description**   Adult Development Program: Provides training and support in areas of Activities of Daily Living, Community Integration, opportunities for relationship development, and other areas. Provides a high level of physical support for individuals with significant physical and cognitive challenges.

Adult Vocational Program: Provides vocational training, job coaching, and job supports to adults wishing to increase job skills. Also provides opportunities for community integration, social skills development, and other areas.

Supported Living Services: Provides support to adults living in their own home independently in the community. Supports include care and supervision, medication management/monitoring, assistance with medical appointments, community integration, activities of daily living, and any other needed supports.

Independent Living Services: Provides training to increase independence and self advocacy to consumers who want to live independently in the community.

Adult Residential Facilities: Provides 24 hour care, supervision, and support to consumers in the community of their choice. Homes are located in various areas throughout the community and have up to 6 residents in each home.

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**Accessibility**   Varies by program.

**Languages**     Information Not Provided

**Staff/Client Ratio**

**Capacity**

Varies by program

Information Not Provided

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<b>Program</b>	<b>Law Office of Srinoi G. Rousseau</b>		
	2433 Mariner Square Loop, Suite 210 Alameda, CA 94501-		
<b>Contact</b>	Srinoi Rousseau		
<b>Phone</b>	(510) 465-3885	<b>TTY</b>	N/A
<b>Fax</b>	510-775-7160	<b>Email</b>	srinoi@crmlegal.net
<b>Web Site</b>	<a href="http://www.sgrlegal.net">www.sgrlegal.net</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	Information Not Provided		
<b>Payment</b>	Information Not Provided		
<b>Application</b>	Please call for intake.		
<b>Target Pop</b>	Information Not Provided		
<b>Description</b>	Legal services: Conservatorships including Limited Conservatorships, Estate Planning including Special Needs Trusts, Trusts Administration, and Probates		

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<b>Accessibility</b>	Yes, there is an elevator in the building. The business is on the second floor. Stairs also are available.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>		<b>Capacity</b>	
N/A		0	

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<b>Public Transportation</b>			
<b>BART</b>	12th Street	<b>Bus</b>	96;19

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<b>Program</b>	<b>LeBlanc Consulting, LLC</b> 2415 San Pablo Dam Road, # 106-152 San Pablo, CA 94806-		
<b>Contact</b>	Atasha Sims		
<b>Phone</b>	(510) 275-3679	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	hr@leblancconsulting.net
<b>Web Site</b>	<a href="http://www.leblancconsulting.net">www.leblancconsulting.net</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 5 pm		
<b>Program</b>	24/7		

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<b>Eligibility</b>	ILS program age 18 and up.		
<b>Payment</b>	Vendorized by Regional Center		
<b>Application</b>	Regional Center		
<b>Target Pop</b>	Individuals with disabilities.		
<b>Description</b>	We assist with developing and maintaining circles of support, appointments, grocery shopping and anything it takes to help our clients to live side by side in the community with non-disabled peers.		

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<b>Accessibility</b>	yes		
<b>Languages</b>	Spanish		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	0		

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<b>Program</b>	<b>Leigh Law Group</b>		
	<b>Edulegal</b>		
	870 Market Street, Suite, 1157 (11th floor)		
	San Francisco, CA 94102-		
<b>Contact</b>	Mandy Leigh		
<b>Phone</b>	(415) 399-9155	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(415)795-3733	<b>Email</b>	help@leighlawgroup.com
<b>Web Site</b>	<a href="http://www.leighlawgroup.com">www.leighlawgroup.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9:30 am - 5 pm		

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<b>Eligibility</b>	All ages.		
<b>Payment</b>	Information Not Provided		
<b>Application</b>	By email or phone.		
<b>Target Pop</b>	Persons with disabilities.		
<b>Description</b>	A law office advocating for special education rights and services, as well as in later lives. IHSS, Regional Center, special education, post high school and school-aged legal advocacy.		

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<b>Accessibility</b>	Wheelchair accessible, elevator and wide hallways.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	0		

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<b>Public Transportation</b>			
<b>BART</b>	Powell St. - Access from Westfield Shopping Center		

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**Program** **LifeLong Medical Care**

2344 6th Street  
Berkeley, CA 94710-

**Contact** Linda Collins**Phone** (510) 981-3212**TTY** Information Not Provided**Fax** (510) 883-1667**Email** [contactus@lifelongmedical.org](mailto:contactus@lifelongmedical.org)**Web Site** [www.lifelongmedical.org](http://www.lifelongmedical.org)**Days & Hours****Office** M-F 9 am - 5 pm Call Center Hours 7:30 am - 6 pm Some Saturdays

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**Eligibility** All ages.**Payment** Medi-Cal, Medicare and Private Insurance.**Application** Call member services to become a member of LifeLong at (510) 704-6010.**Target Pop** Medi-Cal recipients.**Description** LifeLong Medical Care provides high quality health and social services to underserved people of all ages. We create models of care for the elderly and people with disabilities. We advocate for continuous improvements in the health of our communities.

LifeLong Berkeley Primary Care  
2001 Dwight Way, Suite 1363  
Berkeley, CA 94709  
Fax: (510) 204-5304

Dental Care Clinic  
1860 Alcatraz Avenue  
Berkeley, CA 94703  
Phone: (510) 280-6080  
Fax: (510) 280-6081

LifeLong West Berkeley  
2031 Sixth Street  
Berkeley, CA 94710  
Fax: (510) 841-5437

LifeLong Howard Daniel Clinic  
9933 MacArthur Blvd  
Oakland, CA 94605  
Fax: (510) 568-2807

LifeLong Over 60  
3260 Sacramento Street  
Berkeley, CA 94702  
Fax: (510) 652-3626

LifeLong East Oakland  
10700 MacArthur Boulevard, Suite 14B  
Oakland, CA 94605  
Fax: (510) 615-4884

LifeLong Downtown Oakland  
616 16th Street  
Oakland, CA 94612  
Fax: (510) 451-4285

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**Accessibility** Information Not Provided**Languages** Spanish**Staff/Client Ratio**

Information Not Provided

**Capacity**Information Not Provided

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**Program**      **Lions Center for the Visually Impaired**  
**Formerly Lions center for the Blind**  
1722 Broadway  
Oakland, CA 94612-

**Contact**      Michelle Taylor Lagunas

**Phone**      (510) 450-1580 x221                      **TTY**      (510) 450-1580

**Fax**      (510) 654-3603                              **Email**      info@LCVI.org

**Web Site**      [www.lbcenter.org](http://www.lbcenter.org)

**Days & Hours**

**Office**      M-F 8 am - 4:30 pm

**Program**      M-F 8:30 am - 4:30 pm

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**Eligibility**      Low vision, blind, and/or hearing impaired adults. Clients of Department of Rehabilitation and Regional Center of the East Bay.

**Payment**      Vendorized by Regional Center, private pay, third party payment and habilitation/rehab., at no charge - depends on program, usually no cost.

**Application**      By telephone, in person and by mail. Referrals may be required for some programs.

**Target Pop**      Persons with developmental disabilities, hearing impairment, visual impairment and persons who are dually diagnosed (deaf and blind).

**Description**      Our mission is to empower and enrich the lives of the blind and visually impaired community. We provide the tools and opportunities through education and training so those we serve may live full productive lives.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**                      **Capacity**

Information Not Provided                      Information Not Provided

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**Public Transportation**

**BART**              19th St - Oakland                              **Bus**              MacArthur - Oakland

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**Program**      **Live La Familia**  
 24301 Southland Drive, Suite 300  
 Hayward, CA 94545-

**Contact**      Sandra Coss

**Phone**        (510)300-3166                      **TTY**        Information Not Provided

**Fax**            (844)528-1800                      **Email**      scoss@livelafamilia.org

**Web Site**     [www.LiveLaFamilia.org](http://www.LiveLaFamilia.org)

**Days & Hours**

**Office**        M-F 9 am - 5 pm

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**Eligibility**     Latino community with developmental disabilities/ All ages

**Payment**       Information Not Provided

**Application**   Please contact us.

**Target Pop**     Latino Families with members with Developmental Disabilities

**Description**   La Familia Counseling Services has a direct contract with the Department of Developmental Services (DDS) to provide Latino families with education and information in Spanish about the services of the Regional Center of the East Bay (RCEB) and Generic services available for clients. The goal is for Latino families to increase the use of available services.  
 Formerly known as  
 La Familia Counseling Services/Developmental Services  
 Disparity Funds Program  
 formerly La Familia Service Access Program

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**Accessibility**   Fully Accessible

**Languages**     Spanish

**Staff/Client Ratio**                      **Capacity**  
 Information Not Provided                      0

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**Public Transportation**

**BART**            Hayward BART                                      **Bus**            Hayward BART

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**Program**      **Living Unlimited**  
**Clearwater Ranch Communities**  
2625 Alcatraz Ave. #335  
Berkeley, CA 94705-

**Contact**      Alex Krem

**Phone**      (510) 610-3555      **TTY**      Information Not Provided

**Fax**      (831) 338-1056      **Email**      alex@living-unlimited.org

**Web Site**      [www.living-unlimited.org](http://www.living-unlimited.org)

**Days & Hours**

**Office**      24/7

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**Eligibility**      Adults with intellectual or developmental disabilities. Current activities are in the SF Bay Area.

**Payment**      Rent is paid by SSI or SSDI. Day program and living support is paid by Regional Centers or IHSS.

**Application**      [www.living-unlimited.org/contact-us/](http://www.living-unlimited.org/contact-us/)

**Target Pop**      Adults with special needs seeking to transition from their parents home to their own.

**Description**      We promote the creation of family owned communities which provide housing for adults with intellectual and developmental disabilities. Families provide equity to purchase properties which Living Unlimited manages. Properties are rented to Member's children. Living Unlimited provides oversight for day program and support services provided by others.

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**Accessibility**      Yes

**Languages**      Varies on community. Several languages (including Mandarin, Cantonese, Hindi, Spanish) are spoken in our first community.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
depends on independence level of residents	0

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**Public Transportation**

<b>BART</b>	Varies on community	<b>Bus</b>	Varies on community
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**Program**      **Manos Home Care**  
**Manos**  
4173 MacArthur Boulevard, Suite 15  
Oakland, CA 94619-1932

**Contact**      Eddie Esquivez

**Phone**      510-506-0374      **TTY**      Information Not Provided

**Fax**      Information Not Provided      **Email**      edgaresquivez@yahoo.com

**Web Site**      [www.manoshomecare.com](http://www.manoshomecare.com)

**Days & Hours**

**Office**      M-F 8:30 am -5 pm

**Program**      varies

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**Eligibility**      Regional Center Client. Children, youth and adults.

**Payment**      Vendorization by Regional Center.

**Application**      Regional Center Referred. Application package via web, email, in person, mail and telephone

**Target Pop**      For individuals with developmental disabilities that want to become more independent

**Description**      Independent Living Skills

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**Accessibility**      Not Applicable

**Languages**      English, Spanish, Tagalog, Amharic, Mandarin, Cantonese and Mien.

**Staff/Client Ratio**      **Capacity**  
1:1      0

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**Public Transportation**

**BART**      N/A      **Bus**      N/A



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**Program**      **Mayor's Commission on Persons with Disabilities**  
**City of Oakland**  
One Frank Ogawa Plaza, 3rd Floor  
Oakland, CA 94612

**Contact**      Chair

**Phone**      (510) 238-5219      **TTY**      (510) 238-2007

**Fax**      (510) 238-3304      **Email**      adaprograms@oaklandca.gov

**Web Site**      [www.oaklandnet.com/](http://www.oaklandnet.com/)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

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**Eligibility**      N/A

**Payment**      N/A

**Application**      N/A

**Target Pop**      Disability issues.

**Description**      The commission addresses issues and civil rights for persons with disabilities. Meetings are held every 2nd Monday of each month from 1:00 pm - 3:30 pm. City Hall, Hearing Room 3, unless otherwise noticed.

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**Accessibility**      Wheelchair accessible.

**Languages**      Upon request.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Information Not Provided	Information Not Provided

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**Public Transportation**

<b>BART</b>	12th St. - Oakland	<b>Bus</b>	12th St. - Oakland
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<b>Program</b>	<b>Meristem</b>		
	<b>Breaking Barriers in the Workforce</b>		
	9200 Fair Oaks Blvd Fair Oaks, CA 95628- , CA		
<b>Contact</b>	Chelsea Sanderson		
<b>Phone</b>	9169631000	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	info@meristem.pro
<b>Web Site</b>	<a href="mailto:info@meristem.pro">info@meristem.pro</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Mon-Fri, 8 am - 5 pm		
<b>Program</b>	24/7 except for holiday breaks.		

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<b>Eligibility</b>	Young adults, aged 18-26, identified with learning differences, High-Functioning ASD, ADHD, PDD-NOS, Asperger's Syndrome and NLD.		
<b>Payment</b>	Private pay, Regional Center and Koret Scholarship		
<b>Application</b>	Telephone/Email, In-Person Tour, Electronic Application, Pre-Enrollment Visit		
<b>Target Pop</b>	See Description		
<b>Description</b>	Meristem is dedicated to preparing young adults on the autism spectrum for a life of greater independence and fulfillment. Our multi-year transitional program serves students ages 18-26 from all over the United States. The classes and dorms instructors help with independent living skills that lead to the next steps to attending college, earning a paycheck or both. Now enrolling for annual 2022-2023 ILS Program and for 8-week Summer Program.		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Yes		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:4	40		

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<b>Program</b>	<b>Merritt College Student Accessibility Services</b>		
	<b>Merritt College</b>		
	12500 Campus Drive, Student Center R Bldg, Rm 109A Oakland, CA 94619		
<b>Contact</b>	Frances Moy, Coordinator		
<b>Phone</b>	(510) 434-3974, reception desk 436-2429	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 434-3888	<b>Email</b>	fmoy@peralta.edu
<b>Web Site</b>	<a href="http://www.merritt.edu">www.merritt.edu</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Mon – Fri 8 a. m. – 4:30 p. m. (Please call to confirm)		

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<b>Eligibility</b>	Merritt College students with disabilities.		
<b>Payment</b>	Visit website.		
<b>Application</b>	Sign up via website.		
<b>Target Pop</b>	Students with Disabilities.		
<b>Description</b>	Center at Merritt Junior College serving students with disabilities.		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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<b>Program</b>	<b>Mission Hope Day Program - Hayward and Dublin</b>		
	21328 Mission Boulevard Hayward, CA 94541-		
<b>Alternate Address</b>	6300 Village Parkway, Suite 125 Dublin, CA 94568		
<b>Contact</b>	Guy Houston		
<b>Phone</b>	925-487-5839	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 888-9261 (925) 560-5621	<b>Email</b>	guyhouston@sbcglobal.net
<b>Web Site</b>	<a href="http://www.mhdp.org">www.mhdp.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 7 am - 4 pm		
<b>Program</b>	M-F 7 am - 4 pm		

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**Eligibility** 18 and over, living within Alameda County, with a disability; ambulatory or non-ambulatory.

**Payment** Information Not Provided

**Application** By email and telephone.

**Target Pop** Mission Hope accepts any individual with no preference to ethnicity, religion, level of functioning, or disability.

**Description** Mission-Hope is a community-based provider with a behavior management component licensed by the Community Care Licensing and vendored by the Regional Center of the East Bay. We believe that self-determination is important to all people, we recognize that the more self-determined the individual, the more likely they will succeed in life. Community resources in our midst are also part of who we are. We support opportunities for community living by providing access in the least restrictive environment, encouraging the individual in exercising their own choices and decision making, which is important to their self-esteem and self-worth. Mission Hope has a transportation component to assist our patrons get the mobility they need to become full participants.

QA Supervisor Gloria Gonzalez [gloria.gonzalez@mhdp.org](mailto:gloria.gonzalez@mhdp.org)/ Tel. # 925-361-0570  
Regional Program Director Jay Gamez/ [jay.gamez@mhdp.org](mailto:jay.gamez@mhdp.org)/ Tel. # 925-361-0570

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**Accessibility** MHDP-Hayward is not licensed to accept clients using wheelchairs. MHDP-Dublin is accessible. MHDP Fremont is accessible.

**Languages** English, Spanish, Tagalog

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:3	0

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**Public Transportation**

**BART** Hayward & Dublin

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**Program**      **Mobility Systems**  
1010 Carleton Street  
Berkeley, CA 94710

**Contact**      Bill Fryckman

**Phone**      (510) 540-0295                      **TTY**      Information Not Provided

**Fax**      (510) 540-0299

**Days & Hours**

**Office**      M-F 7:30 am - 4:30 pm, Sat. 10 am - 2 pm

**Program**      Sat. by appointment only.

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**Eligibility**      N/A

**Payment**      Private pay and third party payment as approved.

**Application**      By telephone. No referral is required.

**Target Pop**      Physically challenged persons.

**Description**      Mobility Systems is the largest company of its type in the greater bay area. Mobility Systems services, installs, and sells a wide range of VA and State of California approved wheelchair lifts, full size vans, and lowered floor mini vans. The company also offers one stop service and repair of wheelchairs in conjunction with Wheelchairs of San Mateo, Inc.

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**Accessibility**      To office and rest rooms.

**Languages**      Information Not Provided

**Staff/Client Ratio**                      **Capacity**  
Information Not Provided                      Information Not Provided

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**Public Transportation**

**BART**      Ashby    **Bus**      Ashby

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**Program**      **Moving Forward Towards Independence**

68 Coombs Street, Building B  
Napa, CA 94559-

**Contact**      Barbara Montaldo

**Phone**      (707) 259-1125

**TTY**      Information Not Provided

**Fax**      (707) 492-3797

**Email**      barbaram@moving-forward.org

**Web Site**      [www.moving-forward.org/](http://www.moving-forward.org/)

**Days & Hours**

**Office**      9 am - 5 pm M-F

**Program**      24 hours, 7 days a week

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**Eligibility**      Moving Forward provides transitional and independent living support to post-secondary adults with developmental, learning and autism spectrum disabilities.

**Payment**      Moving Forward is vendorized for Independent Living Services with North Bay Regional Center. Moving Forward is also vendorized for employment services with both North Bay Regional Center and Department of Rehabilitation.

**Application**      Initial inquiries are done by phone. Tours and visits are always welcome and scheduled by phone. The application can be found on the website or can be mailed.

**Target Pop**      Post-secondary adults with developmental disabilities, learning differences, and autism spectrum.

**Description**      Moving Forward provides graduated support levels including structured on-campus group living with 24/7 support and supervision, near campus apartment living and off campus community living. Moving Forward is a true community intended to support the growth of the whole person as well as supporting progress in managing the mechanics of daily living. Moving Forward is a lifelong community providing support from post-secondary through end of the life. Moving Forward is in a safe, small town location in the beautiful Napa Valley of California.

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**Accessibility**      The Moving Forward main campus is not wheelchair accessible. Community rentals may be wheelchair accessible.

**Languages**      Not at this time.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
not applicable	0

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**Public Transportation**

**BART**      The Vine-Napa

**Bus**      VINE at El Cerrito

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<b>Program</b>	<b>New Directions Travel</b>		
	5276 Hollister Avenue, #207 Santa Barbara, CA 93111		
<b>Contact</b>	Danna Mead		
<b>Phone</b>	(888) 967-2841- toll free	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(800) 964-7344	<b>Email</b>	hello@newdirectionstravel.org
<b>Web Site</b>	<a href="http://www.newdirectionstravel.org">www.newdirectionstravel.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-Th 9 am - 5 pm		

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<b>Eligibility</b>	All interested in travel.		
<b>Payment</b>	Private pay. Travel grants are available.		
<b>Application</b>	By telephone and go to <a href="http://www.newdirectionstravel.org">www.newdirectionstravel.org</a> for online applications.		
<b>Target Pop</b>	Adults with IDD		
<b>Description</b>	Non-profit travel service that provides quality local, national and international vacations and holiday programs for people with developmental disabilities. Tours are specifically designed to ensure normalization, maximum opportunities for choice, independence, socialization, the application of independent living skills, and just plain fun. All this is accomplished in a respectful, positive environment. Travelers return with increased self esteem, a sense of accomplishment, and feeling more a part of their society, as well as having had one of the most fun and exciting times of their life!		

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<b>Accessibility</b>	Most tours are wheelchair accessible.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:4;1:1	Information Not Provided		

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**Program**      **New Haven Adult School**

**Decoto Site**

1800 H Street  
Union City, CA 94587

**Contact**      Kristina Burnett

**Phone**      (510) 489-2185

**TTY**      Information Not Provided

**Fax**      (510) 471-0554

**Web Site**      [www.nhusd.k12.ca.us/adult](http://www.nhusd.k12.ca.us/adult)

**Days & Hours**

**Office**      Information Not Provided

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**Eligibility**      Students can register at any time.

**Payment**      Varies

**Application**      Call or come into main office.

**Target Pop**      Adults

**Description**      Adult Education Classes: ESL, HS Diploma, GED and Older Adults. Safe campus environment. Large parking lot.

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**Accessibility**      Information Not Provided

**Languages**      Spanish

**Staff/Client Ratio**

Varies according to  
program

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Union City BART



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**Program**      **Newark Adult Education**

35777 Cedar Boulevard  
Newark, CA 94560

**Contact**      Julie Calderon**Phone**      (510) 818-3700**TTY**      Information Not Provided**Fax**      (510) 818-3738**Email**      jcalderon@newarkunified.org**Days & Hours****Office**      M-Thurs 8:30 am - 3:30 pm

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**Eligibility**      18**Payment**      Varies by class.**Application**      Call or come to office.**Target Pop**      Adults**Description**      Adult Education.

