

# Coleman Institute for Cognitive Disabilities

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#### INTELLECTUAL AND DEVELOPMENTAL DISABILITIES SERVICES IN THE U.S.: 2013

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> FEBRUARY 27, 2013 AAIDD WEBINAR

# State of the States in Developmental Disabilities 2013



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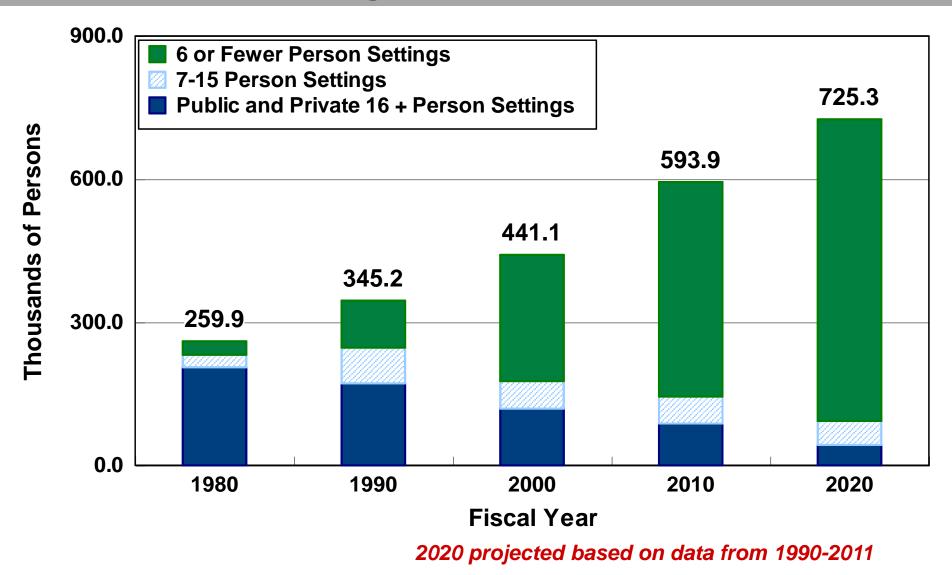
#### UNIVERSITY OF ILLINOIS AT CHICAGO Department of Disability and Human Development COLLEGE OF APPLIED HEALTH SCIENCES

## **Presentation Outline**

- I. Current U.S. Trends in I/DD Services, Supports and Spending
- **II. Factors Influencing Service Demand**
- **III. HCBS Waiver Analysis**

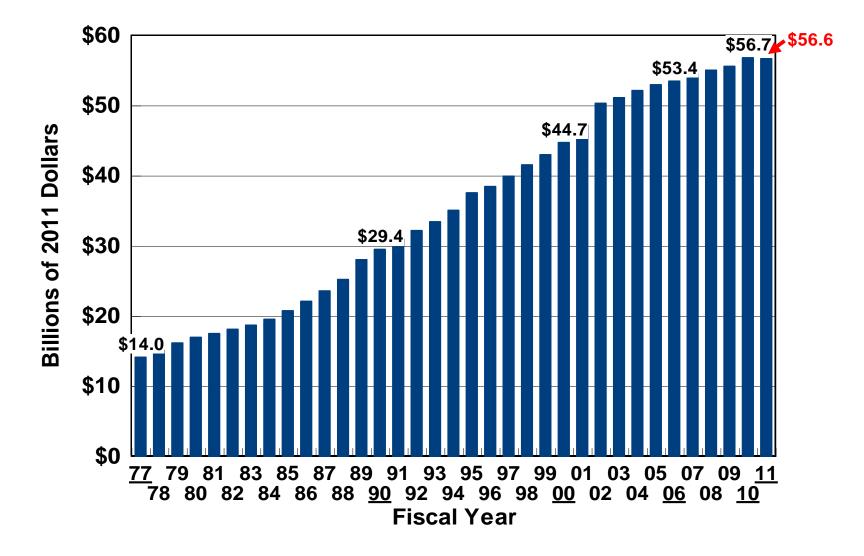
IV. State of the States in Developmental Disabilities Interactive Charts

# U.S. Demand for New I/DD Residential Services is Growing: 1980-2020



Source: Braddock, D., State of the States in Developmental Disabilities, 2013.

## I. Total IDD Spending Declines in 2011

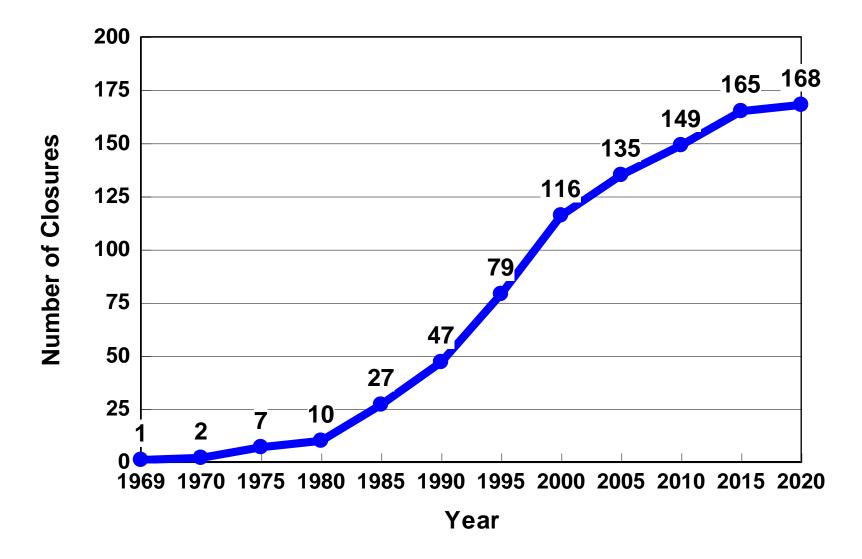


Source: Braddock, D., et al. State of the States in Developmental Disabilities, 2013.

