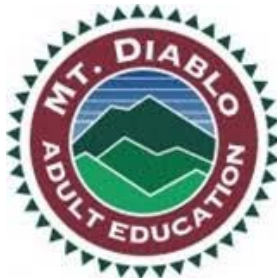




# Educational and Training Options After Transition / High School

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# There are choices available!



**Pathways to  
Employment**

**Day Programs**

**Postsecondary  
Education**

# Pathways to Employment

- 1) RCEB Case Manager
- 2) Open DOR File
- 3) Self-Reflection and evaluation
- 4) Identify short and long term goals
- 5) Explore available options



# Paid Internship Programs

## Includes

- Classroom instruction
- Job coaching
- Department rotation
- Resume building
- interview practice

## Benefits

- Develop soft skills
- Gain work experience in team environment
- Explore career and interests
- Expand self confidence



# Vocational Training

## Includes

- Training for a particular job
- Becoming skilled at specific tasks
- Getting practical knowledge of job market

Adaptive Horticulture Class  
Las Positas College

Dietary Aide Program  
Castro Valley Adult Education

Film and Media Workshop, Futures Explored



# The goal of Supported Employment is Competitive Integrated Employment

## Supported Employment

- Job development and on the job support
- Established job description
- Support may fade as employee becomes more independent at work

## Customized Employment

- For individuals with significant life complexities and barriers to employment
- Relationship meet needs of both parties
- Flexible schedule, customized job description



# Day Programs: in a center or out in the community

- Social/recreational skills
- Community integration
- Life skills
- Develop self advocacy
- Behavior management



# Postsecondary Education Comparing the Options



**Community Colleges**



**Universities**



**Adult Education Schools**



**Trade Schools, Art Schools**





# Community Colleges, Universities UC/CSU, Private colleges

By law (ADA) offer Disability Support Services

**\*Accommodations not modifications\***

Services includes

- Priority registration
- Academic, career and disability counseling
- Note taking
- Tutoring
- Extended test time
- Audio books, permission to record lectures
- Interpreters and captioning services
- Alternative media services



# Special Independent Living Skills Programs

## **Campus inclusion experiences with independent living arrangements**

- TAFT Community College: Transition to Independent Living (TIL)
- Wayfinders, Fresno State: College Living Experience (CLE)

## **Colleges with programs specific to ASD**

- College Internship Program, Berkeley
- Cal State East Bay: College Link program.

## **Colleges with Specific Vocational Training**

- College to Career: College of Alameda



# Adult Education Programs for Adults with Disabilities

These programs provide instruction to help students develop independent living skills, basic academic skills, social and communication skills and job training and paid internship programs

Castro Valley Adult, STRIDES program

Mt. Diablo Adult Education, Life Skills, TOPS program,

Oakland Adult Education, Basic Skills for Adults with Disabilities

Pleasanton Adult and Career Education, Life Skills (coming soon)

San Leandro Adult Education Job Prep and social skills

West Contra Costa Adult Education: Independent Living Skills, occupation and work skills



MACC  
MID-ALAMEDA COUNTY CONSORTIUM  
for ADULT EDUCATION

# Trade Schools & Art Schools

- Creative Growth Art Center
- Carrington for Health Care Careers
- Paul Mitchell School
- The Stride Center
- Academy of Arts
- California College of Arts



# I can prepare by working on...

- prioritizing goals
- communication & social skills
- self-advocacy
- time management
- travel training

