

Alameda County Adult & Aging Services

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Developmental Disabilities Council
May 10, 2017





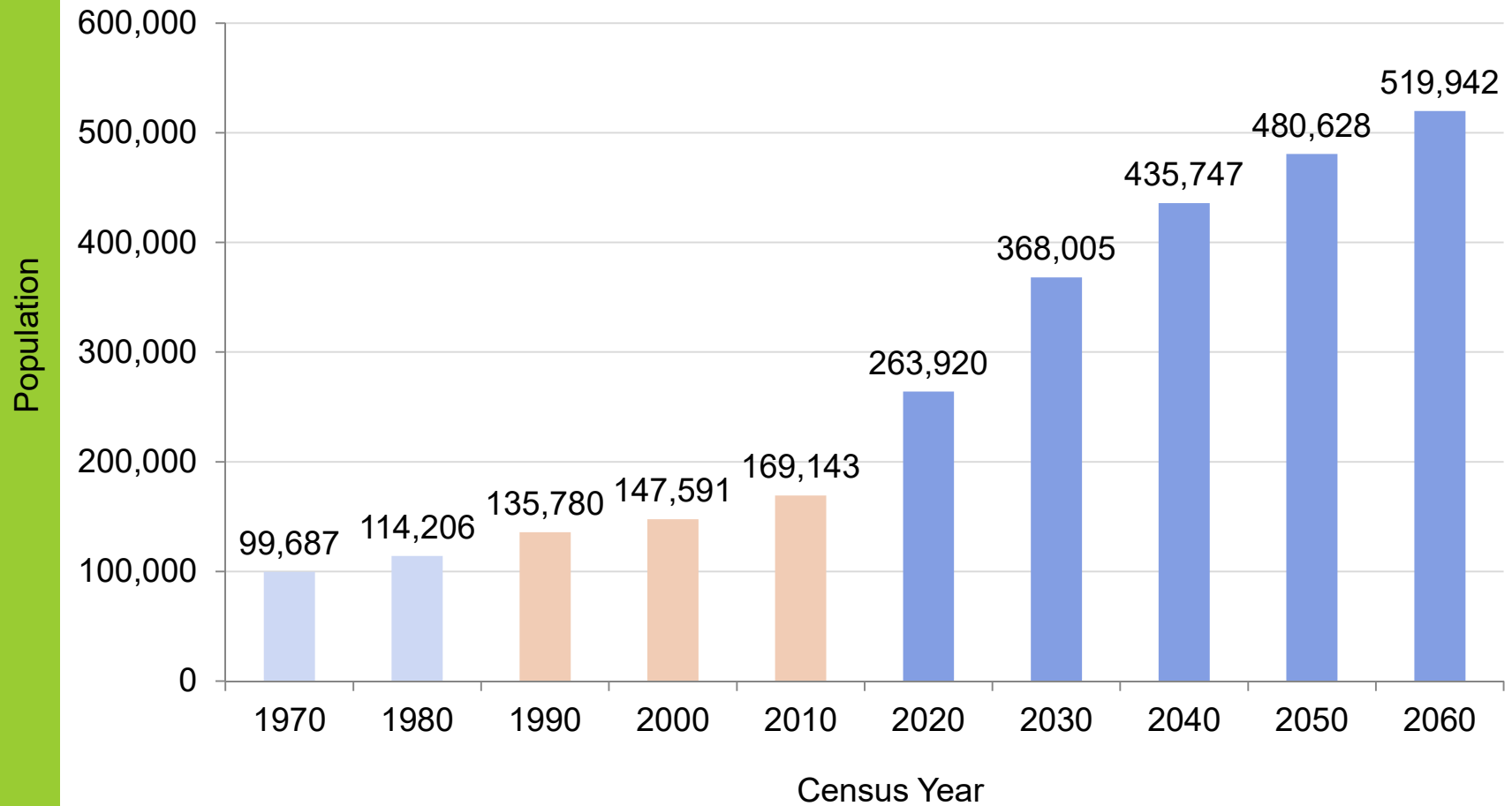
Agenda

- Provide an overview of Aging in Alameda County
- Describe the Area Agency on Aging
- Share top level results of our recent planning effort