## **States Without State-Operated I/DD Institutions**

- 1. DISTRICT OF COLUMBIA (1991)
- 2. NEW HAMPSHIRE (1991)
- 3. VERMONT (1993)
- 4. RHODE ISLAND (1994)
- 5. ALASKA (1997)
- 6. NEW MEXICO (1997)
- 7. WEST VIRGINIA (1998)
- 8. HAWAII (1999)
- 9. MAINE (1999)
- 10. INDIANA (2007)
- 11. MICHIGAN (2009)
- 12. OREGON (2009)
- 13. MINNESOTA (2011)
- 14. ALABAMA (2012)

### Cumulative Number of Closures of State-Operated 16+ Institutions in the U.S.: 1960-2020

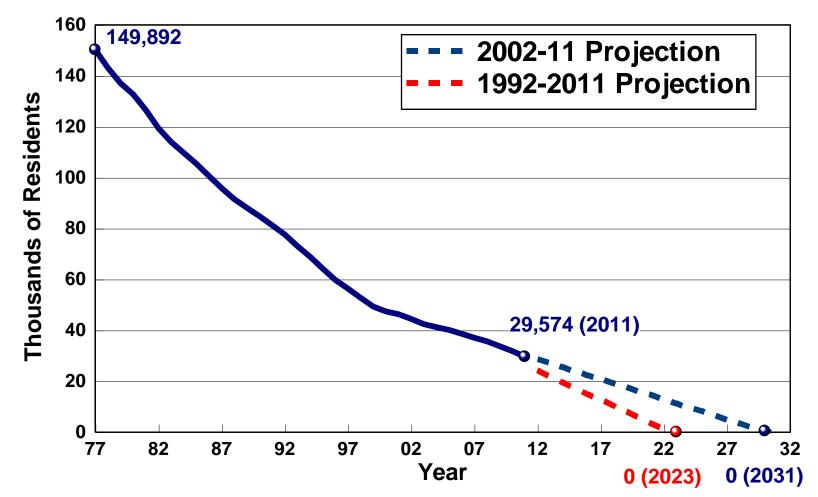


## Most Recent I/DD Institutional Closures: 2009-13

		Year Built/		#	Year of	
State	Institution	Became MR	Original Use	<b>Residents*</b>	Closure	Alternate Use
ALABAMA	Partlow	1993	ID Facility	199	2011	Undetermined
	Alexander Human					
ARKANSAS	Development Ctr.	1923/1968	<b>TB Sanatarium</b>	109	2011	Undetermined
CALIFORNIA	Agnews	1855/1966	MH Facility	411	2009	Undetermined
						Florida Gulf Coast
FLORIDA	Gulf Coast Center	1960	ID Facility	312	2010	University
	NW Georgia		<b>Battey Veteran's</b>			
GEORGIA	Regional Center	1943/1974	Hospital	110	2011	Undetermined
ILLINOIS	Howe	1973	ID Facility	251	2010	Undetermined
ILLINOIS	Jacksonville	1851/1970	MH Facility	200	2012	Undetermined
ILLINOIS	Murray		MH Facility	275	2013	Undetermined
	Kansas		Winter Veteran's			
KANSAS	Neurological Inst.	1942/1960	Hospital	157	2012	Undetermined
			Community			
LOUISIANA	Peltier Lawless	1958/1982	Hospital	10	2010	Undetermined
			WAC Training/			Dept./Child
LOUISIANA	Ruston	1942/1958	POW/TB Hosp.	72	2010	Ctr./Sheriff Office
MARYLAND	Rosewood	1888	ID Facility	153	2009	University
MICHIGAN	Mt. Pleasant	1890		88	2009	Undetermined
MISSOURI	Nevada Hab. Ctr.	1885/2000	Mental Hospital	119	2013	Undetermined
	St. Louis DDTC-					
MISSOURI	Northwest Hab. Ctr.	1986	ID Facility	53	2013	Undetermined
						Undetermined,
NEW JERSEY	Vineland	1888	ID Facility	395	2013	possible sale
						Corrections/Com-
OREGON	Eastern Oregon	1929/1963	TB Hospital	50	2009	munity I/DD Pgm.
			Psychiatric			
TENNESSEE	Arlington	1969	Hospital	128	2010	Undetermined
	Francis Haddon					
WASHINGTON	Morgan	1973/1988	Military Hospital	52	2012	Office/School/Hsng.

\*When closure announced

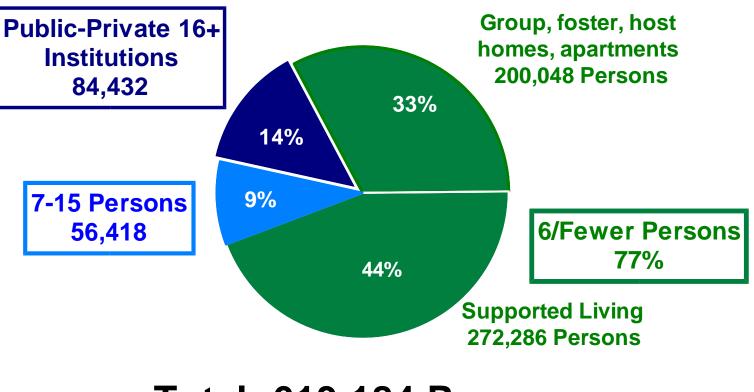
### Projected Trajectory of the I/DD Institutional Census in the U.S. UNITED STATES



Source: Braddock, D., Coleman Institute and Department of Psychiatry, University of Colorado, 2013.

