

**Women, Parents, & Foster Parents:
Are you pregnant, breastfeeding
or a parent raising a child under 5?**

Working families can get WIC

- ◆ Pregnant woman or family with 1 child who earn up to \$2504/mo. before taxes
- ◆ Family of 3 who earn up to \$3149/mo. before taxes

It is easy to apply at a WIC program near you. Call today!

Please bring an ID, proof of income & address.

WIC can help!

- Checks for healthy foods
- Personal and family nutrition planning
- Breastfeeding support and classes
- Referrals for services and healthcare



**Alameda County
Public Health WIC**
(510) 595-6400

Call for appointment
Mon, Tues, Thurs, Fri:
8:35-5pm; Sat: 8:35-4:30pm
Wed: 9:35-1pm, 3:30-6pm;
(Clinic closes from
1-3:30pm on Wednesdays)

North Oakland
3600 Telegraph Ave.

Eastmont
7200 Bancroft Ave.
Room 204

Hayward
24085 Amador St.
Room 100

Fremont
39155 Liberty St.
Room D430
Clinic closes from 12-1pm
Mon, Tues, Thurs, Fri

**Axis Community
Health Center WIC**
(925) 462-2365

Pleasanton
1991 Santa Rita Rd.
STE #H,
Mon, Wed, Thurs,
Fri: 8:30-12pm,
12:30-4:45pm
Tues—9:30-5:45pm

City of Berkeley WIC
(510) 981-5360

830 University Ave.
Mon-Thurs: 8:30-5pm,
Fri: 9-12pm
2nd Thurs: 8:30-6:30pm
1st Sat: 11-2:30pm

**La Clinica de La Raza
Health Center WIC**
Fruitvale
(510) 535-4110

1450 Fruitvale Ave., STE #B
Mon-Fri 8-5:30pm
San Antonio
(510) 272-1500
1030 International Blvd
Mon-Fri 8-5:30pm

**Native American
Health Center WIC**

Oakland
(510) 434-5300
3124 International Blvd,
Room 103
Mon-Fri, 3rd Sat. 8:30-5pm
Alameda Point Collaborative
(510) 814-8440
677 West Ranger Ave.
1st Wed, 2nd Mon &
3rd Sat: 8:30-12:30pm, 1-5pm

**Tiburcio Vasquez
Health Center WIC**
(510) 471-5913

Union City
32970 Alvarado Niles Rd,
Room 760
Mon—Fri 8:30-5pm

Fremont
3845 Beacon Ave, STE #A
Mon—Thurs 8:30-5pm

Hayward
22331 Mission Blvd,
2nd Floor
Mon—Fri 8:30-4:45pm

San Leandro
16110 E 14th Street
Mon, Wed, Fri
(some Tues & Thurs)
8:30-4:45pm

**West Oakland
Health Council WIC**
(510) 835-9610

East Oakland x 2270
7450 International Blvd.
Mon-Fri 8:30-4:30pm

West Oakland x 2080
700 Adeline St.
Mon-Wed, Fri
8:30-4:30pm



This institution is an equal opportunity provider