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**Accessibility**      Information Not Provided**Languages**      Spanish**Staff/Client Ratio****Capacity**

Information Not Provided

Information Not Provided

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**Public Transportation****BART**      Union City/Fremont**Bus**      AC Transit

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**Program**      **NIAD Art Center**  
**NIAD**  
551 23rd Street  
Richmond, CA 94804

**Alternate Address**      PO box 1870  
Richmond, CA 94891

**Contact**      Amber Avalos

**Phone**      510-620-0290      **TTY**      Information Not Provided

**Fax**      Information Not Provided      **Email**      amber.avalos@NIADart.org

**Web Site**      [www.niadart.org](http://www.niadart.org)

**Days & Hours**

**Office**      M-F 9 am - 4 pm

**Program**      M-F 9 am - 2:30 pm

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**Eligibility**      Adults with developmental and other disabilities ages 20 and up.  
Client-artists may be ambulatory or non-ambulatory in Contra Costa, Alameda and Marin counties. Client-artists must take care of their own toileting and medication needs.

**Payment**      vendorization by Regional Center

**Application**      We are accepting referrals. Contact NIAD's Interim Community Program Coordinator Amber Avalos, or your RCEB Case Manager. We'll get back to you as soon as possible!  
Amber.Avalos@NIADart.org  
Conversations on phone, zoom and in person. Email is a great entry (and RCEB Case Manager)

**Target Pop**      Arts based program for everyone in IID community

**Description**      NIAD is a progressive art studio for adult artists with developmental disabilities.  
NIAD stands for Nurturing Independence through Artistic Development. NIAD Art Center promotes creative expression, independence and community integration for people with Intellectual and Developmental Disabilities (I/DD). NIAD serves 70 adult artists with its Studio Art, Exhibitions and Community programs. We currently have an online art studio via zoom M-F.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**      **Capacity**

1:3; 1:6      70

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**Public Transportation**

**BART**      Richmond      **Bus**      AC Transit #72

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**Program**      **Nor-Cal Mobility, Inc.**  
890 Cowan Road, Unit B  
Burlingame, CA 94010-

**Phone**        (800) 225-7361

**TTY**            Information Not Provided

**Fax**            (650) 692-8822

**Email**         amiller@nor-calmobility.com

**Web Site**     [www.norcalmobility.com](http://www.norcalmobility.com)

**Days & Hours**

**Office**        M-F 8 am - 5 pm

**Program**     M - F

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**Eligibility**    All

**Payment**     GGRC, VA, CCS and all Regional Centers.

**Application**   All types.

**Target Pop**    All

**Description**   Offers accessible vehicles, from full-sized vans to minivans. Provides accessibility solutions for home and business with ramps, porch lifts, elevators, stair glides and other access improvements. Accessible rental vans available.

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**Accessibility**   Yes

**Languages**    Spanish

**Staff/Client Ratio**                      **Capacity**

Information Not Provided

0

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**Public Transportation**

**BART**         Sam Trans, Millbrae Bart

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**Program** **Oakland Parks and Recreation****Inclusion Program**  
1701 E. 19th Street  
Oakland, CA 94606-**Contact** Erin Burton**Phone** (510) 535-5608**TTY** (510) 615-5883**Fax** (510) 615-5598**Email** eburton@oaklandnet.com**Web Site** [www.oaklandnet.com](http://www.oaklandnet.com)**Days & Hours****Office** M-F 9 am - 6 pm

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**Eligibility** Varies per individual program.**Payment** Information Not Provided**Application** Contact Inclusive Recreation Coordinator for accommodation requests.**Target Pop** People with Disabilities.**Description** The City of Oakland Office of Parks and Recreation (OPR) is fully committed to compliance with provisions of the Americans with Disabilities Act. Afterschool program for youth ages 12 and up with developmental disabilities and their peers. The Inclusion Center is vendorized by Regional Center of the East Bay. Please direct all inquiries concerning program and disability accommodation to the OPR Inclusive Recreation Coordinator at (510) 615-5883.

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**Accessibility** Accessibility varies. Accommodations available upon request.**Languages** Sign Language accommodations by request.**Staff/Client Ratio**

Many recreation locations

**Capacity**

Information Not Provided

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**Public Transportation****BART** Dependent upon location of Recreation Center**Bus** Dependent upon location of Recreation Center

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**Program** **Oakland Regional Occupation Program****Oakland Unified Schools**

1025 Second Avenue, P. 14

Oakland, CA 94606

**Contact** Allie Whitehurst**Phone** (510) 879-8205**TTY** Information Not Provided**Fax** (510) 879-1845**Days & Hours****Office** Information Not Provided

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**Eligibility** 16 years of age**Payment** Varies**Application** Submit application interest form if out of school, see counselor if in school.**Target Pop** Information Not Provided**Description** Offers career development and technical job training in a wide range of occupational areas designed to meet the employment demands of the greater City of Oakland area.

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**Accessibility** Wheelchair accessible**Languages** None**Staff/Client Ratio**

Information Not Provided

**Capacity**

Information Not Provided

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**Public Transportation****BART** Lake Merritt**Bus** Lake Merritt

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**Program**      **Office of Clients' Rights Advocacy**

1330 Broadway, Suite 500  
Oakland, CA 94612-

**Contact**      Program Director**Phone**      (510) 267-1280      **TTY**      Information Not Provided**Fax**      510. 267.1281**Web Site**      [www.disabilityrightsca.org](http://www.disabilityrightsca.org)**Days & Hours****Office**      M-F 9 am - 5 pm

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**Eligibility**      Any person with a developmental disability, a family member, or interested person may contact CRA about the rights of a person with a developmental disability. The CRA office consults with and assists people with developmental disabilities to get services, and provides a range of advocacy services and trainings about rights.**Payment**      CRA does not charge fees for services rendered.**Application**      By telephone or email. No referral required.**Target Pop**      Regional Center Consumers.**Description**      OCRA is a statewide office run by Disability Rights California, Inc., through a contract with the California Department of Developmental Services. OCRA provides advocacy services to regional center consumers.

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**Accessibility**      Yes**Languages**      English, Spanish and interpreter services in other languages available.**Staff/Client Ratio**      **Capacity**  
NA      Information Not Provided

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**Public Transportation****BART**      12th Street Oakland City Center

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**Program**      **One Step Closer Inc.**  
7622 MacArthur Boulevard  
Oakland, CA 94605

**Contact**      Della Brewer  
**Phone**      (510) 636-0216 or (510) 667-0770      **TTY**      Information Not Provided  
**Fax**      (510)667-0660      **Email**      dbrewer62@yahoo.com

**Days & Hours**

**Office**      9 am - 4:30 pm  
**Program**      9am-3pm

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**Eligibility**      18-59, East Bay, Intellectual Disability and ambulatory/non-ambulatory.  
**Payment**      Vendorized by Regional Center of the East Bay.  
**Application**      Mail/Fax  
**Target Pop**      We are a behavior management day program.  
**Description**      One Step Closer is an adult behavioral management program serving individuals with developmental disabilities from 18-59. The primary goal is to teach self-care skills and provide community integration. The program focuses on behavior management modification techniques and procedures.

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**Accessibility**      Yes  
**Languages**      Basic sign language.

**Staff/Client Ratio**      **Capacity**  
3 to 1      100

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**Public Transportation**

**BART**      Colisuem      **Bus**      Colisuem

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**Program**      **Open Advisors**  
3000 Executive Parkway, Suite 400  
San Ramon, CA 94583-

**Contact**      Jon Elfin

**Phone**      (925) 659-0256      **TTY**      Information Not Provided

**Fax**      (925) 804-2474      **Email**      jon@myopenadvisors.com

**Web Site**      [myopenadvisors.com](http://myopenadvisors.com)

**Days & Hours**

**Office**      Information Not Provided

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**Eligibility**      Families with children with disabilities.

**Payment**      After a complimentary consultation, I will quote a fee to create a financial plan for them.

**Application**      Information Not Provided

**Target Pop**      Families with children with disabilities.

**Description**      Financial planning for families with children with disabilities. The core planning includes retirement planning, investment strategy, insurance review, estate planning (I work with outside attorneys to draft documents), tax reduction for the family and planning for the special needs individual. Special needs planning includes identifying public benefits and resources and how to qualify, what type of special needs trust is appropriate and who the successor trustee should be, how much should you accumulate in private funding to support them, and tools like ABLE accounts and life insurance to help you do that.

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**Accessibility**      Yes

**Languages**      Only English

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:1	0

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**Public Transportation**

**BART**      Dublin/Pleasanton; about 7 miles away.



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**Program** **Passport to Learning Inc.**6167 Jarvis Avenue  
Newark, CA 94555-**Contact** Kamilah Aqa**Phone** (510) 499-6869**TTY** Information Not Provided**Fax** (510) 739-0630**Days & Hours****Office** Information Not Provided

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**Eligibility** All consumers of Regional Centers are eligible.**Payment** vendorization by Regional Center.**Application** Information Not Provided**Target Pop** Regional Center eligible.**Description** Life Skills Education, Training and Support Services to consumers of Regional Centers.  
Programs offered are:  
Adaptive Living Skills and Forensic Program  
Independent Living Skills Program  
2nd Parent Training Program

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**Accessibility** Information Not Provided**Languages** Information Not Provided**Staff/Client Ratio** **Capacity**

1:1

0

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**Program** Pathway to Choices, Inc.751 Belmont Way  
Pinole, CA 94564-**Contact** Juan Velasquez**Phone** (510) 724-9044**TTY** Information Not Provided**Fax** (510) 724-3195**Email** pathwaytochoices@yahoo.com**Web Site** [www.pathwaytochoices.com](http://www.pathwaytochoices.com)**Days & Hours****Office** M-F 8 am - 5 pm**Program** 9 am - 5 pm

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**Eligibility** 18 to 65 years of age.**Payment** Regional Center.**Application** RCEB consumers.**Target Pop** People with developmental disabilities aged 18 to 65.**Description** Pathway to Choices is an Independent Living, supported living, and adult day care program, which provides training and instructions to consumers ages 22 to 65 with developmental disabilities through the Regional Center of the East Bay. Services are provided in the consumer's home, apartment or in a group home. Training components include, but are not limited to, Social Skills, Communication Skills, Money Management, Shopping Skills, House/Apartment rental skills, Personal Care, Mobility Training and Recreational Skills.

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**Accessibility** Information Not Provided**Languages** Spanish and Tagalog**Staff/Client Ratio** **Capacity**

1:3

60

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**Public Transportation****BART** Richmond

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<b>Program</b>	<b>People With Disabilities Foundation</b>		
	507 Polk Street, Suite 430 San Francisco, CA 94102-		
<b>Contact</b>	Damien Chacona		
<b>Phone</b>	(415) 931-3070; (510) 522-7933	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(415) 931-2828	<b>Email</b>	info@pwdf.org
<b>Web Site</b>	<a href="http://www.pwdf.org">www.pwdf.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 4:30 pm		
<b>Program</b>	M-F 9 am - 4:30 pm		

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<b>Eligibility</b>	An individual must be disabled within the meaning of any state or federal law and the case must have merit.		
<b>Payment</b>	File copy fee, Social Security approved attorney's fees.		
<b>Application</b>	By telephone (preferred) or email for initial contact.		
<b>Target Pop</b>	People with psychiatric/developmental disabilities. Subspecialize - dual diagnosis and children with disabilities.		
<b>Description</b>	<p>PWDF is a public nonprofit organization headquartered in San Francisco, providing services to 8 Bay Area counties: Alameda, Contra Costa, Marin, Napa, San Francisco, San Mateo, Solano, and Sonoma. PWDF provides legal and other services to the disabled community, particularly those with psychiatric, developmental, or invisible components to his/her disability. Direct legal services are also available to disabled abused children under 18 years old.</p> <p>PWDF frequently represents on SSI and SSDI disability cases in addition to providing consultation for those seeking reasonable accommodations in the workplace under the American with Disabilities Act (ADA) and those having problems with SSA's work incentive programs. Our services are provided on a sliding scale, depending on income and resources. PWDF does not generally provide services on Social Security overpayment issues.</p> <p>In addition to advocacy, PWDF has an education and public awareness program on the rights of individuals who have psychiatric disabilities. Informational seminars, videos and CDs on subjects relevant to the disabled population, including employment, health care, housing, ADA, Section 504 discrimination issues, and SSA's work incentive programs are available. Training materials can be reviewed at <a href="http://www.pwdf.org/category/online-store/">www.pwdf.org/category/online-store/</a></p>		

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**Accessibility** Yes

**Languages** Spanish

<b>Staff/Client Ratio</b>	<b>Capacity</b>
N/A	0

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**Public Transportation**

<b>BART</b>	San Francisco Civic Center	<b>Bus</b>	SF MUNI 5, 19, 31, 38, 47, 49
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**Program** **Planned Parenthood Shasta-Pacific****Disability and Sexuality Program**2185 Pacheco Street  
Concord, CA 94520-**Contact** Laura Skaggs**Phone** (925) 887-5327**TTY** Information Not Provided**Fax** (925) 356-2436**Days & Hours****Office** M-F 9 am - 5 pm

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**Eligibility** All ages, mainly teens and adults. Services also available for parents and caregivers. Confidential health care for teens 12 - 18.**Payment** Vendorized by Regional Center, private pay, third party payment and sliding fee scale.**Application** By telephone.**Target Pop** Serves clients with a full range of physical, intellectual and developmental disabilities, however, greatest staff expertise is in the area of developmental disabilities.**Description** Education Services in Contra Costa County - puberty, sexuality, socialization, HIV prevention, abuse prevention programs. Sexuality education in classrooms and individual consultations also available for people with disabilities.

Counseling - Interns offer individual counseling to disabled and non-disabled clients.

Reproductive Healthcare for the Disabled - Birth control services, testing &amp; treatment for sexually transmitted diseases, routine gynecological care and exams. Prenatal care and abortion services available at some sites. Preparation and desensitization of reproductive health care exams for fearful patients. Accessible exam tables for physically disabled clients.

Resource Library - Books, videos and teaching materials for onsite use and offsite rental.

Other locations:  
Planned Parenthood Mar Monte  
1691 The Alameda  
San Jose, CA 95126  
(408) 287-7526

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**Accessibility** Yes**Languages** Information Not Provided**Staff/Client Ratio**

Information Not Provided

**Capacity**Information Not Provided

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**Public Transportation****BART** Concord**Bus** Concord

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<b>Program</b>	<b>Pleasanton (City of) Paratransit Service</b>		
	<b>Dial-a-Ride/Pleasanton Paratransit</b>		
	5353 Sunol Boulevard Pleasanton, CA 94566		
<b>Contact</b>	Raymond Figueroa		
<b>Phone</b>	(925) 931-5376	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(925) 485-3685		
<b>Web Site</b>	<a href="http://www.pleasantonseniorcenter.org">www.pleasantonseniorcenter.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 3 pm		
<b>Program</b>	M-F 8 am - 4:30 pm		

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<b>Eligibility</b>	18-69 years and older ADA approved; 70+ Pleasanton and Sunol Residents only.		
<b>Payment</b>	Call for pricing.		
<b>Application</b>	Call for application or website <a href="http://www.pleasantonseniorcenter.org">www.pleasantonseniorcenter.org</a> under paratransit/transportation then print out application.		
<b>Target Pop</b>	Pleasanton and Sunol residents, 70 years or older or adults 18+ who have been ADA certified.		
<b>Description</b>	Transportation.		

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<b>Accessibility</b>	All buses are accessible.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>		<b>Capacity</b>	
Information Not Provided		8	

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<b>Public Transportation</b>			
<b>BART</b>	Pleasanton/Dublin east	<b>Bus</b>	7

<b>Program</b>	<b>Pleasanton Adult Education Paid Internship Program</b> 4665 Bernal Avenue Pleasanton, CA 94566-		
<b>Contact</b>	Jamie Renton		
<b>Phone</b>	925-596-3914	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	jrenton@pleasantonusd.net
<b>Web Site</b>	<a href="http://www.adulteducation.pleasantonusd.net/apps/pages/index.jsp?uREC_ID=737697&amp;type=d&amp;pREC_ID=1151733">www.adulteducation.pleasantonusd.net/apps/pages/index.jsp?uREC_ID=737697&amp;type=d&amp;pREC_ID=1151733</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8:30 am - 3:00 pm		
<b>Program</b>	8:30 am - 2:15 pm		
<b>Eligibility</b>	<ul style="list-style-type: none"> <li>-Must be at least 22 years of age and exited from high school or Transition Program or be 18 and graduated with a high school diploma.</li> <li>-Meet eligibility requirements for Department of Rehabilitation (DOR) services and be willing to apply to become a DOR client if not already.</li> <li>-Be a RCEB consumer.</li> <li>-Have independent personal hygiene and grooming skills.</li> <li>-Maintain appropriate, safe behavior and social skills in the workplace.</li> <li>-Demonstrate an ability to learn the skills and knowledge required in the internship.</li> <li>-Able to consistently attend the Internship program - participate in four work hours and approximately one hour of classroom activities per day, five days per week.</li> <li>-Able to adhere to the host business' standards of dress and conduct and attendance.</li> <li>-Able to communicate effectively as needed using a combination of verbal, nonverbal and/or technologically-assisted methods of expression.</li> <li>-Able to travel independently to and from the internship site.</li> <li>-Able to pass host business eligibility requirements as necessary (may include drug screening, criminal background check, current immunizations, proof of negative TB test, and completion of host business required training).</li> <li>-Desire and commitment to work in an integrated setting in the community.</li> <li>-Able to successfully work and safely function in a 1:4 support level ratio.</li> <li>-Demonstrate an ability to work successfully with fading support to a minimal level of approximately 20%.</li> <li>-Tri-Valley residents with intellectual and developmental disabilities.</li> </ul>		
<b>Payment</b>	We are vendorized by the Regional Center. There is no cost to the interns. They are paid minimum wage for the work that they do.		
<b>Application</b>	The application is available online beginning March 1st and all applications must be completed by April 15th. Interviews are in May.		
<b>Target Pop</b>	Adults with Disabilities aged 18 and over		
<b>Description</b>	<p>The Pleasanton Adult Education Paid Internship Program for Adults with Disabilities is a nine month paid internship program that runs from September-May. Each weekday, interns work four hours per day with the support of an Employment Training Specialist and have a one hour class. Interns will work at three different worksites during the nine month program.</p> <ul style="list-style-type: none"> <li>-The internship provides vocational training and education for individuals with intellectual and developmental disabilities to better prepare them for competitive integrated employment. During the internship, the intern learns job-specific skills while also having the opportunity to apply interpersonal skills learned during the classroom portion of the program. The goal is for interns to leave the program at the end of the internship with the transferable skills, knowledge and abilities needed to be successful candidates for employment at local businesses.</li> <li>-Applicants apply to the program and are accepted as interns through a selection process. All applicants must be eligible for services with the DOR and be a Regional Center consumer.</li> </ul>		

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-Pleasanton Adult and Career Education is proud to be a collaborative partner in supporting Adults with Disabilities in the Tri-Valley. For questions about our programs, please contact us.

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**Accessibility** Yes

**Languages** Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:4	12

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**Public Transportation**

<b>BART</b>	Pleasanton/Dublin; east dublin	<b>Bus</b>	10R
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**Program**      **Premier Healthcare Services**  
1210 S. Bascom Avenue, #100  
San Jose, CA 95128-

**Contact**      Wesley Moss

**Phone**      (855)288-6701

**TTY**      Information Not Provided

**Fax**      (877)689-2184

**Email**      sjrespite@phs-west.com

**Web Site**      [phs-west.com](http://phs-west.com)

**Days & Hours**

**Office**      M-F 8 am- 5 pm

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**Eligibility**      We serve all geographic areas, disabilities and ages.

**Payment**      We work only with Regional Center funded clients.

**Application**      Applications can be submitted by fax, email, mail or through our web portal.

**Target Pop**      Regional Center clients.

**Description**      Premoer Healthcare Services, an Aveanna Company is dedicated to serving the families and clients of the regional centers throughout California providing exceptional customer care for respite, daycare and transportation reimbursements and financial management services.

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**Accessibility**      Our office is wheelchair accessible.

**Languages**      English, Spanish and Vietnamese.

**Staff/Client Ratio**      **Capacity**

Information Not Provided

0

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**Public Transportation**

**BART**      Fremont VTA Light Rail #902

**Bus**      VTA line 61 & 62



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<b>Program</b>	<b>Prudential Financial</b>		
	2010 Crow Canyon Place, Suite 240 San Ramon, CA 94583-		
<b>Contact</b>	Gautam Ganguly		
<b>Phone</b>	(925) 302-4034	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(925) 355-3081		
<b>Web Site</b>	<a href="http://www.prudential.com/personal">www.prudential.com/personal</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 5 pm		
<b>Program</b>	Monday - Friday		

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<b>Eligibility</b>	No limitation.		
<b>Payment</b>	Based on selected program.		
<b>Application</b>	Information available by phone and in-person appointment can be scheduled.		
<b>Target Pop</b>	Adults		
<b>Description</b>	Prudential Financial provides Life, Disability, Accident, Property and Casualty Insurance, Annuities and Money Management services.		
	Contact us at Customer Service at 1-800 -842-1718		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Japanese, Hindi, Bangla and French.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Information Not Provided	0		

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**Program** **Public Guardian - Conservator Program**

6955 Foothill Blvd., 3rd Flr., #300  
Oakland, CA 94605-2409

**Contact** Lisa Lahowe, Chief Assistant

**Phone** (510) 577-1900 **TTY** Information Not Provided

**Fax** (510) 577-5618 (510) 577-5619

**Web Site** [www.alamedasocialservices.org](http://www.alamedasocialservices.org)

**Days & Hours**

**Office** M-F 8:30 am - 12 pm; 1 am - 5 pm

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**Eligibility** The individual must be found to lack capacity to manage their own affairs, either financial or activities of daily living or both. The client's need for conservatorship is based upon the client being "at risk" and will be determined by a trained Asst. Public Guardian-Conservator Social Worker.