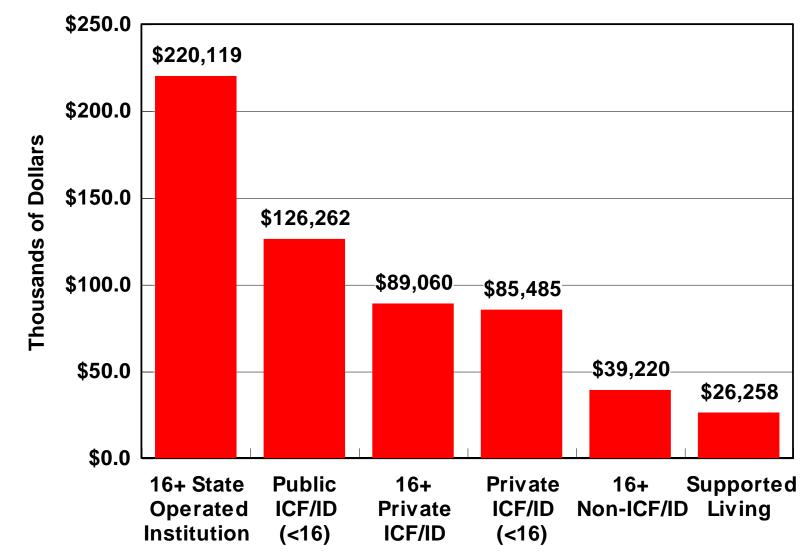
# Out-of-Home Residential Placements for People with I/DD: 2011





#### Total: 613,184 Persons

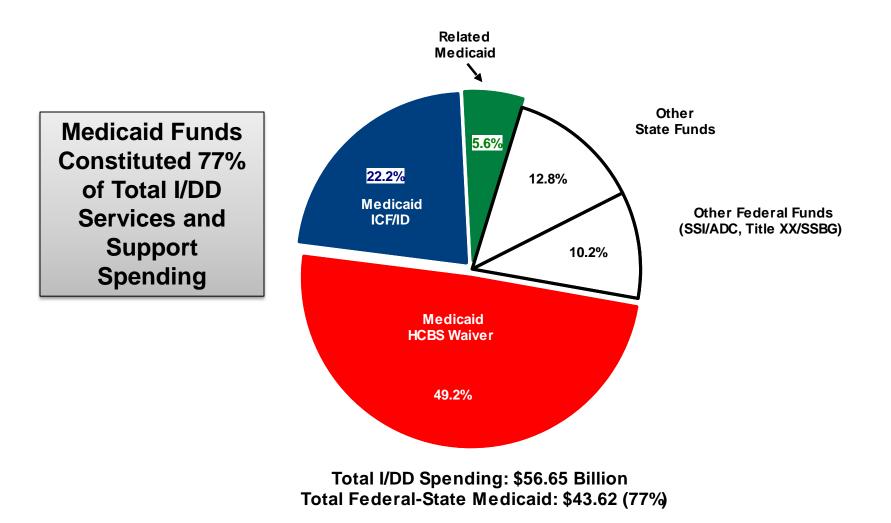
# Annual Cost of Care by Residential Setting: U.S., 2011



## **Growth in Community Spending**

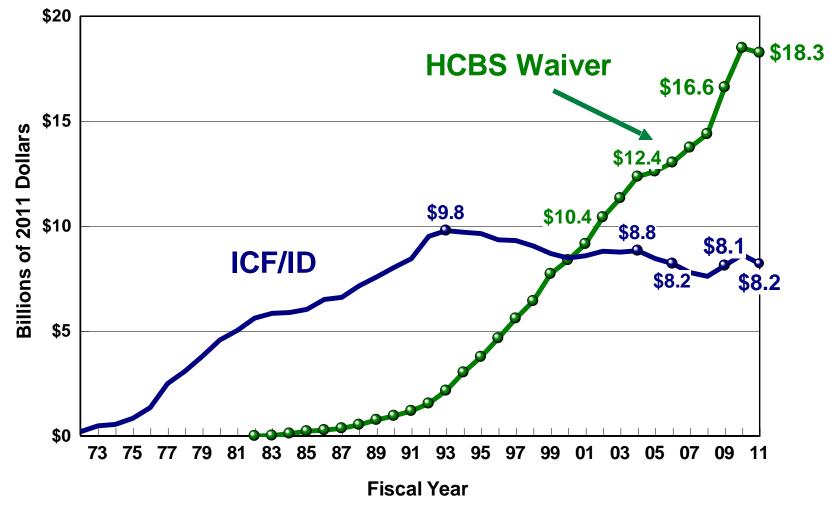
# IMPORTANCE OF THE HOME AND COMMUNITY BASED SERVICES (HCBS) WAIVER

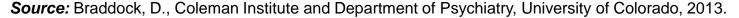
### Total I/DD Services and Support Spending in the U.S.: FY 2011



### Federal HCBS Waiver Spending Surpassed ICF/ID Spending in 2001

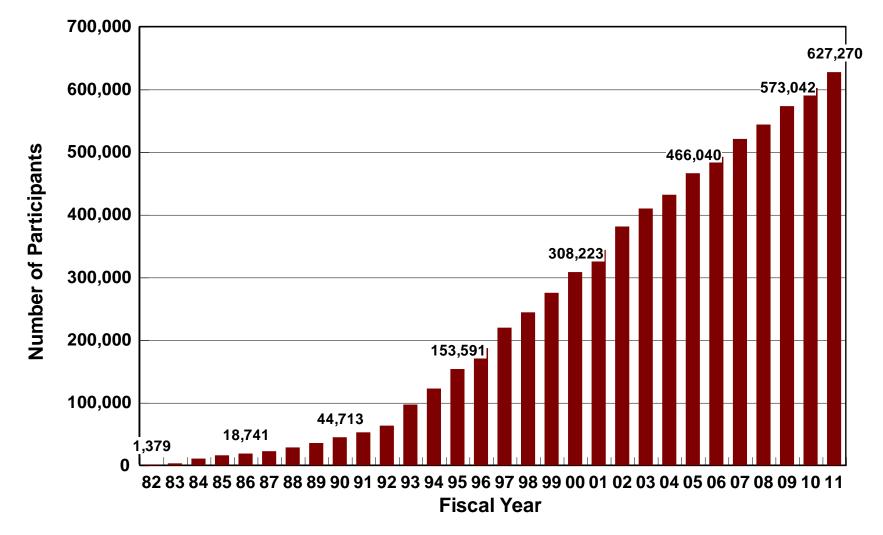
### **UNITED STATES**





# HCBS Waiver Participant Growth: 1982-2011

#### **UNITED STATES**



# **Current Trend: Support Services Waivers**

# **Characterized By:**

- A low dollar cap on the total amount of HCBS Waiver services authorized for each beneficiary
- Flexibility in the selection of services within the dollar cap
- Expectation that unpaid family caregivers will provide significant support to Waiver participants