Aging in Alameda County

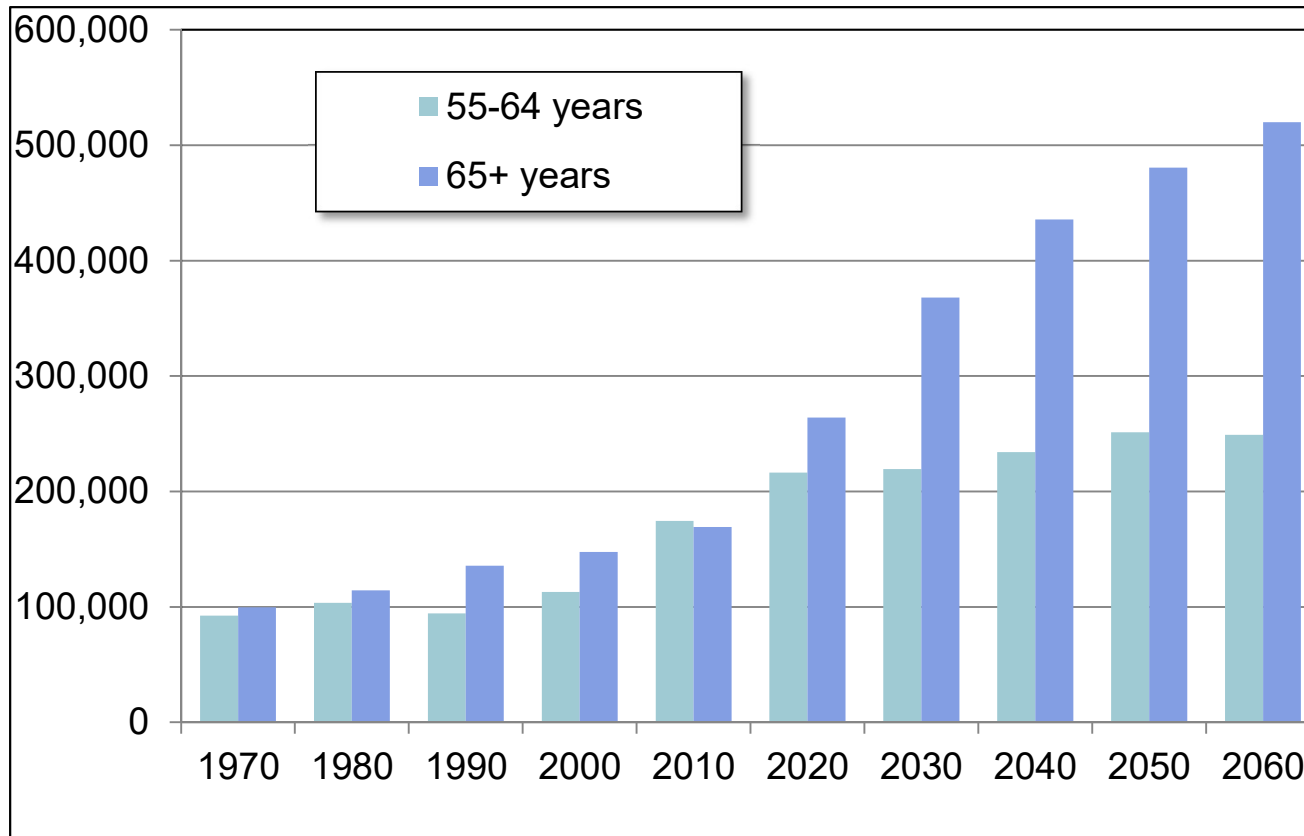


Source: California Department of Finance, Report P-1 (Age), State and County Population Projections by Major Age Groups, 2020-2060; US Census Bureau Data 1970-2010





