Happy December from Alameda County's Developmental Disabilities Council!

Happy Holidays from Alameda County's Developmental Disabilities Council! While December is known for the holidays, we would like to recognize that this month is also Universal Human Rights Month. Recognized by the United Nations, this month honors the Universal Declaration of Human Rights — an international document stating that all human beings are entitled to basic rights and



fundamental freedoms. During December, the global community is encouraged to come together and stand up for equality, justice, and the dignity of all humans.

December 1st was World AIDS Day. This day brings together people from around the world to raise awareness about HIV/AIDS and demonstrate international solidarity in the face of the pandemic. The day is an opportunity for public and private partners to spread awareness about the status of the pandemic and encourage progress in HIV/AIDS prevention, treatment, and care around the world. It has become one of the most widely recognized international health days and a key opportunity to raise awareness, commemorate those who have died, and celebrate victories such as increased access to treatment and prevention services

December 3rd is International Day of Persons with Disabilities. Initially starting in 1992, the day is marked by the United Nations (UN) as a day to spread awareness and gather support for the "dignity, rights, and well-being of persons with disabilities. It covers many aspects of a variety of issues that it believes to be important to people with disabilities including those that are political, social, economic, and cultural.

For those who celebrate, we would also like to recognize the various holidays thought this month. Happy holidays!

Our next Board of Directors meeting falls on December 14th. We hope to see you there!

December 2022

Universal Human Rights Month

World AIDS Day
December 1

International Day of
Persons with
Disabilities
December 3

Hanukkah December 18-26

Christmas December 25

Kwanza Dec. 26- Jan. 1



COVID-19 Updates

Alameda County is now in the "medium" community transmission level according to the CDC tracker. National Emergency and Public Health Emergencies remain in effect. California's Emergency Declaration also remains in effect until February 28, 2023. Alameda County intends to align with the State timeframe as local conditions allow. Another fall and winter COVID-19 wave is expected this season. Vaccination continues to be the best protection against severe illness and death. Members of the community should also consider masking depending on your own or your family members risk factors.

Bivalent COVID-19 vaccines are available to everyone age 5 and up at least 2 months after their last primary series or booster dose. These updated boosters target the Omicron variant and the original virus strain.

A calendar of community vaccine events can be found by clicking here or community members can call (510) 268-2101 for assistance from our community support line. For additional vaccine sites or appointments, you can also contact your health care provider or local pharmacy chains.

If testing positive for COVID-19, you should contact your health care provider as soon as you test positive to see if you qualify for COVID-19 treatments. For uninsured or underinsured individuals, you can call 9-33-686-5051 for a no cost appointment. For any questions, call our Community Support Line at 510-268-2101.

Alameda County continues to host its Community Advisory Group meetings monthly. These meetings are open to the public and the next meeting will be held on December 13th from 5:30pm – 7:00pm. If you're interested in learning more about the current COVID-19 response or providing public comment or feedback, please consider registering for the upcoming events.

In addition to the expected increase in COVID-19 this winter, Flu and Respiratory Syncytial Virus (RSV) cases have been on the rise. This year, cases have started earlier by several weeks compared to previous years.

Alameda County residents should stay up to date on their annual flu vaccinations. The Alameda County Public Health Department, along with the Centers for Disease Control and Prevention (CDC) recommend a yearly flu vaccination for everyone 6 months and older. The best place to receive a flu vaccine is your doctor's office but there are other options like pharmacies, clinics or community sites. COVID-19 boosters and the flu vaccine can safely be administered during the same appointment at some of these locations.

Schedule a flu vaccine at https://www.vaccines.gov/find-vaccines/ or at https://myturn.ca.gov/

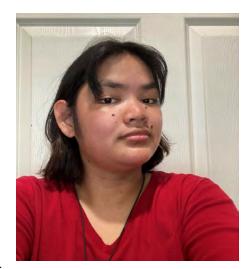
Additional COVID Resources:

- Alameda County COVID-19 main page
- For upcoming and past webinars on Alameda County's COVID-19 planning efforts, please visit Vaccine Community Advisory Group

Employment Spotlight

Phoebe Sajo is 22 years old and lives in Pleasanton, California. Phoebe currently works for Pleasanton Unified School District (PUSD) Child Nutrition Services as a Child Nutrition Assistant. Phoebe is extremely independent and has lived on her own since 2020. She values her independence and loves the fact that she can easily walk to and from work. Phoebe stated that the favorite part of her job is interacting with kids and faculty members. Her work environment is extremely positive, and the people are incredibly nice.

Phoebe was a part of the Transition Program in high school. The Transition Program helped Phoebe gain work experience and exposed her



to vocational sites. Phoebe was also a part of the WorkAbility Program in high school. Both programs led to her interest in the Pleasanton Adult Career and Education Paid Internship Program. For Phoebe, the best part of the internship program was the staff. The program had amazing instructors and the staff at her internship were nice. She enjoyed that the program gave her exposure to multiple different job sites. Through her program, she had the opportunity to intern at 3 different locations and explore her interests. Phoebe was a great employee and was quickly offered a job at her first site. Despite the job offer, Phoebe and her staff decided that it would be best to complete her time at her other sites. She completed her internship program and ultimately accepted the job offer from her first placement at PUSD Child Nutrition Services. Phoebe has done an incredible job since starting her position and her boss has nicked named her and her coworkers "The Dream Team".

Throughout her program Phoebe has learned to develope skills for time management, accepting constructive criticism, and maintaining enough energy to complete her workday. Phoebe was supported by her family and the staff at PUSD's Paid Internship Program. On her own, she was able to improve her energy levels by setting up a better sleep schedule.

Phoebe is an exceptional individual that continues to give advice to new PUSD Paid Interns. Phoebe's advice to those seeking job opportunities is to talk to someone who can help you explore the fields you are passionate about and use your internship as a place to start to gain work experience.

In her free time, she enjoys singing, drawing, electronics, musicals/movies, and traveling. Phoebe frequently makes trips to visit her childhood home in Guam. Throughout her travels up to now, her favorite to visit has been England. While in England she was able to visit museums, go on a historical walking tour, and join a tea tour.

Individuals with disabilities play a vital role in the nation's workforce and promote diverse and inclusive workplaces. Our Council advocates for competitive integrated employment opportunities for those with intellectual and developmental disabilities. As we work towards our mission to expand opportunities for individuals with intellectual and developmental disabilities, we aim to ensure representation and recognition of the contributions made by individuals with disabilities to our workforce. If you have a story to spotlight for future newsletters, please provide your submissions by Clicking HERE

Council Business & Board Meeting

On November 9th we had our monthly board meeting where we had a wonderful presentation on Customized Employment. We would like to express our appreciation to Sara Murphy with TransCen for an amazing presentation. Our next Board meeting will be held on December 14, 2022, from 9:30am - 12:00pm where we will have a Transportation Panel. We're excited to welcome our panelists: Jasher Nowland and Selena Ramos-Thompson with East Bay Paratransit, Herb Hastings a Regional Center of the East Bay Consumer Advocate, Naomi Armenta with Alameda County Transportation Commission, Priscilla Gomez with Regional Center of the East Bay, and Kim Ridgeway with AC Transit.

November Accomplishments

East Bay Legislative Coalition (EBLC) met on November 2nd to provide updates on current legislation, review the Little Hoover Commission's ongoing work on racial equity and access in the IDD service system, review EBLC's candidate forum, and finalize our legislative platform. EBLC started planning for the January Legislative Breakfast and its annual budget advocacy. EBLC also met on December 7th to give state and federal updates and to plan for January's Legislative Breakfast event. The Legislative Breakfast will be held on January 27, 2022, more details are to come. The next EBLC meeting will be held on January 4th from 10am – 12pm.

The Racial Equity Steering Committee (RESC) met on November 14th. We had a fantastic presentation on Health Care Disparities. Thank you to Mary Lou Breslin with Disability Rights Education and Defense Fund for joining us and sharing her presentation. The next RESC meeting will be held December 12th from 3:00pm - 4:30pm. The Allies of Black Providers and Consumers workgroup met on November 30th. The workgroup shared success stories and continued to work on their demographic survey for providers. The next Allies of Black Providers and Consumers workgroup meeting will be held on December 21st from 1:00pm - 2:00pm. The Asian American and Pacific Islanders (AAPI) Workgroup did not meet in November. The next AAPI workgroup meeting will be held December 13th from 10:00AM - 11:00am.

