What is Monkeypox?

Monkeypox is a virus that appears as a distinctive rash, and spreads through close contact skin to skin, sex, kissing, and prolonged breathing at close range.

How to protect yourself:

- Cover exposed skin in crowds
- Don't share bedding or clothing
- Ask close physical contacts about recent rashes or sores
- Stay aware when traveling to outbreak countries

See a health care provider right away if you have a rash, or if you have been in contact with someone who has monkeypox. Stay home if you feel sick.

For more info, visit https://acphd.org/programs-and-services/monkeypox/