**WHAT IS MONKEYPOX?**

Monkeypox is a viral infection transmitted through close personal contact, including kissing, sex, and other skin-to-skin contact. Cases have been detected among gay and bisexual men but not exclusively.

**WHAT ARE THE SYMPTOMS?**

- **RASH, BUMPS, OR BLISTERS**
  These may appear anywhere on the body, including the genitals. This may look similar to syphilis, herpes, or other common skin rashes.

- **FEVER & HEADACHES**

- **MUSCLE ACHES**

- **SWOLLEN LYMPH NODES**

Symptom onset ranges from 5-21 days.

**WHAT YOU CAN DO**

- **STAY INFORMED**
  Remain calm. This is a rapidly changing situation. Visit CDC or CDPH websites for up-to-date guidance.

- **CONTACT**
  If you have symptoms, call (do not visit) your health care provider, and ask about testing.

- **TAKE A BREAK**
  If you have symptoms, stay at home, wear a mask, and cover sores to protect others.

**STOP STIGMA**

Blaming any one community may harm public health efforts and cause providers to miss monkeypox in other people.

Get the latest updates & downloadable files from Gay Sexuality & Social Policy Initiative @ UCLA Luskin

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