Our Transition team met on November 3rd, November 17th, and December 1st to discuss the upcoming Transition Fair tentatively scheduled for March. The upcoming Transition Fair will be an in-person event. During the November meetings the group discussed venue options and the scheduling of presenters. The next Transition Fair planning meeting is on December 15th from 2:30-3:30pm

The Autism Star Conference met on November 17^{th} to plan for the next conference. The group had a discussion around the next conference being in person and possibly pushing the event date farther out. The next Autism Star Conference meeting will be held on January 26^{th} from 10-11 am.

Upcoming Events

DHTI Fast Track Respite Training | Apply Now

This 10-hour online self study course is for Asian language speakers to learn how to work and support people with intellectual and developmental disabilities. The training will cover basic training on respite care for people with disabilities and provide coaching and employment assistance. Flyers are attached in English, Chinese, & Vietnamese.

REACH Housing Opportunities | Apply Now

REACH has a variety of properties from duplexes to condos to single family residences that they modify to suit their residents' special needs. Currently, they support 33 tenants in Livermore and Pleasanton. Applications are currently open to the join their waitlist. To be eligible for residency, tenants must be a client of the Regional Center and either live in the Tri-Valley or have family members who live in the Tri-Valley.

HireAble ACRE Employment Services Certificate with an Emphasis on Customized Employment | Register Here

This training provides a strong foundation of the key components and best practices for providing Discovery, Customized Job Development, and Workplace Supports. The training content incorporates lecture, case studies, and a variety of activities and assignments. As part of this training, you will be leading an employment seeker at your organization through the employment process as taught in class. Each training session is four hours and conducted via ZOOM over a two-month period.

The Lanterman Act with a special focus on How to Manage an Individual Performance Plan. | December 13, 1:00 pm | Register Here

This webinar will cover the Lanterman Act with a special focus on How to Manage an Individual Performance Plan (IPP). The Lanterman Act is unique to the state of California. Understanding the entitlements and continued advocacy is critical for the long term. The History of the Lanterman Act will be presented by Chad Carlock, an attorney who works individuals to help them understand, protect and assert their legal rights. How to Manage an IPP will be co-presented by Pat and Tim Hornbecker, full-time human rights advocates and parents of a son with a developmental disability. Pat is also president of the ARC of California. They will also cover how to deal with disputes and the need for continued advocacy. The presentation will last 75 minutes and allow 30-45 minutes for Q&A. For more information, contact amy@gspt.org

The San Francisco Ballet | December 21, 7:00 pm | Register here

The San Francisco Ballet offers a sensory-friendly performance of their famous Nutcracker ballet. Find details and ticket information here.

Emergency Preparedness Training 2.0 | December 28, 12:00 -1:00 pm | Register Here

Emergency Preparedness Training 2.0 will take you to the next level. We'll share additional preparedness resources that will help you get prepared in a fun way. You will learn: Home safety (non-structural mitigation), Fire safety in your home, Vial of Life and home utilities. By attending the training, you will receive a recap of the first training along with DDAR resources that could help you in a PSPS event.

Presentations in Spanish

La Familia In-Home Supportive Services | Thursday, December 15th, 10:00 am - 12:00 pm | Registration Link The presentation will include a discussion on the basics: what it is, who qualifies, and how to apply. It is an opportunity to ask questions.

La Familia Monthly Orientation – Regional Center Services and Generic Resources | Tuesday, December 20th, 10:00 am – 12:00 pm | Zoom Link

La Familia parent support groups | Wednesday, December 14, 2022 10am | 2141 California St. Concord, CA 94520

For parents with children with disabilities intellectuals and developmental. Parents can receive peer support services, information, and resources. The next meeting will be held in person at Concord Residential Club 2141 California St. Concord, CA 94520. For more information contact Raquel Enciso/ Madre Líder (925) 448-5178 guerrerosconalasdfp@gmail.com

Resources

- ♦ FCC Emergency Broadband Benefit Program | Fact sheet | Webpage | Video from Stephen Dale Beginning May 12th, monthly discounts towards broadband service are available for eligible households. The discount is \$50 75 per month (plus \$100 for equipment) on internet service. Households can apply in three ways:
 - Contact your preferred <u>participating broadband provider</u> directly to learn about their application process.
 - Go to <u>GetEmergencyBroadband.org</u> to apply online and to find participating providers near you.
 - Call 833-511-0311 for a mail-in application, and return it along with proof of eligibility to:
 Emergency Broadband Support Center / P.O. Box 7081 / London, KY 40742

♦ In-Home Vaccinations

Alameda County is offering in-home COVID-19 vaccines for individuals with disabilities. To schedule an appointment, please call 510-208-4VAX or visit: https://bit.ly/AlCoSignUp

- Highland/Eastmont Teledentistry program: The Office of Dental Health has a teledentistry program for children and adults with IDD. Video visits and initial assessments can be conducted virtually in the home. Eligibility is for those 1) on Medi-Cal; 2) Smartphone with a camera. To schedule an appointment or find out more contact Shawanna Emerson at (510) 567-5771, or semerson@alamedahealthsystem.org
- ♦ Stephen Beard of Keller Williams Realty Oakland/Berkeley hosts recurring FREE seminars on Accessible Home Ownership all over the Bay Area. These seminars are designed specifically to address the real estate needs and concerns of people with disabilities and their families. Information is available directly from Stephen's website: www.accessiblehomesforyou.com or by calling (510) 364-6795.
- ♦ Stephen Beard hosts a weekly podcast, Accessible Housing Matters on accessible housing. His podcast is designed to raise awareness about all matters in the intersection of housing and accessibility. The podcast covers a wide range of topics and each week features experts and/or self-advocates in the community that share their expertise and experience. To find out more visit: https://accessiblehousingmatters.com/
- ♦ Marty Omoto's CDCAN Reports: www.cdcan.us
- ◆ Assistive Technology Network If you need help finding assistive technology, the AT Network is the place to contact. Website: www.ATNET.org or (800) 390-2699.
- **♦** FCSN Schedule of Family Support Gatherings:

Contact: FCSN East Bay program coordinator, 2300 Peralta Blvd, Fremont www.fcsn1996.org

♦ Medical Baseline Program | Apply Here

The Medical Baseline Program (also known as Medical Baseline Allowance) is for residential PG&E customers that rely on power for medical and independent living needs. Eligible PG&E customers may

benefit from lower monthly energy bills and receiving extra notifications in a Public Safety Power Shutoff event. For more information, please click this link.

♦ PG&E Address Alerts | Sign-up now

PG&E now offers address alerts to non-account holders who want to know about Public Safety Power Shutoffs (PSPS) that may impact homes, work, schools or other important locations. Sign-up and stay informed about clients, consumers, or friends and loved ones by receiving alerts during the event of a PSPS shutoff.

♦ PG&E Wildfire Webinars | Register Here

PG&E hosts wildfire safety webinars for community members interested in learning about the Community Wildfire Safety Program. Community members are encouraged to attend to learn more about wildfire safety and emergency preparedness, virtually meet with PG&E representatives, and ask questions and share feedback. For upcoming dates and past webinars, please click here.

◆ Georgia Tech - COVID-19 Accessible Resources for People with Disabilities Microsite
Georgia Tech's Center for Inclusive Design and Innovation created a microsite of COVID-19 accessible
resources for people with disabilities. For short and simple COVID-19 videos, <u>click here</u>. For ASL resources,
<u>click here</u>. For accessible PDF and Word document, <u>click here</u>. For webinar and training archives, <u>click here</u>.
For additional resources including project articles and publications, <u>click here</u>.