Older Adult Population Projections



1970-2010

70% growth in 65+ population

89% growth in 55-64 population

2010-2060

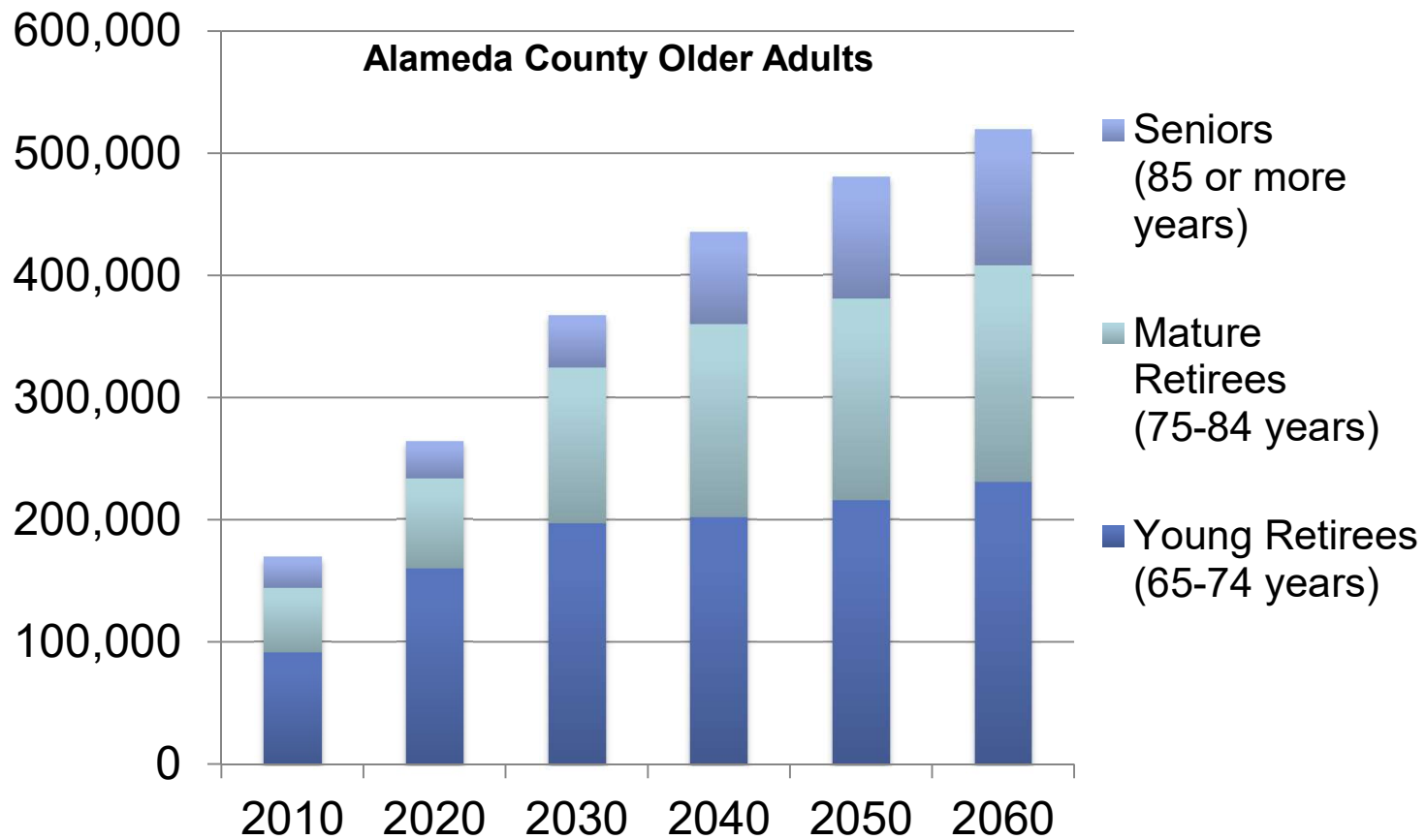
207% growth in 65+ population

43% growth in 55-64 population





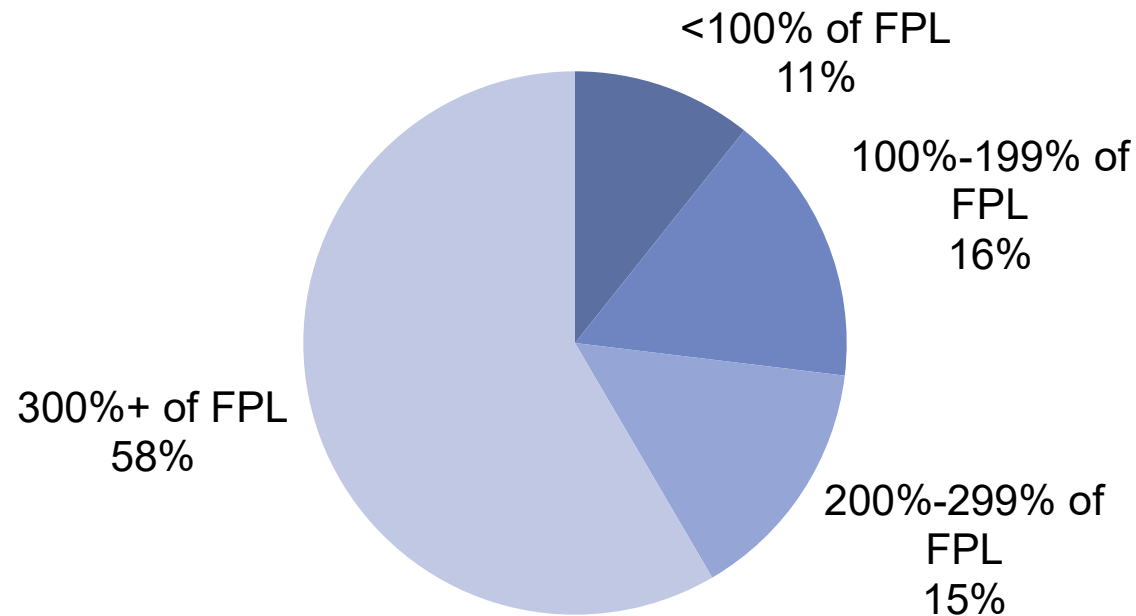
