



Weed Can Wait

Marijuana use
is not safe
while pregnant.

- Makes it harder for your baby to grow.
- Can hurt your baby's brain.
- Smoke can harm your baby.
- Stays in your breast milk over time.

For pregnancy care referrals

Alameda County Family Health Line
1-888-604-4636

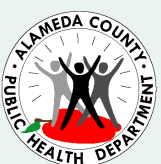
Free or Low Cost Pregnancy Care
www.acphd.org/clinics

For support with decreasing marijuana use

Alameda County Substance Use Services
1-800-491-9099

Alameda County Eden Information and
Referral
2-1-1

Narcotics Anonymous
510-444-4673



Community Forum for Perinatal Health 2017

Alameda County Public Health Department

For more information, contact: perinatal.services@acgov.org, or visit: www.acphd.org/marijuana-pregnancy