♦ BEEM: Black Economic Equity Movement Income Project

The Black Economic Equity Movement (BEEM) project is a Guaranteed Income project. Guaranteed Income is a temporary monthly payment made to people without any requirements or obligations. It's an approach to supporting people, so they have a little breathing room, can take care of immediate needs, and plan for the future. The BEEM project lasts for two years, with half of the BEEM participants getting the payments in the first year and half getting the payments in the second year. BEEM participants will have access to financial coaches and peer support for both years. If you would like to learn more visit the BEEM website: beemproject.org

◆ Student Accessibility Services at Laney and Merritt College | Laney Phone: (510) 464-3428 or email: sas.laney@peralta.edu
Merritt Phone: 1-510-436-2429 or website: https://www.merritt.edu/wp/dsp/contact-list/
SAS provides academic accommodations for students with disabilities or certain medical diagnoses. Some services we provide include the following: Exam Accommodations, Alternate Media, ASL Interpreter, Services, Tutoring, Specialized counseling, Priority Registration, and Access to High Tech Center. Merritt is

offering basic employability certificate of completion if an individual completes 3 courses.



44.00

Alameda County Developmental Disabilities Council Ben Chen, Coordinator

ADDRESS: 1100 San Leandro Blvd.

San Leandro, CA 94577 PHONE: (510) 267-3261 FAX (510) 273-3865 EMAIL: benjamin.chen2@acgov.org WEBSITE: www.acphd.org/ddc

Board of Director's Meeting Wednesday, December 14, 2022 Join Zoom Meeting

https://zoom.us/j/91770427600?pwd=VWF4bVRjZno2UXhtcXZYeTBKeWFpQT09

All times are a	approximate	and sub	iect to	change
All tillios are a	approximate	and Sub	JCCL LC	Change

9:30	CALL TO ORDER and Introductions
	Roll Call Vote
9:40	President and Coordinator Reports
9:50	Action Item: Approval of November 2022 Council Minutes

10:00 – 11:30	Transport	ation Panel
---------------	-----------	-------------

Jasher Nowland, East Bay Paratransit

Fact David and Jakim Occilition Dancet

Selena Ramos-Thompson, East Bay Paratransit

Herb Hastings, Regional Center of the East Bay/Consumer Advocate

Naomi Armenta, Alameda County Transportation Commission

Priscilla Gomez, Regional Center of the East Bay

Kim Ridgeway, AC Transit

11:30	East Bay Legislative Coalition Report
11:40	Regional Center of the East Bay Report
11:45	Community Reports: Housing Consortium of the East Bay, State Council on Developmental Disabilities, Bay Area Office Provider/Vendor Advisory Council HireAble
11:55	Public Comments
12:00	Adjournment

Those requiring accommodation should notify Ben Chen two weeks prior to the meeting.



Alameda County
Developmental Disabilities
Planning and Advisory Council

Board of Directors Membership Roster 2022-2023

1100 San Leandro Blvd San Leandro, CA 94577 Coordinator: Ben Chen Telephone: 510.267.3261 FAX: 510.273.3865

Email: benjamin.chen2@acgov.org
Alameda County Public Health Dept.

Health Care Services Agency

Edda Banuelos	Stephen Beard	Erin Boyd
La Familia Counseling Services	Self-Advocate	Self-Advocate
5846 Shadow Hill Drive	Beard Realty Team	5210 Old Redwood Road
Dublin, CA 94568	4937 Telegraph Avenue, # A	Oakland, CA 94619
H (510) 376-4050; W (510) 300-3160	Oakland, CA 94609	H (510) 531-4209
ebanuelos@lafamiliacounseling.org	W (510) 364-6795; F (510) 845-2821	wandraboyd@gmail.com
ebanderos@iaraminacourisening.org	stephen@stephenbeard.net	wandraboyd@gmail.com
Wandra Boyd	Scott Brooks	David Cammarata
Family	Futures Explored	915 54 th Street
5210 Old Redwood Road	81 Barney Common	Oakland, CA 94608
Oakland, CA 94619	Livermore, CA 94551	W (510)879-5003 x 3938118
H (510) 531-4209	H (925) 667-0291; W (925) 371-1617	David.cammarata@ousd.org
wandraboyd@gmail.com	scottbrooks@futures-explored.org	TRANSITION CHAIR
wanarasoya@gman.com	MEMBERSHIP	The district Civility
Sandra Coss	Melissa Crisp-Cooper	Angelique Goldberg, President
La Familia Counseling	Self-Advocate	Family
24301 Southland Drive, # 300	5321 Miles Avenue, # X	1172 Crystal Circle
Hayward, CA 94545	Oakland, CA 94618	Livermore, CA 94550
W (510) 300-3166	(510) 652-5301	(925) 454-3349
scoss@lafamiliacounseling.org	crispmas@yahoo.com	angeliquegoldberg@futures-explored.org
	TRANSITION; HEALTH & WELLNESS	MEMBERSHIP
Ron Halog	Christine Hanson	Herbert Hastings, Vice President
Independent Living Resources Of Solano	Regional Center of the East Bay	Self-Advocate
Contra Costa County (ILRSCC)	500 Davis Street	5300 Iron Horse Parkway, Apt., 154
22767 Bayview Avenue Hayward, CA	San Leandro, CA 94577	Dublin, CA 94568
94541	(510) 618-7716	H (925) 337-1738; W (510) 618-6148
W (925) 536-9553 ronh@ilrscc.org	chanson@rceb.org	hhastings@rceb.org
MEMBERSHIP, LEGISLATIVE		ANNUAL AWARDS DINNER
Greg King	Rachel Longan	Darin Lounds
Family	1345 Hearst Avenue	Housing Consortium of the East Bay
36707 Montecito Drive	Berkeley, CA 94702	410 Seventh Street, # 203
Fremont, CA 94636	H (510) 666-0608	Oakland, CA 94607
(510) 813-5233	rachellongan@gmail.com	W (510) 828-6295
Gregking60@gmail.com	TRANSITION	dlounds@hceb.org
LEGISLATIVE		LEGISLATIVE
June McIntyre	Phu Nguyen	Larene Pare
Family	Regional Center of the East Bay	Family
1100 San Leandro Blvd	500 Davis Street	72 Edgemont Way
San Leandro, CA 94577	San Leandro, CA 94577	Oakland CA 94605
W (510) 267-3278	W (510) 618-6100	W (510) 540-8293
june.mcintyre@acgov.org	phun@rceb.org	lparelpch@aol.com
	TRANSITION	

[Τ	T	
Bill Pelter	David Pena	Michael Pereira	
Ability Now Bay Area	Self-Advocate	Ala Costa Centers	
4500 Lincoln Avenue	1345 Park Avenue, # A	1330 Rose Street	
Oakland, CA 94602	Alameda, CA 94501	Berkeley, CA 94612	
W (510) 531-3323, x18; F (510) 531-2990	(510) 453-2614	W (510) 527-2550	
bpelter@abilitynowba.org	davidjalapena@hotmail.com	mpereira@alacostacenters.org	
TRANSITION, COMMITTEE ON AGING		LEGISLATIVE CO-CHAIR	
Dinah Shapiro	Laurel Sillins	Jane Sliheet	
Self-Advocate	Bay Area Support Services	Family	
983 S. Thompson Apt., 122	333 Estudillo Avenue, # 101	317 Balboa Court	
Lafayette, CA 94549	San Leandro, CA 94577	Alameda CA 94501	
(925) 212-6340	W (510) 351-1661	H (510) 865-7996; C (510) 421-2554	
dinahshapiro123@gmail.com	lsillins@bayareasupportservices.org	Jsliheet3@comcast.net	
TRANSITION	MEMBERSHIP CHAIR	LEGISLATIVE	
Nina Spiegelman	Marvin Tate	Karen Toto	
Family	1211 Preservation Park	Alegria Community Living	
1555 Sonoma Avenue	Oakland, CA 94612	410 Seventh Street, # 203	
Albany, CA 94706	H (510) 847-7138	Oakland, CA 94607	
C (510) 432-2225; W (415) 972-3899	acctg@amplifiedcc.com	W (510) 287-8488; C (510) 457-8488	
ninaspiegelman@earthlink.net		ktoto@alegriacl.org	
HEALTH & WELLNESS		HEALTH & WELLNESS CHAIR	
Leslie Werosh Visbal	Esther Wong	Geneva Ziaoure, Secretary	
Family	Consultant	Manos Home Care	
1051 Upper Happy Valley Road	1217 Henry Street	4173 MacArthur Boulevard	
Lafayette, CA 94549	Berkeley, CA 94709	Oakland, CA 94619	
W (510) 531-3323, x36; C (925) 818-0728	C (510)-517-0464	W (510) 336-2900; F (510) 336-02903	
lesliecwvisbal@gmail.com	estherw72252@gmail.com	geneva@manoshomecare.com	
LEGISLATIVE, HEALTH & WELLNESS	HEALTH & WELLNESS	LEGISLATIVE	