Older Adults by Age Bracket





Older Adult Socioeconomic Status

Poverty Levels among Older Adults



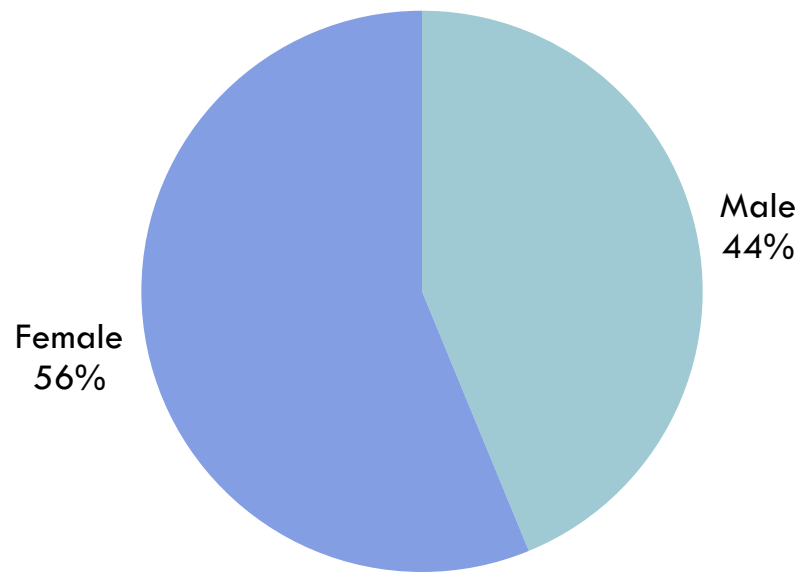
- Just over 1 in 10 older adults live under the federal poverty line
- Over 1 in 4 older adults earn <200% of FPL



