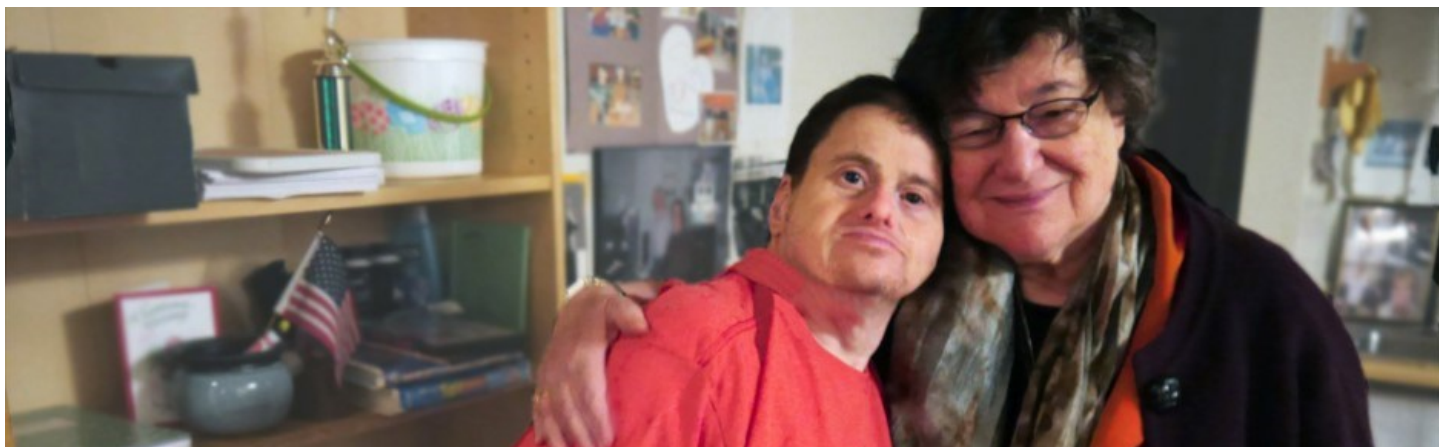


# ARE YOU CARING FOR A LOVED-ONE WITH DOWN SYNDROME AGE 18 OR OLDER?



The National Institute of Health estimates 50% of adults with Trisomy 21 will acquire Alzheimer's disease or other forms of dementia by age 65. For some, symptoms begin in their early 30's.

To schedule an evaluation contact:  
**Dr. Stephens, UCSF  
Memory & Aging Center  
1500 Owens St. Suite 320  
415-476-2907**



We encourage someone who knows the person well (for example, a family member) to accompany them. Cognitive evaluations are covered by most insurances and this authorization will be obtained before testing.

***Is your loved one experiencing symptoms? Contact Kristin Rains at The Arc San Francisco (415-609-9507) for more information.***

## What can you do?

### *Schedule a baseline cognitive evaluation.*

Dr. Melanie Stephens, neuropsychologist from UCSF Memory and Aging Center and her team of practicum students will provide a comprehensive evaluation that includes:

- Cognitive testing (paper and pencil tests of memory and other cognitive skills)
- Interviews with the participant and the loved-one who accompanies them.
- Feedback with Dr. Stephens and her students and a chance to ask questions about the cognitive testing
- Instructions on how to obtain a report of the evaluation.



*For people with intellectual  
and developmental disabilities*



University of California  
San Francisco