**Payment** Once conserved, there are court ordered fees payable to the court, the Public Guardian or Public Defender. All fees are subject to the conservatee's ability to pay or if they have a financial estate to assist in the provision of their care and management.

**Application** Probate Conservatorships are referred from the community, hospitals, family members or neighbors. LPS Conservatorships are mandatory referrals from a locked psychiatric facility if the individual has been transported there under a 5150 hold by local law enforcement jurisdictions in Alameda County.

**Target Pop** Information Not Provided

**Description** Manages probate and Lanterman-Petris-Short (LPS mental health) conservatorships for Alameda County residents. Conservatorships are legal arrangements in which a court-appointed conservator oversees the personal care and/or financial matters of an individual who is incapable of managing alone. LPS conservatorships are used when an individual needs mental health treatment but can't or won't accept it voluntarily. The LPS conservator arranges placement and mental health treatment for conservatees who are unable to provide for their food, clothing, or shelter as a result of a mental disorder, and may also manage the estate. The Public Guardian-Conservator petitions Superior Court for Probate conservatorships (usually of person and estate) for people who have assets that cannot be managed outside of a conservatorship and who live in supervised settings (such as nursing homes and assisted living facilities). Referrals from community agencies are accepted, priority given to individuals who are subjected to financial abuse by others. Probate conservators identify, marshal, liquidate and manage all assets of each estate, setting up trust accounts from which payments for care and comfort are made. In Probate conservatorship of the person, the Public Guardian-Conservator is responsible for ensuring proper food, clothing, shelter, and health care.

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**Accessibility** Wheelchair/ramp/special parking, restrooms and handicapped enabled conference room.

**Languages** Spanish, Cantonese, Mandarin, Farsi and Vietnamese (on request).

**Staff/Client Ratio** **Capacity**

Varies 0

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**Public Transportation**

**BART** Oakland Coliseum **Bus** Eastmont Mall AC Transit Ctr-40,40L,43,50,57,N,NL

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**Program**      **ReCares Network**  
**Formerly Home CARES Equipment Recyclers**  
2619 Broadway  
Oakland, CA 94612-

**Contact**      Susan Murphy

**Phone**      (510) 251-2273      **TTY**      Information Not Provided

**Fax**      Information Not Provided      **Email**      recares.network@gmail.com

**Web Site**      [homecares.org](http://homecares.org)

**Days & Hours**

**Office**      F 12 pm - 4 pm  
**Program**      See description

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**Eligibility**      Those who might not be able to otherwise afford medical equipment.

**Payment**      None

**Application**      Not needed.

**Target Pop**      Those in need who could not otherwise afford it.

**Description**      ReCARES accepts donations of reusable home healthcare equipment as well as disposable medical supplies that are in their original packaging. We, in turn, give these items to individuals who otherwise would have difficulty obtaining them.

Equipment includes: canes, walkers, shower chairs, ostomy supplies, gauze, crutches, portable commodes, blood pressure kits, bandages and wheel chairs.

Monetary contributions welcome!

Program hours: Drop off & pick up Fri 12-4pm; Every 2nd and 4th Sat 9am-12pm drop off only

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**Accessibility**      Yes  
**Languages**      No

**Staff/Client Ratio**      **Capacity**  
N/A      Information Not Provided

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**Public Transportation**

**BART**      24th Street

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**Program**      **Regional Center of the East Bay****RCEB**500 Davis Street, Suite 100  
San Leandro, CA 94577-**Alternate Address**      1320 Willow Pass Road, Suite 300  
Concord, CA 94520**Contact**      Lisa Kleinbub**Phone**      (510) 618-6100 or (925) 691-2300      **TTY**      (510) 357-3102**Fax**      (510) 678-4100      **Email**      writetous@RCEB.org**Web Site**      [www.rceb.org/](http://www.rceb.org/)**Days & Hours****Office**      M-F 8:30 am - 5 pm

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**Eligibility**      Persons with a developmental disability residing in Alameda or Contra Costa County.**Payment**      No charge for diagnosis. Reimbursement required from parent for out-of-home placement of a minor.**Application**      Please call or write to Intake Coordinator.**Target Pop**      Persons with autism, cerebral palsy, epilepsy, or intellectual disability.**Description**      Program operated by non-profit corporation through contract with the State Department of Developmental Services as outlined in state legislation. Chief functions include assessment, planning, and coordination of services on the basis of individual need. Provides directly or indirectly: diagnosis; counseling; advocacy; program services via purchase with state funds; identification and development of needed services in concert with other agencies and organizations.

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**Accessibility**      Yes**Languages**      Interpreters available.**Staff/Client Ratio**      **Capacity**  
N/A      Information Not Provided

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**Public Transportation****BART**      San Leandro

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**Program**      **Rubicon Legal Services**  
101 Broadway Avenue, Suite 1  
Richmond, CA 94804

**Contact**      Kelly Dunn

**Phone**      (510) 232-6611

**TTY**      (800) 735-2922 (Cal Relay)

**Fax**      (510) 232-2271

**Email**      info@hawkinscenter.org

**Web Site**      [www.rubiconprograms.org](http://www.rubiconprograms.org)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

**Program**      M-F 9 am - 5 pm

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**Eligibility**      Individuals applying for Social Security Disability/SSI benefits. Contra Costa, Alameda, and San Francisco Counties. Benefits planning and advocacy for current SSI beneficiaries who live in Contra Costa County.

**Payment**      Attorney fees for successful representation on social security claims.

**Application**      Telephone or drop-in. Telephone is preferred.

**Target Pop**      Low income people with disabilities.

**Description**      Representation of individuals applying for SSI and Social Security disability benefits. Counseling and advice regarding Social Security's work rules for SSI/ SSDI beneficiaries.

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**Accessibility**      Yes

**Languages**      Spanish

**Staff/Client Ratio**

1:20

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Richmond or El Cerrito Del Norte

**Bus**      Richmond

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**Program** **San Leandro Adult School**14735 Juniper Street  
San Leandro, CA 94579-**Contact** Principal**Phone** (510) 667-6087**TTY** Information Not Provided**Fax** (510) 352-2183**Web Site** [www.sanleandro.k12.ca.us/adult/adult.htm](http://www.sanleandro.k12.ca.us/adult/adult.htm)**Days & Hours****Office** M-F 8:30 am - 3:30 pm

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**Eligibility** Diploma students must be able to read, compute and write at 8th grade level or above.**Payment** Varies**Application** Call**Target Pop** Adults**Description** Adult Education Classes. We provide educational opportunities for diploma, ESL and computer software (Office).

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**Accessibility** Bus and wheelchair lift.**Languages** Spanish**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation****BART** Davis St.**Bus** Davis St.

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**Program** **San Lorenzo Adult School**820 Bockman Road  
San Lorenzo, CA 94580**Contact** Principal**Phone** (510) 317-4200**TTY** Information Not Provided**Fax** (510) 278-5618**Email** jkelly@slzusd.org**Days & Hours****Office** 8 am - 12:30 pm**Program** M-F

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**Eligibility** Minimum age 18.**Payment** Varies**Application** Call**Target Pop** Adults**Description** Adult Education Classes, including classes for Adults with Disabilities.

Adult Basic Education (ABE) - Independent living skills, personal health practices, and leisure time skills are offered at Villa Fairmont and at Fairmont Hospital.

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**Accessibility** Yes**Languages** Information Not Provided**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation****BART** Bayfair**Bus** 93 stops across the street

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**Program**      **Schreiber Center**  
7200 Bancroft Avenue, Suite 125A  
Oakland, CA 94605-

**Contact**      Clinician on Duty

**Phone**      (510) 383-5020      **TTY**      Information Not Provided

**Fax**      (888) 379-9383

**Web Site**      [www.acphd.org/schreiber-center.aspx](http://www.acphd.org/schreiber-center.aspx)

**Days & Hours**

**Office**      M-F 8:30 am - 5 pm

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**Eligibility**      Alameda County residents age 18 and over, co-occurring qualifying mental health diagnosis and developmental disabilities.

**Payment**      Medi-Cal and/or Medicare only

**Application**      Referrals to be made by Regional Center Case Managers and vendored Regional Center of the East Bay providers.

**Target Pop**      Co-occurring mental health and developmental disabilities.

**Description**      Specialty mental health clinic providing assessment, medication management and psychotherapy to eligible individuals.

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**Accessibility**      Yes

**Languages**      Interpreter services available as needed.

**Staff/Client Ratio**      **Capacity**  
1:1      Information Not Provided

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**Public Transportation**

**BART**      Hayward



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**Program**      **Sentry Living Solutions**

3824 Buell St., Suite A2  
Oakland, CA 94619-

**Contact**      Peter Valdirz**Phone**      (510) 422-3959**TTY**      Information Not Provided**Fax**      (510) 373-1824**Email**      admin@sentrylivingsolutions.org**Web Site**      [www.sentrylivingsolutions.org/](http://www.sentrylivingsolutions.org/)**Days & Hours****Office**      9 am - 5 pm**Program**      8 am- 7 pm

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**Eligibility**      18+ East Bay Area Type 1 ambulatory and non-ambulatory.**Payment**      Vendorized by the Regional Center of the East Bay.**Application**      Mail, in person or e-mail.**Target Pop**      Adults with developmental disabilities.**Description**      We provide Independent Living Services.

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**Accessibility**      Yes**Languages**      Spanish**Staff/Client Ratio**

1:1

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Fruitvale**Bus**      14 and 57

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**Program**      **Serra Center**  
2610 Central Avenue, Suite 120  
Union City, CA 94587-

**Contact**      Lisa Senadenos

**Phone**        (510) 477-1000                      **TTY**        Information Not Provided

**Fax**            (510) 477-1006                      **Email**      lsenadenos@serracenter.org

**Web Site**     [www.serracenter.org](http://www.serracenter.org)

**Days & Hours**

**Office**        M-F, 8:30 am - 5 pm

**Program**     24 hour Residential ; Independent & Supported Living scheduled as needed

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**Eligibility**     Adults with Developmental Disabilities over 18 at time of admission for ICF, ILS and SLS.

**Payment**      Vendorized by Regional Center, private pay, third party payment and donations. ILS, SLS & Counseling are vendorized by the Regional Center; ICF-DD/H group homes are Medi-Cal funded.

**Application**   By telephone, in person or by mail and Regional Center Manager referral.

**Target Pop**     Adults with Developmental Disabilities.

**Description**   Provides an individual plan of coordinated services in the community. Comprehensive services are offered including, ICFDDH, residential care homes, supported and independent living programs, to empower each individual with opportunities for independence.  
Counseling services  
Services include:  
Training in household skills such as cooking, cleaning, shopping and money management  
Development of skills leading to employment.  
Training in community skills: how to use public transportation, libraries, pay phone, help with managing public benefits, etc.  
Recreation, socialization and travel excursions.  
In-home support as needed.  
Individual and Family counseling services.

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**Accessibility**   Ambulatory and non ambulatory.

**Languages**     Spanish and Tagalog.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:1 ILS, 1:3 ICF, 1:2 SLS, 1:1 OP	Information Not Provided

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**Public Transportation**

<b>BART</b>	Fremont, Union City	<b>Bus</b>	Fremont, Union City
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<b>Program</b>	<b>Shupin Community</b> <b>Jewish Family and Children's Services</b> 2150 Post St San Francisco, CA 94115-		
<b>Contact</b>	Ryan Berman		
<b>Phone</b>	415-449-3805	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	ryanb@jfcs.org
<b>Web Site</b>	<a href="http://www.jfcs.org/find-help/people-with-disabilities/gary-shupin-independent-living-community/">www.jfcs.org/find-help/people-with-disabilities/gary-shupin-independent-living-community/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	8:30am-5:00pm		
<b>Program</b>	24/7		
<b>Eligibility</b>	Adults 18+ with minimal support needs who are ambulatory and diagnosed with an intellectual or developmental disability		
<b>Payment</b>	Private pay		
<b>Application</b>	Interested participants complete a short form and are contacted by a representative for a brief interview. For our Independent Living Community, 3 reference checks and an independent living skills assessment is required.		
<b>Target Pop</b>	Adults ages 18+ with developmental and intellectual disabilities such as autism and Down syndrome.		
<b>Description</b>	The Shupin Community is a one-stop program for families of adults with developmental & intellectual disabilities offering 2 residential programs, a social club, care management, and ILS services to prepare for independent life with support. The Shupin Community has two properties for adults at different stages of independence. Gary's Place and Shupin House are in one of San Francisco's most vibrant, beautiful neighborhoods known as Laurel Heights. Our caring and experienced staff works closely with program participants on acquiring skills - whether it is opening a bank account, setting and maintaining a budget, going to the grocery store, taking public transportation, laundering clothing, dressing for work, planning and cooking meals, or a variety of other independent living skills. We work with nutritionists, personal trainers, and arts professionals weekly. Our Social Club provides a welcoming community to make lifelong friends and explore all that the San Francisco Bay Area has to offer. We meet 8-10 times monthly (both virtually and in-person) for fun and interactive activities including games, holiday celebrations, eating at restaurants, scavenger hunts, and more. We also have a parent support group and Special Connections, a program helping adults with disabilities navigate the dating world through individual coaching sessions, speed dating, and social mixers.		
<b>Accessibility</b>	No		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
5:1	0		
<b>Public Transportation</b>			
	<b>Bus</b>	1;2;33,38,43	

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**Program**      **Sierra Environmental & Social Services, Inc.**  
**Sierra Social Services**  
27997 High Country Road  
Hayward, CA 94542-

**Contact**      Ajati Sankoh

**Phone**        510-205-1448

**TTY**          Information Not Provided

**Fax**            510-582-4969

**Email**        ajatisa@msn.com

**Days & Hours**

**Office**        9 am-5 pm

**Program**      24 hrs

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**Eligibility**    18 years old+ Adult, Alameda County/ Contra Costa County residents, Ambulatory and non-Ambulatory.

**Payment**      Vendorization by Regional Center, insurance, and rehabilitation.

**Application**   By mail

**Target Pop**    Adults with developmental disabilities

**Description**   (SLS & ILS) SLS offers skills instruction for clients who can have a better quality of life with more intensive level of care and support including 24 hour a day healthcare support, appropriate medical, dental and vision assessments address individual health need on regular basis and housing advocacy.  
ILS provides clients who need some support and ongoing training for successful, independent living, budget & shop for groceries, refill prescriptions and monitor medication.

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**Accessibility**   No restrictions.

**Languages**     None

**Staff/Client Ratio**

**Capacity**

1:1

0

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**Public Transportation**

**BART**          Castro Valley

**Bus**            Redwood Road

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**Program**      **Social Day Services Program****SDS Program**

211 Joaquin Avenue  
San Leandro, CA 94577-3635

**Contact**      Dominique Mellion**Phone**      (510) 508-7997**TTY**      Information Not Provided**Fax**      (510) 568-1839**Email**      sdsprogram@yahoo.com**Web Site**      [www.sosprogram.com](http://www.sosprogram.com)**Days & Hours****Office**      9:30 am - 4:30 pm**Program**      10 am - 4 pm

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**Eligibility**      Age 18 & Older, East Bay Area, Developmental Disability, Intellectual Disability, Autism, Down Syndrome and Learning Disabilities.**Payment**      Vendorization by Regional Center.**Application**      To express interest, tour or apply, please call (510) 508-7997 to schedule information appointment.**Target Pop**      Persons with Developmental Disabilities including but not limited to: Intellectual Disability, Down Syndrome, Autism, Learning Disabilities, etc.**Description**      Social Day Services Program is a fun prevocational day program for individuals with developmental disabilities/intellectual disabilities. SDS is centrally located in Downtown San Leandro in close proximity to shopping centers, recreational parks, Public Library, BART, restaurants and a variety of other places that allow easy access via public transportation of Community integration. Services offered are: Behavioral Management, Social/Recreational Development, Prevocational Skills Training, community Integration, Sensory Services, Education Classes, Creative Arts & Crafts and Music Therapy.

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**Accessibility**      We are wheelchair accessible.**Languages**      Spanish, French, Thai, Laos and Sign Language.**Staff/Client Ratio**

1:3

**Capacity**

Information Not Provided

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**Public Transportation****BART**      San Leandro**Bus**      1, 1R or 85

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**Program**      **Social Security Administration**

360 22nd Street, Suite 400  
Hayward, CA 94612-

**Contact**      Manager**Phone**      (866) 964-7420**TTY**      (510) 486-3190**Fax**      (510) 732-7940**Email**      ca.fo.oakland@ssa.gov**Days & Hours****Office**      M-F 9 am - 4:30 pm

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**Eligibility**      People 65 years and up or people with disabilities.**Payment**      No fee for services**Application**      By telephone or in person.**Target Pop**      Seniors and people with disabilities.**Description**      There are three Social Security programs which pay benefits to persons who have disabilities:

Social Security Disability Insurance (SSDI): Benefits are paid to a disabled worker or his/her family when the worker becomes so disabled that s/he is unable to work. The disabled worker must have worked in employment covered by Social Security.

Supplemental Security Income (SSI): Makes monthly payments to aged, disabled and blind people who have limited income and financial resources. This benefit is not just for adults, children who are blind or disabled are also eligible depending on family income.

Locations:

7200 Bancroft Avenue, Suite 263, Oakland, CA 94605

2045 Allston Way, Berkeley, CA 94704

3100 Mowry, Suite 100 Fremont, CA 94538

320 Davis Street, San Leandro, CA 94577

24301 Southland Drive, Suite 500, Hayward, CA 94545

90 Seventh Street, Annex 1st floor, San Francisco, CA 94103

2500 Fontaine Road, San Jose, CA 95121

2805 First Street, Rm 244, San Jose, CA 95113

Social Security for Children: Benefits are paid to the child of a deceased, disabled or retired worker if the child is under 18 or between 18 - 19 and attending high school. Benefits are payable to a disabled child of a disabled, retired or deceased worker at any age if the child's disability began before age 22.

The Social Security office is the general information source for Medicare benefits.

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**Accessibility**      Yes**Languages**      As needed

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**Staff/Client Ratio**

34:1500

**Capacity**Information Not Provided

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**Public Transportation****BART**

12th Street Oakland

**Bus**

12th Street Oakland

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<b>Program</b>	<b>Social Vocational Services</b>		
	<b>SVS</b>		
	1830 Embarcadero Oakland, CA 94606-		
<b>Alternate Address</b>	2483 Industrial Parkway Hayward, CA 94545		
<b>Contact</b>	Eleanor Lee		
<b>Phone</b>	(510) 698-3990	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 698-3987	<b>Email</b>	elee@svsinc.org
<b>Web Site</b>	<a href="http://www.socialvocationalservices.org">www.socialvocationalservices.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 7 am - 4 pm		
<b>Program</b>	5.5 Hrs, M-F		

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<b>Eligibility</b>	18 yrs or older and referred by Regional Center as appropriate for the program.
<b>Payment</b>	Vendorization by Regional Center.
<b>Application</b>	Referral through Regional Center case manager.
<b>Target Pop</b>	Adults with developmental disabilities.
<b>Description</b>	The mission of SVS is to provide the training and support necessary for those who participate in its services to achieve their social, recreational and vocational goals. Services: Behavior Management, Supported Employment and Transportation.
	Other addresses: 37400 Cedar Boulevard, Suite A Newark, CA 94560 (510) 797-1916 (510) 797-2791 new@svsinc.org
	2483 Industrial Parkway Hayward, CA 94545 (510) 785-2284 (510) 785-1615 hay@svsinc.org

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<b>Accessibility</b>	Facilities are accessible for both ambulatory and non-ambulatory individuals. Vehicles equipped with wheelchair lifts.
<b>Languages</b>	Tagalog, Spanish, English and Limited ASL instruction.
<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:3	Information Not Provided

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<b>Public Transportation</b>			
<b>BART</b>	South Hayward/MacArthur	<b>Bus</b>	Hayward

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**Program**      **Sonia Corina**  
**Formally Bay Respite Care**  
201 Georgia Street  
Vallejo, CA 94590

**Phone**      (707) 644-4491      **TTY**      Information Not Provided  
**Fax**      (707) 644-6695      **Email**      info@soniacorina.org

**Days & Hours**

**Office**      M-F, 8 am-5 pm  
**Program**      Service is 24 hours, scheduled in advance.

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**Eligibility**      Persons with illness, disability or impairment that requires care in the home. Regional Center referrals welcome. Service cannot be provided to individuals who are medically fragile (requiring nursing care), who are containment risk or combative. Provide respite to persons requiring assistance with g-tube feeding.

**Payment**      Vendorized by Regional Center, private pay and third party payment.

**Application**      Call (707) 644-4491.

**Target Pop**      Information Not Provided

**Description**      Bay Respite Care (formally Bay Area Family Services) provides in-home respite care for people with an illness or disability that require care in the home, including people with developmental disabilities.

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**Accessibility**      Office is accessible.