## **Innovations in State HCBS Waivers**

- Vermont's Section 1115 Research and Demonstration Waiver builds upon the State's Comprehensive Waiver and is a model for managing supports for participants
- Connecticut's HCBS Waiver is flexible in terms of individual budgeting and self-determination
- Washington State's four Waivers are tailored to individual needs
- Indiana is one of 16 states with Supports Waivers, emphasizing employment, support brokers, financial management services and person-directed goods and services
- Participant States' information at: http://www.hcbs.org/Support Waivers

# **Community Supports**

- Supported Living
- Family Support
- Supported Employment

### Principles of Supported Living/ Personal Assistance

- 1. Choice
  - Where to live, with whom and which lifestyle
- 2. Ownership by other than the service provider
  - Individual owns or rents;
  - Family owns or holds lease;
  - Housing cooperative owns

#### 3. Individual Support

- Focus on individual's changing needs over time;
- Individualized support plan or support contract

# **Family Support Defined**

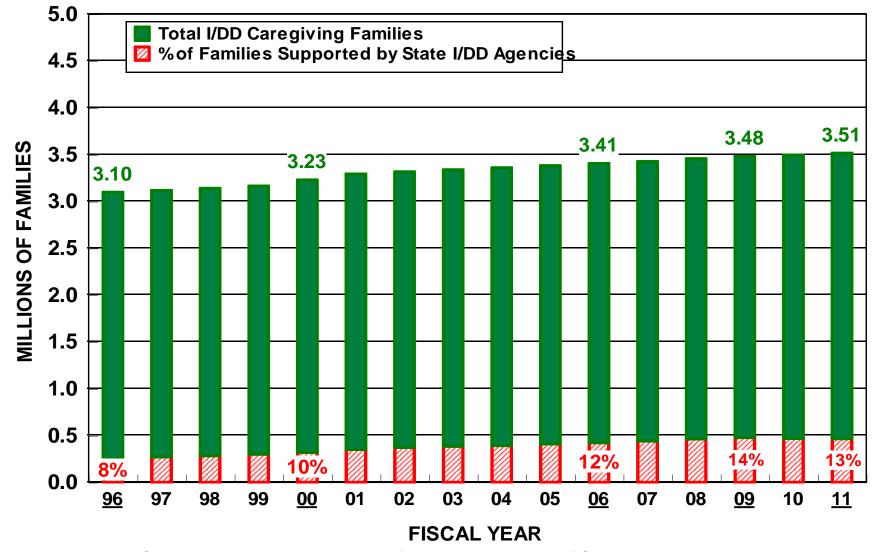
#### • Family Support Includes:

- Respite services
- Financial support
- In-home support, education, and training
- Assistive and medical technology
- Health and related professional services
- Family training/counseling
- Transportation
- Case management/service coordination
- Recreation/leisure
- Other family support

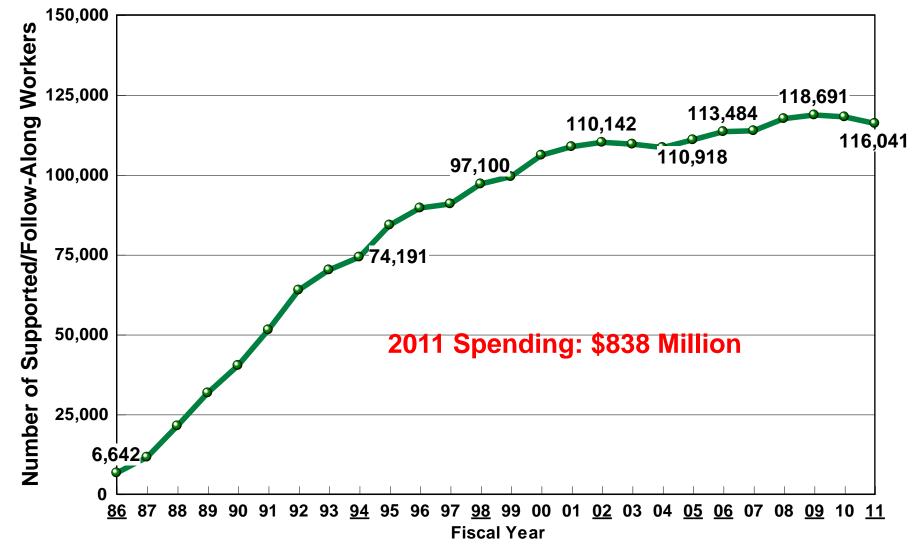
#### • Cash Subsidy Family Support Includes:

Payments or vouchers directly to families; families determine what is purchased

### Number of I/DD Caregiving Families Far Exceeds Families Supported by State I/DD Agencies: 1996-2011



### U.S. Supported Employment Workers Plateaus, then Declines 2009-11



Source: Braddock, D., Coleman Institute and Department of Psychiatry, University of Colorado, 2013.

**FISCAL EFFORT** is a ratio that can be utilized to rank states according to the proportion of their total statewide personal income devoted to the financing of I/DD services.