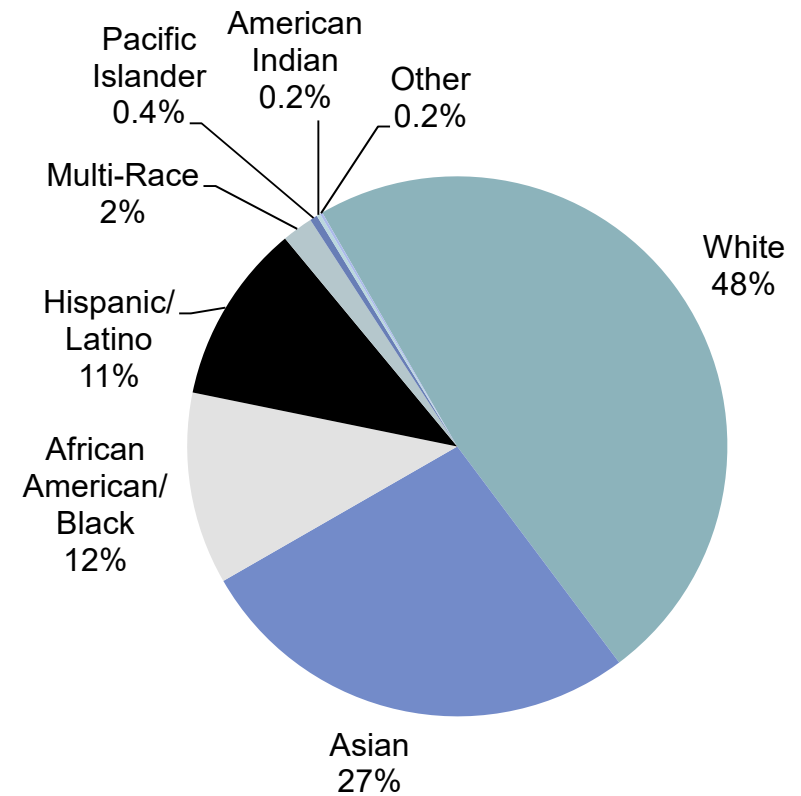


Older Adult Demographics

Older Adults by Gender



Older Adults by Race/Ethnicity



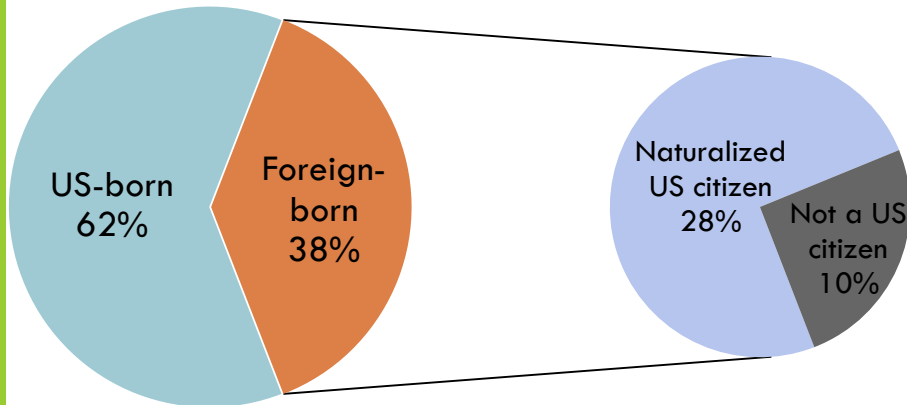
Source: CAPE, with data from ESRI, 2015





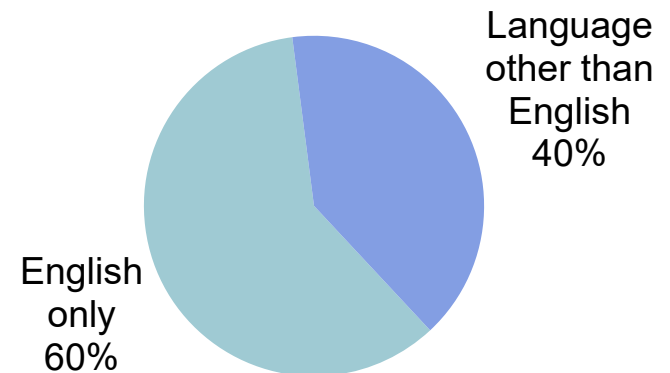
Older Adult Citizenship & Language

Older Adults by Place of Birth & Citizenship Status



- Over 1 in 3 older adults are foreign-born
- 1 in 10 older adults are not US citizens

