

# Oh, the Places You'll Go!

## CRIL'S Travel Training Program

Justina Victoriano - ILC – Mobility Travel Trainer



# Community Resources for Independent Living (CRIL)

- 439 'A' Street,  
Hayward, CA 94541
- (510) 881-5743
- TDD (510) 881-0218
- Tri-Valley (925) 371-1531
- Tri-Cities (510) 794-5735
- [www.crilhayward.org](http://www.crilhayward.org)



# CRIL's Mission and Services

- Community Resources for Independent Living is a peer-based, self-identified, disability organization that advocates and provides resources for people with disabilities to improve lives and make communities fully accessible.



1. Information and Referral(I & R)
2. Housing Search Assistance
3. Personal Assistant Referral
4. Benefits Advocacy
5. Employment Benefits Assistance
6. Peer Support
7. Independent Living Skills Training
8. Travel Training
9. Community Leadership Academy
10. Individual Advocacy
11. Community Organizing
12. Assistive Technology
13. Device Lending Library
14. Voter Registration and Education

# What is Travel Training?

- Mobility travel training is a program for people with disabilities and seniors
- Individual or group trips – FREE of cost
- Gain confidence while learning to safely and independently use public transportation
- Learn and memorize routes, fares, and train/bus knowledge, apply for Clipper card
- Practice using mobility devices!

# Types of Transportation



# BART Map



# How to Get Started...

- Pick a place you would like to learn to travel to and get in contact with a travel trainer!
- Complete basic intake/assessment and set goals
- Apply for Clipper card

Learn the skills to plan trips to any destination. Safely and confidently travel all around the Bay Area!

Thank You!!