**FISCAL EFFORT** is defined as a state's spending for I/DD services per \$1,000 of total statewide personal income.

# There is a 600% variance in the 50 states in I/DD Fiscal Effort

## I/DD Community Services Fiscal Effort: FY 2011

1	New York	\$9.51	19	Pennsylvania	\$4.41	37	Maryland	\$2.90
2	Maine	\$7.63	20	Wyoming	\$4.24	38	Washington	\$2.90
3	North Dakota	\$6.87	21	New Hampshire	\$4.19	39	Kentucky	\$2.89
4	District of Columbia	\$6.67	22	Idaho	\$4.17	40	South Carolina	\$2.78
5	Minnesota	\$6.60	23	Delaware	\$3.93	41	New Jersey	\$2.37
6	Connecticut	\$6.42	24	South Dakota	\$3.92	42	Colorado	\$2.19
7	Vermont	\$6.39	25	Arkansas	\$3.78	43	Utah	\$2.08
8	Ohio	\$6.09	26	Michigan	\$3.75	44	Illinois	\$2.05
9	West Virginia	\$5.77	27	Kansas	\$3.68	45	Virginia	\$2.04
10	Rhode Island	\$5.72	28	Montana	\$3.61	46	Alabama	\$1.99
11	Oregon	\$5.49	29	Arizona	\$3.60	47	Georgia	\$1.90
12	Wisconsin	\$5.14	30	Nebraska	\$3.43	48	Florida	\$1.77
13	Louisiana	\$5.13	31	California	\$3.37	49	Texas	\$1.59
14	Indiana	\$5.13	32	Tennessee	\$3.28	50	Mississippi	\$1.57
15	New Mexico	\$5.04	33	North Carolina	\$3.06	51	Nevada	\$1.45
16	Massachusetts	\$4.75	34	Hawaii	\$3.02			
17	Alaska	\$4.68	35	Missouri	\$2.95		United States	\$3.81
18	lowa	\$4.62	36	Oklahoma	\$2.94			

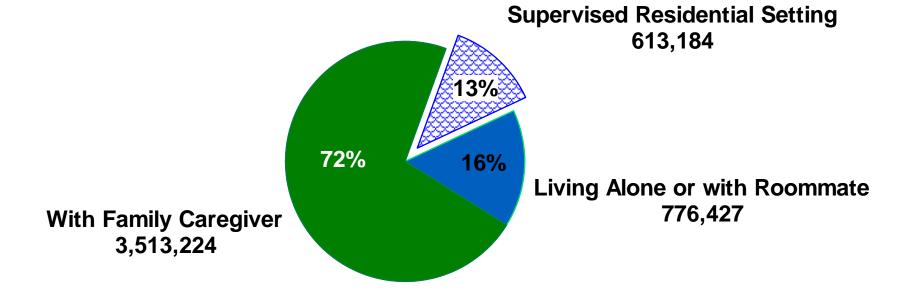
I/DD Spending Per \$1,000 of state aggregate personal income

# II. Factors Influencing Demand for I/DD Services in the U.S.

- 1. Aging caregivers
- 2. Increased longevity of people with I/DD
- 3. Poverty
- 4. Fiscal conditions in the States

### 1. Most People with I/DD Live with Family Caregivers

#### UNITED STATES ESTIMATED DISTRIBUTION OF INDIVIDUALS WITH I/DD BY LIVING ARRANGEMENT, 2011

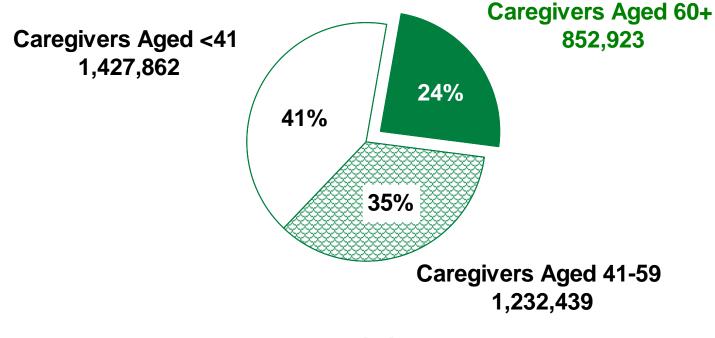


#### **Total: 4.90 Million Persons**

**Source** Braddock et al. 2013, based on Fujiura, 2012.

### An Estimated 853 Thousand Persons with I/DD Live at Home with Aging Caregivers

## UNITED STATES Family Caregivers by Age: 2011



#### **Total: 3.51 Million Persons**

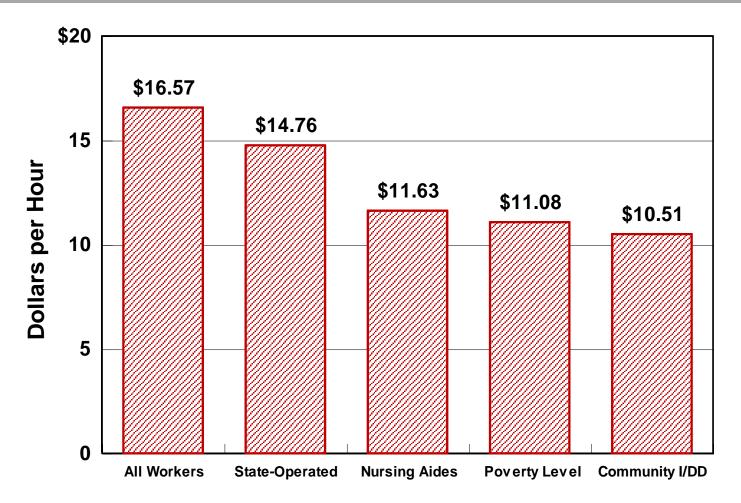
Braddock et al., 2013, based on Fujiura 2008, 2012

## 2. Longevity is Increasing for People with I/DD

- 1970s: 59.1 years
- 1993: 66.2 years
- U.S. General Population: 78 years (2011)
- In the future "...those without severe impairment can be expected to have a lifespan equal to that of the general population."