ALAMEDA COUNTY DEVELOPMENTAL DISABILITIES PLANNING AND ADVISORY COUNCIL Tentative Meeting Agenda for 2022 – 2023

Date/Time	TOPIC	SPEAKERS	LOCATION	CONFIRMATIONS
July 13 9:30 am – 12 pm	Annual Planning Session	All	Zoom	Topic: Confirmed Space: Confirmed Speakers: Confirmed
September 14 9:30 am - 12 pm	Transitions in Special Education: Issues and Advocacy Tips	Cheryl Theis, DREDF	Zoom	Topic: Confirmed Space: Confirmed Speakers: Confirmed
October 12 9:30 am – 12 pm	State and Local Ballot Propositions / Voting Rights and Accessible Voting	Meg Bowerman, League of Women Voters, Oakland Fred Nisen, Disability Rights California (DRC) Shelby Wayment, DRC	Zoom	Topic: Confirmed Space: Confirmed Speakers: Confirmed
October 13 6pm – 7:30pm	Asm. District 20 EBLC Candidates Forum	All Attendees	Zoom	Topic: Confirmed Space: Confirmed Speakers: Confirmed
November 9 9:30 am – 12 pm	Customized Employment	Sara Murphy, TransCen	Zoom	Topic: Confirmed Space: Confirmed Speakers: Confirmed
December 14 9:30 am – 12 pm	Transportation Panel	Jasher Nowland,- East Bay Paratransit, Selena Ramos Thompson -East Bay Paratransit, Herb Hastings- Regional Center of the East Bay/Consumer Advocate, Naomi Armenta - Alameda County Transportation Commission, Priscilla Gomez - Regional Center of the East Bay, Kim Ridgeway - AC Transit	Zoom	Topic: Confirmed Space: Confirmed Speakers: Confirmed
January 11 9:30 am – 12 pm	Navigating Self-Determination	TBD	Zoom	Topic: TBD Space: TBD Speakers: TBD

January 2023	Legislative Breakfast	Legislators and Staff Invitation only*	Zoom	Topic: TBD Space: TBD Speakers: TBD
February 8 9:30 am -12 pm	Managing Stress/Burnout	TBD	Zoom	Topic: TBD Space: TBD Speakers: TBD
March 2023	Alameda County Transition Fair	All Attendees	Zoom	Topic: TBD Space: TBD Speakers: TBD
April 12 9:30 – 12 pm	Master Plan for Aging	TBD	Zoom	Topic: TBD Space: TBD Speakers: TBD
May 10 9:30 – 12 pm	Diversity & Equity	TBD	Zoom	Topic: TBD Space: TBD Speakers: TBD
June 2023	Annual Dinner	All Attendees	Zoom	Topic: TBD Space: TBD Speakers: TBD

Mission: To expand opportunities for individuals with intellectual and developmental disabilities.

Vision: The Council envisions a world in which every individual with an intellectual and developmental disability has access to a full, meaningful life in an inclusive community.

Values: In partnership with self-advocates, family members, service providers and other stakeholders, the Alameda County Developmental Disabilities Council improves lives by advocating for better funding and quality services; promoting education to raise awareness; supporting services and policies to reduce disparities; advancing diversity and equity principles and linking consumers and families to resources.

ALAMEDA COUNTY DEVELOPMENTAL DISABILITIES PLANNING AND ADVISORY COUNCIL

COORDINATOR'S REPORT December 2022

Meeting Schedule

<u>December Alameda County Developmental Disabilities Council meeting:</u> The next board meeting will be on December 14th from 9:30 am – 12:00pm via Zoom. All are welcome!

Join Zoom Meeting

https://zoom.us/j/91770427600?pwd=VWF4bVRjZno2UXhtcXZYeTBKeWFpQT09

Meeting ID: 917 7042 7600

Passcode: 751351

<u>Racial Equity Steering Committee:</u> Our next Racial Equity Steering Committee meeting is scheduled for Monday, December 12th, 3 - 4:30pm. All are welcome!

Join Zoom Meeting

https://zoom.us/j/95175786904?pwd=R1VIMGY2dkk1bjBZWnFCK2pwK0tMUT09

Meeting ID: 951 7578 6904

Passcode: 988136

➤ RESC Allies of Black Provider & Consumers Workgroup: This workgroup was established to work on specific projects to improve access and services for black providers and consumers within the IDD system. The next meeting will be on December 21st from 1pm – 2pm.

Join Zoom Meeting

https://us06web.zoom.us/j/85771272898?pwd=a0FaSy80eGtvMWJITSt3cVg3SEgxZz09

Meeting ID: 857 7127 2898

Passcode: 314529

➤ **RESC AAPI Workgroup:** The Racial Equity Steering Committee was established to work on specific projects to improve access and services for AAPI providers and consumers within the IDD system. The next meeting will be December 13th from 10am – 11am.

Join Zoom Meeting

https://us06web.zoom.us/j/82012795498?pwd=TENpSUF4cmN5TWtJNUtxb3cyYkxuUT09

Meeting ID: 820 1279 5498

Passcode: 338750

<u>Transition Planning Team</u>: Our next Transition Planning Team meeting will be December 15th from 2:30PM – 3:30PM

<u>Health and Wellness Committee:</u> Our next Health and Wellness Committee meeting is TBD. All are welcome!

<u>Committee on Aging:</u> The Committee on Aging is a joint committee with Contra Costa County's DD Council. The next meeting is December 13th from 1 – 2PM. All are welcome! Please email Marianne lversen <u>Marianne@dscba.org</u> for more information.

<u>East Bay Legislative Coalition on Developmental Disabilities:</u> Our next EBLC Meeting is scheduled for January 4th from 10am – 12pm. All are welcome!

Join Zoom Meeting

https://cchealth.zoom.us/j/91070076056?pwd=NGp6Q0c4TnByNzd2SndIYTRNU0lxZz09

Meeting ID: 910 7007 6056

Passcode: 718088

<u>DDC Executive Committee</u>: Our next Executive Committee meeting will be held on December 15th from 1pm – 2:30pm.

Join Zoom Meeting

https://zoom.us/j/99520068595?pwd=SmtOdDl6SlZzVWViVnM2SitFSFZPUT09

Meeting ID: 995 2006 8595

Passcode: 963075

<u>Autism Star Conference Planning Team:</u> Our next Autism Star Conference Planning Team meeting will be December 22nd from 10am-11am.

Membership Committee: Our next Membership Committee meeting is TBD.

<u>HireAble</u>: The next HireAble meeting will be held on January 23rd from 3pm – 4:30 pm.

RCEB Board Meeting: The next RCEB Board meeting is on January 23rd from 7pm – 9pm. Zoom details can be found on the RCEB website.

RCEB Bi-Monthly Community Event: The next RCEB Community Event can be found on the RCEB website.

RCEB Diversity & Equity Committee: The next RCEB Diversity & Equity Committee is on January 23rd from 5pm-7:30pm. Zoom details can be found on the RCEB website.

RCEB Provider/Vendor Advisory Council: The next RCEB PVAC meeting will be on December 09th from 9:30am-11:30am. Zoom details found on the RCEB Website

<u>SCDD/RCEB Self-Determination Local Advisory Committee:</u> The next Self-Determination meeting can be found on the <u>RCEB website</u>.

<u>State Council on Developmental Disabilities Regional Advisory Committee Meeting</u>: The next Bay Area SCDD RAC can be found on the <u>SCDD website</u>.

<u>DDC Membership:</u> Board membership requirements include living or working in Alameda County, having a serious interest in the developmental disabilities system and a commitment to attend meetings. Board members are also encouraged to share in the committee work of the Council. The Membership Committee encourages interested applicants to attend two or three meetings prior to application. Board applications can be found on the website.

