



The Arc San Francisco and the **University of California, San Francisco Memory and Aging Center**

are working together to provide neurologic evaluations for Arc clients with Down's syndrome who are experiencing changes in their thinking, daily function or behavior. **The Memory and Aging Center evaluation** includes neurological assessment and cognitive testing. A careful history, including observations from someone who knows the patient well is included. The visit lasts approximately four hours. We encourage that someone who knows the person well (for example, a family member) accompany them for the visit.

The purpose of this evaluation is to determine the cause or causes of the patient's symptoms and to offer suggestions regarding future care. At the visit, feedback will be provided and suggestions will be made. A written report with results and recommendations is sent to the primary care physician and/or referring physician. The providers at the Memory and Aging Center include Dr. Mary De May (geriatric psychiatrist), Dr. Melanie Stephens (neuropsychologist), and Dr. Jennifer Merrilees (clinical nurse specialist). Health trainees (neurology residents) participate in the evaluation with supervision by Dr. De May and Dr. Stephens.

Clinic appointments occur at the Memory and Aging Center clinic located at the Mission Bay campus of UCSF. Most insurance plans (including MediCal and MediCare) cover the costs of the evaluation.

If you have questions or are interested in an evaluation, please notify **Kristin Rains, MSW, Community Support Coordinator at The Arc (415.609.9507 or krains@thearc.org).** She will work with **Memory and Aging Center staff on arranging the evaluation.**

We ask for the last year of medical records to review before the visit.