**Sources**: M. Janicki. (1999; Janicki, Dalton, Henderson, & Davidson (1999); Rehabilitation Research and Training Center on Aging and Intellectual Disabilities, University of Illinois at Chicago; National Center for Health Statistics (2010); and Bureau of the Census (2012) for U.S. General Population in 2011.

# 3. Direct Support Staff Median Wages are Below the Poverty Level



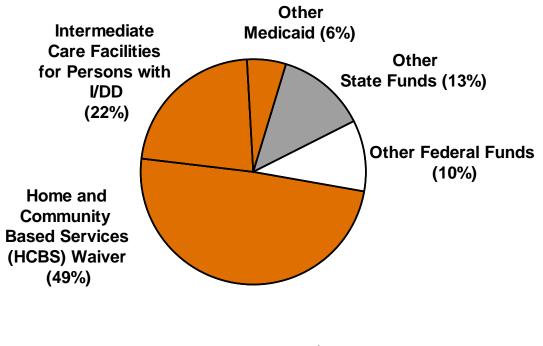
**Sources:** "All w orkers" and nursing aides for 2011 (Bureau of Labor Statistics, 2012); "state-operated I/DD" for 2010 (Larson, Ryan, Salmi, Smith & Wuorio, 2012); "community I/DD" 2009 (and inflation-adjusted to estimate 2011 value (ANCOR, 2010), and "poverty level" for 2012 (Assistant Secretary for Planning and Evaluation, 2012).

# 4. About Half the States Reduced I/DD Spending in FY 2011

State	% Change	State	% Change	State	% Change
Kentucky	9%	Ohio	1%	District of Columbi	-2%
Texas	6%	Vermont	1%	Washington	-2%
Wisconsin	6%	Montana	0.2%	Louisiana	-2%
New Jersey	5%	Arizona	-0.02%	lowa	-2%
North Dakota	5%	Georgia	-0.1%	Maryland	-2%
Alaska	5%	Michigan	-0.2%	Colorado	-3%
Oregon	4%	Connecticut	-0.5%	Massachusetts	-4%
Arkansas	4%	California	-0.6%	Pennsylvania	-4%
New Hampshire	3%	Minnesota	-0.7%	Florida	-4%
South Carolina	3%	North Carolina	-0.8%	Tennessee	-5%
Alabama	3%	Nevada	-1.0%	Maine	-5%
Wyoming	3%	Delaware	-1%	Indiana	-6%
Virginia	3%	South Dakota	-1%	Utah	-6%
Kansas	2%	Hawaii	-1%	Mississippi	-7%
Missouri	2%	Idaho	-1%	New Mexico	-7%
Nebraska	1%	West Virginia	-1%	Oklahoma	-7%
New York	1%	Illinois	-2%	Rhode Island	<b>-9%</b>
				UNITED STATES	-0.2%

# **III. Analysis of the HCBS Waiver**

# Medicaid comprised 77% of total I/DD spending in 2011



Total I/DD Spending: \$56.60 Billion

Home and Community Based Services (HCBS) Waiver:

- Authorized in 1981 to keep people out of institutions and lower costs
- Supported 627,000: 2011
- Reimburses states for community-based services and supports
- States determine services and number of projected people served

Source: Rizzolo, M. C., Friedman, C., Lulinski-Norris, A., & Braddock, D. (Feb 2013). Home and Community Based Services (HCBS) Waivers: A nationwide study of the states. Intellectual and Developmental Disabilities, 51(1).

# Status of Waivers in 2010

- 88 HCBS Waiver Applications:
  - types of services (service definitions n=1,329)
  - -# of "users"
  - average units per user
  - average cost per unit
- 93 HCBS Waiver Amendments
  - reasons for filing amendments

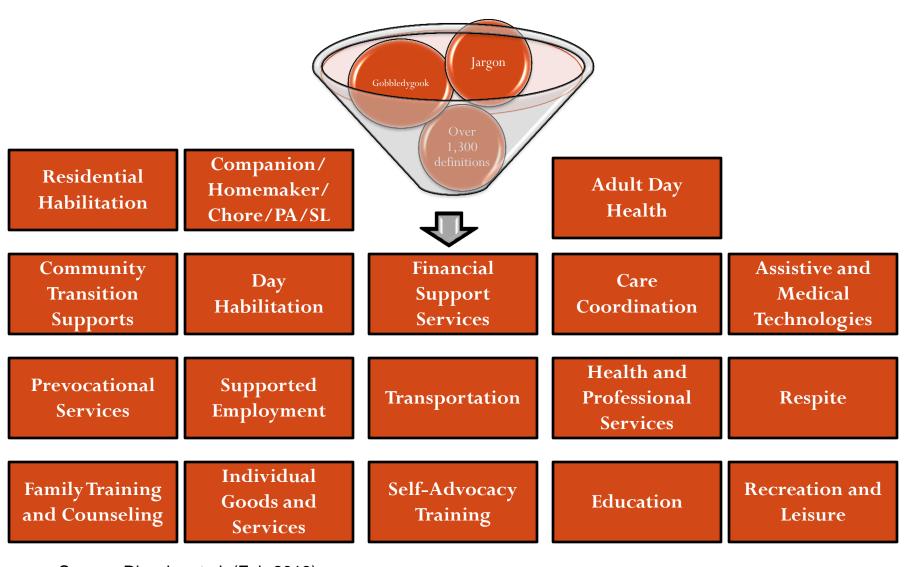
Source: Rizzolo, et al. (Feb 2013).