No endorsement should be implied by Alameda County Public Health or the Developmental Disabilities Council by the inclusion of conferences, news or editorial links.

Resources

- ◆ FCC Emergency Broadband Benefit Program | Fact sheet | Webpage | Video from Stephen Dale Beginning May 12th, monthly discounts towards broadband service are available for eligible households. The discount is \$50 75 per month (plus \$100 for equipment) on internet service. Households can apply in three ways:
 - Contact your preferred <u>participating broadband provider</u> directly to learn about their application process.
 - Go to <u>GetEmergencyBroadband.org</u> to apply online and to find participating providers near you.
 - Call 833-511-0311 for a mail-in application, and return it along with proof of eligibility to: Emergency Broadband Support Center / P.O. Box 7081 / London, KY 40742

In-Home Vaccinations

Alameda County is offering in-home COVID-19 vaccines for individuals with disabilities. To schedule an appointment, please call 510-208-4VAX or visit: https://bit.ly/AlCoSignUp

- ♦ Highland/Eastmont Teledentistry program: The Office of Dental Health has a teledentistry program for children and adults with IDD. Video visits and initial assessments can be conducted virtually in the home. Eligibility is for those 1) on Medi-Cal; 2) Smartphone with a camera. To schedule an appointment or find out more contact Shawanna Emerson at (510) 567-5771, or semerson@alamedahealthsystem.org
- Stephen Beard of Keller Williams Realty Oakland/Berkeley hosts recurring FREE seminars on Accessible Home Ownership all over the Bay Area. These seminars are designed specifically to address the real estate needs and concerns of people with disabilities and their families. Information is available directly from Stephen's website: www.accessiblehomesforyou.com or by calling (510) 364-6795.
- ♦ Stephen Beard hosts a weekly podcast, Accessible Housing Matters on accessible housing. His podcast is designed to raise awareness about all matters in the intersection of housing and accessibility. The podcast covers a wide range of topics and each week features experts and/or self-advocates in the community that share their expertise and experience. To find out more visit: https://accessiblehousingmatters.com/
- ♦ Marty Omoto's CDCAN Reports: www.cdcan.us
- ◆ Assistive Technology Network If you need help finding assistive technology, the AT Network is the place to contact. Website: www.ATNET.org or (800) 390-2699.
- ♦ FCSN Schedule of Family Support Gatherings: Contact: FCSN East Bay program coordinator, 2300 Peralta Blvd, Fremont www.fcsn1996.org
- ♦ Medical Baseline Program | Apply Here

The Medical Baseline Program (also known as Medical Baseline Allowance) is for residential PG&E customers that rely on power for medical and independent living needs. Eligible PG&E customers may benefit from lower monthly energy bills and receiving extra notifications in a Public Safety Power Shutoff event. For more information, please click this link.

♦ PG&E Address Alerts | Sign-up now

PG&E now offers address alerts to non-account holders who want to know about Public Safety Power Shutoffs (PSPS) that may impact homes, work, schools or other important locations. Sign-up and stay informed about clients, consumers, or friends and loved ones by receiving alerts during the event of a PSPS shutoff.

♦ PG&E Wildfire Webinars | Register Here

PG&E hosts wildfire safety webinars for community members interested in learning about the Community Wildfire Safety Program. Community members are encouraged to attend to learn more about wildfire safety and emergency preparedness, virtually meet with PG&E representatives, and ask questions and share feedback. For upcoming dates and past webinars, please click here.

- ◆ Georgia Tech COVID-19 Accessible Resources for People with Disabilities Microsite
 Georgia Tech's Center for Inclusive Design and Innovation created a microsite of COVID-19
 accessible resources for people with disabilities. For short and simple COVID-19 videos, <u>click here</u>.
 For ASL resources, <u>click here</u>. For accessible PDF and Word document, <u>click here</u>. For webinar and training archives, <u>click here</u>. For additional resources including project articles and publications, <u>click here</u>.
- ♦ BEEM: Black Economic Equity Movement Income Project

The Black Economic Equity Movement (BEEM) project is a Guaranteed Income project. Guaranteed Income is a temporary monthly payment made to people without any requirements or obligations. It's an approach to supporting people, so they have a little breathing room, can take care of immediate needs, and plan for the future. The BEEM project lasts for two years, with half of the BEEM participants getting the payments in the first year and half getting the payments in the second year. BEEM participants will have access to financial coaches and peer support for both years. If you would like to learn more visit the BEEM website: beemproject.org

◆ Student Accessibility Services at Laney and Merritt College | Laney Phone: (510) 464-3428 or email: sas.laney@peralta.edu
Merritt Phone: 1-510-436-2429 or website: https://www.merritt.edu/wp/dsp/contact-list/
SAS provides academic accommodations for students with disabilities or certain medical diagnoses. Some services we provide include the following: Exam Accommodations, Alternate Media, ASL Interpreter, Services, Tutoring, Specialized counseling, Priority Registration, and Access to High Tech Center. Merritt is offering BASIC EMPLOYABILITY CERTIFICATE OF COMPLETION if an individual completes 3 courses.

Upcoming Events

DHTI Fast Track Respite Training | Apply Now

This 10-hour online self study course is for Asian language speakers to learn how to work and support people with intellectual and developmental disabilities. The training will cover basic training on respite care for people with disabilities and provide coaching and employment assistance. Flyers are attached in English, Chinese, & Vietnamese.

◆ REACH Housing Opportunities | Apply Now

REACH has a variety of properties from duplexes to condo's to single family residences that they modify to suit their residents' special needs. Currently, they support 33 tenants in Livermore and Pleasanton. Applications are currently open to the join their waitlist. To be eligible for residency, tenants must be a client of the Regional Center and either live in the Tri-Valley or have family members who live in the Tri-Valley.

 HireAble ACRE Employment Services Certificate with an Emphasis on Customized Employment | Register Here

This training provides a strong foundation of the key components and best practices for providing Discovery, Customized Job Development, and Workplace Supports. The training content incorporates lecture, case studies, and a variety of activities and assignments. As part of this training, you will be leading an employment seeker at your organization through the employment process as taught in class. Each training session is four hours and conducted via ZOOM over a two-month period.

◆ The Lanterman Act with a special focus on How to Manage an Individual Performance Plan. | December 13, 1:00 pm | Register Here

This webinar will cover the Lanterman Act with a special focus on How to Manage an Individual Performance Plan (IPP). The Lanterman Act is unique to the state of California. Understanding the entitlements and continued advocacy is critical for the long term. The History of the Lanterman Act will be presented by Chad Carlock, an attorney who works individuals to help them understand, protect and assert their legal rights. How to Manage an IPP will be co-presented by Pat and Tim Hornbecker, full-time human rights advocates and parents of a son with a developmental disability. Pat is also president of the ARC of California. They will also cover how to deal with disputes and the need for continued advocacy. The presentation will last 75 minutes and allow 30-45 minutes for Q&A. For more information, contact amy@gspt.org

- ◆ The San Francisco Ballet | December 21, 7:00 pm | Register here
 The San Francisco Ballet offers a sensory-friendly performance of their famous Nutcracker ballet.
 Find details and ticket information here.
- ♦ Emergency Preparedness Training 2.0 | December 28, 12:00 -1:00 pm | Register Here Emergency Preparedness Training 2.0 will take you to the next level. We'll share additional preparedness resources that will help you get prepared in a fun way. You will learn: Home safety (non-structural mitigation), Fire safety in your home, Vial of Life and home utilities. By attending the training, you will receive a recap of the first training along with DDAR resources that could help you in a PSPS event.

Presentations in Spanish:

◆ La Familia In-Home Supportive Services | Thursday, December 15th, 10:00 am - 12:00 pm | Registration Link

The presentation will include a discussion on the basics: what it is, who qualifies, and how to apply. It is an opportunity to ask questions.

- ◆ La Familia Monthly Orientation Regional Center Services and Generic Resources | Tuesday,
 December 20th, 10:00 am 12:00 pm | Zoom Link
- ◆ La Familia parent support groups | Wednesday, December 14, 2022 10am | 2141 California St. Concord, CA 94520

For parents with children with disabilities intellectuals and developmental. Parents can receive peer support services, information, and resources. The next meeting will be held in person at Concord Residential Club 2141 California St. Concord, CA 94520. For more information contact Raquel Enciso/ Madre Líder (925) 448-5178 guerrerosconalasdfp@gmail.com

Alameda County Developmental Disabilities Planning and Advisory Council Board Meeting Minutes November 9, 2022

This meeting was held virtually using zoom.

