

# FREE! Personal Emergency Preparedness Training Classes for your Staff and Volunteers!

*For Service Providers of*

- ❖ *Persons with Disabilities*
- ❖ *Frail Seniors*
- ❖ *Homebound/Nonambulatory Individuals*



**Learn to be ready so you can respond and assist the most vulnerable individuals in our community!**

**This Personal Emergency Preparedness Training** is a very personal look at preparedness, designed to address fears and move past barriers, and is tailored to individual needs of participants. Help employees, volunteers, or community members feel secure in their ability to deal effectively with emergencies, learn simple response skills, and feel safer – at home, at work or on the road.

**Call today for more information or to  
Schedule a Training!**

**Rosanna Lee (510) 268-7023 or email [Rosanna.Lee@acgov.org](mailto:Rosanna.Lee@acgov.org)**

**Provided by:**



**Sponsored by:**