**Languages**      Spanish and Tagalog.

**Staff/Client Ratio**      **Capacity**  
1:1      Information Not Provided

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**Public Transportation**

**BART**      N/A

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<b>Program</b>	<b>Sorensdale Recreation Center</b>		
	<b>Hayward Area Recreation and Park District</b>		
	275 Goodwin Street		
	Hayward, CA 94544		
<b>Alternate Address</b>	1099 E Street		
	Hayward, CA 94541		
<b>Contact</b>	Shelly Luchini		
<b>Phone</b>	(510) 881-6778	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 888-0210	<b>Email</b>	lucs@haywardrec.org
<b>Web Site</b>	<a href="http://www.haywardrec.org">www.haywardrec.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 4:30 pm		
<b>Program</b>	M-F 9:30 am - 3:30 pm		

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<b>Eligibility</b>	Criteria for program participants include Vendorization through the Regional Center of the East Bay (RCEB), being 22 years old or older or being between the ages of 18 and 22 and possessing a high school diploma; having the ability to independently feed oneself; having the ability to independently toilet oneself and having no recent history of physical aggression. An interview and application process must be completed before entry into the program. Please call for more information if interested in attending program.
<b>Payment</b>	Vendorized by Regional Center and private pay.
<b>Application</b>	Need referral packet from Regional Center/Intake visitation required.
<b>Target Pop</b>	Adults with intellectual disability (i.e. developmental disability).
<b>Description</b>	The Sorensdale Recreation Center is a facility and program of the Hayward Area Recreation and Park District. The primary purpose of the program is to provide opportunities for people with an intellectual disability (i.e., developmental disabilities) to achieve greater independence. Programming focuses on abilities rather than disabilities and on a positive sense of self-worth. Individuals are encouraged to make choices and to take more control over their lives. A variety of educational, recreational, life skills, and community skills are offered. Program activities include functional math and literacy, computer skills, vocational training, communication skills, personal health and wellness, gardening, arts and crafts, woodshop, performing arts and music. Life skills learned in the classroom are practiced in the community.

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<b>Accessibility</b>	Yes
<b>Languages</b>	Limited Spanish and ASL.
<b>Staff/Client Ratio</b>	<b>Capacity</b>
10:1	Information Not Provided

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<b>Public Transportation</b>			
<b>BART</b>	South Hayward	<b>Bus</b>	South Hayward

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**Program**      **South East Asian Friendship Village**

797 Montague Avenue  
San Leandro, CA 94577-

**Contact**      Veronica Lopez**Phone**      (510) 895-2838**TTY**      Information Not Provided**Fax**      (510) 895-5416**Email**      veronica@eastbayservicesdd.org**Days & Hours****Office**      7:30 am - 3:30 pm**Program**      8:30 am - 2:30 pm

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**Eligibility**      RCEB clients 22 years old+.**Payment**      Regional Center of the East Bay**Application**      Referral by Regional Center required**Target Pop**      Mein and Cambodian.**Description**      SEAFV's purpose is to provide an enriching environment for the Mein and Cambodian Developmentally Disabled community, for persons who wish to actively learn, develop and/or master diverse adult skills necessary for their daily life in their own language. The program will include creative, meaningful activities in wellness, functional life skills, limited vocational activity, social integration and community inclusion, and will emphasize the person's potential, the ability to make adult choices and the enjoyment of daily life.

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**Accessibility**      Limited wheelchair accessibility.**Languages**      Mein and Cambodial.**Staff/Client Ratio**      **Capacity**

1:4

0

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**Public Transportation****BART**      San Leandro

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**Program**      **Special Olympics Northern California**

3480 Buskirk Avenue, #340  
Pleasant Hill, CA 94523-

**Contact**      Dylan Kiyomura**Phone**      (925) 944-8801, x 245**TTY**      Information Not Provided**Fax**      (925)994-8803**Email**      info@sonc.org**Web Site**      [www.sonc.org](http://www.sonc.org)**Days & Hours****Office**      M-F 9 am - 5 pm

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**Eligibility**      Any individual diagnosed with an intellectual disability. Minimum age is 5 years old to participate, 8 years to compete. No maximum age limit.**Payment**      None**Application**      Application can be found online at [www.sonc.org](http://www.sonc.org) or contact Dylan Kiyomura.**Target Pop**      Individuals with developmental disabilities.**Description**      Year-round athletic opportunities for individuals with intellectual disabilities.

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**Accessibility**      Information Not Provided**Languages**      Information Not Provided**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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<b>Program</b>	<b>Special Religious Education Department</b>		
	<b>SPRED Diocese of Oakland</b>		
	3705 Dorisa Street Oakland, CA 94605-		
<b>Alternate Address</b>	2121 Harrison Street, Suite 100 Oakland, CA 94612		
<b>Contact</b>	Michelle Martinez-Kitty		
<b>Phone</b>	(510) 635-7252	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 834-5498	<b>Email</b>	spred@spredoakdiocese.org
<b>Web Site</b>	<a href="http://spred.oakdiocese.org">spred.oakdiocese.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	Call for more info		
<b>Program</b>	Programs on evenings/ weekends		

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<b>Eligibility</b>	Any interested adult who has an open heart and a desire to deepen their faith life, is welcome.		
<b>Payment</b>	N/A		
<b>Application</b>	Call for an appointment.		
<b>Target Pop</b>	Adults & Children with Developmental Disabilities.		
<b>Description</b>	<p>SPRED's ministry is to enable each person with developmental disabilities to increase their self-esteem, dignity and to enable them to share their God-given gifts with their parish family.</p> <p>Designed to work with Catholic parishes in reaching out and welcoming persons with developmental disabilities into parish life. Provides leadership training for adult volunteers, curriculum and specialized retreats and liturgies. SPRED's goal is to develop small communities of faith to prepare and support the person with developmental disabilities in the process of integration into the life of the worshipping community and to train and supervise volunteers who facilitate and promote church integration for persons with developmental disabilities.</p>		

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<b>Accessibility</b>	Depends on location.
<b>Languages</b>	Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Varies	Information Not Provided

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<b>Public Transportation</b>			
<b>BART</b>	Locations throughout East Bay	<b>Bus</b>	Locations throughout East Bay

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**Program**      **Special Skater Program**  
**Oakland U.S. Ice Center**  
519 18th Street  
Oakland, CA 94612

**Contact**      David Kicks

**Phone**      (510) 268-9000 ext 103

**TTY**      Information Not Provided

**Fax**      (510) 268-9159

**Email**      dhicks@sharksice.com

**Web Site**      [www.oaklandice.com](http://www.oaklandice.com)

**Days & Hours**

**Office**      Every Friday 4 pm - 5 pm

**Program**      3:30 pm - 4:30 pm Fridays

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**Eligibility**      For individuals with physical/developmental disabilities.

**Payment**      \$30.00 / 5 week session.

**Application**      Drop-in

**Target Pop**      Individuals with physical/developmental disabilities.

**Description**      A learn-to-skate program developed especially for athletes with special physical/developmental challenges. Emphasizing fun and safety. Special Skater program helps to improve balance and coordination which promotes an "I can do it" attitude that carries over into other aspects of participant's life. With the assistance of volunteer "buddies," skaters develop skills, make new friends and experience a new found freedom and sense of accomplishment. Volunteers are an integral part in the success of this program.

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**Accessibility**      Yes

**Languages**      No

**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Oakland 19th St.

**Bus**      Oakland 19th St.

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<b>Program</b>	<b>St. Mark's Harmony Center CCP</b>		
	<b>The Harmony Center</b>		
	451 Moraga Way		
	Orinda, CA		
<b>Contact</b>	Jessalynn Sheldon 925-642-6599 -Avail M-F 9am-4pm		
<b>Phone</b>	(925) 254 5965	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	Harmonycenterumc@gmail.com
<b>Web Site</b>	<a href="http://www.Stmarksorinda.org/harmony-center">www.Stmarksorinda.org/harmony-center</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	T-Th 9am-12pm		
<b>Program</b>	M-F 3:30pm-6:30pm		

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<b>Eligibility</b>	Ages 12-21; Must be enrolled in 6-12th grade; Must be able to toilet self. Can accept non-ambulatory students; Students cannot engage in excessive SIB or any aggressive behaviors.
<b>Payment</b>	\$48/day; vendor for day care with RCEB; CCP.
<b>Application</b>	Schedule a tour w/ Director and print application via our website and return in person or via mail.
<b>Target Pop</b>	Our target population would be for youth and young adults (12-21) with developmental disabilities.
<b>Description</b>	The Harmony Center is a non-profit after school program for middle & high school students with developmental disabilities. The goal of the Harmony Center is to serve as an enriching environment for students where they can develop new friendships and work on important life skills and self care habits. We do all of this with a specific focus in art and music enrichment, as well as, mindfulness, gardening and cooking.

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**Accessibility** Yes; We only have clearance for 2 non-ambulatory students in the facility at a time.

**Languages** Information Not Provided

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1/4	0

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**Public Transportation**

<b>BART</b>	2.1 miles	<b>Bus</b>	200ft
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**Program** **STAR Center for ASD & NDDs UCSF**

401 Parnassus Avenue, Box 0984  
San Francisco, CA 94143-

**Contact** Whitney Ence**Phone** (415) 502-3500**TTY** Information Not Provided**Fax** (415) 502 3556**Email** star@ucsf.edu**Web Site** [www.star.ucsf.edu](http://www.star.ucsf.edu)**Days & Hours****Office** Information Not Provided

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**Eligibility** Ambulatory**Payment** Varies**Application** Phone and email.**Target Pop** Individuals with Autism.

**Description** Welcome to the STAR Center for ASD and NDDs at UCSF. STAR represents our commitment to excellent programs in Service, Training, Advocacy, and Research within the context of the one of the world's leading major academic centers. Our goal at STAR is to lead the way to better understanding, treatment, and promotion of well-being for people with autism spectrum disorder (ASD) and other neurodevelopmental disorders (NDDs). Our services for individuals across the lifespan are conducted by teams of trained professionals who, in collaboration with researchers across UCSF and around the world, apply the latest evidenced-based assessments and treatments. We are also dedicated to sharing our knowledge.

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**Accessibility** Yes**Languages** Information Not Provided**Staff/Client Ratio**

Varies

**Capacity**Information Not Provided

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**Public Transportation****BART** Civic Center**Bus** SF Muni 43, 6 and N train



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**Program**      **State Council on Developmental Disabilities**

3831 North Freeway Blvd. Ste. 125  
Sacramento, CA 95834-

**Contact**      Aaron Carruthers**Phone**      (916) 263-7919 toll free 1-(833) 818-9886      **TTY**      Information Not Provided**Fax**      (916) 263-7969 or (916) 263-7963      **Email**      council@scdd.ca.gov**Web Site**      [www.scdd.ca.gov](http://www.scdd.ca.gov)**Days & Hours****Office**      M-F 8 am - 5 pm

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**Eligibility**      California residents who meet the federal definition of developmental disability.**Payment**      No fee for service.**Application**      NA**Target Pop**      Individuals with developmental disabilities.**Description**      The State Council on Developmental Disabilities is established under both federal & state law, and has the responsibility to evaluate, plan and coordinate resources and service systems so as to protect and enhance the legal, civil and services rights of persons with developmental disabilities. The State Council funds innovative and creative community-based services, special demonstration projects, and or training that will meet unmet needs or help to change the system in the direction of increased independence, productivity, integration and inclusion of persons with developmental disabilities. While the Council carries out its responsibilities independent of any single state service agency, it works closest with those agencies which have primary responsibility for providing direct developmental services, including the Departments of Developmental Services, Rehabilitation and Education.

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**Accessibility**      Yes**Languages**      Spanish and ASL.**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation****BART**      NA

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<b>Program</b>	<b>State Council on Developmental Disabilities, Bay Area Office</b>		
	1515 Clay Street, Suite 300 Oakland, CA 94612		
<b>Contact</b>	Sheraden Nicholau		
<b>Phone</b>	(510) 286-0439	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 286-4397	<b>Email</b>	bayarea@scdd.ca.gov
<b>Web Site</b>	<a href="http://www.scdd.ca.gov/bayarea/">www.scdd.ca.gov/bayarea/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 5 pm		
<b>Program</b>	N/A		

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<b>Eligibility</b>	All persons interested in services for individuals with developmental disabilities; serves five Bay Area Counties: Alameda, Contra Costa, Marin, San Francisco and San Mateo.		
	Bay Area People First is a self-advocacy group which encourages persons with developmental disabilities to learn to speak for themselves on issues that affect their lives.		
<b>Payment</b>	No charge		
<b>Application</b>	<a href="https://docs.google.com/forms/d/e/1FAIpQLSepqt80u578ELHgcPjNzsjO71PPvxZ1txZn77P5Cm6iVbvBzg/viewform?c=0&amp;w=1">https://docs.google.com/forms/d/e/1FAIpQLSepqt80u578ELHgcPjNzsjO71PPvxZ1txZn77P5Cm6iVbvBzg/viewform?c=0&amp;w=1</a>		
<b>Target Pop</b>	Individuals with developmental disabilities.		
<b>Description</b>	The State Council on Developmental Disabilities (SCDD) is established by federal law (Developmental Disabilities and Bill of Rights Act) and state law (Lanterman Act at Welfare and Institutions Code, section 4520 et. seq.). SCDD is to ensure that individuals with developmental disabilities and their families participate in the planning, design and receipt of the services and supports they need which promote increased independence, productivity, inclusion and self-determination. Federal law requires SCDD to identify methods to improve and increase services for individuals and their families and to submit these to the federal government in the form of a State Plan. Through monitoring, advocacy, capacity building and systemic change, SCDD works to achieve a consumer and family-based system of individualized services, supports, and other assistance. SCDD Bay Area Office also leads the National Core Indicators efforts across nine counties, the Movers Longitudinal Study surveys, and supports People First chapters within the Bay Area.		

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<b>Accessibility</b>	Wheelchair accessible.		
<b>Languages</b>	English, Tagalog, and access to translation services for many languages ,over the phone or in-person.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	12th Street City Center BART	<b>Bus</b>	19th Street BART

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**Program**      **Steps for Independence**  
20910 Redwood Road # h  
Castro Valley, CA 94546-

**Contact**      Carlos M. Ramirez

**Phone**      (510) 278-8236

**TTY**      Information Not Provided

**Fax**      (510) 278-7345

**Email**      stepsforindependence@msn.com

**Days & Hours**

**Office**      9 am - 6 pm

**Program**      8 am - 10 pm

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**Eligibility**      Consumers who receive services from the Regional Center system. Consumers must be 18 years old and under 65 years.

**Payment**      Vendorized by Regional Center. No charge to consumers.

**Application**      Referral from Regional Center. Independent Living Skills Training has to be stated in the consumer's IPP document.

**Target Pop**      Persons with developmental disabilities who want to live in their own homes/apartments. Program serves consumers in Alameda and Contra Costa counties.

**Description**      Training for consumers in the areas of meal preparation, money management, housekeeping, shopping, appliances, safety, interpersonal relationships, communications, transportation, personal care, recreation, etc.

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**Accessibility**      Yes

**Languages**      Spanish

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:1	100

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**Public Transportation**

**BART**      Castro Valley

**Bus**      Castro Valley

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<b>Program</b>	<b>Strides Paid Internship Program</b>		
	<b>Castro Valley Adult and Career Education</b>		
	4430 Alma Avenue		
	Castro Valley, CA 94546-		
<b>Contact</b>	Keith Nauman		
<b>Phone</b>	510-886-1000	<b>TTY</b>	Information Not Provided
<b>Fax</b>	510-537-8537	<b>Email</b>	stridespip@cv.k12.ca.us
<b>Web Site</b>	<a href="https://www.cvadult.org/">https://www.cvadult.org/</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F, 8:00am - 2:30pm		

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**Eligibility** Individuals must: be at least 22 years of age and have exited from high school or Transition Program or be 18 and graduated with a high school diploma; meet eligibility requirements for Department of Rehabilitation services and be willing to apply to become a DOR client if not already; be a Regional Center consumer; be ready to comply with host business and CVUSD school district health requirements (e.g., wearing a mask over nose and mouth) based on current public health condition; have the ability to work and provide required documentation (i.e., Social Security Card, California ID and/or Driver's License); have independent personal hygiene and grooming skills; maintain appropriate, safe behavior and social skills in the workplace; must demonstrate an ability to learn the skills and knowledge required in the internship; participate in four work hours and approximately one hour of classroom activities per day, five days per week; adhere to the host business' standards of dress and conduct; be able to effectively communicate using verbal, nonverbal, and/or technologically-assisted methods of expression; be able to travel independently to and from the CVACE; be able to pass host business eligibility requirements as necessary (may include drug screening, criminal background check, current immunizations, proof of negative TB test, and completion of host business required training; have the desire and plan to work in an integrated setting in the community.

**Payment** Regional Center, Department of Rehabilitation.

**Application** Submit an application (found on the school website), typically by mid-March, to be considered for a fall placement. Staff will review the applications and invite selected candidates for an in-person skills assessment and interview in May. If accepted, participants must develop an IPP goal for participation in Castro Valley Adult and Career Education's Community Integration program and enrollment in the Workforce Skills class with the applicant's RCEB case manager. If accepted, the applicant must meet the Castro Valley Adult and Career Education requirements to begin the program, including becoming a Department of Rehabilitation client. Staff will support participants in completing this paperwork (if needed). Additionally, candidates must provide a negative TB test and pass a criminal background check. If accepted, the intern and parent/guardian (if conserved) must sign a CVACE Adult Paid Internship Contract.

**Target Pop** Adults with intellectual disabilities who have a strong desire to work.

**Description** The Strides Paid Internship Program for Adults with Disabilities matches interns with job opportunities in a nine-month internship program that runs from August through May each year. We developed this program to address the identified need for additional training opportunities for special-needs adults to support their transition to the workforce. The program partners with the Department of Rehabilitation (DOR) and the Regional Center of the East Bay (RCEB) to receive necessary referrals and funding to support the program.

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**Accessibility** Yes

**Languages** None.

**Staff/Client Ratio**                      **Capacity**

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4:1

8

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**Public Transportation**

**BART**

Castro Valley

**Bus**

48

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<b>Program</b>	<b>Terra Firma</b>		
	5300 Manila Avenue, Suite 100 Oakland, CA 94618-		
<b>Contact</b>	Jacqueline Philpott		
<b>Phone</b>	(510) 681-5440	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	jacqueline.philpott@gmail.com
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 3 pm		

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<b>Eligibility</b>	Young adults with developmental disabilities.
<b>Payment</b>	Vendor of Regional Center.
<b>Application</b>	Phone call to the Director
<b>Target Pop</b>	Young adults with developmental disabilities who are exiting high school.
<b>Description</b>	<p>Terra Firma is a community and work inclusion agency for young adults with developmental disabilities who are exiting high school. Terra Firma is not site based and all instruction and support occurs within natural contexts in the community where clients participate with non-disabled peers at all times.</p> <p>We offer our clients support in everyday activities such as using public transportation, going to the bank, budgeting money, ordering and eating in restaurants, going to the library and post office. In addition, we offer assistance, as needed, to clients in recreation and leisure activities. We teach and reinforce domestic skills and provide mobility training as needed until our clients can travel independently.</p>

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<b>Accessibility</b>	Elevator
<b>Languages</b>	Individualized according to ID team.
<b>Staff/Client Ratio</b>	<b>Capacity</b>
Individualized	0

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<b>Public Transportation</b>	
<b>BART</b>	Rockridge BART

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<b>Program</b>	<b>The Arc of the East Bay</b>		
	<b>Community Employment Services Program</b>		
	1101 Walpert Street Hayward, CA 94541-		
<b>Contact</b>	Cecilia Chau-Connolly		
<b>Phone</b>	(510) 394-9886	<b>TTY</b>	(510) 394-1863
<b>Fax</b>	(510) 352-8714	<b>Email</b>	ceciliaconnolly@arcameda.org
<b>Web Site</b>	<a href="http://arceastbay.org">arceastbay.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F, 8am - 4:30pm		

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<b>Eligibility</b>	Consumer of Regional Center of the East Bay. Stives to meet employers standards or makes necessary changes. Able to interact positively and independent for all personal care. Meets physical requirement (strength, stamina, coordination) of job requirements.		
<b>Payment</b>	Vendorized by RCEB and Department of Rehabilitation.		
<b>Application</b>	Information Not Provided		
<b>Target Pop</b>	Individuals who have the appropriate behaviors, skills, and motivation to work cooperatively within a group setting within the community.		
<b>Description</b>	The Arc of the East Bay provides extensive job-related support, either in a one-on-one or in a group setting in community employment services. There is ongoing follow-up support as needed to ensure continued success. The Arc identifies and develops employment opportunities for individuals and group placement.		

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<b>Accessibility</b>	Information Not Provided		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:1; 1:3 for group	0		

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**Program**      **The Arc of the East Bay - Corporate Offices**

1111 Walpert Street  
Hayward, CA 94541-

**Contact**      Ron Luter, CEO/President

**Phone**      (510) 357-3269

**TTY**      Information Not Provided

**Fax**      (510) 352-8714

**Email**      ronluter@arcameda.org

**Web Site**      [www.arcameda.org](http://www.arcameda.org)

**Days & Hours**

**Office**      M-F 8 am - 4:30 pm

**Program**      N/A

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**Eligibility**      Must be a RCEB client with a primary/secondary diagnosis of intellectual and/or developmental disability. The Arc has specific eligibility program requirements, which can be discussed with the director at the time of referral/application.

**Payment**      Information Not Provided

**Application**      Generally, RCEB Case Managers and/or family members call for tour and intake interviews. We accept referrals by phone, email or in person. Appointments are set up and when all paperwork is completed and returned, an internal screening meeting is set up. Once agreed upon admission, a letter goes out, along with additional forms, a request for Purchase of Service to RCEB Case Manager is set, and family sets up transportation arrangements with RCEB.