Directors Present: Edda Banuelos, Stephen Beard, Erin Boyd, Wandra Boyd, Scott Brooks, Sandra Coss, Melissa Crisp-Cooper, Ron Halog, Christine Hanson, Herb Hastings, Greg King, Rachel Longan, June McIntyre, Phu Nguyen, Larene Pare, David Pena, Michael Pereira, Dinah Shapiro, Jane Sliheet, Nina Spiegelman, Leslie Visbal, Esther Wong, Geneva Ziaoure

Directors Excused: Angelique Goldberg, Laurel Sillins, Karen Toto

Guest: Gabriela Solval, SCDD; Sarah Angelo, ALCO DA-VW Division; Ronnie Rice, EOYDC; Sara Desumala; Pam Perls, CCC DDC, MHC; Deborah Pearl, family member; Donna Feingold, HireAble; Lisa Kleinbub, RCEB

Staff Present: Ben Chen, Coordinator; Schantell Williams, TAP Associate Program Specialist

Meeting called to order at 9:35 am

President's Report: Herb Hastings reported on behalf of Angelique Goldberg. November has several recognition days and awareness months. National Epilepsy Awareness Day and Month are celebrated in November to bring awareness and education about epilepsy to the public. November is also National Family Caregivers month, which is dedicated to celebrating the efforts of family caregivers and to raise awareness of the challenges and increasing support for family caregivers.

Coordinator's Report: Ben Chen reminded attendees that Disability Rights California and other disability rights advocates are inviting California voters who have disabilities that prevent them from reading, marking, or handling a paper ballot to complete their online survey. They're using the survey to gather information to support voting rights advocacy. The survey asks questions about experiences with voting including using remote access vote by mail systems and also explores voters' thoughts about electronic filing returns.

COVID continues to have low community transmission levels in Alameda County. The health departments are expecting increases in cases of both COVID and Influenza over the winter holidays, so Ben reminded attendees to stay up to date on vaccinations. Monkey pox cases have been on the decline for the last several months and test positivity has been very low.

Ben directed attendees to the board packet which includes many resources and events. Ben noted DHTI's Fast Track Respite Training, the 10-hour online self-study course for Asian language speakers to learn how to work and support people with IDD in the respite setting. At the time of the meeting, REACH had a housing opportunity that supported 33 tenants in Livermore and Pleasanton. The Tri-Valley Area applications are open to join the waitlist; eligibility continues to be that tenants must be clients of the regional center and either live in the Tri-Valley area or have family members who live in that area. Ben also noted that the Beard Realty Team is hosting an accessible and affordable home ownership webinar on November 10, from 6pm to 7:30pm. The seminar will feature experts who will be

discussing how to find accessible real estate affordable loans, down payment assistance programs, and other specialized programs. DREADF is hosting a webinar on connecting the dots between behavior and discipline on Monday, November 14, from 7pm to 8:30pm. The La Familia Service Access Program is also hosting a couple of webinars in Spanish for Spanish speaking members of the community. Ben encouraged attendees to the packet for additional information about these events.

Upcoming DDC Meetings

The next DD Council will be held on December 14.

Approval of October 2022 Council Meeting Minutes:

M/David S/Stephen

Presentation: Customized Employment, Sara Murphy, TransCen

Sara is the director of WorkLink in San Francisco and is giving a high-level overview of the program. The Office of Disability and Employment Policy or ODEP was really instrumental coming up with standard and critical elements of customized employment. They define the program as an individualized approach to employment planning and job development. It is one person at a time, one employer at a time, and it is about building new positions based on the needs of the employer and the strengths of the job seeker. This is an effective way to assist people with more significant disabilities to become contributing members of the workforce. It comes from a person-centered discovery of what the job seeker can do, and not what they cannot do. The program is meant to profile and identify strengths, skills, interests, and passions in the jobseeker, because that's what makes a good employee. On the other side of the program, businesses submit to informational interviews to identify ways that a candidate would fit into their organization based on their profile and the business's needs. This is what's called a "skills versus deficits" approach. Sara says she has found the method of customized employment very effective for any job seeker, especially those who have significant disabilities.

Sara clarified that Supported Employment and Customized Employment are not the same programs. Customized Employment is a Department of Rehabilitation program, with blended funding from regional centers. There is currently no mechanism for customized employment training in Alameda County.

EBLC REPORT

Mike Pereira reported that there is a lull right now in legislation due to the session being over. Mike went over the preliminary results of the state midterm election that took place the day before the Board meeting.

Mike mentioned that EBLC held a Candidate Forum on October 13th for Assembly District 20. Liz Ortega and Shawn Kumagai. Feedback was that the event went well and Mike thanked everyone for attending the forum. Mike also mentioned that the next EBLC event, the annual Legislative Breakfast, is currently in the planning stage with a tentative date of January 27, 2023. There will also be in-person events and additional visits scheduled that will act as follow-up to the Legislative Breakfast.

EBLC meetings are held on the 1st Wednesday of every month, so the next meeting is on December 7 at 10 am via Zoom.

RCEB Report

Lisa Kleinbub reported that the Little Hoover Commission is holding hearings about the intellectual developmental disability system in California. The Commission looks at how state

government is doing in different areas and targets those areas in which improvements could be made. The Commission is reviewing disparities of racial, ethnic, and geographic nature. After the completion of the hearings and roundtables, there will be a report issued with recommendations for changes to be considered. The Little Hoover Commission members are bipartisan with different levels of experiences with state government and our service system, so Lisa is interested to see what their report will bring about.

Lisa also shared that this is the period for applying for service access and equity grants from DDS which totaled \$22 million this year. RCEB had 29 applications that have some way of touching on our community; community-based organizations such as Family Resource Navigators, Care Parent Network, and Helping Hands East Bay have all received grants that have allowed them to do outreach in communities that have been traditionally underserved.

Also, there was federal money distributed by DDS to enhance community integration for children and adolescents. Local community organizations such as recreation departments, boys' and girls' clubs, churches and other organizations that provide activities for children and adolescents are encouraged to apply for these grants so that they can develop inclusive programs to support youth served by regional centers. Lisa explained that these grants provide startup funding for programs that may be vendored by regional centers so that children and adolescents can be included long term. Lisa shared that RCEB is holding a meeting the day after the Council Board meeting to discuss the grant submission process. Lisa stated there will be multiple sessions scheduled to help interested parties if they are interested in applying, but there is a short timeline for applications--they're due December 16 to RCEB. Lisa noted that regional centers around the state are struggling with social recreation program development, which dried up when these services were defunded by the law for many years following the Great Recession. These grants are an opportunity to have public organizations include people with IDD.

Lisa also noted that the Home and Community-Based Services Final Rule require that anyone who's funding is through Medicaid for services, which include most of the people served by regional centers with Medi-Cal, to fund some portion of the service with federal funds. Those services are required to be delivered in a person-centered manner and in a way that provides opportunity for people to be included in the greater community. Lisa reminded attendees that at first, the Final Rule was viewed as limiting participants living in larger settings that were isolated from the general community. There has been some shifting of ideas, and now the Final Rule is being interpreted as an evaluation of an individual's experience, even if some people live in larger settings with mostly people with IDD. Lisa explained that service providers have been required to complete some self-assessments on how well they're doing with inclusion and meeting HCBS standards. Regional centers should be sending out letters soon to providers who have not taken the steps that are required by DDS to meet HCBS requirements. Service providers will have to develop remediation plans by March of 2023. It's kind of a deadline that's been pushed forward. Lisa reiterated that our service system must meet these federally required standards to continue to receive matching federal dollars.

HCEB REPORT

No Report

SCDD REPORT

Gabriela Solval reported some events that are coming up.