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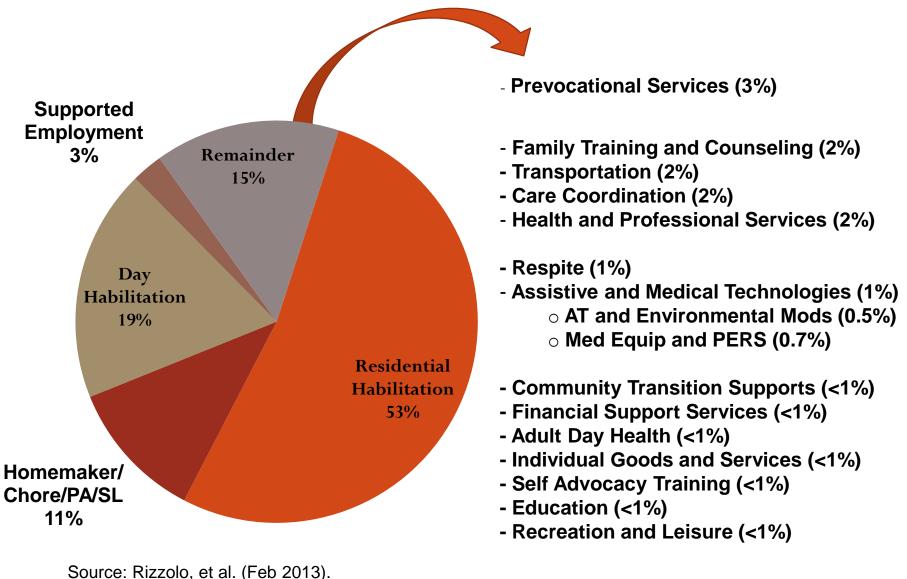
UT

## What Waiver Services Do States Offer?



Source: Rizzolo, et al. (Feb 2013).

## Where Did States Propose to Spend Their Money?



5 2013).

# What is the Average Cost of Traditional Waivers vs. "Support Waivers"?

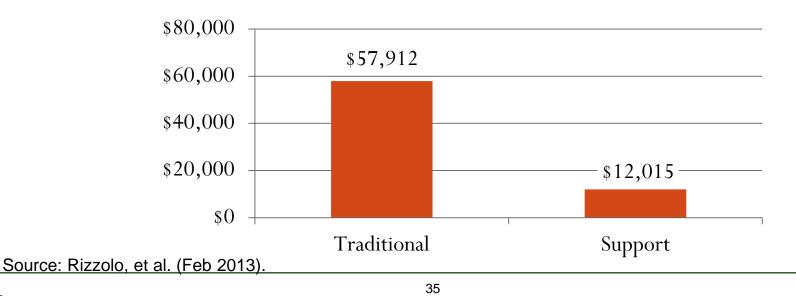
#### Traditional Waivers

• Range of supports including residential habilitation (e.g. group home, apartment owned or leased by provider agency, licensed foster care)

#### Support Waiver

- Typically covers the same supports as traditional waiver with the exception of residential habilitation
- Relies on unpaid natural supports

#### Average Annual Cost 2010 (n = 16 states)



## Why Do States File Amendments?

#### 1. To revise procedures to

- ...determine who enters the Waiver first
- ...change QA procedures
- ...change rate structures

#### 2. To rebalance the system

- Reserve "slots" or capacity for
  - people moving out of state institutions or nursing homes
  - children transitioning out of foster care

#### 3. To contain costs

- ...by reducing caps per person
- ...by limiting or eliminating services (e.g. dental and respite)

#### 4. To expand service capacity

- ...by increasing # of participants
- ...by adding services

Source: Rizzolo, et al. (Feb 2013).

# How can these HCBS data be used?

- Proposed taxonomy is a tool for describing the array of HCBS Waiver services
- Illustrate how states are investing their limited resources
- Demonstrate creative and flexible supports
  - hippotherapy
  - Native American healers
  - rent and food for live-in caregiver
  - electronic monitoring
  - prescriptions
  - guide dogs, hearing dogs, service dogs and simian aids under "assistive technology – adaptive devices"
- Allow comparisons across waivers
  - Used by dual diagnosis task force (behavioral supports)
  - Used by rate setting task force (to compare residential habilitation per diems)



### IV. Personalize Charts for your State or Region http://www.StateoftheStates.org



#### The State of the States in Developmental Disabilities University of Colorado

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- State of the States
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#### Intellectual and Developmental Disabilities

Welcome to the website for the *State of the States in Developmental Disabilities Project,* administered by the University of Colorado and funded in part by the <u>Administration on</u> <u>Intellectual and Developmental Disabilities.</u>

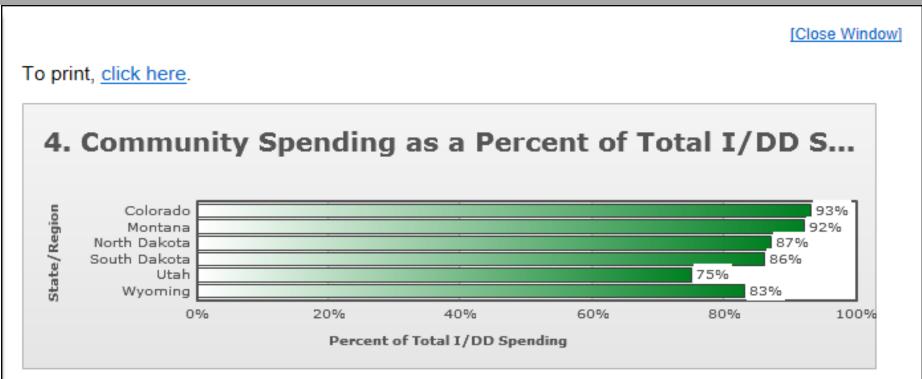
On this website you can view longitudinal data for fiscal years 1977-2009 (soon updated to 2011) by going to <u>State Profiles</u>. You can also "Create a Chart" based on state-by-state comparative data for fiscal year 2011 (see Menu to the right).

Data on All Disabilities. On the menu to the right, you can also access data for all disabilities, including a create-a-chart option for data on intellectual/developmental disabilities, mental health and physical and sensory disabilities.