**Target Pop**      Adults, ages 18+ with diagnosis of Intellectual/Developmental Disability. For the licensed and integrated First Step Children's Center, we accept toddlers & preschoolers (ages 2-5).

**Description**      The Arc of Alameda County is a non-profit organization committed to helping people with intellectual and developmental disabilities lead rich, challenging lives by empowering them to fully utilize their abilities and community resources. Meaningful opportunities to grow and learn are provided through a variety of programs located within Alameda County. Participation is based on the individual's informed choice.

We serve over 500 individuals daily and their families and our presence is felt in every city and town within Alameda County.

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**Accessibility**      Fully accessible campus.

**Languages**      English, Spanish, Tagalog, Basic ASL, Vietnamese and Chinese.

**Staff/Client Ratio**

**Capacity**

Varies

Information Not Provided

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**Public Transportation**

**BART**      Hayward

**Bus**      60



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**Program**      **The Arc of the East Bay Alternative Ventures Program**

1101 Walpert Street  
Hayward, CA 94541-

**Contact**      Renee Tuttle**Phone**      (510) 582-8151**TTY**      (510) 314-8161**Fax**      (510) 582-0506**Email**      Reneetuttle@arcameda.org**Web Site**      [www.arcameda.org](http://www.arcameda.org)**Days & Hours****Office**      M-F 8 am - 4:30 pm**Program**      M-F 9 am - 3 pm

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**Eligibility**      Must be a RCEB client, aged 18\_ resident of Alameda County with a primary/secondary diagnosis of Intellectual/Developmental Disability. Ambulatory and Non-Ambulatory-must be able to independent care for all ADL's. Not a behavioral program. Must complete monthly volunteer services, do physical exercise, participate in program and out within community. Not a behavioral program. The Arc of Alameda County has specific eligibility program requirements which can be discussed with the Campus Director or designee at time of referral/inquiry or application process.**Payment**      Vendorized by RCEB.**Application**      Generally, RCEB Case Managers and/or family members call us for tour and intake interviews. We accept referrals by phone, email or in person. Appointments are set up and when all paperwork is completed and return, an internal screening meeting is set up. Once agreed upon admission, a letter goes out, along with additional forms, a request for Purchase of Services to RCEB Case Manager is set, and family sets up transportation arrangements with RCEB.

We also accept referrals/inquiries in person or via mail. Application form is sent out & we require collateral packet from client's RCEB Case Manager. Tours and screenings follow.

**Target Pop**      Adults ages 18+ with a diagnosis of an Intellectual/Developmental Disability who is motivated to be in a program, out in community, volunteer monthly, be offered paid work (if and when available) and work on independence goals.**Description**      Participants in this licensed adult day program have many participant centered and directed options to choose from. Activities include social-recreational skills, volunteerism, vocational skills, health and safety, arts and crafts, community involvement, daily physical fitness, gardening, cultural diversity, etc. It's recommended participants bring in \$10/monthly for personal expenditures.

This program also has a hearing challenged-deaf component, with ASL Instructors.

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**Accessibility**      Fully accessible campus.**Languages**      English, ASL and Spanish.**Staff/Client Ratio**      **Capacity**

1:6

135

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**Public Transportation****BART**      Hayward Downtown**Bus**      60

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**Program**      **The Arc of the East Bay LEAP Program**

1101 Walpert Street  
Hayward, CA 94541-

**Contact**      Cecilia Chau-Connolly**Phone**      (510) 357-3569x2115/ Director- (510) 394-9886      **TTY**      (510) 394-1863**Fax**      (510) 357-3926      **Email**      [ceciliaconnolly@arceastbay.org](mailto:ceciliaconnolly@arceastbay.org)**Web Site**      [www.arcalameda.org](http://www.arcalameda.org)**Days & Hours****Office**      M-F 8 am - 4:30 pm**Program**      M-F 9 am - 3 pm

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**Eligibility**      Must be a RCEB client with a primary/secondary diagnosis of intellectual and/or developmental disability. Inquire regarding specific eligibility program requirements. AMBULATORY ONLY AT THIS SITE. Not a behavior program.**Payment**      Information Not Provided**Application**      Generally, RCEB Case Managers and/or family members, and occasionally clients contact us by phone to start the process. We also accept referrals/inquiries in person or via mail. Application form is sent out. We require collateral packet from Client's RCEB Case Managers. Tours and formal screenings follow.**Target Pop**      Adults (18 years of age and older) with a primary/secondary diagnosis of intellectual or developmental disability.**Description**      Participants in this Community based program have many participant centered and directed options to choose from. Activities include social-recreational skills, volunteerism, vocational skills, health & safety, arts and crafts, community involvement, daily physical fitness, gardening, cultural diversity, and programming. It's recommended participants bring in \$10 monthly for personal expenditures.

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**Accessibility**      Fully accessible campus.**Languages**      English, Tagalog, Cantonese, Vietnamese, Basic ASL and Spanish

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:4	75

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**Public Transportation****BART**      San Leandro, Hayward, Dublin

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**Program**      **The Arc of the East Bay SCOPE Program**  
1101 Walpert Street  
Hayward, CA 94541-

**Contact**      Phyllis Pippins-Roberson, Program Director

**Phone**        (510) 582-8151                              **TTY**        (510) 394-1863

**Fax**            (510) 582-0506                              **Email**      phyllisroberson@arceastbay.org

**Web Site**     [www.arcalameda.org](http://www.arcalameda.org)

**Days & Hours**

**Office**        M-F 8 am - 4:30 pm  
**Program**     M-F 8.30 am - 3 pm

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**Eligibility**    Must be a RCEB client aged 18+, resident of Alameda County with a primary/secondary diagnosis of Intellectual and/or Developmental Disability. Must be able to be independent for all ADL's. Not a behavioral program. Must complete monthly volunteer services, do physical exercise, participate in programs and out within the community. Not a behavioral program. The Arc of Alameda County has specific eligibility program requirements which can be discussed with the Campus Director or designee at time of referral inquiry or application process.

**Payment**      Vendorized by RCEB.

**Application**   Generally, RCEB Case Managers and/or family members, and occasionally clients contact us by phone, email or in person. Appointments are set up and when all paperwork is completed and returned, an internal screening meeting is set up. Once agreed upon admission, a letter goes out, along with additional forms, a request for Purchase of Services to RCEB Case Manager is sent, and family sets up transportation arrangements with RCEB.

**Target Pop**    Adults ages 18+ with diagnosis of Intellectual and/or Developmental Disability who are motivated to learn pre-vocational goals and work in an assembly type work activity program.

**Description**   Participants learn prevocational skills as well as completing steps of various packaging and sorting jobs with the piece rate settings established by the California Department of Labor. During downtime (when clients aren't working on contracts), there are training opportunities and a semi-formal curriculum is in development to expand on client's skills and independence areas in: vocational, volunteer, work practices, health and safety, hygiene and grooming, recreational leisure, basic computer skills, etc.

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**Accessibility**   Fully accessible campus.

**Languages**    English, Tagolag, Cantonese, Vietnamese, Basic ASL and Spanish.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
Varies	Information Not Provided

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**Public Transportation**

<b>BART</b>	Hayward	<b>Bus</b>	60
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<b>Program</b>	<b>The Center for Independent Living</b>		
	<b>The center for Independent Living Community Connections</b>		
	2490 Mariner Square Loop Suite 210		
	Alameda, CA 94501-		
<b>Alternate Address</b>	1470 Fruitvale Avenue		
	Oakland, CA 94601		
<b>Contact</b>	Helena Chang		
<b>Phone</b>	(510) 841-4776	<b>TTY</b>	(510) 848-3101
<b>Fax</b>	(510) 841-6168	<b>Email</b>	info@thecil.org
<b>Web Site</b>	<a href="http://thecil.org">thecil.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		
<b>Program</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	For other CIL services contact specific departments for eligibility criteria.
<b>Payment</b>	None
<b>Application</b>	Contact Specific departments directly.
<b>Target Pop</b>	Persons with physical, mental, visual and hearing disabilities.
<b>Description</b>	<p>The Community Connections program at the Center for Independent Living (CIL) provides free one-on-one training to Alameda County residents with disabilities on how to safely access public transit systems, such as Bart and AC transit.</p> <p>CIL also supports students through Elevate, a high school vocational preparation program for students in special education and transition programs. The CIL works in collaboration with special education departments at local high schools and transitional programs to provide specialized classes, workshops and hands-on work experience to help students develop the skills needed to enter the workforce.</p> <p>Other CIL services include personal attendance referral, advocacy, peer counseling, youth services, assistive technology, benefits counseling, housing referral and employment services to individuals with all disabilities. For more info on these services contact the front receptionist at (510) 841-4776</p> <p>Living well with a Disability is a free 10 week health promotion and wellness workshop that uses goal setting, problem solving and peer counseling to help seniors with disabilities make the connection between healthy living habits, prevention of secondary conditions and living a meaningful, rich life.</p> <p>2490 Mariner Square Loop, Suite 210 Alameda, CA. 94703</p> <p>coco@thecil.org mmahiya@thecil.org</p> <p>the CIL's Community Connections program, also known as CoCo, offers transit instruction by and for people with disabilities via 1-on-1 and group travel coaching. This includes transit app &amp; trip tutorials.</p>

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<b>Accessibility</b>	Yes
<b>Languages</b>	ASL and Spanish (both by appointment).

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:10	250

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**Public Transportation**

**BART** Ashby , Fruitvale

**Bus** F, 20, 21, 39, 339

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**Program**      **The College Link Program at California State University, East Bay**  
25800 Carlos Bee Boulevard, Library Complex 2400  
Hayward, CA 94542-3057

**Contact**      Paulina Berumen

**Phone**      (510) 885-4446      **TTY**      Information Not Provided

**Fax**      (510) 885-4775      **Email**      elizabeth.chueka@csueastbay.edu

**Web Site**      [www.csueastbay.edu/clp](http://www.csueastbay.edu/clp)

**Days & Hours**

**Office**      M-F 8 am - 5 pm

**Program**      Same as above

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**Eligibility**      Must meet University acceptance criteria, have an ASD diagnosis.

**Payment**      No charge to enrolled students.

**Application**      Referral from CSUEB accessibility services required.

**Target Pop**      College students with Autism Spectrum Disorders.

**Description**      Ancillary student support services program designed to provide services beyond accommodations in the areas of academics, social skills, career preparation skills & independent living skills.

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**Accessibility**      Yes

**Languages**      Can be arranged.

**Staff/Client Ratio**

1/23

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Hayward

**Bus**      Hayward

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<b>Program</b>	<b>The Dale Law Firm</b>		
	127 Aspen Drive, Suite 100 Pacheco, CA 94553-		
<b>Contact</b>	Amy Tessler		
<b>Phone</b>	510-826-5564	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(925) 826-5584	<b>Email</b>	amy@dalelawfirm.com
<b>Web Site</b>	<a href="http://www.achievingindependence.com">www.achievingindependence.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	Children or adults with a disability.		
<b>Payment</b>	Private pay.		
<b>Application</b>	"Contact Page at <a href="http://www.dalelawfirm.com">www.dalelawfirm.com</a> ; <a href="https://www.dalelawfirm.com/contact-the-dale-law-firm/">https://www.dalelawfirm.com/contact-the-dale-law-firm/</a> "		
<b>Target Pop</b>	Individuals and families with disabilities		
<b>Description</b>	A full service estate planning law practice with a specialized focus on developing estate plans that involve persons with disabilities.		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	Spanish		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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**Program**      **The Diagnostic Center, North**

39100 Gallaudett Drive  
Fremont, CA 94538

**Contact**      Robin Zane**Phone**      (510) 794-2500**TTY**      (510) 794-2595**Fax**      (510) 794-2513**Email**      rlzane@dcn-cde.ca.gov**Web Site**      [www.dcn-cde.ca.gov](http://www.dcn-cde.ca.gov)**Days & Hours****Office**      M-F 7:30 am - 4:30 pm

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**Eligibility**      Transition services and resources to students (ages 14-22) with disabilities, their families and service care providers. Services are designed to facilitate LEA's, students and families in implementing a student outcome driven transition process. Services include training, consultation, technical assistance on specific transition issues to LEA's, Workability I, and Juvenile Court and Community School Programs.**Payment**      N/A**Application**      By referral (See above).**Target Pop**      Children residing in Northern California, ages 2-22 meeting eligibility requirements.**Description**      Provides high quality, individualized services for special education students, their families and school districts.

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**Accessibility**      Wheelchair accessible.**Languages**      Call for more information.**Staff/Client Ratio****Capacity**

NA

Information Not Provided

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**Public Transportation****BART**      Fremont BART**Bus**      Fremont BART



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<b>Program</b>	<b>The Hume Center</b>		
	<b>Outpatient Clinic and Behavioral Consulting Services</b>		
	39465 Paseo Padre Pkwy, Ste., 2100 Fremont, CA 94538-		
<b>Contact</b>	Monica Sunzeri		
<b>Phone</b>	(510) 745-9151	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(510) 745-9152	<b>Email</b>	fremont@humecenter.org
<b>Web Site</b>	<a href="http://www.humecenter.org">www.humecenter.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8:30 am - 6 pm		
<b>Program</b>	M-F 9 am - 6 pm or according to schedule of therapist/consultant		

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<b>Eligibility</b>	Persons with developmental disabilities and physical disabilities who are Medi-Cal, Medicare, sliding scale or RCEB eligible.		
<b>Payment</b>	RCEB P.O.S., Medi-Cal, Medicare and private pay.		
<b>Application</b>	By phone.		
<b>Target Pop</b>	Adults, adolescents and children.		
<b>Description</b>	Individual and group psychotherapy for people with developmental disabilities; social skills training groups; behavior assessment and intervention for adults and children in home, day program and group home settings.		

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<b>Accessibility</b>	Wheelchair accessible, no restrictions.		
<b>Languages</b>	Spanish, Cantonese, Mandarin and Taiwanese. For other languages please call to inquire.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Varies	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Fremont (10-15 min. walk)	<b>Bus</b>	AC 239, 212, and 99

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**Program**      **The Public Authority for In Home Support Services**

6955 Foothill Boulevard, 3rd floor  
Oakland, CA 94605-

**Contact**      Program Director**Phone**      (510) 577-3552                      **TTY**      Information Not Provided**Fax**      (510) 577-3579**Web Site**      [www.ac-pa4ihss.org](http://www.ac-pa4ihss.org)**Days & Hours****Office**      9 am - 5 pm

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**Eligibility**      Consumers - Anyone in Alameda County who qualifies for and receives IHSS is welcome to use the Centralized Registry and After-Hours Services. Workers - anyone seeking work as an IHSS home care worker can apply. Training is available to current IHSS providers and those active on the Public Authority Registry.**Payment**      Information Not Provided**Application**      Call to access services.**Target Pop**      Individuals with disabilities and seniors.**Description**      Established to improve the delivery of IHSS. Current services include a county-wide IHSS worker registry which includes an After-Hours urgent Worker Replacement Service and Consumer and Worker Training.

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**Accessibility**      Yes**Languages**      Spanish, Chinese and interpreters available in other languages.**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation****BART**      Coliseum BART**Bus**      Coliseum BART

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**Program**      **The Respite Inn**  
906 Lee Lane  
Concord, CA 94518

**Contact**      Maureen Wright

**Phone**      (925) 686-5758

**TTY**      Information Not Provided

**Fax**      (925) 609-8952

**Email**      therespiteinn@att.net

**Days & Hours**

**Office**      Information Not Provided

**Program**      The Inn is open whenever there are four or more reservations.

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**Eligibility**      18 years or older.

**Payment**      Private pay and vendorization by Regional Center.

**Application**      By telephone to make reservations. For services paid by Regional Center, a valid purchase of service authorization is required.

**Target Pop**      Families in need of respite for their son or daughter with developmental disabilities.

**Description**      The Respite Inn is located in a country-like setting. It provides a vacation-like atmosphere for individuals who need time away from their families. It offers out-of-home respite to parents who know that their son or daughter is receiving care and developing new skills while they attend to family matters or simply get away from the constant care of a person with special needs. The Respite Inn provides overnight accommodations and daytime care.

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Public Transportation**

**BART**      Concord

**Bus**      Concord

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**Program**      **Theatre Unlimited**  
**Janet Pomeroy Center**  
207 Skyline Boulevard  
San Francisco, CA 94132

**Contact**      David Morgan Lovis

**Phone**      (415) 665-4100      **TTY**      (415) 665-1568

**Fax**      (415) 665-4100      **Email**      dlovis@ccsf.edu

**Days & Hours**

**Office**      M, T, Th: 3 pm - 4 pm; F: 12 pm - 1 pm

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**Eligibility**      Theatre Unlimited is open to newly disabled as well as non-disabled members. Participants may apply through Social Services at RCH or enroll for free through Disabled student programs at City College in San Francisco (if students apply through City College they must provide their own transportation and meals).

**Payment**      No charge to participant. Funding varies.

**Application**      Contact Social Services at phone number above.

**Target Pop**      Persons with cerebral palsy, intellectual disability, head injury or learning disability.

**Description**      An integrated theatre and dance company. This ensemble company provides theatre training and performance opportunities for actors and dancers with and without disabilities performing widely in theatres, cafes and schools throughout the Bay Area.

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**Accessibility**      Yes

**Languages**      Information Not Provided

**Staff/Client Ratio**      **Capacity**  
Varies      Information Not Provided

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**Public Transportation**

**BART**      Glen Park; also 1/2 block from MUNI station      **Bus**      Glen Park; also 1/2 block from MUNI station

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**Program** **Thrive Support Services**900 Court Street  
Martinez, CA 94553-**Contact** Ashlee Kaigler**Phone** 925-682-2273**TTY** Information Not Provided**Fax** 925-682-8860**Email** info@thrivesupportservices.com**Web Site** [thrivesupportservices.com](http://thrivesupportservices.com)**Days & Hours****Office** M-F 9am-4pm**Program** 7am-7pm (up to 24 hours)

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**Eligibility** Alameda County, Contra Costa County, referral from Regional Center, 18+ adults with developmental disabilities.**Payment** Vendorization by Regional Center.**Application** Any contact; email, phone, in person.**Target Pop** Adults with Developmental Disabilities.**Description** Independent Living Skills / Supported Living Skills and parenting skills.

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**Accessibility** Office is wheel chair accessible, most services take place in consumers home or the community**Languages** Spanish**Staff/Client Ratio**

1:1 &amp; 1:2

**Capacity**

Information Not Provided

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**Public Transportation****BART** We go to consumer's home

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**Program**      **Through the Looking Glass**  
**National Resource Center for Parenting with a Disability**  
3075 Adeline Street Suite 120  
Berkeley, CA 94703-

**Contact**      Megan Kirshbaum

**Phone**      (510) 848-1112      **TTY**      (510) 848-1005

**Fax**      (510) 848-4445      **Email**      tlg@lookingglass.org

**Web Site**      [www.lookingglass.org](http://www.lookingglass.org)

**Days & Hours**

**Office**      M-F 9 am - 5 pm

---

**Eligibility**      Families with a parent, child or parenting grandparents with a disability.

**Payment**      Vendorized by RCEB.

**Application**      Referral by RCEB case manager, self-referral or providers.

**Target Pop**      Families with a child, parent, expectant parents or parenting grandparent has a disability.

**Description**      Provides a variety of home-based services during pregnancy and parenting for people with intellectual disabilities and their babies/children. Support group for mothers with intellectual disabilities. Play groups for parents with cognitive disabilities and their children 0-3. Support group and in-home services for parents with other disabilities including adaptive baby-care equipment and parenting evaluations for parents with any disability. In-home infant mental health, developmental services, family support for parents and their babies/young children with medical or disability issues, parent support groups. Mentoring groups for young adults with disabilities. Staffing primarily by professionals with personal or family disability experience. Includes The National Center on Parents with Disabilities and their Families, which provides information, training and consultation regarding issues such as custody.

    Through The Looking Glass also has an Early Head Start program, including a child center and home-based services

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**Accessibility**      Yes, home visit program primarily.

**Languages**      Spanish, American Sign Language, Japanese, Cantonese, Mandarin, Tagalog, Turkish, Vietnamese, Korean and Punjabi.

<b>Staff/Client Ratio</b>	<b>Capacity</b>
1:1 family	400

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**Public Transportation**

<b>BART</b>	Ashby	<b>Bus</b>	Ashby/Adeline
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<b>Program</b>	<b>Toolworks</b>		
	25 Kearny, Suite 400 San Francisco, CA 94108-		
<b>Alternate Address</b>	3075 Adeline Street, Suite 230 Berkeley, CA 94703		
<b>Contact</b>	Sarah Burgett		
<b>Phone</b>	(415) 733-0990; (510) 649-1322	<b>TTY</b>	Video: (415) 255-5857
<b>Fax</b>	(415) 733-0991	<b>Email</b>	sburgett@toolworks.org
<b>Web Site</b>	<a href="http://www.toolworks.org">www.toolworks.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F, 8:30 am - 4:30 pm		
<b>Program</b>	Varies by program		

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<b>Eligibility</b>	Toolworks' programs are open to all adults 18 years or older who are recipients of regional center services and/or Department of Rehabilitation and who reside in Contra Costa, Alameda, San Francisco and San Mateo counties		
<b>Payment</b>	Funding through Regional Center and DOR		
<b>Application</b>	"For Supported and Independent Living Services: Sarah McKinney 415-733-0990 ext 504 or smckinney@toolworks.org For Community Integration and Employment: Sarah Hillen 415-733-0990 ext 607 or Shillen@toolworks.org"		
<b>Target Pop</b>	Programs are open to all adults, deaf and hearing, within the regional center system		
<b>Description</b>	Toolworks offers Independent and Supported Living Services, Community-based Day Programming, Adaptive Skills Training, Employment Development, Placement, Job Coaching and Paid Internship opportunities. Additionally we offer specialized services in all programs to persons who are Deaf and Deaf-Blind		

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**Accessibility** Fully accessible.  
**Languages** ASL, Cantonese and Spanish.

