

Preparedness Training *for Caregivers & Home Care Workers*

**LOCATION: Fremont Family Resource Center,
39155 Liberty St., Fremont 94538
Pacific Room**

DATE: April 28, 2014

TIME: 1:30 - 4:30pm

**FREE for Family members and
Caregivers of...**

- ❖ **Frail Seniors**
- ❖ **Persons with Disabilities**
- ❖ **Non-ambulatory Individuals**



Provided by:

CRIL- Community Resources for Independent Living

**Help Those You Care for
Prepare for any Emergency or Disaster**

**Call today to reserve a space: 510-881-5743
or email at Info@crilhayward.org**

Sponsored by the Alameda County Public Health Department



All participants will receive:

- ✓ An Emergency Pocket Guide
- ✓ VIAL of Life Kit
- ✓ Whistle/Flashlight/Compass

Please Provide 5 Days Notice for Alternate Formats and ASL