## **About Us**

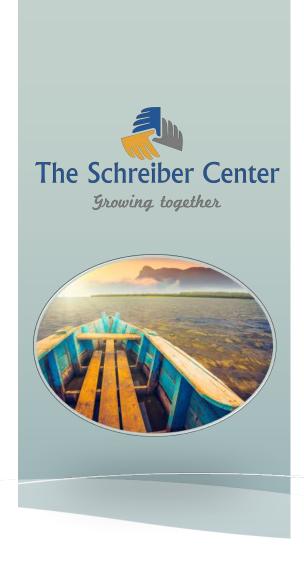
The Schreiber Center is a specially designed program that focuses on the emotional and mental health of adults with developmental and intellectual disabilities. Staff at the Schreiber Center are dedicated to helping people with developmental disabilities reach their goals and live happy, healthy, independent lives.

The Schreiber Center is funded by Alameda County Behavioral Health Care Services through the Mental Health Services Act (Prop 63). It is a collaboration between Alameda County Behavioral Health Care Services, the Alameda County Public Health Department, and the Regional Center of the East Bay.



Located in the Gail Steele Wellness and Recovery Center

409 Jackson Street Hayward, CA 94544 (510) 891-5650 www.acphd.org/schreiber-center



This project brochure is funded by the Mental Health Services Act (MHSA) in partnership with the Department of Developmental Services.



Comprehensive Mental Health Services for Adults with Intellectual and Developmental Disabilities





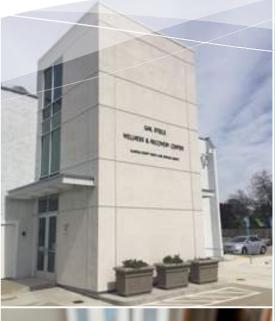






The Schreiber Center was named after Dr. Mary Lu Schreiber and Dr. Robert Schreiber, two well-loved psychiatrists who provided services for thousands of individuals with intellectual and developmental disabilities in Alameda County.







#### **Our Services**

- Assessment for Specialty Mental Health Services: The Schreiber team will meet with the client and their support team to discuss challenges and issues.
- Case Consultation: The Schreiber
   Team will help identify strategies and resources to support the client's goals.
- **Psychotherapy**: A safe place for clients to express themselves, cope with challenges, and find ways to reach their goals.
- Medication Support: A psychiatrist is available to discuss options for medications.

### Eligibility

# To be eligible for services, clients must meet <u>all</u> of the following\*:

- Live in Alameda County
- Be at least 21 years of age
- Be a Regional Center of the East Bay client
- Have a covered behavioral health insurance plan
- Have a covered mental health diagnosis

Please contact your Regional Center of the East Bay case manager to request a referral.

#### **Have a Question?**

Please call and ask! (510) 891-5650 \*For more information, you can also visit www.acphd.org/schreiber-center