**Staff/Client Ratio** Varies  
**Capacity** Information Not Provided

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**Public Transportation**

**BART** Ashby for Berkeley; Montgomery for SF      **Bus** Montgomery

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**Program**      **Transition Opportunity Program, TOP**  
**Special Services/Mission Valley SELPA, FUSD**  
4210 Technology Drive  
Fremont, CA 94538-

**Contact**      Lorraine Neira

**Phone**      (510) 657-2350, ext 12461      **TTY**      Information Not Provided

**Fax**      (510)659-2549      **Email**      lneira@fusdk12.net

**Web Site**      [www.fremont.k12.ca.us/SpecServ/SpecServ.htm](http://www.fremont.k12.ca.us/SpecServ/SpecServ.htm)

**Days & Hours**

**Office**      M-F 8 am - 4:30 pm

**Program**      M-F 8 am - 5 pm

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**Eligibility**      Transition age youth.

**Payment**      No cost

**Application**      Department of Rehabilitation.

**Target Pop**      Students with disabilities.

**Description**      Provides job development, job placement, and job coaching services to Department of Rehabilitation eligible students/clients with IEPs living in Fremont, Newark or Union City.

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**Accessibility**      Yes

**Languages**      Bilingual services available.

**Staff/Client Ratio**      **Capacity**  
Varies      Information Not Provided

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**Public Transportation**

**BART**      Fremont      **Bus**      Fremont



<b>Program</b>	<b>Transition Options Program (TOPS)</b> <b>Mt. Diablo Adult Education</b> 1266 San Carlos Avenue Concord, CA 94518-		
<b>Contact</b>	Amy Kudenov		
<b>Phone</b>	925-579-3129; 925-685-7340 ext. 6720	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(925) 687-8217	<b>Email</b>	kudenova@mdusd.org
<b>Web Site</b>	<a href="http://mdae.mdusd.org/awd">mdae.mdusd.org/awd</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8 am - 4:30 pm		
<b>Program</b>	T- F 1 pm - 4 pm		
<b>Eligibility</b>	Primary diagnosis of Asperger's/High functioning autism, 18 or older, have exited the K-12 system and has basic reading and writing skills. Open to all adults from all Bay Area counties.		
<b>Payment</b>	Vendorized by the Regional Center, funded by the Department of Rehabilitation. Private pay \$150/month (3-4 days) \$75/month (1-2 days).		
<b>Application</b>	All programs at Mt. Diablo Adult Education require a phone interview and a visit to the program for potential students. There is a wait list for the TOPS program. For more information, contact the Lead Instructor, Amy Kudenov via email: kudenova@mdusd.org		
<b>Target Pop</b>	The Transition Options Program (TOPS) serves adults with Asperger's, High Functioning Autism, and other related disorders.		
<b>Description</b>	"The Transition Options Program (TOPS) addresses the unique needs of adults with Asperger's Syndrome, High Functioning Autism and related disorders transitioning to higher education, independent living and/or employment. The program is uniquely designed to address the individual needs of participants as they select their class schedule based on the following four core areas of instruction: Social Skills/Relationship Skills; Career Exploration and Preparation/College Success; Independent Living Skills; Community Access & Resources. TOPS provides a supportive environment for students to develop social skills, increase independence, develop interests, explore resources, participate in the community, and create a social network of support while preparing for work, independent living and/or higher education."		
<b>Accessibility</b>	Yes fully accessible.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:6	35		
<b>Public Transportation</b>			
<b>BART</b>	Concord station 3 blocks	<b>Bus</b>	Concord Bart station

<b>Program</b>	<b>Tri-City Community Support Center</b> <b>Alameda County Health Services Agency</b> 39155 Liberty Street, Suite G710 Fremont, CA 94538-		
<b>Contact</b>	Tony Limperopulos		
<b>Phone</b>	(510) 795-2434	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided		
<b>Web Site</b>	<a href="http://www.co.alameda.ca.us/health/behavior/behav.shtml">www.co.alameda.ca.us/health/behavior/behav.shtml</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 8:30 am - 5 pm		
<b>Program</b>	Evening hours by appointment only		
<b>Eligibility</b>	Serves Fremont, Newark, and Union City. Adult Service: Persons 18 years or older, experiencing serious mental disturbance. Persons with alcohol or drug problems are given information and referred to appropriate agencies. Children and Youth Service: Any child through age 17 experiencing serious emotional disturbance; work also done with other members of the family. Children and adults with Intellectual Disabilities may be eligible for services if they have a serious emotional disturbance.		
<b>Payment</b>	Based on the Uniform Method of Determining Ability to pay (UMDAP) determined by the State of California. MediCal, third party payment and private pay.		
<b>Application</b>	By telephone call to ACCESS (central intake, listed in this directory). South County 800-491-9099, North County 800-489-1811.		
<b>Target Pop</b>	Persons with psychiatric or emotional disorders who are chronically and persistently ill.		
<b>Description</b>	<p>A division of the County's Behavioral Services Agency and offers outpatient mental health services for adults with chronic, persistent mental health needs. Services include case management, screening and referrals to hospitalization and socialization programs. To obtain services, use ACCESS Line 1-800-491-9099.</p> <p>Adult Clinic: A multi-disciplinary staff offers clinical case management services and medication therapy where needed.</p> <p>Children and Youth Service: provides a services which may include individual, group and family therapy and medication when necessary with short term therapy model. There is involvement with parents; community education; consultation to schools.</p>		
<b>Accessibility</b>	Yes		
<b>Languages</b>	Spanish, Cantonese, and Vietnamese speaking therapists are available for work with both adults and children.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
Varies	Information Not Provided		

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<b>Program</b>	<b>Trips, Inc.</b>		
	PO Box 10885 Eugene, OR 97440		
<b>Contact</b>	Jim Peterson		
<b>Phone</b>	(800) 686-1013	<b>TTY</b>	Information Not Provided
<b>Fax</b>	(541) 465-9355	<b>Email</b>	jimp@tripsinc.com
<b>Web Site</b>	<a href="http://www.tripsinc.com">www.tripsinc.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 9 am - 5 pm		

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<b>Eligibility</b>	For world wide travel - 18 and older.( high school age and older).		
<b>Payment</b>	Vendorized by Regional Center, private pay, third party payment and habilitation/rehab.		
<b>Application</b>	By telephone, internet, or mail. No referral required.		
<b>Target Pop</b>	Individuals with disabilities.		
<b>Description</b>	Award winning Trips, Inc. provides all-inclusive vacation packages world-wide for travelers 18 & older w/ intellectual and developmental disabilities.		

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<b>Accessibility</b>	To program facility and rest rooms.		
<b>Languages</b>	Information Not Provided		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
1:3, 1:4	Information Not Provided		

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<b>Program</b>	<b>Tri-Valley REACH</b> PO Box 5564 Pleasanton, CA 94566-		
<b>Contact</b>	Kay King		
<b>Phone</b>		<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	info@trivalleyreach.org
<b>Web Site</b>	<a href="http://www.trivalleyreach.org">www.trivalleyreach.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	N/A		
<b>Program</b>	N/A		

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<b>Eligibility</b>	Regional Center client receiving Independent Living Services or Supported Living Services who is ready to live away from family in shared housing. Preference given to those with connections to the Tri-Valley.
<b>Payment</b>	Varies.
<b>Application</b>	Download application from website.
<b>Target Pop</b>	Adults with developmental disabilities.
<b>Description</b>	Nine homes in the Livermore/Pleasanton area which utilize shared living to allow adults with developmental disabilities to live with minimal support.

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<b>Accessibility</b>	Yes
<b>Languages</b>	Information Not Provided
<b>Staff/Client Ratio</b>	<b>Capacity</b>
N/A	Information Not Provided

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**Public Transportation**

**BART** East Dublin/Pleasanton Station

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<b>Program</b>	<b>True Link Financial</b>		
	P.O. Box 581 San Francisco, CA 94104-		
<b>Contact</b>	Julia Otis		
<b>Phone</b>	1-877-299-7646	<b>TTY</b>	Information Not Provided
<b>Fax</b>	Information Not Provided	<b>Email</b>	support@truelinkfinancial.com
<b>Web Site</b>	<a href="http://www.truelinkfinancial.com">www.truelinkfinancial.com</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	M-F 7 am - 6 pm		
<b>Program</b>	M-F 7 am - 6 pm		

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<b>Eligibility</b>	None		
<b>Payment</b>	\$10 per month.		
<b>Application</b>	visit <a href="http://www.truelink.com">www.truelink.com</a> or call 1-877-299-7646 to learn more and sign up.		
<b>Target Pop</b>	We specialize in serving individuals with disabilities and their supporters (e.g., family members, trusted friends, professionals, case managers).		
<b>Description</b>	<p>True Link Financial is a San Francisco-based services company. Our goal is to increase the financial well-being and independence of individuals with disabilities. We do this by providing financial services and products that can be self-managed or administered by family members, trusted friends, or professionals.</p> <p>The True Link Card is a customizable debit card that enables individuals to receive and spend money safely. The card can be set up to work in some places, and not in others, and is designed to help prevent exploitation or abuse. The card is a robust financial learning tool that encourages greater independence.</p> <p>True Link Financial Advisors provides wealth management services for special needs trusts. We support family members serving as trustee and with an end-to-end solution that includes investing disbursement, compliance and reporting.</p>		

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<b>Accessibility</b>	N/A		
<b>Languages</b>	Customer support is available in English and Spanish.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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**Program**      **University of the Pacific**  
**Arthur A. Dugoni School of Dentistry**  
155 5th Street  
San Francisco, CA 94103-

**Contact**      Dr. Paul Subar

**Phone**      (415) 929-6675      **TTY**      Information Not Provided

**Fax**      (415) 749-3399

**Web Site**      [dental.pacific.edu/dental-services](http://dental.pacific.edu/dental-services)

**Days & Hours**

**Office**      9 am - 5 pm

**Program**      9 am - 5 pm

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**Eligibility**      Not a direct service.

**Payment**      N/A - Not a direct service.

**Application**      N/A - Not a direct service.

**Target Pop**      People with developmental disabilities.

**Description**      We offer oral health care to patients with a range of medical, developmental and psychosocial conditions. Our dental faculty with advanced training work with dental students to deliver care.

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**Accessibility**      N/A

**Languages**      Some oral health "prevention" material available in Spanish, Tagalog, Vietnamese and Korean.

**Staff/Client Ratio**      **Capacity**  
N/A      Information Not Provided

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**Program**      **Wayfinders at Fresno State**

2743 e Shaw Ave  
Fresno, CA 93710-

**Contact**      Ryan Wilson**Phone**      (559) 278-1390**TTY**      Information Not Provided**Fax**      (559) 278-0199**Email**      rywilson@csufresno.edu**Web Site**      [www.fresnostate.edu/kremen/wayfinders](http://www.fresnostate.edu/kremen/wayfinders)**Days & Hours****Office**      8 am - 5 pm**Program**      7 am - 10 pm

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**Eligibility**      18-28, diagnosed intellectual disability.**Payment**      Vendorized by the Regional Center.**Application**      Program tour, written application, separate interview with student and family/significant other.**Target Pop**      N/A**Description**      Wayfinders is a post-secondary program for individuals with intellectual disabilities. We received a grant from USDE to establish a Transition and Postsecondary Education Program for Students with Intellectual Disabilities. (TPSID). There are 5 components to our program; Independent Living, University Inclusion, Vocation, Social Integration & Transition. Within these components our aim for our students is to learn skills to lead a successful, socially fulfilling independent life.

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**Accessibility**      Yes**Languages**      N/A**Staff/Client Ratio**

3:1

**Capacity**

Information Not Provided

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**Public Transportation****BART**      N/A**Bus**      Fresno Area Express Route 9 & 28

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**Program**      **We Thrive SLS**  
3824 Buell St. Suite E  
Oakland, CA 94619-

**Alternate Address**      3630 Andrews Dr. #117  
Pleasanton, CA 94588

**Contact**      Samuel Kim

**Phone**      510-557-4980      **TTY**      Information Not Provided

**Fax**      Information Not Provided      **Email**      wethrive2021@gmail.com

**Days & Hours**

**Office**      Office Hours 9am-5pm. However, SLS is managed 24/7  
**Program**      Supported Living Service is managed 24/7

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**Eligibility**      Age: 18-Seniors, Geographics: Alameda County, Ambulatory/Non-Ambulatory, The client must live independently in the community.

**Payment**      Vendorization by Regional Center. Private Pay.

**Application**      Telephone, Email, In-person, Referral from the Regional Center.

**Target Pop**      Adults with developmental disability(es) age 18-Senior. Must reside in Alameda County and live independently in the community of choice.

**Description**      Supported Living Services provide personal attendant service to the client's home to assist with simple chores to activities in the community including medical appointment management.

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**Accessibility**      Wheelchair accessible. We serve clients with or without wheelchair.

**Languages**      English/Korean/Spanish

**Staff/Client Ratio**      **Capacity**  
1:1,1:2,1:3      25

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**Program**      **WorkAbility I/Transition Partnership**  
**Oakland Unified School District**  
6200 San Pablo Avenue, Room 22  
Oakland, CA 94608-2228

**Contact**      Petrina Alexander

**Phone**      (510) 879-8889

**TTY**      Information Not Provided

**Fax**      (510) 879-8899

**Email**      Petrina.alexander@ousd.k12.ca.us

**Days & Hours**

**Office**      8 am - 4:30 pm

**Program**      Regular school schedule

---

**Eligibility**      Oakland school students through age 22.

**Payment**      No charge.

**Application**      Through school sites.

**Target Pop**      All Oakland Unified School District students who have an Individual Education Plan (IEP).

**Description**      Career/vocational services including career awareness and exploration, vocational evaluation, work exploration, job placement and follow-up services.

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**Accessibility**      Yes

**Languages**      As needed

**Staff/Client Ratio**

Varies

**Capacity**

Information Not Provided

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**Program** **WorkAbility III at College of Alameda**

555 Ralph Appezato Memorial Pkwy  
Alameda, CA 94501-

**Contact** Neelam Agarwal**Phone** (510) 543-2476**TTY** (510) 543-2476**Fax** (510) 748-2339**Email** nagarwal@peralta.edu**Web Site** <https://alameda.edu/students/student-accessibility-services-sas/workability-iii/>**Days & Hours****Office** 8am-5pm**Program** 8am-5pm

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**Eligibility** Participants in the program must be California State Department of Rehabilitation (DOR) clients and be referred by their DOR counselor to be eligible for services.**Payment** No.**Application** "If you think WorkAbility III (WAIll) is the right fit for you, there are multiple ways you can get connected. Option 1: Drop-In Sessions If you'd like to learn more about our program and how we can help you reach your career goals, come to our WAIll Drop-In Information Sessions!

When: Every Monday/Tuesday/Wednesday/Thursday from 12:00 pm to 1.00 pm Where:  
Virtually on Zoom (join using your phone or computer) Option 2: Email or Call WAIll  
Coordinator: Neelam Agarwal Email: nagarwal@peralta.edu Phone: (510) 543-2476

Option 3: Request an appointment with WorkAbility III"

**Target Pop** Information Not Provided**Description** WorkAbility III (WAIll) is a joint program of the College of Alameda (COA) and the State Department of Rehabilitation (DOR) designed to provide employment opportunities for people with disabilities. The objective of the program is to form a partnership with individual clients to meet their employment goals. WAIll offers job search workshops, job clubs, individualized job placement assistance, and follow-up support on the job.

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**Accessibility** Yes.**Languages** Information Not Provided**Staff/Client Ratio** **Capacity**

Information Not Provided 0

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**Public Transportation****BART** BLUE, GREEN, ORANGE, RED-12th street Oakland **Bus** 19, 51A, 96, O

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<b>Program</b>	<b>World Institute on Disability (WID)</b>		
	<b>California Disabilities Benefit 101, <a href="http://www.db101.org">www.db101.org</a></b>		
	3075 Adeline Street, Suite 155		
	Berkeley, CA 94703-		
<b>Alternate Address</b>	<a href="http://www.wid.org">www.wid.org</a>		
<b>Contact</b>	Tom Foley		
<b>Phone</b>	(510) 225-6304	<b>TTY</b>	(510) 225-0478
<b>Fax</b>	(510) 225-0477	<b>Email</b>	<a href="mailto:tom@wid.org">tom@wid.org</a>
<b>Web Site</b>	<a href="http://www.db101.org">www.db101.org</a>		
<b>Days &amp; Hours</b>			
<b>Office</b>	9 am - 5 pm		
<b>Program</b>	9 am - 5 pm		

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<b>Eligibility</b>	CA DB101 provides online tools, information and training events on paid work, benefits and health coverage options. WID does not provide direct counseling services. WID conducts state, national and international public policy activities.		
<b>Payment</b>	No fee.		
<b>Application</b>	No application.		
<b>Target Pop</b>	Youth and adults with disabilities in all age categories.		
<b>Description</b>	<p>California DB101 (<a href="http://www.db101.org">www.db101.org</a>) brings together rules for health coverage, benefit, and employment programs that people with disabilities use. These programs may be run by state, federal government, non-profit, or private organizations. We provide benefits planning calculators to use with all kinds of benefits planning strategies. DB101 calculators help with transitions to and from working while living with a disability.</p> <p>The mission of the World Institute on Disability (WID) in communities and nations worldwide is to eliminate barriers to full social integration and increase employment, economic security and health care for persons with disabilities. WID creates innovative programs and tools; conducts research, training, public education and advocacy campaigns; and provides technical assistance.</p>		

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<b>Accessibility</b>	Yes		
<b>Languages</b>	DB101 is in Spanish and English.		
<b>Staff/Client Ratio</b>	<b>Capacity</b>		
N/A	Information Not Provided		

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<b>Public Transportation</b>			
<b>BART</b>	Ashby		

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**Program**      **Young Adult Recreation Program****YARP**1969 Park Boulevard  
Oakland, CA 94606-**Contact**      Erin Burton**Phone**      (510) 238 7742**TTY**      Information Not Provided**Fax**      Information Not Provided**Email**      eburton@oaklandnet.com**Days & Hours****Office**      10 am - 7 pm**Program**      2 pm - 6 pm (school year)

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**Eligibility**      Ages 18-22; young adults enrolled in OUSD Young Adults Program.**Payment**      \$120/month w/ Regional Center funding or \$240/month.**Application**      In person and program location.**Target Pop**      Young Adults w/ Developmental Disabilities.**Description**      Afterschool program for young adults enrolled in OUSD's Young Adults Program.  
Activities: Computers, Cooking, Science Projects, Gardening, Community Outings, Life Skills and Art & Music.