The <u>Publications</u> link provides access to selected books and book chapters, journal articles, technical and brief reports, and testimony from the project. <u>About Us</u> presents a brief history of the study. <u>Links</u> offers access to related websites at the national, state and community level, including our state of Colorado. View Dr. David Braddock's September 17, 2011 presentation to the Arc United States 60th Annual Convention in Denver, Colorado <u>PDF</u>.

We have recently updated our website with "create a chart" comparative data through 2011. We will soon finish updating the 50 state profiles to encompass 1977-2011. Please contact us at <u>stateofthestates@cu.edu</u> with any questions or comments.

### Personalize a Chart for your State or Region: Rocky Mountain States



#### 4. Community spending as a percent of total I/DD spending: 2011

Spending for community services in the states is provided by the Home and Community Based Services (HCBS) Waiver in addition to other state and local government funding. Community services consists of a wide range of residential supports, supported living, supported employment, family supports, case management, service coordination, transportation, and other supports. Total I/DD spending also includes public and private residential facilities serving 16 or more persons per setting, including ICF/ID spending (but excluding nursing facility spending).

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# List of Data Charting Options for the States

#### **Data Options for Charts:**

- 1. Total Fiscal Effort for I/DD Services
- 2. Community Fiscal Effort
- 3. Institutional (16+) Fiscal Effort
- 4. Community Spending as a Percent of Total I/DD Spending
- 5. Percent of Total Out-of-Home Placements in Settings for 6 or Fewer Persons
- 6. Percent of Total I/DD Caregiving Families Supported by State I/DD Agencies
- 7. Aging I/DD Caregivers as Percent of Total Persons with I/DD
- 8. Individual and Family Support Spending per Capita
- 9. Federal-State HCBS Waiver Spending per Capita
- 10. Average Annual Cost of Care in State-Operated 16+ Person I/DD Institutions
- 11. Average Daily Cost of Care in State-Operated 16+ Person I/DD Institutions
- 12. Nursing Facility Residents with I/DD, per 100,000 of the State Population
- 13. Six-or-fewer Person Community Spending as a Percent of Total I/DD Spending
- 14. Unmatched State Funds Potentially Available to Match Federal Medicaid Funding
- 15. Medicaid Percent of Total I/DD Spending



## Personalize a Chart for your State or Region

Compare as many states or regions as you would like. A longer chart, however, may print on two pages							
Select All States De-Select All States							
	Select All Reg	jions De-Select All Region	IS				
<ul> <li>Alabama</li> <li>Alaska</li> <li>Arizona</li> <li>Arkansas</li> <li>California</li> <li>Colorado</li> <li>Connecticut</li> <li>Delaware</li> <li>District of Columbia</li> <li>Florida</li> <li>Georgia</li> <li>Hawaii</li> <li>Idaho</li> </ul>	<ul> <li>Illinois</li> <li>Indiana</li> <li>Iowa</li> <li>Kansas</li> <li>Kentucky</li> <li>Louisiana</li> <li>Maine</li> <li>Maryland</li> <li>Massachusetts</li> <li>Michigan</li> <li>Minnesota</li> <li>Mississippi</li> <li>Missouri</li> </ul>	<ul> <li>Montana</li> <li>Nebraska</li> <li>Nevada</li> <li>New Hampshire</li> <li>New Jersey</li> <li>New Mexico</li> <li>New York</li> <li>North Carolina</li> <li>North Dakota</li> <li>Ohio</li> <li>Oklahoma</li> <li>Oregon</li> <li>Pennsylvania</li> </ul>	<ul> <li>Rhode Island</li> <li>South Carolina</li> <li>South Dakota</li> <li>Tennessee</li> <li>Texas</li> <li>Utah</li> <li>Vermont</li> <li>Virginia</li> <li>Washington</li> <li>West Virginia</li> <li>Wisconsin</li> <li>Wyoming</li> <li>UNITED STATES</li> </ul>				
<ul> <li>NEW ENGLAND (CT, ME, MA, NH, RI, VT)</li> <li>NORTHEAST (NJ, NY)</li> <li>MID-ATLANTIC (DE, DC, MD, PA, VA, WV)</li> <li>SOUTHEAST (AL, FL, GA, KY, MS, NC, SC, TN)</li> <li>GREAT LAKES (IL, IN, MI, MN, OH, WI)</li> <li>SOUTHWEST (AR, LA, NM, OK, TX)</li> <li>GREAT PLAINS (IA, KS, MO, NE)</li> <li>ROCKY MOUNTAIN (CO, MT, ND, SD, UT, WY)</li> <li>PACIFIC (AZ, CA, HI, NV)</li> <li>NORTHWEST (AK, ID, OR, WA)</li> </ul>							

# Personalize a Chart for your State or Region

#### **Presentation Options**

- Alphabetical
- Ascending
- Descending



#### **Chart**



## **Contact Information**

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> http://ColemanInstitute.org http://stateofthestates.org





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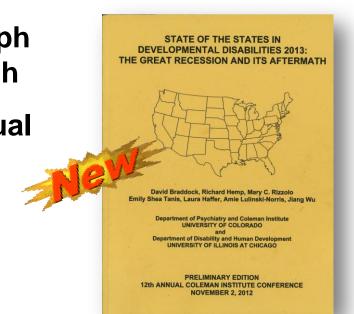
# 2013 State of the States Monograph

Final copies of the 2013 SOS Monograph can be obtained in March/April through

The American Association on Intellectual and Developmental Disabilities

and

The Coleman Institute for Cognitive Disabilities





American Association on Intellectual and Developmental Disabilities



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# Save the Date



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#### The Thirteenth Annual Coleman Institute Conference on Cognitive Disability and Technology

### WEDNESDAY, OCTOBER 2, 2013 Omni Interlocken Hotel,

**Broomfield, Colorado** 



• We are happy to respond to questions you submit online.