Older Adults by Language Spoken at Home



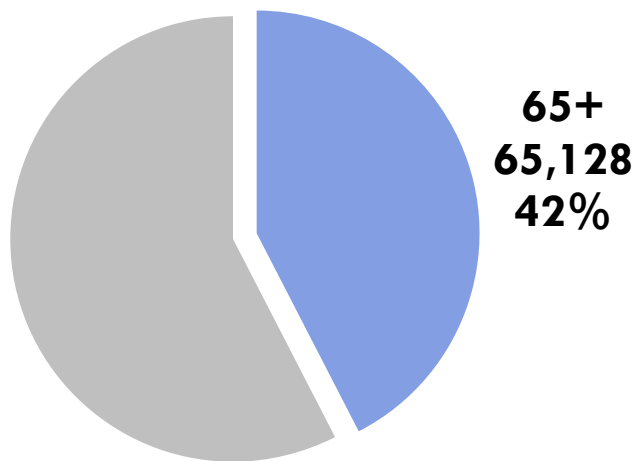
- Many older adults (40%) speak a language other than English at home



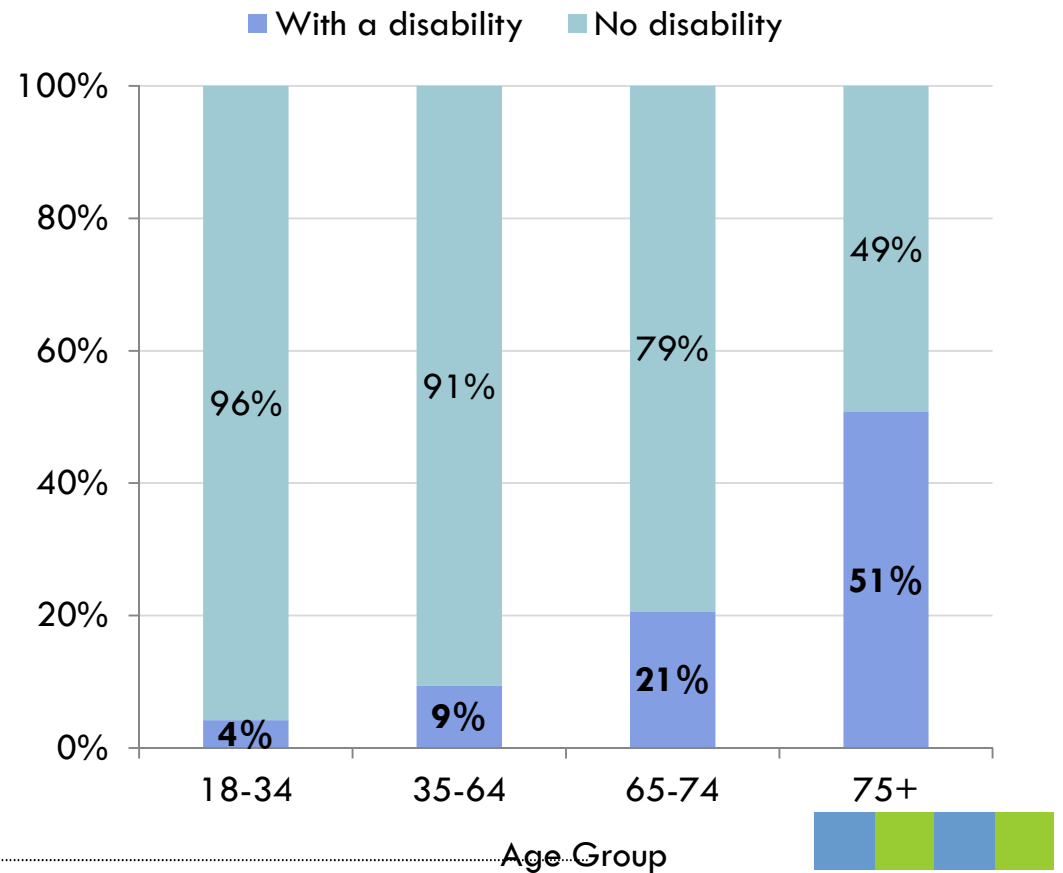


Older Adult Disability Status

Age Distribution of People with Disabilities



Disability Status by Age Group

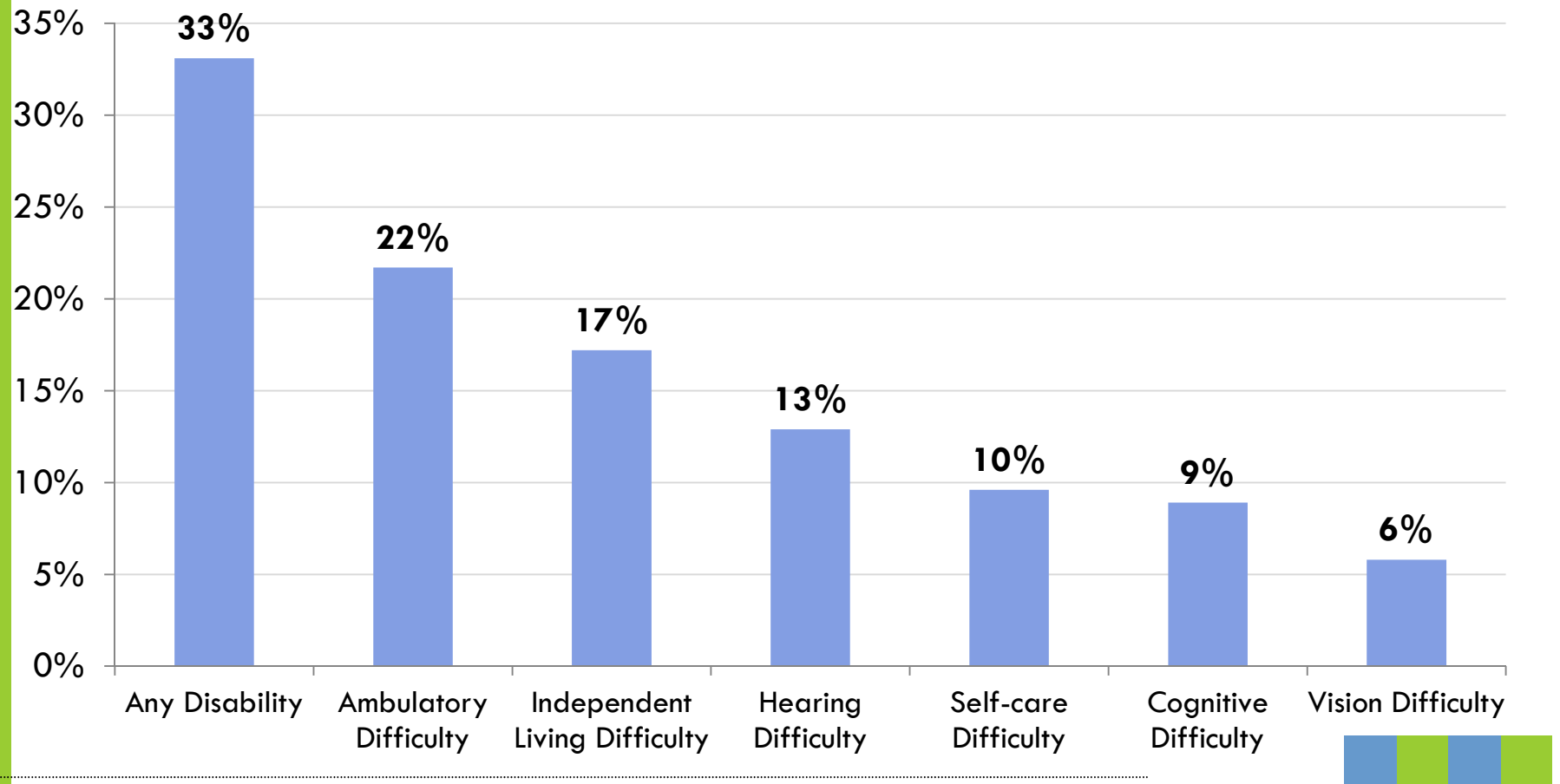


Source: American Community Survey, 2014



Older Adult Types of Disability

Type of Disabilities among Older Adults (65+)



Source: American Community Survey, 2014



Area Agency on Aging

- Department within Adult & Aging Services division of Social Services Agency
- Advised by a 21 person Commission
- Governed by the Alameda County Board of Supervisors
- Administers 72 contracts for services
- Serves 65,000 older adults annually
- Funded through federal, state and local grants





AAA Responsibilities

- Lead planning efforts for Older Adults in Alameda County
- Provide technical assistance and oversee the distribution of Older American's Act funds
- Provide program and fiscal monitoring of all providers to ensure quantity and quality of services





AAA Provider Network

Services through Community Providers

- 38 Organizations
- 72 Contracts
- 18 Programs





AAA Services

- Adult Day Care
- Case Management
- Congregate Meals
- Disease Prevention
- Elder Abuse Prevention
- Fall Prevention
- Family Caregiver Support