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**Accessibility**      Yes**Languages**      ASL and Spanish.**Staff/Client Ratio**      **Capacity**  
1:4      0

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**Public Transportation****BART**      Lake Merritt**Bus**      AC transit 1, 1R, 18, 26, 14



# APPENDICES

## || Appendix Table of Contents ||

- **State Council on Developmental Disabilities**
- **California Regional Centers**
- **Department of Rehabilitation (DOR) Greater Bay Area District Office Locations**
- **Elected Officials :**
  - **Board of Supervisors**
  - **City Mayors**
  - **State Representatives**
  - **Federal Representatives**
- **Resources**
- **Bay Area Family Resource Centers**
- **COVID-19 Resources**

# || State Council on Developmental Disabilities ||

## California State Council on Developmental Disabilities

3831 North Freeway Boulevard #125 Sacramento, CA 95834

Toll-free: (833) 818-9886 Phone: (916) 263-7919

Fax: (916) 263-7969 or (916) 263-7963

[council@scdd.ca.gov](mailto:council@scdd.ca.gov) [www.scdd.ca.gov](http://www.scdd.ca.gov)

Executive Director: Aaron Carruthers

### ➤ SCDD Bay Area Office (BA)

1515 Clay Street, Suite 803

Oakland, CA 94612

Phone: (510) 286-0439

Fax: (510) 286-4397

[www.scdd.ca.gov/bayarea](http://www.scdd.ca.gov/bayarea)

Email: [bayarea@scdd.ca.gov](mailto:bayarea@scdd.ca.gov)

Regional Manager: Sheraden Nicholau

Counties Served: Alameda, Contra Costa,

Marin, San Francisco and San Mateo

### ➤ SCDD Los Angeles Office (LA)

411 North Central Avenue, Suite 620

Glendale, CA 91203-2020

Phone: (818) 543-4631

Fax: (818) 543-4635

[www.scdd.ca.gov/losangeles](http://www.scdd.ca.gov/losangeles)

Email: [losangeles@scdd.ca.gov](mailto:losangeles@scdd.ca.gov)

Regional Manager: Christofer Arroyo

Counties Served: Los Angeles

### ➤ SCDD North Coast Office (NC)

505 South State Street

Ukiah, CA 95482

Phone: (707) 463-4700

Fax: (707) 463-4752

[www.scdd.ca.gov/northcoast](http://www.scdd.ca.gov/northcoast)

Email: [northcoast@scdd.ca.gov](mailto:northcoast@scdd.ca.gov)

Regional Manager: Julie Eby-McKenzie

Counties Served: Del Norte, Humboldt,

Lake and Mendocino

### ➤ SCDD Central Coast Office (SVMB)

2580 North First Street, Suite 240

San Jose, CA 95131

Phone: (408) 324-2106

Fax: (408) 324-2108

[www.scdd.ca.gov/centralcoast/](http://www.scdd.ca.gov/centralcoast/)

Email: [centralcoast@scdd.ca.gov](mailto:centralcoast@scdd.ca.gov)

Regional Manager: David Grady

Counties Served: Monterey, San Benito,

Santa Clara and Santa Cruz

### ➤ SCDD North Bay Office (NB)

236 Georgia Street, Suite 201

Vallejo, CA 94590

Phone: (707) 648-4073

Fax: (707) 648-4100

[www.scdd.ca.gov/northbay](http://www.scdd.ca.gov/northbay)

Email: [northbay@scdd.ca.gov](mailto:northbay@scdd.ca.gov)

Regional Manager: Lisa Hooks

Counties Served: Napa, Solano and Sonoma

### ➤ SCDD North State Office (NS)

80 Independence Circle, Suite 210

Chico, CA 95973

Phone: (530) 895-4027

Fax: (530) 899-1562

[www.scdd.ca.gov/northstate](http://www.scdd.ca.gov/northstate)

Email: [northstate@scdd.ca.gov](mailto:northstate@scdd.ca.gov)

Regional Manager: Renee Bauer

Counties Served: Butte, Shasta, Glenn,

Siskiyou, Lassen, Tehama, Plumas, Modoc and

Trinity

### ➤ SCDD North Valley Hills Office (NVH)

2529 W. March Lane, Suite 105

Stockton, CA 95207-8270

Phone: (209) 473-6930

Fax: (209) 473-6932

[www.scdd.ca.gov/northvalleyhills](http://www.scdd.ca.gov/northvalleyhills)

Email: [northvalley@scdd.ca.gov](mailto:northvalley@scdd.ca.gov)

Regional Manager: Dena Hernandez

Counties Served: Amador, Calaveras,

San Joaquin, Stanislaus and Tuolumne

### ➤ SCDD Sacramento Office (SAC)

3831 North Freeway Boulevard Suite 125

Sacramento, CA 95834

Phone: (916) 263-8134

Fax: (916) 263-3084

[www.scdd.ca.gov/sacramento](http://www.scdd.ca.gov/sacramento)

Email: [sacramento@scdd.ca.gov](mailto:sacramento@scdd.ca.gov)

Regional Manager: Anne De Medeiros

Counties Served: Alpine, Colusa, El Dorado,

Nevada, Placer, Sacra

and Yuba



## || State Council on Developmental Disabilities ||

➤ **SCDD San Diego Imperial Office (SDI)**

8880 Rio San Diego Drive, Suite 1015  
San Diego, CA 92108-1634  
Phone: (619) 688-3323  
Fax: (619) 688-3296  
[www.scdd.ca.gov/sandiego](http://www.scdd.ca.gov/sandiego)  
Email: [sandiego@scdd.ca.gov](mailto:sandiego@scdd.ca.gov)  
Regional Manager: Mary Ellen Stives  
Counties Served: San Diego and Imperial

➤ **SCDD Orange County Office (OC)**

2000 East Fourth Street, Suite 115  
Santa Ana, CA 92705  
Phone: (714) 558-4404  
Fax: (714) 558-4704  
[www.scdd.ca.gov/orangecounty](http://www.scdd.ca.gov/orangecounty)  
Email: [orangecounty@scdd.ca.gov](mailto:orangecounty@scdd.ca.gov)  
Regional Manager: Scarlett vonThenen  
Counties Served: Orange

➤ **SCDD San Bernardino Office (SB)**

685 Carnegie Drive Suite 125  
San Bernardino, CA 92408-3584  
Phone: (909) 890-1259  
Fax: (909) 890-1635  
[www.scdd.ca.gov/sanbernardino](http://www.scdd.ca.gov/sanbernardino)  
Email: [sanbernardino@scdd.ca.gov](mailto:sanbernardino@scdd.ca.gov)  
Regional Manager: Patricia Herrera  
Counties Served: Inyo, Mono, Riverside and  
San Bernardino

➤ **SCDD Sequoia Office (SEQ)**

770 East Shaw Avenue, Suite 123  
Fresno, CA 93710  
Phone: (559) 222-2496  
Fax: (559) 248-2886  
[www.scdd.ca.gov/sequoia](http://www.scdd.ca.gov/sequoia)  
Email: [sequoia@scdd.ca.gov](mailto:sequoia@scdd.ca.gov)  
Regional Manager: Yolanda Cruz  
Counties Served: Madera, Mariposa,  
Merced, Fresno, Kern, Kings and Tulare

## || California Regional Centers ||

### Association of Regional Center Agencies

980 9<sup>th</sup> Street, Suite 1450 Sacramento, CA 95814

Phone: (916) 446-7961 Executive Director: Amy Westling

[www.arcenet.org](http://www.arcenet.org)

[www.dds.ca.gov/rc/listings/](http://www.dds.ca.gov/rc/listings/)

#### ➤ Alta California Regional Center

[www.altaregional.org](http://www.altaregional.org)

**Executive Director:** Lori Banales

**Phone:** 916-978-6400

**TTY:** 916-489-4241

**Fax:** 916-489-1033

**Address:** 2241 Harvard Street #100

Sacramento, CA 95815

**Counties Served:** Alpine, Colusa, El Dorado, Nevada, Placer, Sacramento, Sierra, Sutter, Yolo, and Yuba counties

#### ➤ Central Valley Regional Center

[www.cvrcc.org](http://www.cvrcc.org)

**Executive Director:** Ed Araim

**Phone:** 559-276-4300

**TTY:** 559-276-4441

**Fax:** 559-276-4360

**Address:** 4615 North Marty

Fresno, CA 93722-4186

**Counties Served:** Fresno, Kings, Madera, Mariposa, Merced, and Tulare counties

#### ➤ Eastern Los Angeles Regional Center

[www.elarc.org](http://www.elarc.org)

**Executive Director:** Gloria Wong

**Phone:** 626-299-4700

**TTY:** 916-978-6286

**Fax:** 626-281-1163

**Address:** 1000 South Fremont Avenue

Alhambra, CA 91802

**Counties Served:** Eastern Los Angeles County including the communities of Alhambra and Whittier

#### ➤ Far Northern Regional Center

[www.farnorthernrc.org/main](http://www.farnorthernrc.org/main)

**Executive Director:** Melissa Gruhler

**Phone:** 530-222-4791

**Fax:** 530-222-8908

**Address:** 1900 Churn Creek Road, # 114

Redding, CA 96002

**Counties Served:** Butte, Glenn, Lassen, Modoc, Plumas, Shasta, Siskiyou, Tehama, and Trinity counties

#### ➤ Frank D. Lanterman Regional Center

[www.lanterman.org](http://www.lanterman.org)

**Executive Director:** Melinda Gruhler

**Phone:** 213-383-1300

**Fax:** 213-383-6526

**Address:** 3303 Wilshire Boulevard # 700

Los Angeles, CA 90010

**Counties Served:** The health districts of Central, Glendale, Hollywood-Wilshire, and Pasadena within the county of Los Angeles.

#### ➤ Golden Gate Regional Center

[www.ggrc.org](http://www.ggrc.org)

**Executive Director:** Eric Zigman

**Phone:** 415-546-9222

**Fax:** 415-546-9203

**Address:** 1355 Market Street # 220

San Francisco, CA 94103

**Counties Served:** The counties of Marin, San Francisco, and San Mateo.

#### ➤ Harbor Regional Center

[www.harborrc.org](http://www.harborrc.org)

**Executive Director:** Patrick Ruppe

**Phone:** 310-540-1711

**Fax:** 310-540-9538

**Address:** Del Amo Business Plaza

21231 Hawthorne Boulevard

**Counties Served:** The health districts of Bellflower, Harbor, Long Beach, and Torrance within the city of Los Angeles.

#### ➤ Inland Regional Center

[www.inlandrc.org](http://www.inlandrc.org)

**Executive Director:** Lavinia Johnson

**Phone:** 909-890-3000

**Fax:** 909-890-3001

**Address:** 1365 S. Waterman Avenue

San Bernardino, CA 92408

**Counties Served:** The counties of Riverside and San Bernardino.

## || California Regional Centers ||

### ➤ Kern Regional Center

[www.kernrc.org](http://www.kernrc.org)

**Executive Director:** Michi Gates, Ph.D.

**Phone:** 661-327-8531

**TTY:** 661-327-1251

**Fax:** 661-324-5060

**Address:** 3200 North Sillect Avenue  
Bakersfield, CA 93308

**Counties Served:** Inyo, Kern, and Mono Counties

### ➤ North Bay Regional Center

[www.nbrc.net](http://www.nbrc.net)

**Executive Director:** Bob Hamilton

**Phone:** 707-256-1100

**Fax:** 707-256-1112

**Address:** 610 Airpark Road  
Napa, CA 94558

**Counties Served:** Napa, Solano, and Sonoma counties

### ➤ North Los Angeles County Regional Center

[www.nlacrc.com](http://www.nlacrc.com)

**Executive Director:** Ruth Janka

**Phone:** 818-778-1900

**Fax:** 818-756-6140

**Address:** 9200 Oakdale Avenue # 100  
Chatsworth, CA 91311

**Counties Served:** The health districts of East Valley, San Fernando, and West Valley within the city of Los Angeles

### ➤ Redwood Coast Regional Center

[www.redwoodcoastrc.org](http://www.redwoodcoastrc.org)

**Executive Director:** Rick Blumberg

**Phone:** 707-445-0893

**Fax:** 707-462-3314

**Address:** 1116 Airport Park Boulevard  
Ukiah, CA 95482

**Counties Served:** Del Norte, Humboldt, Medocino and Lake counties

### ➤ Regional Center of the East Bay

[www.rceb.org](http://www.rceb.org)

**Executive Director:** Lisa Kleinbub

**Phone:** 510-618-6100

**TTY:** 510-357-3102

**Fax:** 626-281-1163

**Address:** 500 Davis Street # 100  
San Leandro, CA 94577

**Counties Served:** Alameda and Contra Costa counties

### ➤ Regional Center of Orange County

[www.rcocdd.com](http://www.rcocdd.com)

**Executive Director:** Larry Landauer

**Phone:** 714-796-5100

**Fax:** 714-796-5200

**Address:** 1525 North Tustin Avenue  
Santa Ana, CA 92705

**Counties Served:** Orange County

### ➤ San Andreas Regional Center

[www.sarc.org](http://www.sarc.org)

**Executive Director:** Javier Zaldivar

**Phone:** 408-374-9960

**Fax:** 408-376-0586

**Address:** 6203 San Ignacio Avenue  
San Jose, CA 95119

**Counties Served:** Monterey, San Benito, Santa Clara, and Santa Cruz

### ➤ San Diego Regional Center

[www.sdrc.org](http://www.sdrc.org)

**Executive Director:** Mark Klaus

**Phone:** 858-576-2996

**Fax:** 858-576-2873

**Address:** 4355 Ruffin Road # 200  
San Diego, CA 92123-1648

**Counties Served:** Imperial and San Diego counties

### ➤ San Gabriel/Pomona Regional Center

[www.sgprc.org](http://www.sgprc.org)

**Executive Director:** Dr. Jesse Weller

**Phone:** 909-620-7722

**Address:** 75 Rancho Camino Drive  
Pomona, CA 91766

**Counties Served:** The cities of El Monte, Monrovia, Pomona, and Glendora within the county of Los Angeles

### ➤ South Central Los Angeles Regional Center

[www.sclarc.org](http://www.sclarc.org)

**Executive Director:** Dexter A. Henderson

**Phone:** 213-744-7000

**Address:** 2500 S. Western Avenue  
Los Angeles, CA 90018

**Counties Served:** The health districts of Compton, San Antonio, South, Southeast, and Southwest within the county of Los Angeles

## || California Regional Centers ||

### ➤ **Tri-Counties Regional Center**

[www.tri-counties.org](http://www.tri-counties.org)

**Executive Director:** Omar Noorzad, Ph.D.

**Phone:** 805-962-7881

**Fax:** 805-884-7229

**Address:** 520 East Montecito Street

Santa Barbara, CA 93103-3278

**Counties Served:** San Luis Obispo, Santa Barbara, and  
Ventura counties

### ➤ **Valley Mountain Regional Center**

[www.vmrc.net](http://www.vmrc.net)

**Executive Director:** Tony Anderson

**Phone:** 209-473-0951

**Fax:** 209-473-0256

**Address:** 702 North Aurora Street

Stockton, CA 95202

**Counties Served:** Amador, Calaveras, San Joaquin,  
Stanislaus, and Tuolumne counties

### ➤ **Westside Regional Center**

[www.westsiderc.org](http://www.westsiderc.org)

**Executive Director:** Jane Borochoff

**Phone:** 310-258-4000

**Fax:** 310-649-1024

**Address:** 5901 Green Valley Circle # 320

Culver City, CA 90230

**Counties Served:** The health districts of Inglewood and  
Santa Monica-West within the county of Los Angeles

|| Department of Rehabilitation (DOR) ||  
|| Greater Bay Area District Office Locations ||

**California Department of  
Rehabilitation**

(916) 324-1313 (Voice) or (800) 952-5544 (Voice) 1-844-729-2800 (TTY)

Mailing Address: P.O. Box 944222 Sacramento, CA 94244-2220

Physical Address: 721 Capitol Mall Sacramento, CA 95814

[ExternalAffairs@dor.ca.gov](mailto:ExternalAffairs@dor.ca.gov)

**Greater East Bay District Office**

1485 Civic Court, Suite 1100  
Concord, CA 94520-5228  
(925) 602-3953 (Voice)  
(925) 676-5623 (TTY)

**Richmond Branch**

1003 W. Cutting Boulevard, Suite 100  
Richmond, CA 94804-2053  
(510) 232-7062 (Voice)  
(844)729-2800 (TTY)

**Antioch Branch**

3656 Delta Fair Boulevard  
Antioch, CA 94509-4006  
(925) 754-7700 (Voice)

**Berkeley Branch**

3075 Adeline Street, Suite 170  
Berkeley, CA 94703-2576  
(510) 883-6000 (Voice)

**Fairfield Branch**

450 Chadbourne Road, Suite A  
Fairfield, CA 94534-9612  
(707) 428-2080 (Voice)

**Fremont Branch**

39155 Liberty Street, Suite F630  
Fremont, CA 94538-1513  
(510) 794-2458 (Voice)

**Oakland Branch**

1515 Clay Street, Suite 119  
Oakland, CA 94612-1413  
(510) 622-2764 (Voice)

## || Elected Representative ||

### Alameda County Board of Supervisors

1221 Oak Street # 536

Oakland, CA 94612

<https://bos.acgov.org/>

#### **District 1**

Honorable David Haubert

Phone: (510) 272-6691

Fax: (510) 208-3910

[www.district1.acgov.org/](http://www.district1.acgov.org/)

[district1@acgov.org](mailto:district1@acgov.org)

#### **Communities Served:**

Dublin and Livermore; most of the city of Fremont; a portion of the unincorporated community of Sunol; and most of the unincorporated area of the Livermore-Amador Valley.

#### **District 3**

Honorable Lena Tam

Phone: (510) 272-6693

Fax: (510) 268-8004

[www.district3.acgov.org/](http://www.district3.acgov.org/)

[district3@acgov.org](mailto:district3@acgov.org)

#### **Communities Served:**

Alameda and San Leandro; a portion of the city of Oakland, including the Chinatown, San Antonio, Fruitvale and Melrose areas; the unincorporated communities of San Lorenzo and Hayward Acres; and a portion of the unincorporated community of Ashland.

#### **District 5**

Honorable Keith Carson

President

Phone: (510) 272-6695

Fax: (510) 271-5151

[www.district5.acgov.org/](http://www.district5.acgov.org/)

[district5@acgov.org](mailto:district5@acgov.org)

#### **Communities Served:**

Albany, Berkeley, Emeryville, Piedmont and a portion of Oakland including West Oakland, North Oakland, and the North Hills areas.

#### **District 2**

Honorable Elisa Marquez

Phone: (510) 272-6692

Fax: (510) 271-5115

[www.district2.acgov.org/](http://www.district2.acgov.org/)

[district2@acgov.org](mailto:district2@acgov.org)

#### **Communities Served:**

Hayward, Newark and Union City; the northern portion of the city of Fremont; and a portion of the unincorporated community of Sunol.

#### **District 4**

Honorable Nate Miley

Vice President

Phone: (510) 272-6694

Fax: (510) 465-7628

[www.district4.acgov.org/](http://www.district4.acgov.org/)

[district4@acgov.org](mailto:district4@acgov.org)

#### **Communities Served:**

Pleasanton, including the adjacent unincorporated Castlewood and Happy Valley areas; the Lower Hills, South Hills and Elmhurst areas of Oakland; the unincorporated communities of Castro Valley, Cherryland, and Fairview; and most of the unincorporated community of Ashland.

## || Elected Representative ||

### Elected Mayors

#### **Alameda**

Mayor Marilyn Ezzy Ashcraft  
2263 Santa Clara Avenue  
Alameda, CA 94501  
Phone: (510) 747-4701  
Fax: 510-865-1498  
[alameda-ca Elected-Officials](#)  
[mezzyashcraft@alamedaca.gov](mailto:mezzyashcraft@alamedaca.gov)

#### **Albany**

Mayor Aaron Tiedemann  
1000 San Pablo Avenue  
Albany, CA 94706  
Phone: (510) 559-4583  
Fax: (510) 528-5797  
[albany-ca Elected-Officials](#)  
[atiedemann@albanyca.org](mailto:atiedemann@albanyca.org)

#### **Berkeley**

Mayor Jesse Arreguin  
2180 Milvia Street  
Berkeley, CA 94704  
Phone: (510) 981-7100  
Fax: (510) 9817199  
TTY: (510) 981-6903  
[berkeley-ca Elected-Officials](#)  
[mayor@CityofBerkeley.info](mailto:mayor@CityofBerkeley.info)

#### **Dublin**

Mayor Melissa Hernandez  
100 Civic Plaza  
Dublin, CA 94568  
Phone: (925) 833-6663  
Fax: (925) 833-6651  
[dublin-ca Elected-Officials](#)  
[melissa.hernandez@dublin.ca.gov](mailto:melissa.hernandez@dublin.ca.gov)

#### **Emeryville**

Mayor Kalimah Priforce  
1333 Park Avenue  
Emeryville, CA 94608  
Phone: (510) 596-4376  
Fax: (510) 658-8096  
[emeryville-ca Elected-Officials](#)  
[priforce@emeryville.org](mailto:priforce@emeryville.org)

#### **Fremont**

Mayor Lily Mei  
3300 Capitol Avenue  
Fremont, CA 94538  
Phone: (510) 284-4011  
Fax: (510) 284-4001  
[fremont-ca Elected-Officials](#)  
[lmei@fremont.gov](mailto:lmei@fremont.gov)

#### **Hayward**

Mayor Mark Salinas  
777 B Street, 4th Floor  
Hayward, CA 94541  
Phone: (510) 583-4340  
Fax: (510) 583-3601  
[hayward-ca Elected-Officials](#)  
[Mark.Salinas@hayward-ca.gov](mailto:Mark.Salinas@hayward-ca.gov)

#### **Livermore**

Mayor John Marchand  
1052 S. Livermore Avenue  
Livermore, CA 94550  
Phone: (925) 960-4020  
Fax: (925) 373-5125  
[livermore-ca Elected-Officials](#)  
[mayormarchand@livermoreca.gov](mailto:mayormarchand@livermoreca.gov)

#### **Newark**

Mayor Michael Hannon  
37101 Newark Boulevard  
Newark, CA 94560  
Phone: (510) 578-4914  
Fax: (510) 578-4306  
[newark-ca Elected-Officials](#)  
[michael.hannon@newark.org](mailto:michael.hannon@newark.org)

#### **Oakland**

Mayor Sheng Thao  
1 Frank H. Ogawa Plaza, 3rd Floor  
Oakland, CA 94612  
Phone: (510) 238-3141  
[oakland-ca Elected-Officials](#)  
[officeofthemayor@oaklandnet.com](mailto:officeofthemayor@oaklandnet.com)

#### **Piedmont**

Mayor Jennifer Cavanaugh  
120 Vista Avenue  
Piedmont, CA 94611  
Phone: (510) 420-3048  
Fax: (510) 420-3033  
[piedmont-ca Elected-Officials](#)  
[jcavanaugh@piedmont.ca.gov](mailto:jcavanaugh@piedmont.ca.gov)

#### **Pleasanton**

Mayor Karla Brown  
123 Main St  
Pleasanton, CA 94566  
Phone: (925) 931-5001  
Fax: (925) 931-5492  
[pleasanton-ca Elected-Officials](#)  
[kbrown@cityofpleasantonca.gov](mailto:kbrown@cityofpleasantonca.gov)

#### **San Leandro**

Mayor Juan Gonzalez, III  
835 E. 14th Street  
San Leandro, CA 94577  
Phone: (510) 577-3355  
Fax: (510) 577-3340  
[san leandro-ca Elected-Officials](#)  
[pcutter@sanleandro.org](mailto:pcutter@sanleandro.org)

#### **Union City**

Mayor Carol Dutra-Vernaci  
34009 Alvarado-Niles Road  
Union City, CA 94587  
Phone: (510) 471-3232  
Fax: (510) 475-7318  
[union city-ca Elected-Officials](#)  
[carold@unioncity.org](mailto:carold@unioncity.org)

# || Elected Representative ||

## State Representatives

Find your Rep: [State Legislature](#)

### State Senators

[www.senate.ca.gov](http://www.senate.ca.gov)