11/16/22 from 11 am to 12 pm: The SCDD Statewide Self-Advocacy Chats

11/28/22 from 1:30 pm to 4:30 pm: Self Advocates Advisory Committee

11/29 from 10:30 am to 4 pm: Statewide State Council Meeting

12/14-12/15 from 10 am to 3 pm on both days: Self Advocacy Network 11/30 6:30 pm to 9 pm: Bay Area RAC Meeting

Gabriela reminded attendees that the State Council board and other committee calendars can be found on the State Council website.

PVAC REPORT

Leslie Visbal reported that PVAC had a short meeting on October 14th. Attendees very quickly went through committee reports. PVAC changed the November meeting date from the 11th due to Veteran's Day falling on the second Friday this year. The committee decided to move the meeting to November 18th instead, at the same time of 9:30 am via Zoom. The membership committee will be proposing a suite of memberships and the floor will be open for nominations. Members will choose chairpersons from the nominations by vote at the December meeting. From there, the proposed membership and chairpersonship rosters will be submitted to the RCEB Board for approval in January.

HIREABLE REPORT

Donna Feingold reported that there is a benefits training on December 1st. There is so much interest that they decided to hold the presentations quarterly for interested parties. HireAble will be sponsoring a Customized Employment training in February and March, with 10 virtual sessions. Donna says that a flyer for registration should be available soon. HireAble also holds monthly meeting for members, the next one taking place on November 28 at 3 pm. Also, HireAble recently formed a Business Advisory Committee made up of employers in Alameda and Contra Costa County. Many companies such as Amazon, Chevron, and Raleys will be at the November meeting to talk about their job openings also to get the employer perspective. Donna emphasized that it's important to understand employers when trying to find jobs for people in the community. Lastly, Donna informed attendees that HireAble will not be holding a December meeting, but January's meeting will feature a presentation by Larry Robins on staff recruitment and retention. Donna said that this presentation is appropriate for any company with employees, not just those who are doing employment services.

Public Comments

- Herb informed attendees that he was appointed to the Caltrans Interagency Equity Advisory Committee. His term will begin in 2023.
- Stephen Beard announced that there is room in his next webinar regarding homeownership down payment assistance programs. He also shared that he met a person who created an app for people who use wheelchairs. The app provides physical fitness prompts, teaching stretching routines and motivation. It's available for download with a free trial.
- Dina Shapiro stated that there is a Consumer Advisory Committee meeting on November 14th and she been nominated for different positions on the committee.

Meeting adjourned at 11:36 AM



EMERGENCY PREPAREDNESS TRAINING 2.0

Step 2 towards preparedness...

Keep up your preparedness efforts! Here's another fun training to learn about being prepared. This training is interactive and is focused on ACTION.

With California disasters like earthquakes and wildfires devastating lives and displacing families, effective preparedness training and prompt action can save your life and the lives of your love ones. It is important that you know how to prepare for disasters.

You, your family and your friends are invited to a FREE Online Emergency Preparedness 2.0 Training.

Wednesday, December 28, 2022 12:00 – 1:00 pm

Register here:

https://bit.ly/3i0Hjy3

After registering, you will receive a confirmation email containing information about joining the training. Please save this link in your calendar; it is your personal link to the training.



Get Prepared NOW!

Emergency Preparedness
Training 2.0 will take you
to the next level. We'll
share additional
preparedness resources
that will help you get
prepared in a fun way.

You will learn: Home safety (non-structural mitigation), Fire safety in your home, Vial of Life and home utilities.

By attending the training, I'll give a recap of the first training along with DDAR resources that could help you in a PSPS event.





Ron Halog, Instructor (925) 421-9246 ronh@ilrscc.org



Take the first step towards INDEPENDENCE Join our Wait list TODAY! trivalleyreach.org/housing/

Locations in Livermore and Pleasanton

Must be a client of RCEB

Each tenant has a private bedroom

Rent is 30% of income or \$350/mo, whichever is greater

Contact Leasing Agent Lisa Hopkins @ Ihopkins@hceb.org for more details







ACRE Employment Services Certificate with an Emphasis on Customized Employment Association of Community Rehabilitation Educators

Facilitated by Penn-Mar Human Services, Inc. & TransCen, Inc.

Penn-Mar's Employment Services Certificate Training (with an Emphasis on Customized Employment) was developed by Penn-Mar Human Services and TransCen and is endorsed by the Association for Community Rehabilitation Educators (ACRE). This training provides a strong foundation of the key components and best practices for providing Discovery, Customized Job Development and Workplace Supports. The training content incorporates lecture, case studies and a variety of activities and assignments to provide participants an opportunity to apply and put into practice what is learned in class. Penn-Mar's ACRE training shares lessons learned, processes, and experiences with participants. Each training session is four hours and conducted via ZOOM over a two-month period. After the final session, participants will have an additional two weeks to complete and submit any remaining field assignments. Throughout the course, instructors will be available to participants. Microsoft SharePoint will be used to access course materials, track completed assignments, and provide trainees feedback on their work.

To receive an "ACRE Certificate of Achievement", participants must attend all 10 virtual classroom sessions (40 hours of training) and successfully complete all activities and field-based assignments.

Sessions 1-2 (2/7, 2/8)

Application of Core Values and Principles of Practice

This 2-day session focuses on the history, core values, and principles of Supported Employment. This includes the rights and responsibilities of people receiving services, ethical guidelines, and philosophy of community employment, as well as disability legislation, funding, regulations, and policies impacting people with disabilities.

Session 3-5 (2/9, 2/15, 2/16)

Assessment & Career Planning

This 3-day session focuses on individualized assessment and employment/career planning. Discovery is introduced as the foundation of career planning and participants will learn how to design and implement a discovery process for employment seekers. This includes learning how to gather information about the employment seeker (skills, interests, community connections, conditions for success) while encouraging the employment seeker's active participation and decision making throughout the career planning process. Participants will have an opportunity to complete each step of the discovery process with an employment seeker, learn how to facilitate a customized employment planning meeting, and develop a vocational profile. Trainees will learn the basics of self-employment/entrepreneurship, the impact of wages on disability benefits, availability of work incentives, and how to make referrals to other agencies for assistance.

Session 6-8: (3/7, 3/8, 3/9) Community Research & Job Development

This 3-day session provides an overview of customized employment and uses the information obtained about the employment seeker during discovery process to create a Job Development plan. Participants will learn how to develop relationships with businesses, assist employment seekers with the job search process, develop employment proposals, understand LEAN process improvement, and negotiate a win-win job match based on the employment seeker's ideal conditions of employment and the needs of a business. Participants will have an opportunity to complete each step of the job development process with an employment seeker.

Session 9-10: (3/15, 3/16) Workplace & Related Supports

This 2-day session focuses on developing workplace supports with an overview of systematic instruction. Participants will learn how to do an effective job analysis, implement job training, fading plans, and strategies for developing comprehensive workplace supports. Participants will learn creative strategies to ensure the employee enters the job in the most inclusive manner possible and help them to maximize their job performance and meet the expectations of the workplace.

All Sessions are 9am to 1pm

Facilitator: Kevin Walker has over 25 years' experience with **Penn-Mar Human Services**, and served in various direct support, managerial, and leadership roles before becoming the Director of Business Development. Kevin spearheaded Penn-Mar's Employment 1st initiative in 2009, and for the past 6 years has provided training and technical assistance to like-minded provider organizations. Kevin is a certified Work Incentive Practitioner and a 2020 graduate of Leadership Baltimore County. He is recognized as a subject matter expert on employment and serves on the Maryland Employment 1st leadership team.

Facilitator: Sean Roy is the Chief Innovation and Training Officer at TransCen and has an extensive background and expertise in training employment services staff, strategic planning, family engagement and building the capacity of providers to partner effectively with families during the transition process. Mr. Roy was the lead on the RRTC on VR Practices for Youth and Young Adults and is a state liaison with the YES Center (yestoemployment.org). Mr. Roy previously was the Co-Director of PACER's National Parent Center on Transition and Employment, a national technical assistance and advocacy center providing quality transition information to families and effective professional capacity building to professionals. Mr. Roy is a highly regarded trainer and collaborator.







