



Free blood pressure checks



# Hypertension & Wellness Days

Feb. 16, 18, & 25



**Friday 2/16, Oakland**

Lighthouse Mosque: 2-3:30pm

**Sunday, 2/18, Hayward**

Glad Tidings COGIC: 12:30-2pm

**Sunday, 2/18, Oakland**

Allen Temple Baptist Church: 10:30-1:30pm

Downs United Methodist Church: 12-1pm

East Bay Church of Religious Science: 11am-2pm

St. Columba Catholic Church: 9am-1pm

**Sunday, 2/18, San Francisco**

Jones Memorial United Methodist Church: 11:45-2pm

**Sunday, 2/25, Bay Point**

First AME Community Church: 12:30-2:30pm

**Sunday, 2/25, Berkeley**

St. Paul AME: 11:30-1:30

**Sunday, 2/25, Oakland**

Center of Hope Community Church: 8:30am -12pm

FAME Oakland @ North Oakland Baptist Church:  
10:30-2pm

St. Benedict: 12-1:30pm

**To Be Announced:**

New Parks Chapel AME Church