#### **District 7**

Honorable Steve Glazer

##### Website

- District Office  
51 Moraga Way, Suite 2  
Orinda, CA 94563  
Phone: (925) 258-1176  
Fax: (925) 258-9982
- Capitol Office  
1021 O Street, Suite 7520  
Sacramento, CA 95814  
Phone: (916) 651-4007  
Fax: (916) 651-4907

#### **District 9**

Honorable Nancy Skinner

##### Website

- District Office  
1515 Clay Street, Suite 2202  
Oakland, CA 94612  
Phone: (510) 286-1333  
Fax: (510) 286-3885
- Capitol Office  
1021 O Street, Suite 8630  
Sacramento, CA 95814  
Phone: (916) 651-4009  
Fax: (916) 651-4909

#### **District 10**

Honorable Aisha Wahab

##### Website

- District Office  
39510 Paseo Padre Parkway, Suite 280  
Fremont, CA 94538  
Phone: (510) 794-3900
- Capitol Office  
1021 O Street, Room 6530  
Sacramento, CA 95814  
Phone: (916) 651-4410

### State Assembly Members

[www.assembly.ca.gov](http://www.assembly.ca.gov)

#### **District 15**

Honorable Timothy Grayson

##### Website

- District Office  
1515 Clay Street, Suite 2201  
Oakland, CA 94612  
Phone: (510) 286-1400
- Capitol Office  
1021 O Street, Suite 4240  
Sacramento, CA 95814  
Phone: (916) 319-2015  
Fax: (916) 319-2115

#### **District 16**

Honorable Rebecca Bauer-Kahan

##### Website

- District Office  
12677 Alcosta Boulevard, Suite 395  
San Ramon, CA 94583  
Phone: (925) 244-1600
- Capitol Office  
Sacramento, CA 95814  
Phone: (916) 319-2016  
Fax: (916) 319-2116

#### **District 18**

Honorable Mia Bonta

##### Website

- District Office  
1515 Clay Street, Suite 2204  
Oakland, CA 94612  
Tel: (510) 286-1670
- Capitol office  
1021 O Street, Suite 5620  
P.O. Box 942849  
Sacramento, CA 94249-0025  
Phone: (916) 319-2018



## || Elected Representative ||

### **District 20**

Honorable Liz Ortega

[Website](#)

- District Office  
22320 Foothill Blvd, Suite 540  
Hayward, CA 94541  
Phone: (510) 583-8818  
Fax: (510) 583-8800
- Capitol Office  
1021 O Street, Suite 5120  
P.O. Box 942849  
Sacramento, CA 94249-0020  
Phone: (916) 319-2020  
Fax: (916) 319-2120

### **District 25**

Honorable Ash Kalra

[Website](#)

- District Office  
1313 N. Milpitas Blvd Suite #255  
Milpitas, Ca 95035  
Phone: (408) 262-2501  
Fax: (408) 262-2512
- Capitol Office  
1021 O Street, Suite 2170  
P.O. Box 942849  
Sacramento, CA 94249-0025  
Phone: (916) 319-2025  
Fax: (916) 319-2125

## || Elected Representative ||

### Federal Representatives

Find your Rep: [Senate](#)--[House](#)

#### U.S. Senate

[www.senate.gov](http://www.senate.gov)

##### Honorable Alex Padilla (D)

[Website](#)

- District Office  
333 Bush Street Suite 3225  
San Francisco, CA 94104  
Phone: (415) 981-9369  
Fax: (202) 224-0454
- Washington DC Office  
112 Hart Senate Office Building  
Washington, DC 20510  
Phone (202) 224-3553  
Fax (202) 224-2200

##### Honorable Dianne Feinstein(D)

[Website](#)

- District Office  
One Post Street, Suite 2450  
San Francisco, CA 94104  
Phone: (415) 393-0707  
Fax: (415) 393-0710
- Washington DC Office  
331 Hart Senate Office Building  
Washington, DC 20510  
Phone: (202) 224-3841  
Fax: (202) 228-3954  
TTY/TDD: (202) 224-2501

#### House of Representatives

[www.house.gov](http://www.house.gov)

##### CA 11

Honorable Mark DeSaulnier

[Website](#)

- District Office  
3100 Oak Road Suite 110  
Walnut Creek, CA 94597  
Phone: (925) 933-2660  
Fax: (925) 933-2677
- Washington, DC Office  
503 Cannon House Office Building

Honorable Mark DeSaulnier (Cont'd)

Washington, DC 20515

Phone: (202) 225-2095

Fax: (202) 225-5609

##### CA 13

Honorable John Duarte (R)

[Website](#)

- District Office  
1 Kaiser Plaza, Suite 1010  
Oakland, CA 94612  
Phone: (510) 763-0370
- Washington DC Office  
2470 Rayburn House Office Building  
Washington, DC 20515  
Phone: (202) 225-2661  
Fax: (202) 225-9817

##### CA 15

Honorable Kevin Mullin (D)

[Website](#)

- District Office  
20990 Redwood Road  
Castro Valley, CA 94546  
Phone: (510) 370-3322  
Hours: M-F 9:00 AM to 5:00 PM
- Washington Office  
174 Cannon House Office Building  
Washington, DC 20515  
Phone: (202) 225-5065  
Hours: M-F 9:00 AM to 5:00 PM

##### CA 17

Honorable Ro Khanna (D)

[Website](#)

- District Office  
3150 De La Cruz Blvd Suite 240  
Santa Clara, CA 95054  
Phone: (408) 436-2720  
Fax: (408) 436-2721
- Washington DC Office  
306 Cannon House Office Building  
Washington, DC 20515
- Phone: (202) 225-2631

## || Resources ||

### **Benefits**

#### **California Department of Rehabilitation**

[www.dor.ca.gov](http://www.dor.ca.gov)

The California Department of Rehabilitation works in partnership with consumers and other stakeholders to provide services and advocacy resulting in employment, independent living and equality for individuals with disabilities.

#### **Centers for Medicare & Medicaid Services**

[www.cms.gov](http://www.cms.gov)

The federal agency that administers Medicare and Medicaid.

#### **Disability Benefits 101**

[www.db101.org](http://www.db101.org)

California's disability benefits planning resource site helps workers, job seekers, and service providers understand the connections between work and disability. A user-friendly website.

#### **Social Security Online**

[www.ssa.gov](http://www.ssa.gov)

The official website of the Social Security Administration  
Social Security Disability Programs.

[www.ssa.gov/disability](http://www.ssa.gov/disability)

Information and links on Social Security Disability Insurance and Supplemental Security Income. Disability Benefits Planner explains about eligibility and procedures for claiming and receiving benefits.

### **Disability Services**

#### **ADA Home Page**

[www.ada.gov](http://www.ada.gov)

Information and Technical Assistance on the Americans with Disabilities Act.

#### **Administration on Intellectual Developmental Disabilities**

[www.acl.gov/about-acl/administration-disabilities](http://www.acl.gov/about-acl/administration-disabilities)

The Administration on Developmental Disabilities ensures that individuals with developmental disabilities and their families participate in the design of and have access to culturally competent services, supports, and other assistance and opportunities that promotes independence, productivity, and integration and inclusion into the community.

#### **American Council for the Blind**

[www.acb.org](http://www.acb.org)   [info@acb.org](mailto:info@acb.org)

1-(800) 424-8666

#### **American Foundation for the Blind**

[www.afb.org](http://www.afb.org)

1-(800) 232-5463

## || Resources ||

### **American Speech-Language-Hearing Association**

[www.asha.org](http://www.asha.org)

**Members** (800) 498-2071 **non-members** 1-(800) 638-8255

TTY (301) 296-5650

### **American Trauma Society**

[www.amtrauma.org](http://www.amtrauma.org)    [info@amtrauma.org](mailto:info@amtrauma.org)

1-(800) 556-7890

### **Association of Regional Center Agencies**

[www.arcenet.org](http://www.arcenet.org)

The Association of Regional Center Agencies represents the autonomous regional centers in supporting and advancing the intent and mandate of the Lanterman Developmental Disabilities Services Act.

Includes legislative information and contact information for individual regional centers.

### **Autism Society of America**

[www.autismsociety.org](http://www.autismsociety.org)    [info@autism-society.org](mailto:info@autism-society.org)

1-(800) 328-8476

### **Autism Society of the San Francisco Bay Area**

<https://sfautismsociety.org/>    [info@sfautismsociety.org](mailto:info@sfautismsociety.org)

1-(650) 637-7772

The Autism Society of the San Francisco Bay Area is an all-volunteer, grass-roots organization of parents, family members, friends and professionals concerned about the well-being of local autism families, with an emphasis on expanding the limited lifespan care options for the dramatically increasing numbers of adults with autism.

### **Best Buddies**

[www.bestbuddies.org](http://www.bestbuddies.org)

Best Buddies is a non-profit 501(c)(3) organization dedicated to enhancing the lives of people with intellectual disabilities by providing opportunities for one-to-one friendships and integrated employment.

### **Better Hearing Institute Hearing Helpline**

[www.betterhearing.org](http://www.betterhearing.org)

1-(800) 327-9355

### **Brain Injury Association**

(To be used by patients and families only)

[www.biausa.org](http://www.biausa.org)

1-(800) 444-6443

### **California's Assistive Technology Act Program**

#### **Ability Tools**

[www.abilitytools.org/](http://www.abilitytools.org/)

Dedicated to expanding the accessibility of tools, resources and technology that will help increase independence, improve personal productivity and enhance the quality of life for all Californians

## || Resources ||

### **California Deaf-Blind Services**

[www.cadbs.org](http://www.cadbs.org)

1-(415) 405-7560

### **Center for Independent Living – Berkeley**

[www.thecil.org/](http://www.thecil.org/)

The Center for Independent Living (CIL) is a national leader in helping people with disabilities live independently and become productive, fully participating members of society.

### **Cleft Palate Foundation – Cleftline**

<https://acpacares.org/>

1-(800) 242-5338

### **Community Resources for Independent Living (CRIL)**

[www.crilhayward.org/](http://www.crilhayward.org/)

Community Resources for Independent Living is a peer-based disability resource agency that provides advocacy and resources for people with disabilities to improve lives and make communities fully accessible.

### **California Department of Developmental Services (DDS)**

[www.dds.ca.gov/](http://www.dds.ca.gov/)

DDS is the agency through which the State of California provides services and supports to children and adults with developmental disabilities.

### **Disability Rights Advocates**

[www.drlegal.org](http://www.drlegal.org)

Disability Rights Advocates is a national and international non-profit organization dedicated to protecting and advancing the civil rights of people with disabilities.

### **Disability Rights California (DRC)**

[www.disabilityrightsca.org](http://www.disabilityrightsca.org)

Disability Rights California works in partnership with people with disabilities to protect, advocate for and advance their human, legal and service rights.

### **Disability Rights Education and Defense Fund (DREDF)**

[www.dredf.org](http://www.dredf.org)

DREDF is a national law and policy center dedicated to protecting and advancing the civil rights of people with disabilities through legislation, litigation, advocacy and technology.

### **Epilepsy Foundation of America**

[www.epilepsy.com](http://www.epilepsy.com) 1-(800) 332-1000

[ContactUs@efa.org](mailto:ContactUs@efa.org) **Spanish Speakers Only:** 1-(866) 748-8008

### **Family Voices**

[www.familyvoices.org](http://www.familyvoices.org)

Provides info and resources for families of children with special healthcare needs.

## || Resources ||

### **International Shriners Headquarters**

[www.beashrinernow.com/](http://www.beashrinernow.com/)

1-(800) 237-5055

### **Learning Disabilities Association of America**

[www.lidaamerica.org](http://www.lidaamerica.org)   [info@lidaamerica.org](mailto:info@lidaamerica.org)

Learning Disabilities Association of America created the Healthy Children Project to raise awareness, promote policies and practices, and to build a nationwide network of LDA members working to protect children's health and reduce toxic exposures that may lead to learning disabilities in current and future generations.

### **National Center for Learning Disabilities**

[www.nclld.org](http://www.nclld.org)

The National Center for Learning Disabilities – the leading online resource for parents and educators on learning disabilities and related disorders

### **National Council on Disability**

[www.ncd.gov](http://www.ncd.gov)

NCD is an independent federal agency charged with advising the President, Congress, and other federal agencies regarding policies, programs, practices, and procedures that affect people with disabilities.

### **National Down Syndrome Society**

[www.ndss.org](http://www.ndss.org)   [info@ndss.org](mailto:info@ndss.org)

1-(800) 221-4602

### **National Easter Seals Society**

[www.easterseals.org](http://www.easterseals.org)   [info@easterseals.org](mailto:info@easterseals.org)

1-(800) 668-6252

### **National Spinal Cord Injury Hotline**

Disability Resource Center

[www.disabilityrc.org/](http://www.disabilityrc.org/)

1-(800) 962-9629

### **Network of Care**

[www.alameda.networkofcare.org/mh/](http://www.alameda.networkofcare.org/mh/)

This comprehensive, Internet-based resource is for the elderly and people with disabilities, as well as their caregivers and service providers.

### **Occupational Hearing Services**

(Dial a Hearing Screening Test)

1-(800) 222-3277

### **Regional Center of the East Bay**

[www.rceb.org](http://www.rceb.org)

RCEB is a private, non-profit corporation under contract with the California Department of Developmental Services that works in partnership with many individuals and other agencies to plan and coordinate services and supports for people with developmental disabilities.

## || Resources ||

### **T-Mobile Accessibility- California Relay Service**

[www.tmobileaccess.com/](http://www.tmobileaccess.com/)

Provides information on CRS, a telecommunications relay service, which provides full telephone accessibility to people who are deaf, hard of hearing or speech disabled.

### **The Arc of the United States**

[www.thearc.org](http://www.thearc.org)

The Arc of the United States works to include all children and adults with cognitive, intellectual, and developmental disabilities in every community.

### **The Arc of California**

[www.thearca.org](http://www.thearca.org)

Advocacy association of people with I/DD, their families, their providers, and volunteers of all experiences.

### **Through the Looking Glass (TLG)**

[www.lookingglass.org](http://www.lookingglass.org)

TLG is a nationally recognized center that has pioneered research, training, and services for families in which a child, parent or grandparent has a disability or medical issue.

### **United Cerebral Palsy Associations**

#### **Washington DC – National Headquarters**

[www.ucp.org](http://www.ucp.org)

1-(800) 872-5827

A network of support, information, and innovation that spans the San Francisco Bay.

## **Health and Mental Health Information**

### **Childhelp National Child Abuse Hotline**

[www.childhelp.org](http://www.childhelp.org)

1-(800) 422-4453

### **California Department of Health Care Services**

[www.dhcs.ca.gov](http://www.dhcs.ca.gov)

Provides information and news, as well as ombudsman and other support services. Offers a searchable database of mental health facilities and a statewide 24 – hour mental health crisis hotline.

### **California Medi-Cal Information**

[www.medi-cal.ca.gov/](http://www.medi-cal.ca.gov/)

This site provides access to provider bulletins, manuals, regulations and forms for enrolling in the Medi-Cal program. A variety of transactions can also be performed through this site.

### **California Health Advocates**

[www.cahealthadvocates.org/](http://www.cahealthadvocates.org/)

This site provides information about the Medicare program in California, as well as the options for covering health costs not paid for by Medicare.

## || Resources ||

### **Office of Disability Employment Policy-Disability Information**

[www.dol.gov/agencies/odep/topics](http://www.dol.gov/agencies/odep/topics)

Government resources, services and information for people with disabilities.

### **M.I.N.D. Institute, UC Davis**

<https://health.ucdavis.edu/mindinstitute/>

1-(916) 703-0280

The UC Davis MIND Institute (Medical Investigation of Neurodevelopmental Disorders) is a collaborative international research center, committed to the awareness, understanding, prevention, care, and cures of Neurodevelopmental disorders.

### **National Association of the Dually Diagnosed (NADD)**

[www.thenadd.org](http://www.thenadd.org)

NADD is a not-for-profit membership association established for professionals, care providers and families to promote understanding of and services for individuals who have developmental disabilities and mental health needs.

### **National Health Information Center**

[www.health.gov/our-work/health-literacy/resources/national-health-information-center](http://www.health.gov/our-work/health-literacy/resources/national-health-information-center)

1-(800) 336-4797

[nhic@hhs.gov](mailto:nhic@hhs.gov)

### **U.S. Department of Health and Human Services**

#### **Office for Civil Rights**

[www.hhs.gov/ocr/index.html](http://www.hhs.gov/ocr/index.html)

Promotes and ensures that people have equal access and opportunity to participate in and receive services in all HHS programs without facing unlawful discrimination.

## **Housing and Employment**

### **U.S. Department of Housing and Urban Development**

[www.hud.gov/](http://www.hud.gov/)

Information on federal housing programs and services, with subsections for seniors and people with disabilities.

### **Eden I&R Online Resource Directory**

[www.211alamedacounty.org](http://www.211alamedacounty.org)

The Eden I&R directory provides the most current up-to-date information about Alameda County Social Service providers. This information is available 24 hours a day to government agencies, non-profits and the public.

### **ERIC Clearinghouse on Adult Career and Vocational Education**

[www.eric.ed.gov](http://www.eric.ed.gov)

1-(800) 538-3742

Is a national information system funded by the U.S Department of Education's Institute of Education Sciences to provide access to education literature and resources.



## || Bay Area Family Resource Centers ||

### **CARE Parent Network**

1340 Arnold Drive, Suite 115  
Martinez, CA 94553  
Phone: (925) 313-0999  
Fax: (925) 370-8651  
E-mail: [info@careparentnetwork.org](mailto:info@careparentnetwork.org)  
[www.careparentnetwork.org/](http://www.careparentnetwork.org/)  
Area Served: Contra Costa County

### **Family Resource Navigators**

291 Estudillo Avenue  
San Leandro, CA 94577  
Phone: 510-547-7322  
Fax: (510) 352-1976  
Email: [info@familyresourcenavigators.org](mailto:info@familyresourcenavigators.org)  
[www.familyresourcenavigators.org](http://www.familyresourcenavigators.org)  
Area Served: Alameda County

### **Parents Helping Parents, Inc.**

1400 Parkmoor Avenue, Suite 100  
San Jose, CA 95126  
Phone: (408) 727-5775  
Toll free: 1-(855) 727-5775  
Fax: (408) 286-1116  
Education Dept Fax (408)286-1117  
Email: [info@php.com](mailto:info@php.com)  
[www.php.com](http://www.php.com)  
Area Served: Santa Clara Santa Cruz San Mateo, San Benito and Monterey Counties

### **Family Resource Center**

1764 Marco Polo Way  
Burlingame, CA 94010  
Phone: (650) 259-0189  
Fax: (650) 259-0188  
[www.smcfrc.org](http://www.smcfrc.org)  
E-mail: [info@smcfrc.org](mailto:info@smcfrc.org) or  
[frcespanol@smcfrc.org](mailto:frcespanol@smcfrc.org)  
Area Served: San Mateo County

### **MATRIX Parent Network and Resource Center**

2400 Las Gallinas Avenue, Suite 115  
San Rafael, CA 94903-1454  
(415) 884-3535 Voice  
(415) 884-3555 Fax  
Toll free: 1-(800) 578-2592 Toll free for Marin, Napa, Solano and Sonoma  
Email: [info@matrixparents.org](mailto:info@matrixparents.org)  
[helpline@matrixparents.org](mailto:helpline@matrixparents.org)  
[www.matrixparents.org](http://www.matrixparents.org)  
Areas Served: Marin, Napa, Solano and Sonoma Counties

### **Support for Families of Children with Disabilities**

1663 Mission Street, Suite 700  
San Francisco, CA 94103  
Phone: (415) 282-7494  
Warmline (415) 920-5040  
Fax: (415) 282-1226  
Email: [info@supportforfamilies.org](mailto:info@supportforfamilies.org)  
[www.supportforfamilies.org](http://www.supportforfamilies.org)  
Area Served: San Francisco County

## || Covid-19 Resources ||

### ◇ General Resources ◇

- ❖ Alameda County Public Health Department Covid-19 Line
- ❖ Ph: 510.268.2101
- ❖ Email: [ncov@acgov.org](mailto:ncov@acgov.org)
- ❖ Covid main page [www.covid-19.acgov.org/](http://www.covid-19.acgov.org/)

### ◇ Testing & Vaccines ◇

- ❖ Covid-19 Tests  
[www.covid-19.acgov.org/testing](http://www.covid-19.acgov.org/testing)
- ❖ Covid-19 Vaccine  
[www.covid-19.acgov.org/vaccines](http://www.covid-19.acgov.org/vaccines)

### ◇ Schools ◇

- ❖ [www.covid-19.acgov.org/schools](http://www.covid-19.acgov.org/schools)
- ❖ [Trauma Resilience Tips for Distance Learning](#) (ACPHD)

### ◇ Other ◇

- ❖ Mental Health Assistance  
[Covid-19 Alameda County Public Health mental health Resources](#)  
[Mental Health Crisis](#)
- ❖ Referrals-(Alameda County 211)  
[www.211alamedacounty.org](http://www.211alamedacounty.org)
- ❖ CDC Covid-19 resources  
[www.cdc.gov/coronavirus/2019-nCoV](http://www.cdc.gov/coronavirus/2019-nCoV)
- ❖ Courts  
[www.alameda.courts.ca.gov/Pages.aspx/COVID-19](http://www.alameda.courts.ca.gov/Pages.aspx/COVID-19)
- ❖ Federal Assistance  
[www.benefits.gov/help/faq/Coronavirus-resourcesusa.gov/coronavirus](http://www.benefits.gov/help/faq/Coronavirus-resourcesusa.gov/coronavirus)