FACILITATED BY PENN-MAR HUMAN SERVICES CONSULTING AND TRANSCEN



ACRE Employment Services Certificate with an emphasis on Customized Employment



WHAT TO EXPECT

Penn-Mar's Employment Services Certificate Training is endorsed by ACRE. This training provides a strong foundation of the key components and best practices for providing Discovery, Customized Job Development, and Workplace Supports. The training content incorporates lecture, case studies, and a variety of activities and assignments. As part of this training, you will be leading an employment seeker at your organization through the employment process as taught in class.

Each training session is four hours and conducted via ZOOM over a two-month period. After the final session, participants will have an additional two weeks to complete and submit any remaining field assignments.

Throughout the course, instructors will be available to participants through scheduled office hours. To receive an "ACRE Certificate of Achievement," participants must attend all 10 virtual classroom sessions (40 hours of training) and successfully complete all activities and field-based assignments.

SCAN THE QR CODE FOR MORE INFORMATION



FEBRUARY & MARCH 2023

ALL SESSIONS 9:00AM-1:00PM PST

Sessions 1 & 2 2/7, 2/8

Sessions 3-5 2/9, 2/15, 2/16

Sessions 6-8 3/7, 3/8, 3/9

Sessions 9 & 10 3/15, 3/16

REGISTER HERE

All sessions are virtual via Zoom

This training is being hosted by HireAble at no cost to HireAble member agencies.

It is highly recommended
Employment Specialists
complete ACRE training prior
to taking the APSE CESP
exam.

For more information please email Kevin at kwalker@penn-mar.org or Donna at donna@hireable.org





Health Career Pathway:

Fast-track respite training

Do you speak any Asian languages?

Are you looking for an entry-level part-time job?

Would you like to work helping people with disabilities?



Fast-track respite training is a 10-hour online self-study course for Asian language speakers to learn how to work and support people with intellectual and developmental disabilities (Down Syndrome, Autism Spectrum Disorder, Epilepsy, Cerebral Palsy, etc.)

Program Offering

- · Basic training on respite care for people with disabilities
- A flexible schedule
- Coaching and employment assistance

Requirements

- Must be at least 18 years old
- Have the authorization to work in the US
- Be able to communicate in English for education and employment purposes
- Have a valid California ID (preferably a driver's license) and are willing to drive for work if needed
- Knowledge of intellectual and developmental disability is preferred but not required
- Caregiving experience is preferred but not required
- Negative TB test results
- Background check/fingerprint/ criminal record clearance (required by employers)

Start as soon as you want by completing this application

form: https://bit.ly/2lciRrJ.

Contact Us

Hue Ly - Program Coordinator Hue.ly@dhti.org | 510-575-0386 (call/text)

More information: https://bit.ly/3h7eCfH





Health CareerPathway

Fast-track respite training

你會說任何亞洲語言 嗎?

您是否正在尋找入門級 的兼職工作?

你願意幫助殘疾人嗎?



快速暫托培訓是一個簡短的在線自學課程,提供亞洲語 言使用者學習如何與智力和發育障礙(唐氏綜合症、閉 症譜系障礙、癲癇、腦癱等的人一起工作和支持他們。

計劃提供:

- 臨時照護殘疾人基礎培訓
- 靈活的時間表
- 培訓和就業支持

要求

- 18歲及以上
- 允許在美國工作可以用英語交流和接受課程
- 有效的加州身份證(最好是駕照)
- 有智力和發育障礙知識者優先(但不是必需的)
- 有護理經驗者優先(但不是必需的)
- 通過TB測試和背景調查(雇主要求)

完成此應用程序並儘快開始

报名:https://bit.ly/2lciRrJ

聯繫人:

HueLy-李惠-項目協調員 510-575-0386 (call/text) Hue.ly@dhti.org

More information: https://bit.ly/3h7eCfH







Health Career Pathway

Fast-track respite training

Bạn có nói được bất kỳ ngôn ngữ Châu Á nào không?

Bạn đang tìm kiếm một công việc bán thời gian ở cấp độ đầu vào?

Bạn có quan tâm đến việc giúp đỡ người khuyết tật?



Đào tạo thời gian nghỉ ngơi cấp tốc là một khóa học trực tuyến ngắn hạn dành cho những người nói ngôn ngữ châu Á để tìm hiểu cách làm việc và hỗ trợ những người khuyết tật về trí tuệ và phát triển (Hội chứng Down, Rối loạn phổ tự kỷ, Động kinh, Bại não, v.v.)

Chương trình cung cấp:

- Đào tạo cơ bản về chăm sóc thay thế cho người khuyết tật
- Lịch trình linh hoạt
- Hỗ trợ đào tạo và việc làm

Yêu cầu

- Phải từ 18 tuổi trở lên
- Được phép làm việc ở Mỹ
- Có thể giao tiếp bằng tiếng Anh cho mục đích giáo dục và việc làm
- Có ID California hợp lệ (tốt nhất là bằng lái xe) và sẵn sàng lái xe đi làm nếu cần
- Kiến thức về khuyết tật trí tuệ và phát triển được ưu tiên (không bắt buộc)
- Kinh nghiệm chăm sóc được ưu tiên (không bắt buộc)
- Kết quả xét nghiệm lao âm tính
- Kiểm tra lý lịch / dấu vân tay (do nhà tuyển dụng yêu cầu)

Bắt đầu ngay khi bạn muốn bằng cách điền vào mẫu đơn đăng ký này: https://bit.ly/2lciRrJ

LIÊN HỆ:

Hue Ly - Program Coordinator Hue.ly@dhti.org | 510-575-0386 (call/text)



Thông tin thêm: https://bit.ly/3h7eCfH

Contra Costa TODOS UNIDOS Y TODO POR NUESTROS HIJOS

Brentwood/Oakley



Grupo de apovo para padres con hiios con discapacidades intelectuales y del desarrollo

Margarita Reyes

(925) 383-2155

todosunidosdfp@gmail.com



(510) 499-2910

todopornuestroshijos5@gmail.com

Próxima reunión:

Miércoles 14 de diciembre del 2022 @ 10:00am

En esta reunión estaremos haciendo una actividad navideña.

Número de la reunión: 875 1497 0007

Contraseña: SAP#2022



La Familia Service Access Program

Programa de Acceso al Servicio





ORIENTACIÓN VIRTUAL /

SERVICIOS DEL CENTRO REGIONAL Y RECURSOS GENERICOS/



Tu hijo(a) tiene una discapacidad intelectual o del desarrollo?

¿Tienes dudas sobre los servicios que están disponibles para tu hijo(a)?

> ¿Conoces los servicios del Centro Regional del Este de la Bahía (RCEB)?

Norma Gonzalez

Coordinadora de Padres Lideres

La Familia SAP

Próxima reunion:

Martes 20 de Diciembre de 2022

10:00 AM - 12:00 PM

Número de la reunión: 858 8851 0651

Contraseña: SAP2022#

La Familia Service Access Program

Programa de Acceso al Servicio



Apoyado con fondos de:





LA FAMILIA





Condado de Contra Costa

GUERREROS CON ALAS



Concord

¡No se pierdan nuestra próxima reunión! Será en persona.

Grupo de apoyo para padres con hijos con discapacidades intelectuales y del desarrollo

Martes 13, diciembre del 2022 <u>a10:00am</u>

Te esperamos en:

Concord Residential Club 2141 California St. Concord, CA 94520

Para más información:

Raquel Enciso/ Madre Líder

(925) 448-5178

guerrerosconalasdfp@gmail.com



La Familia Service Access Program

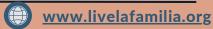
Programa de Acceso al Servicio

Apoyado con fondos de:







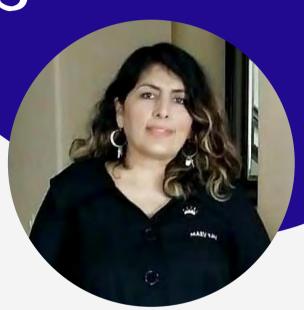




TALLER VIRTUAL:

Servicios de Apoyo en el Hogar (IHSS)

- ¿Qué es el IHSS?
- ¿Quién califica?
- ¿Cómo obtengo estos servicios?



Presentado por: JENNY ZEGARRA

Facilitadora Independiente para el Programa de Autodeterminación.

<u>Jueves, 15 de diciembre del 2022</u> <u>10:00am a 12:00pm</u>







Registrese Aqui



