



Alameda County  
Health Care Services Agency

**FOR IMMEDIATE RELEASE**

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**Public Health Department Warns of Possible Measles Exposure**

**San Leandro, CA**—Alameda County health officials are advising persons who were at **Sons of Liberty restaurant in San Leandro, CA on Saturday, March 9, 2024, from 4:45 p.m. to 7:30 p.m.** that they may have been exposed to measles. If you were at Sons of Liberty in San Leandro on March 9 between 4:45 p.m. and 7:30 p.m. **and** if you or your child are:

- **An infant 11 months of age or younger**
- **Not vaccinated for measles**
- **Unsure for your measles vaccination status**
- **Pregnant**
- **Immunocompromised (having a weakened immune system)**
- **A health care worker**
- **A childcare provider**

Please call your health care provider and the Alameda County Public Health Department at 510-267-3250 right away. Measles (rubeola) is highly contagious and is transmitted via direct contact with infectious droplets or by airborne spread when an infected person breathes, coughs, or sneezes. One person infected with measles can infect nine out of 10 unvaccinated individuals with whom they come into close contact.

All persons who were present at this San Leandro restaurant during the time indicated should watch for symptoms of measles which can appear in seven to 21 days (3/16 - 3/30) after the exposure. Those symptoms include fever, cough, runny nose, red eyes, and a rash that can last up to a week. Some people may develop complications such as diarrhea, middle ear infection, and pneumonia (lung infection). One in 1000 people with measles may develop encephalitis (brain infection) and one to two children of every 1000 with measles may die from lung or brain complications.

If you develop measles symptoms, **call your medical facility before going there** and inform them that you may have been exposed to measles so that the facility can take measures to protect other patients and visitors.

Measles is preventable with the Measles, Mumps, and Rubella (or MMR) vaccine. Two doses of MMR are recommended for full protection and Alameda County benefits from high rates of vaccination against measles.

Check your immunization records or contact your provider to see if you are protected. You can visit the Alameda County Public Health Department website at [www.acphd.org/measles](http://www.acphd.org/measles) for additional information.

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