- Health Promotion
- HICAP
- Home Delivered Meals
- **Information & Assistance**
- Legal Services
- Nutrition Programs
- **Ombudsman Program**
- Senior Centers
- Senior Employment
- Senior Injury Prevention
- Visiting





County-Wide Plan for Older Adults

- Assembled a 25 member planning committee
- Developed and Disseminated a Consumer Survey
 - 3725 responses received
 - broad geographic and demographic representation
- Designed and Conducted Public Forums/Focus Groups
 - 28 public meetings
 - All regions and BOS districts included
 - Focus groups included LTC facility residents, LGBT, family caregivers and men
- Data Analysis
 - Incorporated committee, staff & community research





Consumer Survey Top Concerns

Consumer Survey Highest rated Concerns	Ave Rating
Having enough income to meet all your basic needs	3.5
Having enough income to save and plan for the future	3.4
Being able to stay in your current home	3.4
Having the ability to maintain your home	3.4
Being included in making decisions that affect your lifestyle	3.3
Being able to afford housing as you age	3.3
Falling (being at risk for falls)	3.2





Some Key Findings

- The number of older adults increasing
- Economic insecurity widespread
- Preventative Health is key
- Housing is a great concern
- Nutrition Insecurity growing
- Disability an increasing factor
- Elder Abuse a growing and silent issue





Goals & Objectives

- **Goals 1:** Engage older adults, community partners and cities in planning for and developing a community framework for older adults
- **Goal 2:** Throughout Alameda County Departments, develop a coordinated approach to designing, delivering and measuring effectiveness of programs for older adults:
- **Goal 3:** Working with community partners, address the growing need of services for older adults by supporting a comprehensive network of providers to provide long-term services and supports (LTSS) that engage older adults and seniors with disabilities in community settings:
- **Goal 4:** Enhance the health, safety and well-being of older adults by offering coordinated services that promote health and wellness, with an emphasis on prevention and early access to behavioral health services.
- **Goal 5:** Enhance programming to create safe communities for older adults by preventing and responding to neglect and abuse of older and dependent adults.
- **Goal 6:** Enhance and increase support for housing and augment the sustainability of housing programs





Contract Information

- Tracy Murray 577-1965
- Information & Assistance 800-510-2020
- Adult Protective Service 577-3500
- Public Guardian 577-1972
- IHSS 577-1900
- Ombudsman 638-6878
- Veterans Service Office 577-1926

- Data from Older Adult Survey posted at <https://data.acgov.org>.

