CHILD CARE - Cuidado infantil
4 C's, South County 582-2182 x3198
Banana Child Care Referral 658-0381
Child Care Links, referrals, Livermore 925-417-8733
Head Start 3-5 years / Early Head Start 0-3 years:
Alameda 829-0350, Berkeley 848-0092, Emeryville 601-8674,
Hayward (557) 757-5437, Oakland 238-3165

CHILDREN'S HEALTH SERVICE - Servicios de salud para niños.
Also see HEALTH CARE / CLINICS – Reférente a las Clínicas de Salud
For well-child exams call Family Health Line 888-604-4636
Child Abuse Hotline (CPS) 259-1800

For corrections and additions, call the Family Health Line at
888-604-4636

CHILDREN with SPECIAL NEEDS - Niños con necesidades especiales
Family Resource Navigator 547-7322
Building Blocks Therapeutic 434-7990
California Children's Services, CCS, OT PT 208-5970
Children's Hospital (UCSF Benioff), Oakland (582-2182)
Neonatal Follow-up 428-3006
Speech & Language Center 925-979-3470
Regional Center of the East Bay 618-6100
For behavior and development issues
Through the Looking Glass, disabled parent or child
848-1112

COUNSELING SERVICES - Servicios de consejería
ACCESS, 24-hour line Eng/Spain/Chin 800-491-9009
Family Pathways hotline, Eng/Spain 800-829-3777
A Better Way 601-0203
Alameda Family Services 629-6300
Asian Community Mental Health Services 735-3900
Bright Beginnings Mental Health Services 437-8950
City of Berkeley Family, youth & Children Services 981-5280
CHAA (Community Health for Asian Americans) 835-2777
Early Intervention Services: UCSF Benioff Children's Hospital Oakland 428-3408
Crisis Support Services - 24 hour line 800-309-2131
East Bay Community Services East Bay 704-7475
La Clinica de la Raza, Casa del Sol Mental Health 535-6200
Pathways Counseling Center, Girls Inc. 357-5515
Porta Bell Hume Center 745-9151
Tiburcio Vasquez Center Behavioral Health 471-5907 x3774
West Coast Children's Clinic Oakland 269-9030

TEEN PARENTING/PREGNANCY SERVICE – Servicios de apoyo para padres adolescentes
Bright Beginnings 437-8950
Tiburcio Vasquez Family Support
Hayward, Union City 471-5907 x3711

UTILITIES – Utilidades
California Lifeline Telephone Service, English 866-272-0349
PG&E CARE Program, discounts on energy bills 886-743-2273
PG&E REACH Program, bill help during crisis 800-933-9877

SAFE SURRENDER - Como entregar a su bebe de forma segura
To find a location, call 2-1-1

Newborns can be safely and legally given up at any hospital or fire station.
Recién nacidos pueden ser entregados de forma segura y legal al personal de cualquier hospital o estación de bomberos.

Prepared by the Community Forum for Perinatal Health, a collaboration of organizations in Alameda County.

Funded by the Alameda County Public Health Department WIC Program and MPCAHI, and Alameda Alliance for Health, all are equal opportunity providers.

All area codes are 510 unless indicated.
For corrections and additions, call the Family Health Line at
888-604-4636

For health care referrals, call Family Health Line 888-604-4636, M-F: 8-30:5
Or go to www.acphd.org

DOMESTIC VIOLENCE and SEXUAL ASSAULT HELP
Ayuda para víctimas de violencia domestica y asalto sexual
Alameda County Family Justice Center
267-8800

Also call for DV Resource Guide copies

Shelter Referrals 2-1-1

Adolescent Services
577-3500
A Safe Place, Oakland 536-7233
Bay Area Women Against Rape, 24-hour line 845-7273
Safe Alternatives to Violent Environments, Fremont 794-6055
Tri-Valley Haven, Livermore 925-449-5842 or 1-800-884-8119

DRUG and ALCOHOL TREATMENT – Tratamiento para el abuso de drogas y alcohol
ACCESS, 24-hour line Eng/Spain/Chin 800-491-9099
Alanon and Alateen 276-2270
Alcoholics Anonymous 839-8900
Narcotics Anonymous 444-4673

EMPLOYMENT SERVICES - Servicios de empleo
California Employment Development Dept. 800-300-5616
East Bay Works Career Centers, 7 locations 866-329-6757

FAMILY SUPPORT - Apoyo familiar
Child Protective Services 259-1800
FamilyPath, Eng/Spain 800-829-3777
4 C's, Parenting Classes:
Alameda Family Services 629-6300
Barrios Group and Counseling, North County
Bright Beginnings (Teens, Fathers) 437-8950
Embrace Her select zip codes 618-2080
Help Me Grow, birth to 5 years 886-510-1211
Native American Health Center, Groups 434-5421
Tiburcio Vasquez Health Center. Family Support 471-5907 x3711

FATHERS SERVICES - Servicios para padres
Bananas Group 658-7353
Fatherhood Initiative 667-4343

Alameda County Resource Guide
Guía de Recursos para el Condado de Alameda

For health care referrals, call Family Health Line 888-604-4636, M-F: 8:30:5
Or go to www.acphd.org

Para información sobre cuidado de salud, llame a la línea de salud familiar, 888-604-4636, Lunas a Viernes, 8:30:5
visite www.acphd.org - Para cualquier otra ayuda, llame al 2-1-1, a cualquier hora.

ALAMEDA COUNTY SOCIAL SERVICES AGENCY
Medi-Cal, Cal Fresh, and CalWORKs (asistencia monetaria)
General Information 888-999-4772
East Oakland, 6955 Foothill Blvd, Suite 100 383-9300
East Oakland, 8477 Enterprise Way 777-2300
Fremont, 39155 Liberty St., Suite C330 795-2428
Hayward, 24100 Amador Avenue 670-6000
Livermore, 2411 Constitution Drive 925-455-0747
North Oakland, 2000 San Pablo Avenue 263-2420

BIRTH and DEATH CERTIFICATES
Actas de nacimiento y actas de defunción
Alameda County Clerk-Recorder’s Office 272-6362
City of Berkeley Vital Records 981-5320

BREASTFEEDING HELP - Ayuda para amamantar
Also see WIC Program Listings under “Food” – Reúne a los Programas de WIC (Food-WIC Programs)
Alameda Alliance for Health (members) 747-4577
Alameda County WIC 268-4247
Axis Community Health Center WIC 925-462-2365
Blue Cross Advice Nurse (Medi-Cal members) 800-231-2999
Kaiser (members) Oakland 752-1200,
La Leche League Berkeley 545-3840 Oakland 289-5807
Native American Health Center WIC 434-5310

www.acphd.org
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